

# 2024 - 2027 PRIMARY SCHOOLS ATHLETICS PERFORMANCE EVALUATION (APE) TABLES

ATHLETICS SOUTH AFRICA (ASA)

IN ASSOCIATION WITH

SOUTH AFRICAN SCHOOLS ATHLETICS (SASA)

CAPACITATING SCHOOLS ATHLETICS



## Boys

# Boys Under 14 (13 in year of competition)

Boys Under 14 (13 in year of competition)																								
	Track							Hurdles			Relays		Walk			Field								
	100m	200m	800m	1500m	3000m	80mH		200mH	4 x 100m	1500 mW	HJ	PV	LJ	SP		DT	HT	JT						
1000		11.11		22.81	2:02.59	3:58.54	8:41.86	1000		11.00	25.9	26.14	42.0	42.15	7:44.78	1000	1.77		6.24	17.59	52.01	49.34	55.89	1000
990		11.13	22.6	22.87	2:02.91	3:59.58	8:44.85	990	10.8	11.06	26.0	26.23	42.2	42.32	7:50.48	990	1.76	4.43	6.21	17.39	51.37	48.43	55.44	990
980	10.9	11.16	22.7	22.93	2:03.23	4:00.65	8:47.91	980		11.12	26.1	26.31	42.4	42.49	7:56.35	980		4.40	6.18	17.19	50.71	47.51	54.98	980
970		11.19		23.00	2:03.55	4:01.73	8:51.04	970	10.9	11.18	26.2	26.41	42.5	42.67	8:02.39	970	1.75	4.38	6.15	16.99	50.05	46.59	54.51	970
960		11.22	22.8	23.07	2:03.88	4:02.84	8:54.24	960	11.0	11.25	26.3	26.50	42.7	42.85	8:08.61	960	1.74	4.36	6.13	16.78	49.38	45.66	54.03	960
950	11.0	11.25	22.9	23.15	2:04.22	4:03.98	8:57.51	950		11.31	26.4	26.60	42.9	43.03	8:15.02	950	1.73	4.33	6.10	16.58	48.70	44.72	53.54	950
940		11.29	23.0	23.23	2:04.56	4:05.13	9:00.86	940	11.1	11.38	26.5	26.69	43.1	43.22	8:21.62	940	1.72	4.31	6.07	16.37	48.01	43.78	53.05	940
930		11.33	23.1	23.31	2:04.91	4:06.31	9:04.28	930	11.2	11.45	26.6	26.79	43.3	43.41	8:28.41	930		4.28	6.04	16.15	47.32	42.84	52.55	930
920	11.1	11.36	23.2	23.40	2:05.27	4:07.52	9:07.78	920	11.3	11.52	26.7	26.89	43.5	43.60	8:35.40	920	1.71	4.26	6.01	15.94	46.62	41.89	52.04	920
910		11.41	23.3	23.50	2:05.63	4:08.75	9:11.35	910		11.60	26.8	27.00	43.7	43.80	8:42.59	910	1.70	4.24	5.98	15.72	45.91	40.95	51.52	910
900	11.2	11.45	23.4	23.60	2:06.00	4:10.00	9:15.00	900	11.4	11.67	26.9	27.10	43.9	44.00	8:50.00	900	1.69	4.21	5.95	15.50	45.20	40.00	51.00	900
890		11.50	23.5	23.70	2:06.38	4:11.28	9:18.74	890	11.5	11.75	27.0	27.21	44.1	44.21	8:57.64	890	1.68	4.19	5.92	15.28	44.49	39.06	50.48	890
880	11.3	11.54	23.6	23.81	2:06.76	4:12.59	9:22.57	880	11.6	11.82	27.1	27.32	44.3	44.42	9:05.53	880		4.17	5.89	15.06	43.79	38.14	49.95	880
870		11.59	23.7	23.92	2:07.15	4:13.94	9:26.50	870		11.90	27.2	27.43	44.5	44.63	9:13.69	870	1.67	4.15	5.86	14.85	43.09	37.24	49.43	870
860	11.4	11.64	23.8	24.03	2:07.56	4:15.31	9:30.52	860	11.7	11.99	27.3	27.54	44.7	44.85	9:22.11	860	1.66	4.13	5.83	14.63	42.40	36.35	48.91	860
850		11.69	23.9	24.15	2:07.97	4:16.71	9:34.64	850	11.8	12.07	27.4	27.66	44.9	45.08	9:30.81	850	1.65	4.11	5.81	14.42	41.71	35.47	48.40	850
840	11.5	11.74	24.0	24.26	2:08.38	4:18.15	9:38.87	840	11.9	12.15	27.5	27.78	45.2	45.31	9:39.80	840	1.64	4.09	5.78	14.21	41.04	34.62	47.88	840
830		11.79	24.1	24.38	2:08.81	4:19.62	9:43.20	830	12.0	12.24	27.7	27.90	45.4	45.54	9:49.09	830	1.63	4.07	5.75	14.00	40.37	33.77	47.37	830
820	11.6	11.84	24.3	24.50	2:09.24	4:21.12	9:47.63	820	12.1	12.33	27.8	28.03	45.6	45.79	9:58.68	820		4.05	5.72	13.79	39.70	32.95	46.86	820
810		11.89	24.4	24.63	2:09.69	4:22.66	9:52.17	810	12.2	12.42	27.9	28.15	45.9	46.03	10:08.59	810	1.62	4.03	5.69	13.59	39.05	32.13	46.35	810
800	11.7	11.95	24.5	24.76	2:10.14	4:24.23	9:56.82	800	12.3	12.52	28.0	28.28	46.1	46.28	10:18.82	800	1.61	4.01	5.66	13.38	38.40	31.34	45.85	800
790		12.01	24.6	24.88	2:10.60	4:25.83	10:01.58	790	12.4	12.62	28.2	28.41	46.4	46.54	10:29.39	790	1.60	3.99	5.63	13.18	37.75	30.56	45.34	790
780	11.8	12.06	24.8	25.02	2:11.07	4:27.47	10:06.45	780	12.5	12.71	28.3	28.55	46.7	46.80	10:40.31	780	1.59	3.97	5.61	12.98	37.12	29.79	44.84	780
770		12.12	24.9	25.15	2:11.55	4:29.15	10:11.43	770	12.6	12.81	28.4	28.69	46.9	47.07	10:51.59	770		3.95	5.58	12.78	36.49	29.04	44.35	770
760	11.9	12.18	25.1	25.29	2:12.04	4:30.86	10:16.54	760	12.7	12.92	28.6	28.83	47.2	47.34	11:03.25	760	1.58	3.93	5.55	12.59	35.86	28.30	43.85	760
750	12.0	12.24	25.2	25.43	2:12.53	4:32.60	10:21.76	750	12.8	13.02	28.7	28.97	47.5	47.62	11:15.28	750	1.57	3.91	5.52	12.39	35.25	27.57	43.36	750
740		12.30	25.3	25.57	2:13.04	4:34.39	10:27.10	740	12.9	13.13	28.9	29.12	47.8	47.91	11:27.72	740	1.56	3.89	5.49	12.20	34.64	26.86	42.87	740
730	12.1	12.36	25.5	25.72	2:13.55	4:36.21	10:32.57	730	13.0	13.24	29.0	29.27	48.1	48.20	11:40.57	730	1.55	3.87	5.46	12.01	34.04	26.17	42.38	730
720	12.2	12.43	25.6	25.87	2:14.08	4:38.07	10:38.16	720	13.1	13.36	29.2	29.42	48.4	48.49	11:53.85	720		3.85	5.43	11.82	33.44	25.49	41.90	720
710		12.49	25.8	26.02	2:14.61	4:39.96	10:43.89	710	13.2	13.47	29.3	29.57	48.7	48.79	12:07.57	710	1.54	3.83	5.41	11.63	32.85	24.82	41.41	710
700	12.3	12.56	25.9	26.18	2:15.16	4:41.90	10:49.74	700	13.3	13.59	29.5	29.73	49.0	49.10	12:21.75	700	1.53	3.81	5.38	11.45	32.27	24.17	40.93	700
690	12.4	12.63	26.1	26.34	2:15.71	4:43.88	10:55.73	690	13.5	13.71	29.6	29.89	49.3	49.42	12:36.41	690	1.52	3.79	5.35	11.26	31.70	23.53	40.46	690
680		12.70	26.3	26.50	2:16.27	4:45.90	11:01.85	680	13.6	13.83	29.8	30.05	49.6	49.74	12:51.56	680	1.51	3.77	5.32	11.08	31.13	22.90	39.98	680
670	12.5	12.77	26.4	26.66	2:16.84	4:47.96	11:08.11	670	13.7	13.96	30.0	30.22	49.9	50.06	13:07.21	670		3.75	5.29	10.90	30.57	22.29	39.51	670
660	12.6	12.84	26.6	26.83	2:17.43	4:50.06	11:14.52	660	13.9	14.09	30.2	30.39	50.3	50.40	13:23.40	660	1.50	3.73	5.27	10.72	30.02	21.69	39.04	660
650	12.7	12.91	26.8	27.00	2:18.02	4:52.20	11:21.07	650	14.0	14.22	30.3	30.56	50.6	50.74	13:40.13	650	1.49	3.71	5.24	10.55	29.47	21.10	38.58	650
640		12.99	26.9	27.18	2:18.62	4:54.39	11:27.77	640	14.1	14.36	30.5	30.74	50.9	51.09	13:57.43	640	1.48	3.69	5.21	10.37	28.93	20.52	38.12	640
630	12.8	13.06	27.1	27.35	2:19.23	4:56.62	11:34.62	630	14.3	14.50	30.7	30.92	51.3	51.44	14:15.33	630	1.47	3.67	5.18	10.20	28.40	19.96	37.66	630
620	12.9	13.14	27.3	27.53	2:19.86	4:58.90	11:41.63	620	14.4	14.64	30.9	31.10	51.7	51.80	14:33.83	620		3.65	5.15	10.03	27.87	19.41	37.20	620
610	13.0	13.22	27.5	27.72	2:20.49	5:01.22	11:48.79	610	14.5	14.78	31.0	31.29	52.0	52.17	14:52.97	610	1.46	3.63	5.12	9.86	27.36	18.87	36.75	610
600		13.30	27.7	27.91	2:21.13	5:03.59	11:56.11	600	14.7	14.93	31.2	31.48	52.4	52.54	15:12.77	600	1.45	3.61	5.10	9.70	26.84	18.35	36.30	600
590	13.1	13.38	27.9	28.10	2:21.79	5:06.01	12:03.60	590	14.8	15.08	31.4	31.67	52.8	52.92	15:33.25	590	1.44	3.59	5.07	9.53	26.34	17.83	35.85	590
580	13.2	13.46	28.1	28.29	2:22.46	5:08.47	12:11.26	580	15.0	15.23	31.6	31.87	53.2	53.31	15:54.44	580	1.43	3.57	5.04	9.37	25.84	17.33	35.40	580
570	13.3	13.55	28.3	28.49	2:23.13	5:10.98	12:19.09	570	15.2	15.39	31.8	32.07	53.6	53.71	16:16.37	570		3.55	5.01	9.21	25.35	16.84	34.96	570
560	13.4	13.63	28.5	28.70	2:23.82	5:13.55	12:27.10	560	15.3	15.55	32.0	32.27	54.0	54.11	16:39.06	560	1.42	3.53	4.99	9.05	24.86	16.36	34.52	560
550	13.5	13.72	28.7	28.90	2:24.52	5:16.16	12:35.28	550	15.5	15.72	32.2	32.48	54.4	54.53	17:02.55	550	1.41	3.51	4.96	8.89	24.38	15.89	34.09	550
540	13.6	13.81	28.9	29.11	2:25.23	5:18.83	12:43.65	540	15.6	15.89	32.4	32.69	54.8	54.95	17:26.87	540	1.40	3.49	4.93	8.74	23.91	15.43	33.66	540
530	13.7	13.90	29.1	29.33	2:25.95	5:21.55	12:52.21	530	15.8	16.06	32.7	32.90	55.2	55.37	17:52.05	530	1.39	3.47	4.90	8.59	23.45	14.99	33.23	530
520	13.8	13.99	29.3	29.55	2:26.69	5:24.32	13:00.96	520	16.0	16.23	32.9	33.12	55.7	55.81	18:18.12	520		3.45	4.87	8.43	22.99	14.55	32.80	520
510		14.09	29.5																					

## Boys Under 14 (13 in year of competition) (Continued)

Boys Under 14 (13 in year of competition)																								
	Track						Hurdles		Relays		Walk			Field										
	100m	200m	800m	1500m	3000m		80mH	200mH	4 x 100m		1500 mW			HJ	PV	LJ	SP	DT	HT	JT				
500	13.9	14.18	29.8	29.99	2:28.19	5:30.03	13:19.05	500	16.4	16.60	33.3	33.57	56.6	56.71	19:13.09	500	1.37	3.41	4.82	8.14	22.09	13.71	31.96	500
490	14.0	14.28	30.0	30.22	2:28.96	5:32.97	13:28.40	490	16.5	16.78	33.6	33.80	57.0	57.17	19:42.07	490	1.36	3.39	4.79	7.99	21.65	13.31	31.55	490
480	14.1	14.38	30.2	30.46	2:29.74	5:35.96	13:37.96	480	16.7	16.98	33.8	34.04	57.5	57.64	20:12.09	480		3.37	4.77	7.85	21.22	12.91	31.14	480
470	14.2	14.48	30.5	30.70	2:30.53	5:39.02	13:47.74	470	16.9	17.17	34.0	34.27	58.0	:58.12	20:43.20	470	1.35	3.35	4.74	7.71	20.80	12.52	30.73	470
460	14.3	14.58	30.7	30.94	2:31.34	5:42.13	13:57.74	460	17.1	17.37	34.3	34.52	58.5	:58.61	21:15.44	460	1.34	3.33	4.71	7.57	20.38	12.15	30.32	460
450	14.5	14.69	31.0	31.19	2:32.16	5:45.31	14:07.96	450	17.3	17.58	34.5	34.76	59.0	:59.10	21:48.86	450	1.33	3.31	4.68	7.43	19.96	11.78	29.92	450
440	14.6	14.79	31.2	31.44	2:32.99	5:48.55	14:18.41	440	17.5	17.79	34.8	35.01	:59.5	:59.61	22:23.51	440	1.32	3.29	4.66	7.29	19.56	11.42	29.52	440
430	14.7	14.90	31.5	31.70	2:33.84	5:51.85	14:29.10	430	17.8	18.00	35.0	35.27	1:00.0	1:00.12	22:59.44	430		3.28	4.63	7.16	19.16	11.08	29.12	430
420	14.8	15.01	31.7	31.96	2:34.69	5:55.22	14:40.03	420	18.0	18.22	35.3	35.53	1:00.5	1:00.65	23:36.70	420	1.31	3.26	4.60	7.03	18.76	10.74	28.73	420
410	14.9	15.12	32.0	32.23	2:35.56	5:58.65	14:51.21	410	18.2	18.44	35.6	35.79	1:01.0	1:01.18	24:15.36	410	1.30	3.24	4.57	6.89	18.38	10.41	28.34	410
400	15.0	15.24	32.3	32.50	2:36.45	6:02.15	15:02.64	400	18.4	18.67	35.8	36.06	1:01.6	1:01.73	24:55.46	400	1.29	3.22	4.55	6.77	17.99	10.09	27.95	400
390	15.1	15.35	32.5	32.77	2:37.35	6:05.72	15:14.32	390	18.7	18.91	36.1	36.34	1:02.1	1:02.29	25:37.06	390		3.20	4.52	6.64	17.62	9.77	27.57	390
380	15.2	15.47	32.8	33.06	2:38.26	6:09.36	15:26.28	380	18.9	19.14	36.4	36.62	1:02.7	1:02.85	26:20.24	380	1.28	3.18	4.49	6.51	17.25	9.47	27.19	380
370	15.4	15.59	33.1	33.34	2:39.19	6:13.07	15:38.50	370	19.1	19.39	36.7	36.90	1:03.3	1:03.43	27:05.06	370	1.27	3.16	4.47	6.39	16.88	9.17	26.82	370
360	15.5	15.71	33.4	33.63	2:40.13	6:16.85	15:51.01	360	19.4	19.64	36.9	37.19	1:03.9	1:04.01	27:51.59	360	1.26	3.14	4.44	6.27	16.53	8.88	26.45	360
350	15.6	15.84	33.7	33.93	2:41.08	6:20.70	16:03.80	350	19.7	19.89	37.2	37.48	1:04.5	1:04.61	28:39.91	350		3.12	4.41	6.15	16.17	8.60	26.08	350
340	15.7	15.96	34.0	34.23	2:42.05	6:24.63	16:16.88	340	19.9	20.15	37.5	37.78	1:05.1	1:05.22	29:30.08	340	1.25	3.10	4.39	6.03	15.83	8.33	25.71	340
330	15.9	16.09	34.3	34.54	2:43.04	6:28.64	16:30.26	330	20.2	20.42	37.8	38.08	1:05.7	1:05.84	30:22.20	330	1.24	3.09	4.36	5.91	15.49	8.06	25.35	330
320	16.0	16.22	34.6	34.85	2:44.03	6:32.73	16:43.95	320	20.5	20.69	38.1	38.39	1:06.3	1:06.48	31:16.35	320	1.23	3.07	4.33	5.80	15.15	7.80	24.99	320
310	16.1	16.35	34.9	35.17	2:45.05	6:36.90	16:57.96	310	20.7	20.97	38.5	38.70	1:07.0	1:07.12	32:12.61	310		3.05	4.31	5.68	14.82	7.55	24.63	310
300	16.3	16.49	35.3	35.50	2:46.08	6:41.15	17:12.28	300	21.0	21.26	38.8	39.02	1:07.6	1:07.78	33:11.08	300	1.22	3.03	4.28	5.57	14.50	7.30	24.28	300
290	16.4	16.62	35.6	35.83	2:47.12	6:45.48	17:26.94	290	21.3	21.55	39.1	39.35	1:08.3	1:08.44	34:11.86	290	1.21	3.01	4.26	5.46	14.18	7.06	23.93	290
280	16.5	16.76	35.9	36.16	2:48.19	6:49.90	17:41.93	280	21.6	21.85	39.4	39.68	1:09.0	1:09.12	35:15.04	280	1.20	2.99	4.23	5.35	13.87	6.83	23.59	280
270	16.7	16.91	36.3	36.51	2:49.26	6:54.40	17:57.27	270	21.9	22.15	39.8	40.01	1:09.7	1:09.82	36:20.75	270		2.97	4.20	5.25	13.56	6.61	23.25	270
260	16.8	17.05	36.6	36.86	2:50.36	6:59.00	18:12.97	260	22.2	22.46	40.1	40.35	1:10.4	1:10.53	37:29.09	260	1.19	2.96	4.18	5.14	13.26	6.39	22.91	260
250	17.0	17.20	37.0	37.21	2:51.47	7:03.68	18:29.04	250	22.5	22.78	40.5	40.70	1:11.1	1:11.25	38:40.18	250	1.18	2.94	4.15	5.04	12.97	6.18	22.57	250
240	17.1	17.35	37.3	37.57	2:52.59	7:08.46	18:45.48	240	22.9	23.11	40.8	41.06	1:11.8	1:11.98	39:54.15	240	1.17	2.92	4.13	4.94	12.68	5.97	22.24	240
230	17.3	17.50	37.7	37.94	2:53.74	7:13.33	19:02.30	230	23.2	23.44	41.2	41.41	1:12.6	1:12.73	41:11.12	230		2.90	4.10	4.84	12.39	5.77	21.91	230
220	17.4	17.65	38.1	38.32	2:54.90	7:18.30	19:19.52	220	23.5	23.79	41.5	41.78	1:13.3	1:13.49	42:31.24	220	1.16	2.88	4.07	4.74	12.11	5.58	21.59	220
210	17.6	17.81	38.5	38.70	2:56.07	7:23.36	19:37.14	210	23.9	24.13	41.9	42.15	1:14.1	1:14.26	43:54.65	210	1.15	2.87	4.05	4.64	11.83	5.39	21.27	210
200	17.7	17.97	38.9	39.09	2:57.27	7:28.53	19:55.17	200	24.3	24.49	42.3	42.53	1:14.9	1:15.05	45:21.50	200		2.85	4.02	4.54	11.56	5.21	20.95	200
190	17.9	18.13	39.2	39.48	2:58.48	7:33.80	20:13.64	190	24.6	24.86	42.7	42.92	1:15.7	1:15.86	46:51.94	190	1.14	2.83	4.00	4.45	11.30	5.03	20.63	190
180	18.1	18.30	39.7	39.89	2:59.71	7:39.17	20:32.54	180	25.0	25.23	43.1	43.31	1:16.5	1:16.68	48:26.16	180	1.13	2.81	3.97	4.36	11.04	4.86	20.32	180
170	18.2	18.47	40.1	40.30	3:00.96	7:44.66	20:51.88	170	25.4	25.61	43.5	43.70	1:17.4	1:17.52	50:04.33	170	1.12	2.79	3.95	4.27	10.78	4.69	20.01	170
160	18.4	18.64	40.5	40.72	3:02.23	7:50.25	21:11.69	160	25.8	26.01	43.9	44.11	1:18.2	1:18.37	51:46.62	160		2.78	3.92	4.18	10.53	4.53	19.71	160
150	18.6	18.81	40.9	41.14	3:03.52	7:55.95	21:31.97	150	26.2	26.41	44.3	44.52	1:19.1	1:19.24	53:33.25	150	1.11	2.76	3.90	4.09	10.29	4.37	19.41	150
140	18.8	18.99	41.3	41.58	3:04.83	8:01.77	21:52.74	140	26.6	26.82	44.7	44.94	1:20.0	1:20.12	55:24.40	140	1.10	2.74	3.87	4.00	10.04	4.22	19.11	140
130	18.9	19.17	41.8	42.02	3:06.15	8:07.71	22:14.00	130	27.0	27.24	45.1	45.37	1:20.9	1:21.02	57:20.31	130		2.72	3.85	3.92	9.81	4.07	18.81	130
120	19.1	19.35	42.2	42.47	3:07.50	8:13.76	22:35.78	120	27.4	27.67	45.6	45.80	1:21.8	1:21.94	59:21.19	120	1.09	2.70	3.82	3.83	9.58	3.93	18.52	120
110	19.3	19.54	42.7	42.93	3:08.87	8:19.94	22:58.08	110	27.9	28.11	46.0	46.24	1:22.7	1:22.88	1:01:27.28	110	1.08	2.69	3.80	3.75	9.35	3.79	18.23	110
100	19.5	19.73	43.2	43.39	3:10.25	8:26.24	23:20.91	100	28.3	28.56	46.5	46.69	1:23.7	1:23.83	1:03:38.85	100	1.07	2.67	3.77	3.67	9.12	3.65	17.95	100
90	19.7	19.92	43.6	43.87	3:11.66	8:32.67	23:44.31	90	28.8	29.02	46.9	47.15	1:24.7	1:24.80	1:05:56.14	90		2.65	3.75	3.59	8.91	3.52	17.66	90
80	19.9	20.12	44.1	44.35	3:13.09	8:39.23	24:08.27	80	29.2	29.49	47.4	47.61	1:25.7	1:25.79	1:08:19.45	80	1.06	2.63	3.72	3.51	8.69	3.40	17.39	80
70	20.1	20.32	44.6	44.85	3:14.54	8:45.92	24:32.82	70	29.7	29.97	47.8	48.08	1:26.7	1:26.80	1:10:49.07	70	1.05	2.62	3.70	3.44	8.48	3.27	17.11	70
60	20.3	20.52	45.1	45.35	3:16.01	8:52.75	24:57.96	60	30.2	30.46	48.3	48.56	1:27.7	1:27.83	1:13:25.30	60		2.60	3.67	3.36	8.28	3.16	16.84	60
50	20.5	20.73	45.6	45.86	3:17.50	8:59.71	25:23.73	50	30.7	30.97	48.8	49.05	1:28.7	1:28.88	1:16:08.48	50	1.04	2.58	3.65	3.29	8.07	3.04	16.57	50
40	20.7	20.94	46.1	46.38	3:19.02	9:06.82	25:50.12	40	31.2	31.49	49.3	49.55	1:29.8	1:29.95	1:18:58.94	40	1.03	2.57	3.63	3.22	7.88	2.93	16.30	40
30	20.9	21.15	46.7	46.91	3:20.56	9:14.08	26:17.17	30	31.8	32.02	49.8	50.06	1:30.9	1:31.04	1:21:57.06	30		2.55	3.60	3.15	7.68	2.82	16.04	30
20	21.1	21.37	47.2	47.45	3																			

## Boys Under 13 (12 in year of competition)

Boys Under 13 (12 in year of competition)																							
	Track							Hurdles				Relays		Walk			Field						
	100m		150m		1200m			75mH		150mH		4 x 100m		1500 mW			HJ	LJ	SP	DT	HT	JT	
1000		11.35		16.99	3:07.79	1000		11.00	20.4	20.69	42.8	42.99	7:56.05	1000		5.78	15.60	47.21	47.28	48.00	1000		
990	11.1	11.38		17.03	3:08.46	990	10.8	11.06	20.5	20.76	43.0	43.16	8:01.89	990	1.69	5.76	15.43	46.63	46.41	47.61	990		
980		11.40	16.8	17.08	3:09.14	980		11.12	20.6	20.83	43.2	43.33	8:07.90	980	1.68	5.73	15.25	46.03	45.53	47.22	980		
970		11.43		17.13	3:09.84	970	10.9	11.18		20.90	43.4	43.51	8:14.09	970		5.71	15.07	45.43	44.64	46.81	970		
960	11.2	11.46	16.9	17.18	3:10.55	960	11.0	11.25	20.7	20.97	43.6	43.69	8:20.46	960	1.67	5.68	14.89	44.82	43.75	46.40	960		
950		11.50	17.0	17.23	3:11.28	950		11.31	20.8	21.05	43.7	43.88	8:27.02	950	1.66	5.66	14.70	44.21	42.85	45.98	950		
940		11.53		17.29	3:12.02	940	11.1	11.38	20.9	21.13	43.9	44.07	8:33.78	940	1.65	5.63	14.52	43.58	41.95	45.56	940		
930	11.3	11.57	17.1	17.35	3:12.77	930	11.2	11.45		21.21	44.1	44.26	8:40.73	930		5.60	14.33	42.95	41.05	45.13	930		
920		11.61		17.41	3:13.54	920	11.3	11.52	21.0	21.29	44.3	44.46	8:47.89	920	1.64	5.58	14.14	42.32	40.14	44.69	920		
910	11.4	11.66	17.2	17.48	3:14.33	910	11.4	11.60	21.1	21.37	44.5	44.66	8:55.26	910	1.63	5.55	13.94	41.68	39.24	44.25	910		
900		11.70	17.3	17.55	3:15.13	900		11.67	21.2	21.45	44.7	44.87	9:02.85	900	1.62	5.52	13.75	41.03	38.33	43.80	900		
890	11.5	11.75	17.4	17.62	3:15.95	890	11.5	11.75	21.3	21.53	44.9	45.08	9:10.68	890	1.61	5.49	13.56	40.39	37.43	43.35	890		
880		11.79		17.70	3:16.78	880	11.6	11.82	21.4	21.62	45.2	45.30	9:18.76	880		5.47	13.36	39.75	36.55	42.90	880		
870	11.6	11.84	17.5	17.78	3:17.64	870		11.90	21.5	21.71	45.4	45.51	9:27.11	870	1.60	5.44	13.17	39.11	35.68	42.45	870		
860		11.89	17.6	17.85	3:18.51	860	11.7	11.99	21.6	21.80	45.6	45.74	9:35.74	860	1.59	5.41	12.98	38.49	34.83	42.01	860		
850	11.7	11.94	17.7	17.93	3:19.40	850	11.8	12.07		21.89	45.8	45.97	9:44.65	850	1.58	5.39	12.79	37.87	33.99	41.56	850		
840		11.99	17.8	18.02	3:20.31	840	11.9	12.15	21.7	21.99	46.1	46.20	9:53.86	840		5.36	12.60	37.25	33.17	41.12	840		
830	11.8	12.05	17.9	18.10	3:21.25	830	12.0	12.24	21.8	22.08	46.3	46.45	10:03.37	830	1.57	5.33	12.42	36.64	32.36	40.68	830		
820		12.10		18.19	3:22.20	820	12.1	12.33	21.9	22.18	46.6	46.69	10:13.20	820	1.56	5.31	12.24	36.04	31.57	40.24	820		
810	11.9	12.15	18.0	18.27	3:23.17	810	12.2	12.42	22.0	22.28	46.8	46.94	10:23.34	810	1.55	5.28	12.05	35.44	30.79	39.81	810		
800		12.21	18.1	18.36	3:24.16	800	12.3	12.52	22.1	22.39	47.1	47.20	10:33.82	800	1.54	5.25	11.87	34.85	30.03	39.37	800		
790	12.0	12.27	18.2	18.45	3:25.17	790	12.4	12.62	22.3	22.49	47.3	47.46	10:44.65	790		5.23	11.69	34.27	29.28	38.94	790		
780		12.33	18.3	18.55	3:26.21	780	12.5	12.71	22.4	22.60	47.6	47.73	10:55.84	780	1.53	5.20	11.52	33.69	28.54	38.51	780		
770	12.1	12.38	18.4	18.64	3:27.26	770	12.6	12.81	22.5	22.71	47.9	48.00	11:07.39	770	1.52	5.17	11.34	33.12	27.82	38.09	770		
760	12.2	12.45	18.5	18.74	3:28.34	760	12.7	12.92	22.6	22.82	48.1	48.28	11:19.33	760	1.51	5.15	11.17	32.55	27.12	37.66	760		
750		12.51	18.6	18.84	3:29.43	750	12.8	13.02	22.7	22.93	48.4	48.56	11:31.66	750		5.12	10.99	32.00	26.42	37.24	750		
740	12.3	12.57	18.7	18.94	3:30.55	740	12.9	13.13	22.8	23.05	48.7	48.85	11:44.40	740	1.50	5.09	10.82	31.44	25.74	36.82	740		
730	12.4	12.63	18.8	19.04	3:31.69	730	13.0	13.24	22.9	23.16	49.0	49.15	11:57.56	730	1.49	5.07	10.65	30.90	25.08	36.40	730		
720		12.70	18.9	19.14	3:32.86	720	13.1	13.36	23.0	23.28	49.3	49.45	12:11.16	720	1.48	5.04	10.48	30.36	24.42	35.98	720		
710	12.5	12.77	19.0	19.25	3:34.04	710	13.2	13.47	23.2	23.41	49.6	49.76	12:25.21	710	1.47	5.02	10.32	29.82	23.78	35.57	710		
700	12.6	12.84	19.1	19.36	3:35.25	700	13.3	13.59	23.3	23.53	49.9	50.07	12:39.74	700		4.99	10.15	29.30	23.16	35.15	700		
690		12.90	19.2	19.47	3:36.49	690	13.5	13.71	23.4	23.66	50.3	50.39	12:54.75	690	1.46	4.96	9.99	28.77	22.54	34.75	690		
680	12.7	12.98	19.3	19.58	3:37.74	680	13.6	13.83	23.5	23.79	50.6	50.72	13:10.26	680	1.45	4.94	9.83	28.26	21.94	34.34	680		
670	12.8	13.05	19.5	19.70	3:39.02	670	13.7	13.96	23.7	23.92	50.9	51.05	13:26.30	670	1.44	4.91	9.67	27.75	21.36	33.93	670		
660	12.9	13.12	19.6	19.82	3:40.33	660	13.9	14.09	23.8	24.05	51.3	51.40	13:42.88	660		4.88	9.51	27.25	20.78	33.53	660		
650		13.20	19.7	19.94	3:41.66	650	14.0	14.22	24.0	24.19	51.6	51.74	14:00.02	650	1.43	4.86	9.36	26.75	20.22	33.13	650		
640	13.0	13.27	19.8	20.06	3:43.01	640	14.1	14.36	24.1	24.33	52.0	52.10	14:17.74	640	1.42	4.83	9.20	26.26	19.67	32.73	640		
630	13.1	13.35	19.9	20.18	3:44.40	630	14.3	14.50	24.2	24.47	52.3	52.46	14:36.06	630	1.41	4.81	9.05	25.78	19.13	32.34	630		
620	13.2	13.43	20.1	20.31	3:45.80	620	14.4	14.64	24.4	24.62	52.7	52.82	14:55.02	620		4.78	8.90	25.30	18.60	31.95	620		
610	13.3	13.51	20.2	20.44	3:47.23	610	14.5	14.78	24.5	24.77	53.1	53.20	15:14.62	610	1.40	4.75	8.75	24.83	18.08	31.56	610		
600		13.59	20.3	20.57	3:48.69	600	14.7	14.93	24.7	24.92	53.4	53.58	15:34.90	600	1.39	4.73	8.60	24.37	17.58	31.17	600		
590	13.4	13.67	20.5	20.70	3:50.18	590	14.8	15.08	24.8	25.07	53.8	53.97	15:55.87	590	1.38	4.70	8.46	23.91	17.09	30.79	590		
580	13.5	13.76	20.6	20.84	3:51.70	580	15.0	15.23	25.0	25.22	54.2	54.37	16:17.58	580	1.37	4.68	8.31	23.46	16.61	30.41	580		
570	13.6	13.84	20.7	20.98	3:53.24	570	15.2	15.39	25.1	25.38	54.6	54.77	16:40.04	570		4.65	8.17	23.01	16.14	30.03	570		
560	13.7	13.93	20.9	21.12	3:54.81	560	15.3	15.55	25.3	25.54	55.0	55.18	17:03.29	560	1.36	4.63	8.03	22.57	15.68	29.65	560		
550	13.8	14.02	21.0	21.26	3:56.41	550	15.5	15.72	25.5	25.71	55.5	55.61	17:27.35	550	1.35	4.60	7.89	22.14	15.23	29.28	550		
540	13.9	14.11	21.2	21.41	3:58.03	540	15.6	15.89	25.6	25.87	55.9	56.03	17:52.25	540	1.34	4.57	7.75	21.71	14.79	28.91	540		
530	14.0	14.21	21.3	21.56	3:59.69	530	15.8	16.06	25.8	26.04	56.3	56.47	18:18.04	530		4.55	7.62	21.29	14.36	28.54	530		
520	14.1	14.30	21.5	21.71	4:01.38	520	16.0	16.23	26.0	26.22	56.8	56.91	18:44.75	520	1.33	4.52	7.48	20.87	13.94	28.17	520		
510	14.2	14.40	21.6	21.86	4:03.10	510	16.2	16.41	26.2	26.39	57.2	57.37	19:12.40	510	1.32	4.50	7.35	20.46	13.54	27.81	510		
500	14.3	14.49	21.8	22.02	4:04.85	500	16.4	16.60	26.3	26.57	57.7	57.83	19:41.05	500	1.31	4.47	7.22	20.05	13.14	27.45	500		

Technical Standards: 75 mH - 76.2 cm : 150 mH - 68 cm : SP - 3 kg : DT - 1 kg : HT - 3 kg : JT - 500 g



## Boys Under 13 (12 in year of competition) (Continued)

Boys Under 13 (12 in year of competition)																						
	Track						Hurdles				Relays		Walk			Field						
	100m	150m	1200m				75mH	150mH	4 x 100m		1500 mW		HJ	LJ		SP	DT	HT	JT			
500	14.3	14.49	21.8	22.02	4:04.85	500	16.4	16.60	26.3	26.57	57.7	57.83	19:41.05	500	1.31	4.47	7.22	20.05	13.14	27.45	500	
490	14.4	14.59	21.9	22.18	4:06.63	490	16.5	16.78	26.5	26.75	58.2	58.30	20:10.73	490		4.45	7.09	19.66	12.75	27.09	490	
480	14.5	14.69	22.1	22.34	4:08.44	480	16.7	16.98	26.7	26.94	:58.6	:58.78	20:41.47	480	1.30	4.42	6.96	19.26	12.37	26.74	480	
470	14.6	14.80	22.3	22.51	4:10.28	470	16.9	17.17	26.9	27.13	:59.1	:59.27	21:13.34	470	1.29	4.40	6.84	18.88	12.00	26.39	470	
460	14.7	14.90	22.4	22.68	4:12.16	460	17.1	17.37	27.1	27.32	:59.6	:59.76	21:46.36	460		4.37	6.71	18.50	11.64	26.04	460	
450	14.8	15.01	22.6	22.85	4:14.07	450	17.3	17.58	27.3	27.52	1:00.1	1:00.27	22:20.59	450	1.28	4.34	6.59	18.12	11.29	25.69	450	
440	14.9	15.12	22.8	23.03	4:16.02	440	17.5	17.79	27.5	27.71	1:00.6	1:00.79	22:56.08	440	1.27	4.32	6.47	17.75	10.95	25.35	440	
430	15.0	15.23	23.0	23.20	4:18.00	430	17.8	18.00	27.7	27.92	1:01.2	1:01.31	23:32.89	430	1.26	4.29	6.35	17.39	10.61	25.01	430	
420	15.1	15.34	23.2	23.39	4:20.02	420	18.0	18.22	27.9	28.12	1:01.7	1:01.85	24:11.05	420		4.27	6.23	17.03	10.29	24.67	420	
410	15.2	15.45	23.3	23.57	4:22.07	410	18.2	18.44	28.1	28.33	1:02.3	1:02.39	24:50.64	410	1.25	4.24	6.12	16.68	9.97	24.34	410	
400	15.3	15.57	23.5	23.76	4:24.16	400	18.4	18.67	28.3	28.54	1:02.8	1:02.95	25:31.71	400	1.24	4.22	6.00	16.33	9.66	24.01	400	
390	15.5	15.69	23.7	23.95	4:26.28	390	18.7	18.91	28.5	28.76	1:03.4	1:03.52	26:14.33	390	1.23	4.19	5.89	15.99	9.36	23.68	390	
380	15.6	15.81	23.9	24.14	4:28.44	380	18.9	19.14	28.7	28.98	1:04.0	1:04.09	26:58.56	380		4.17	5.78	15.66	9.07	23.35	380	
370	15.7	15.93	24.1	24.34	4:30.64	370	19.1	19.39	29.0	29.21	1:04.5	1:04.68	27:44.46	370	1.22	4.14	5.67	15.33	8.79	23.03	370	
360	15.8	16.05	24.3	24.54	4:32.88	360	19.4	19.64	29.2	29.43	1:05.1	1:05.28	28:32.12	360	1.21	4.12	5.56	15.00	8.51	22.71	360	
350	15.9	16.18	24.5	24.75	4:35.16	350	19.7	19.89	29.4	29.67	1:05.8	1:05.89	29:21.61	350	1.20	4.10	5.45	14.68	8.24	22.39	350	
340	16.1	16.31	24.7	24.96	4:37.48	340	19.9	20.15	29.7	29.90	1:06.4	1:06.51	30:13.00	340		4.07	5.35	14.37	7.98	22.08	340	
330	16.2	16.44	24.9	25.17	4:39.85	330	20.2	20.42	29.9	30.14	1:07.0	1:07.14	31:06.38	330	1.19	4.05	5.24	14.06	7.72	21.77	330	
320	16.3	16.57	25.2	25.39	4:42.25	320	20.5	20.69	30.1	30.39	1:07.6	1:07.79	32:01.84	320	1.18	4.02	5.14	13.75	7.47	21.46	320	
310	16.5	16.71	25.4	25.61	4:44.69	310	20.7	20.97	30.4	30.63	1:08.3	1:08.45	32:59.46	310		4.00	5.04	13.46	7.23	21.16	310	
300	16.6	16.85	25.6	25.83	4:47.18	300	21.0	21.26	30.6	30.89	1:09.0	1:09.12	33:59.35	300	1.17	3.97	4.94	13.16	7.00	20.85	300	
290	16.8	16.99	25.8	26.06	4:49.71	290	21.3	21.55	30.9	31.14	1:09.7	1:09.80	35:01.60	290	1.16	3.95	4.84	12.87	6.77	20.55	290	
280	16.9	17.13	26.1	26.29	4:52.29	280	21.6	21.85	31.2	31.40	1:10.4	1:10.49	36:06.32	280	1.15	3.92	4.75	12.59	6.55	20.26	280	
270	17.0	17.27	26.3	26.52	4:54.91	270	21.9	22.15	31.4	31.67	1:11.1	1:11.20	37:13.63	270		3.90	4.65	12.31	6.33	19.96	270	
260	17.2	17.42	26.5	26.76	4:57.58	260	22.2	22.46	31.7	31.94	1:11.8	1:11.92	38:23.62	260	1.14	3.88	4.56	12.04	6.12	19.67	260	
250	17.3	17.57	26.8	27.01	5:00.30	250	22.5	22.78	32.0	32.22	1:12.5	1:12.65	39:36.44	250	1.13	3.85	4.47	11.77	5.92	19.39	250	
240	17.5	17.72	27.0	27.26	5:03.06	240	22.9	23.11	32.3	32.50	1:13.3	1:13.40	40:52.20	240		3.83	4.38	11.51	5.72	19.10	240	
230	17.6	17.88	27.3	27.51	5:05.88	230	23.2	23.44	32.5	32.78	1:14.0	1:14.16	42:11.04	230	1.12	3.80	4.29	11.25	5.53	18.82	230	
220	17.8	18.04	27.5	27.77	5:08.74	220	23.5	23.79	32.8	33.07	1:14.8	1:14.94	43:33.10	220	1.11	3.78	4.20	10.99	5.34	18.54	220	
210	18.0	18.20	27.8	28.03	5:11.65	210	23.9	24.13	33.1	33.36	1:15.6	1:15.73	44:58.52	210		3.76	4.12	10.74	5.16	18.26	210	
200	18.1	18.36	28.1	28.30	5:14.62	200	24.3	24.49	33.4	33.66	1:16.4	1:16.54	46:27.48	200	1.10	3.73	4.03	10.50	4.99	17.99	200	
190	18.3	18.53	28.3	28.57	5:17.64	190	24.6	24.86	33.7	33.97	1:17.2	1:17.36	48:00.12	190	1.09	3.71	3.95	10.26	4.82	17.72	190	
180	18.5	18.70	28.6	28.84	5:20.71	180	25.0	25.23	34.0	34.28	1:18.1	1:18.20	49:36.62	180	1.08	3.69	3.87	10.02	4.65	17.45	180	
170	18.6	18.87	28.9	29.13	5:23.83	170	25.4	25.61	34.4	34.59	1:18.9	1:19.05	51:17.17	170		3.66	3.79	9.79	4.49	17.19	170	
160	18.8	19.04	29.2	29.41	5:27.02	160	25.8	26.01	34.7	34.91	1:19.8	1:19.92	53:01.95	160	1.07	3.64	3.71	9.56	4.34	16.93	160	
150	19.0	19.22	29.5	29.70	5:30.25	150	26.2	26.41	35.0	35.24	1:20.7	1:20.80	54:51.15	150	1.06	3.62	3.63	9.34	4.19	16.67	150	
140	19.2	19.40	29.8	30.00	5:33.55	140	26.6	26.82	35.3	35.57	1:21.6	1:21.70	56:45.00	140		3.59	3.55	9.12	4.04	16.41	140	
130	19.4	19.59	30.1	30.30	5:36.90	130	27.0	27.24	35.7	35.91	1:22.5	1:22.62	58:43.72	130	1.05	3.57	3.48	8.90	3.90	16.16	130	
120	19.5	19.77	30.4	30.61	5:40.32	120	27.4	27.67	36.0	36.25	1:23.4	1:23.56	1:00:47.53	120	1.04	3.55	3.40	8.69	3.76	15.91	120	
110	19.7	19.96	30.7	30.92	5:43.79	110	27.9	28.11	36.4	36.60	1:24.4	1:24.51	1:02:56.68	110		3.52	3.33	8.49	3.63	15.66	110	
100	19.9	20.16	31.0	31.24	5:47.33	100	28.3	28.56	36.7	36.96	1:25.3	1:25.49	1:05:11.43	100	1.03	3.50	3.26	8.28	3.50	15.41	100	
90	20.1	20.36	31.3	31.56	5:50.93	90	28.8	29.02	37.1	37.32	1:26.3	1:26.48	1:07:32.06	90	1.02	3.48	3.19	8.08	3.38	15.17	90	
80	20.3	20.56	31.7	31.89	5:54.60	80	29.2	29.49	37.4	37.69	1:27.3	1:27.49	1:09:58.84	80		3.45	3.12	7.89	3.25	14.93	80	
70	20.5	20.76	32.0	32.23	5:58.33	70	29.7	29.97	37.8	38.06	1:28.4	1:28.52	1:12:32.09	70	1.01	3.43	3.05	7.70	3.14	14.69	70	
60	20.7	20.97	32.3	32.57	6:02.12	60	30.2	30.46	38.2	38.44	1:29.4	1:29.57	1:15:12.11	60	1.00	3.41	2.98	7.51	3.02	14.46	60	
50	20.9	21.18	32.7	32.92	6:05.99	50	30.7	30.97	38.6	38.83	1:30.5	1:30.64	1:17:59.24	50		3.39	2.92	7.33	2.91	14.23	50	
40	21.2	21.39	33.0	33.27	6:09.93	40	31.2	31.49	39.0	39.22	1:31.6	1:31.73	1:20:53.84	40	0.99	3.36	2.85	7.15	2.81	14.00	40	
30	21.4	21.61	33.4	33.63	6:13.93	30	31.8	32.02	39.4	39.62	1:32.7	1:32.84	1:23:56.27	30	0.98	3.34	2.79	6.97	2.71	13.78	30	
20	21.6	21.83	33.8	34.00	6:18.01	20	32.3	32.56	39.8	40.03	1:33.80	1:33.97	1:27:06.94	20		3.32	2.73	6.80	2.61	13.55	20	
10	21.8	22.06	34.1	34.37	6:22.17	10	32.9	33.12	40.2	40.44	1:35.00	1:35.13	1:30:26.25	10	0.97	3.30	2.67	6.63	2.51	13.33	10	
0	22.1	22.29	34.5	34.75	6:26.39	0	33.5	33.69	40.6	40.87	1:36.20	1:36.30	1:33:54.63	0	0.96	3.27	2.61	6.47	2.42	13.11	0	

Technical Standards: 75 mH - 76,2 cm : 150 mH - 68 cm : SP - 3 kg : DT - 1 kg : HT - 3 kg ; JT - 500 g



### Boys Under 12 (11 in year of competition)

Boys Under 12 (11 in year of competition)															
	Track						Hurdles		Relays		Field				
	80m	100m	1200m				70mH	4 x 100m		HJ	LJ	SP			
1000		9.70		11.76	3:11.87	1000		10.52	44.3	44.41	1000	1.61	5.31	14.98	1000
990		9.72	11.5	11.78	3:12.55	990	10.3	10.57	44.4	44.58	990		5.29	14.81	990
980		9.74		11.81	3:13.25	980	10.4	10.63	44.6	44.76	980	1.60	5.27	14.64	980
970	9.5	9.77		11.84	3:13.97	970		10.69	44.8	44.95	970	1.59	5.24	14.47	970
960		9.79	11.6	11.88	3:14.69	960	10.5	10.76	45.0	45.14	960		5.22	14.29	960
950		9.82		11.91	3:15.43	950		10.82	45.2	45.33	950	1.58	5.20	14.12	950
940		9.85	11.7	11.95	3:16.19	940	10.6	10.89	45.4	45.52	940	1.57	5.17	13.94	940
930	9.6	9.88		11.99	3:16.96	930	10.7	10.95	45.6	45.72	930	1.56	5.15	13.76	930
920		9.91		12.03	3:17.75	920		11.02	45.8	45.93	920		5.12	13.57	920
910		9.94	11.8	12.07	3:18.55	910	10.8	11.09	46.0	46.14	910	1.55	5.10	13.39	910
900	9.7	9.98		12.12	3:19.37	900	10.9	11.16	46.2	46.35	900	1.54	5.07	13.20	900
890		10.02	11.9	12.17	3:20.20	890	11.0	11.23	46.4	46.57	890		5.05	13.01	890
880	9.8	10.05		12.22	3:21.06	880		11.31	46.6	46.79	880	1.53	5.02	12.83	880
870		10.09	12.0	12.27	3:21.93	870	11.1	11.38	46.9	47.02	870	1.52	5.00	12.64	870
860		10.13		12.32	3:22.82	860	11.2	11.46	47.1	47.25	860	1.51	4.97	12.46	860
850	9.9	10.17	12.1	12.37	3:23.74	850	11.3	11.54	47.3	47.49	850		4.95	12.28	850
840		10.21		12.42	3:24.67	840	11.4	11.62	47.6	47.73	840	1.50	4.92	12.10	840
830	10.0	10.26	12.2	12.48	3:25.62	830	11.5	11.71	47.8	47.98	830	1.49	4.90	11.92	830
820		10.30	12.3	12.53	3:26.59	820		11.79	48.1	48.23	820	1.48	4.87	11.75	820
810	10.1	10.34		12.59	3:27.58	810	11.6	11.88	48.3	48.49	810		4.85	11.57	810
800		10.39	12.4	12.65	3:28.60	800	11.7	11.97	48.6	48.75	800	1.47	4.83	11.40	800
790		10.43		12.71	3:29.63	790	11.8	12.06	48.9	49.02	790	1.46	4.80	11.23	790
780	10.2	10.48	12.5	12.77	3:30.69	780	11.9	12.16	49.2	49.30	780	1.45	4.78	11.05	780
770		10.53	12.6	12.83	3:31.76	770	12.0	12.25	49.4	49.58	770		4.75	10.89	770
760	10.3	10.58		12.89	3:32.86	760	12.1	12.35	49.7	49.87	760	1.44	4.73	10.72	760
750		10.63	12.7	12.96	3:33.98	750	12.2	12.45	50.0	50.16	750	1.43	4.70	10.55	750
740	10.4	10.68	12.8	13.02	3:35.13	740	12.3	12.56	50.3	50.46	740	1.42	4.68	10.39	740
730		10.73		13.09	3:36.29	730	12.4	12.66	50.6	50.77	730		4.66	10.23	730
720	10.5	10.78	12.9	13.16	3:37.48	720	12.5	12.77	50.9	51.08	720	1.41	4.63	10.06	720
710	10.6	10.83	13.0	13.23	3:38.69	710	12.6	12.88	51.3	51.40	710	1.40	4.61	9.91	710
700		10.89		13.30	3:39.93	700	12.8	13.00	51.6	51.72	700	1.39	4.58	9.75	700
690	10.7	10.94	13.1	13.37	3:41.19	690	12.9	13.11	51.9	52.06	690		4.56	9.59	690
680		11.00	13.2	13.44	3:42.47	680	13.0	13.23	52.3	52.39	680	1.38	4.53	9.44	680
670	10.8	11.06	13.3	13.52	3:43.78	670	13.1	13.35	52.6	52.74	670	1.37	4.51	9.28	670
660		11.11		13.59	3:45.12	660	13.2	13.47	53.0	53.09	660		4.49	9.13	660
650	10.9	11.17	13.4	13.67	3:46.48	650	13.4	13.60	53.3	53.45	650	1.36	4.46	8.98	650
640	11.0	11.23	13.5	13.75	3:47.86	640	13.5	13.73	53.7	53.81	640	1.35	4.44	8.83	640
630		11.30	13.6	13.83	3:49.27	630	13.6	13.86	54.0	54.19	630	1.34	4.41	8.69	630
620	11.1	11.36	13.7	13.91	3:50.71	620	13.8	14.00	54.4	54.57	620		4.39	8.54	620
610	11.2	11.42		13.99	3:52.17	610	13.9	14.14	54.8	54.95	610	1.33	4.37	8.40	610
600		11.49	13.8	14.08	3:53.66	600	14.0	14.28	55.2	55.35	600	1.32	4.34	8.26	600
590	11.3	11.55	13.9	14.16	3:55.18	590	14.2	14.42	55.6	55.75	590	1.31	4.32	8.12	590
580	11.4	11.62	14.0	14.25	3:56.73	580	14.3	14.57	56.0	56.16	580		4.30	7.98	580
570		11.69	14.1	14.34	3:58.30	570	14.5	14.72	56.4	56.58	570	1.30	4.27	7.84	570
560	11.5	11.76	14.2	14.43	3:59.91	560	14.6	14.87	56.9	57.01	560	1.29	4.25	7.71	560
550	11.6	11.83	14.3	14.53	4:01.54	550	14.8	15.03	57.3	57.44	550		4.22	7.57	550
540		11.90	14.4	14.62	4:03.21	540	15.0	15.19	57.7	57.88	540	1.28	4.20	7.44	540
530	11.7	11.98	14.5	14.72	4:04.90	530	15.1	15.36	58.2	58.33	530	1.27	4.18	7.31	530
520	11.8	12.05	14.6	14.81	4:06.62	520	15.3	15.52	:58.7	:58.79	520	1.26	4.15	7.18	520
510	11.9	12.13	14.7	14.91	4:08.38	510	15.5	15.70	:59.1	:59.26	510		4.13	7.06	510
500		12.20	14.8	15.01	4:10.17	500	15.6	15.87	:59.6	:59.74	500	1.25	4.11	6.93	500
		80m	100m	1200m			70mH	4 x 100m			HJ	LJ	SP		

Technical Standards: 70 mH - 68 cm : SP - 2 kg

### Boys Under 11 (10 in year of competition)

Boys Under 11 (10 in year of competition)															
	Track						Hurdles		Relays		Field				
	80m	100m	1200m				70mH	4 x 100m		HJ	LJ	SP			
1000		10.04	11.9	12.17	3:17.02	1000	11.2	11.47	46.3	46.40	1000	1.52	4.82	13.09	1000
990		10.06		12.20	3:17.72	990	11.3	11.53	46.4	46.58	990	1.51	4.80	12.95	990
980	9.8	10.08		12.23	3:18.44	980		11.60	46.6	46.77	980		4.78	12.80	980
970		10.11	12.0	12.26	3:19.17	970	11.4	11.66	46.8	46.96	970	1.50	4.76	12.65	970
960		10.13		12.30	3:19.92	960	11.5	11.73	47.0	47.16	960	1.49	4.74	12.50	960
950	9.9	10.16		12.33	3:20.68	950		11.80	47.2	47.36	950		4.71	12.34	950
940		10.19	12.1	12.37	3:21.46	940	11.6	11.87	47.4	47.57	940	1.48	4.69	12.18	940
930		10.22		12.41	3:22.25	930	11.7	11.94	47.6	47.78	930	1.47	4.67	12.03	930
920	10.0	10.26	12.2	12.46	3:23.06	920	11.8	12.02	47.9	47.99	920		4.65	11.87	920
910		10.29		12.50	3:23.88	910		12.09	48.1	48.21	910	1.46	4.62	11.70	910
900		10.33	12.3	12.55	3:24.72	900	11.9	12.17	48.3	48.43	900	1.45	4.60	11.54	900
890	10.1	10.37		12.60	3:25.58	890	12.0	12.25	48.5	48.66	890		4.58	11.38	890
880		10.41	12.4	12.65	3:26.45	880	12.1	12.33	48.7	48.89	880	1.44	4.56	11.21	880
870	10.2	10.45		12.70	3:27.35	870	12.2	12.41	49.0	49.13	870	1.43	4.53	11.05	870
860		10.49	12.5	12.76	3:28.27	860		12.50	49.2	49.37	860	1.42	4.51	10.89	860
850		10.53		12.81	3:29.20	850	12.3	12.59	49.5	49.62	850		4.49	10.74	850
840	10.3	10.57	12.6	12.86	3:30.16	840	12.4	12.68	49.7	49.87	840	1.41	4.47	10.58	840
830		10.62		12.92	3:31.14	830	12.5	12.77	50.0	50.13	830	1.40	4.44	10.42	830
820	10.4	10.66	12.7	12.98	3:32.13	820	12.6	12.86	50.3	50.39	820		4.42	10.27	820
810		10.71	12.8	13.04	3:33.15	810	12.7	12.96	50.5	50.67	810	1.39	4.40	10.12	810
800	10.5	10.75		13.10	3:34.19	800	12.8	13.06	50.8	50.94	800	1.38	4.38	9.96	800
790		10.80	12.9	13.16	3:35.26	790	12.9	13.16	51.1	51.22	790		4.36	9.81	790
780	10.6	10.85		13.22	3:36.34	780	13.0	13.26	51.4	51.51	780	1.37	4.33	9.66	780
770		10.90	13.0	13.28	3:37.45	770	13.1	13.36	51.7	51.81	770	1.36	4.31	9.52	770
760	10.7	10.95	13.1	13.35	3:38.57	760	13.2	13.47	52.0	52.11	760		4.29	9.37	760
750		11.00		13.42	3:39.73	750	13.3	13.58	52.3	52.42	750	1.35	4.27	9.23	750
740	10.8	11.05	13.2	13.48	3:40.90	740	13.5	13.69	52.6	52.73	740	1.34	4.25	9.08	740
730		11.10	13.3	13.55	3:42.10	730	13.6	13.81	52.9	53.05	730	1.33	4.22	8.94	730
720	10.9	11.16	13.4	13.62	3:43.32	720	13.7	13.93	53.2</						

### Boys Under 12 (11 in year of competition) (Continued)

Boys Under 12 (11 in year of competition)															
	Track					Hurdles		Relays			Field				
	80m	100m	1200m			70mH	4 x 100m	HJ	LJ		SP				
500		12.20	14.8	15.01	4:10.17	500	15.6	15.87	:59.6	:59.74	500	1.25	4.11	6.93	500
490	12.0	12.28	14.9	15.12	4:11.99	490	15.8	16.05	1:00.1	1:00.22	490	1.24	4.08	6.81	490
480	12.1	12.36	15.0	15.22	4:13.84	480	16.0	16.23	1:00.6	1:00.72	480		4.06	6.68	480
470	12.2	12.44	15.1	15.33	4:15.72	470	16.2	16.42	1:01.1	1:01.22	470	1.23	4.04	6.56	470
460	12.3	12.53	15.2	15.44	4:17.64	460	16.4	16.61	1:01.6	1:01.74	460	1.22	4.01	6.44	460
450	12.4	12.61	15.3	15.55	4:19.59	450	16.6	16.81	1:02.1	1:02.26	450		3.99	6.33	450
440		12.70	15.4	15.66	4:21.58	440	16.8	17.01	1:02.7	1:02.79	440	1.21	3.97	6.21	440
430	12.5	12.78	15.5	15.77	4:23.61	430	17.0	17.21	1:03.2	1:03.34	430	1.20	3.94	6.10	430
420	12.6	12.87	15.7	15.89	4:25.67	420	17.2	17.42	1:03.7	1:03.89	420	1.19	3.92	5.98	420
410	12.7	12.96	15.8	16.01	4:27.76	410	17.4	17.64	1:04.3	1:04.45	410		3.90	5.87	410
400	12.8	13.05	15.9	16.13	4:29.90	400	17.6	17.86	1:04.9	1:05.03	400	1.18	3.88	5.76	400
390	12.9	13.15	16.0	16.25	4:32.07	390	17.8	18.08	1:05.5	1:05.61	390	1.17	3.85	5.65	390
380	13.0	13.24	16.1	16.38	4:34.28	380	18.1	18.31	1:06.1	1:06.21	380		3.83	5.55	380
370	13.1	13.34	16.3	16.50	4:36.53	370	18.3	18.54	1:06.7	1:06.82	370	1.16	3.81	5.44	370
360	13.2	13.44	16.4	16.63	4:38.81	360	18.5	18.78	1:07.3	1:07.43	360	1.15	3.78	5.34	360
350	13.3	13.54	16.5	16.76	4:41.14	350	18.8	19.02	1:07.9	1:08.06	350		3.76	5.23	350
340	13.4	13.64	16.7	16.90	4:43.51	340	19.0	19.27	1:08.6	1:08.71	340	1.14	3.74	5.13	340
330	13.5	13.74	16.8	17.03	4:45.93	330	19.3	19.53	1:09.2	1:09.36	330	1.13	3.72	5.03	330
320	13.6	13.84	16.9	17.17	4:48.38	320	19.5	19.79	1:09.9	1:10.03	320		3.69	4.94	320
310	13.7	13.95	17.1	17.31	4:50.88	310	19.8	20.06	1:10.6	1:10.70	310	1.12	3.67	4.84	310
300	13.8	14.06	17.2	17.45	4:53.42	300	20.1	20.33	1:11.3	1:11.40	300	1.11	3.65	4.74	300
290	13.9	14.17	17.4	17.60	4:56.01	290	20.4	20.61	1:12.0	1:12.10	290	1.10	3.63	4.65	290
280	14.0	14.28	17.5	17.74	4:58.64	280	20.7	20.89	1:12.7	1:12.82	280		3.60	4.56	280
270	14.2	14.39	17.7	17.90	5:01.32	270	20.9	21.18	1:13.4	1:13.55	270	1.09	3.58	4.47	270
260	14.3	14.51	17.8	18.05	5:04.05	260	21.2	21.48	1:14.2	1:14.29	260	1.08	3.56	4.38	260
250	14.4	14.63	18.0	18.20	5:06.82	250	21.5	21.79	1:14.9	1:15.05	250		3.54	4.29	250
240	14.5	14.75	18.1	18.36	5:09.65	240	21.9	22.10	1:15.7	1:15.82	240	1.07	3.52	4.20	240
230	14.6	14.87	18.3	18.52	5:12.52	230	22.2	22.42	1:16.5	1:16.61	230	1.06	3.49	4.12	230
220	14.8	14.99	18.5	18.69	5:15.45	220	22.5	22.75	1:17.3	1:17.41	220		3.47	4.03	220
210	14.9	15.12	18.6	18.85	5:18.43	210	22.8	23.08	1:18.1	1:18.23	210	1.05	3.45	3.95	210
200	15.0	15.24	18.8	19.02	5:21.46	200	23.2	23.42	1:18.9	1:19.06	200	1.04	3.43	3.87	200
190	15.1	15.37	19.0	19.19	5:24.54	190	23.5	23.77	1:19.8	1:19.91	190		3.41	3.79	190
180	15.3	15.50	19.1	19.37	5:27.68	180	23.9	24.13	1:20.6	1:20.77	180	1.03	3.39	3.71	180
170	15.4	15.64	19.3	19.55	5:30.87	170	24.3	24.49	1:21.5	1:21.66	170		3.36	3.63	170
160	15.5	15.77	19.5	19.73	5:34.12	160	24.6	24.87	1:22.4	1:22.55	160	1.02	3.34	3.56	160
150	15.7	15.91	19.7	19.91	5:37.43	150	25.0	25.25	1:23.3	1:23.47	150	1.01	3.32	3.48	150
140	15.8	16.05	19.9	20.10	5:40.80	140	25.4	25.64	1:24.3	1:24.40	140		3.30	3.41	140
130	16.0	16.20	20.1	20.29	5:44.22	130	25.8	26.05	1:25.2	1:25.35	130	1.00	3.28	3.34	130
120	16.1	16.34	20.2	20.48	5:47.71	120	26.2	26.46	1:26.2	1:26.32	120	0.99	3.26	3.27	120
110	16.3	16.49	20.4	20.68	5:51.26	110	26.6	26.88	1:27.2	1:27.30	110		3.24	3.20	110
100	16.4	16.64	20.6	20.88	5:54.88	100	27.1	27.31	1:28.2	1:28.31	100	0.98	3.21	3.13	100
90	16.6	16.79	20.9	21.09	5:58.56	90	27.5	27.75	1:29.2	1:29.33	90	0.97	3.19	3.06	90
80	16.7	16.95	21.1	21.29	6:02.30	80	28.0	28.20	1:30.2	1:30.37	80		3.17	2.99	80
70	16.9	17.11	21.3	21.50	6:06.11	70	28.4	28.66	1:31.3	1:31.44	70	0.96	3.15	2.93	70
60	17.0	17.27	21.5	21.72	6:09.99	60	28.9	29.13	1:32.4	1:32.52	60	0.95	3.13	2.86	60
50	17.2	17.43	21.7	21.94	6:13.94	50	29.4	29.62	1:33.5	1:33.63	50		3.11	2.80	50
40	17.4	17.60	21.9	22.16	6:17.96	40	29.9	30.11	1:34.6	1:34.75	40	0.94	3.09	2.74	40
30	17.5	17.77	22.2	22.39	6:22.06	30	30.4	30.62	1:35.8	1:35.90	30		3.07	2.68	30
20	17.7	17.94	22.4	22.62	6:26.23	20	30.9	31.14	1:36.90	1:37.07	20	0.93	3.05	2.62	20
10	17.9	18.11	22.6	22.85	6:30.47	10	31.4	31.67	1:38.10	1:38.26	10	0.92	3.03	2.56	10
0	18.1	18.29	22.9	23.09	6:34.79	0	32.0	32.22	1:39.30	1:39.48	0	#REF!	3.01	2.50	0
	80m	100m	1200m		70mH	4 x 100m		HJ	LJ	SP					

Technical Standards: 70 mH - 68 cm : SP - 2 kg

### Boys Under 11 (10 in year of competition) (Continued)

Boys Under 11 (10 in year of competition)															
	Track					Hurdles		Relays			Field				
	80m	100m	1200m			70mH	4 x 100m	HJ	LJ		SP				
500	12.4	12.63	15.3	15.55	4:16.88	500	17.1	17.31	1:02.3	1:02.42	500		3.73	6.06	500
490	12.5	12.71	15.4	15.65	4:18.75	490	17.3	17.50	1:02.8	1:02.92	490	1.17	3.71	5.95	490
480		12.80	15.5	15.76	4:20.65	480	17.5	17.70	1:03.3	1:03.44	480	1.16	3.68	5.84	480
470	12.6	12.88	15.6	15.87	4:22.58	470	17.7	17.91	1:03.8	1:03.97	470		3.66	5.74	470
460	12.7	12.97	15.7	15.98	4:24.56	460	17.9	18.12	1:04.4	1:04.51	460	1.15	3.64	5.63	460
450	12.8	13.05	15.9	16.10	4:26.56	450	18.1	18.33	1:04.9	1:05.05	450	1.14	3.62	5.53	450
440	12.9	13.14	16.0	16.22	4:28.60	440	18.3	18.55	1:05.5	1:05.61	440		3.60	5.43	440
430	13.0	13.23	16.1	16.33	4:30.68	430	18.5	18.77	1:06.0	1:06.18	430	1.13	3.58	5.33	430
420	13.1	13.32	16.2	16.45	4:32.80	420	18.8	19.00	1:06.6	1:06.76	420	1.12	3.56	5.23	420
410	13.2	13.42	16.3	16.58	4:34.95	410	19.0	19.23	1:07.2	1:07.34	410		3.54	5.13	410
400	13.3	13.51	16.5	16.70	4:37.14	400	19.2	19.47	1:07.8	1:07.95	400	1.11	3.52	5.04	400
390	13.4	13.61	16.6	16.83	4:39.37	390	19.5	19.72	1:08.4	1:08.56	390		3.50	4.94	390
380	13.5	13.71	16.7	16.96	4:41.64	380	19.7	19.97	1:09.0	1:09.18	380	1.10	3.47	4.85	380
370	13.6	13.81	16.9	17.09	4:43.95	370	20.0	20.22	1:09.7	1:09.81	370	1.09	3.45	4.76	370
360	13.7	13.91	17.0	17.22	4:46.30	360	20.2	20.48	1:10.3	1:10.46	360		3.43	4.67	360
350	13.8	14.01	17.1	17.36	4:48.69	350	20.5	20.75	1:11.0	1:11.12	350	1.08	3.41	4.58	350
340	13.9	14.12	17.3	17.49	4:51.12	340	20.8	21.02	1:11.6	1:11.79	340	1.07	3.39	4.49	340
330	14.0	14.22	17.4	17.64	4:53.60	330	21.1	21.30	1:12.3	1:12.47	330		3.37	4.40	330
320	14.1	14.33	17.5	17.78	4:56.12	320	21.3	21.58	1:13.0	1:13.17	320	1.06	3.35	4.32	320
310	14.2	14.44	17.7	17.92	4:58.69	310	21.6	21.87	1:13.7	1:13.88	310	1.05	3.33	4.23	310
300	14.3	14.55	17.8	18.07	5:01.30	300	21.9	22.17	1:14.5	1:14.60	300		3.31	4.15	300
290	14.4	14.67	18.0	18.22	5:03.95	290	22.2	22.47	1:15.2	1:15.33	290	1.04	3.29	4.07	290
280	14.5	14.78	18.1	18.37	5:06.66	280	22.5	22.78	1:15.9	1:16.08	280	1.03	3.27	3.99	280
270	14.7	14.90	18.3	18.53	5:09.41	270	22.9	23.10	1:16.7	1:16.85	270		3.25	3.91	270
260	14.8	15.02	18.5	18.69	5:12.21	260	23.2	23.43							

Boys: Under 10 (9 in year of competition), Under 9 (8 in year of competition), Under 8 (7 in year of competition), Under 7 (6 in year of competition) and Under 6 (5 in year of competition)

Boys Under 10 (U/9 in year of competition)							
	Track			Relays			
	60m	80m	4 x 80m				
1000		7.94		10.44	39.0	41.30	1000
990	7.7	7.97		10.46	39.1	41.50	990
980		7.99	10.2	10.48	39.3	41.70	980
970		8.02		10.51	39.4	41.80	970
960		8.04		10.54	39.6	42.00	960
950	7.8	8.07	10.3	10.57	39.8	42.20	950
940		8.09		10.60	39.9	42.40	940
930		8.12		10.63	40.1	42.60	930
920		8.14	10.4	10.66	40.3	42.80	920
910	7.9	8.17		10.70	40.5	43.00	910
900		8.20		10.74	40.7	43.20	900
890		8.23	10.5	10.78	40.9	43.40	890
880	8.0	8.26		10.82	41.0	43.60	880
870		8.29	10.6	10.86	41.2	43.80	870
860		8.32		10.90	41.4	44.00	860
850		8.35	10.7	10.95	41.7	44.20	850
840	8.1	8.38		10.99	41.9	44.40	840
830		8.41		11.04	42.1	44.70	830
820		8.45	10.8	11.08	42.3	44.90	820
810	8.2	8.48		11.13	42.5	45.10	810
800		8.51	10.9	11.18	42.8	45.40	800
790		8.55		11.23	43.0	45.60	790
780	8.3	8.58	11.0	11.28	43.2	45.90	780
770		8.62		11.33	43.5	46.20	770
760	8.4	8.66	11.1	11.38	43.7	46.40	760
750		8.70	11.2	11.44	44.0	46.70	750
740		8.73		11.49	44.3	47.00	740
730	8.5	8.77	11.3	11.54	44.5	47.30	730
720		8.81		11.60	44.8	47.60	720
710	8.6	8.85	11.4	11.66	45.1	47.90	710
700		8.90		11.72	45.4	48.20	700
690		8.94	11.5	11.78	45.7	48.50	690
680	8.7	8.98	11.6	11.84	46.0	48.80	680
670		9.02		11.90	46.3	49.10	670
660	8.8	9.07	11.7	11.96	46.6	49.40	660
650		9.11	11.8	12.03	46.9	49.80	650
640	8.9	9.16		12.09	47.2	50.10	640
630		9.21	11.9	12.16	47.5	50.50	630
620	9.0	9.26	12.0	12.22	47.9	50.80	620
610		9.30		12.29	48.2	51.20	610
600	9.1	9.35	12.1	12.36	48.6	51.60	600
590		9.40	12.2	12.43	48.9	51.90	590
580	9.2	9.46		12.51	49.3	52.30	580
570		9.51	12.3	12.58	49.6	52.70	570
560	9.3	9.56	12.4	12.66	50.0	53.10	560
550		9.61	12.5	12.73	50.4	53.50	550
540	9.4	9.67	12.6	12.81	50.8	53.90	540
530		9.73		12.89	51.2	54.30	530
520	9.5	9.78	12.7	12.97	51.6	54.80	520
510	9.6	9.84	12.8	13.05	52.0	55.20	510
500		9.90	12.9	13.13	52.4	55.70	500
	60m	80m	4 x 80m				
Technical Standards: N/A							

Boys Under 9 (8 in year of competition)					
	Track				
	60m	80m			
1000	8.0	8.28	10.6	10.87	1000
990		8.31		10.90	990
980		8.33		10.92	980
970		8.36		10.95	970
960	8.1	8.38	10.7	10.98	960
950		8.41		11.01	950
940		8.44		11.04	940
930	8.2	8.46	10.8	11.08	930
920		8.49		11.11	920
910		8.52	10.9	11.15	910
900		8.55		11.19	900
890	8.3	8.58		11.23	890
880		8.61	11.0	11.27	880
870		8.64		11.32	870
860	8.4	8.67	11.1	11.36	860
850		8.71		11.41	850
840		8.74	11.2	11.45	840
830	8.5	8.77		11.50	830
820		8.81	11.3	11.55	820
810		8.84		11.60	810
800	8.6	8.88	11.4	11.65	800
790		8.91		11.70	790
780	8.7	8.95	11.5	11.75	780
770		8.99		11.80	770
760		9.03	11.6	11.86	760
750	8.8	9.07		11.91	750
740		9.11	11.7	11.97	740
730	8.9	9.15	11.8	12.03	730
720		9.19		12.09	720
710		9.23	11.9	12.15	710
700	9.0	9.28		12.21	700
690		9.32	12.0	12.27	690
680	9.1	9.36	12.1	12.33	680
670		9.41		12.40	670
660	9.2	9.46	12.2	12.46	660
650		9.50	12.3	12.53	650
640	9.3	9.55		12.60	640
630		9.60	12.4	12.67	630
620	9.4	9.65	12.5	12.74	620
610		9.70		12.81	610
600	9.5	9.75	12.6	12.88	600
590		9.81	12.7	12.96	590
580	9.6	9.86	12.8	13.03	580
570		9.91	12.9	13.11	570
560	9.7	9.97		13.19	560
550		10.03	13.0	13.27	550
540	9.8	10.08	13.1	13.35	540
530	9.9	10.14	13.2	13.43	530
520		10.20	13.3	13.51	520
510	10.0	10.26		13.60	510
500		10.32	13.4	13.68	500
	60m	80m			
Technical Standards: N/A					

Boys Under 8 (7 in year of competition)					
	Track				
	60m	80m			
1000	8.4	8.66	11.1	11.37	1000
990		8.69		11.39	990
980		8.71		11.42	980
970		8.74		11.45	970
960	8.5	8.77	11.2	11.48	960
950		8.79		11.51	950
940		8.82		11.54	940
930		8.85	11.3	11.58	930
920	8.6	8.88		11.62	920
910		8.91	11.4	11.66	910
900		8.94		11.70	900
890	8.7	8.97	11.5	11.74	890
880		9.00		11.79	880
870		9.04		11.83	870
860	8.8	9.07	11.6	11.88	860
850		9.10		11.93	850
840		9.14	11.7	11.98	840
830	8.9	9.17		12.02	830
820		9.21	11.8	12.07	820
810		9.24		12.13	810
800	9.0	9.28	11.9	12.18	800
790		9.32	12.0	12.23	790
780	9.1	9.36		12.29	780
770		9.40	12.1	12.34	770
760		9.44		12.40	760
750	9.2	9.48	12.2	12.46	750
740		9.52		12.52	740
730	9.3	9.57	12.3	12.58	730
720		9.61	12.4	12.64	720
710	9.4	9.65		12.70	710
700		9.70	12.5	12.76	700
690	9.5	9.74	12.6	12.83	690
680		9.79		12.89	680
670	9.6	9.84	12.7	12.96	670
660		9.89	12.8	13.03	660
650	9.7	9.94		13.10	650
640		9.99	12.9	13.17	640
630	9.8	10.04	13.0	13.24	630
620		10.09	13.1	13.32	620
610	9.9	10.14		13.39	610
600		10.20	13.2	13.47	600
590	10.0	10.25	13.3	13.55	590
580		10.31	13.4	13.62	580
570	10.1	10.37	13.5	13.70	570
560		10.42		13.79	560
550	10.2	10.48	13.6	13.87	550
540	10.3	10.54	13.7	13.95	540
530		10.60	13.8	14.04	530
520	10.4	10.67	13.9	14.13	520
510	10.5	10.73	14.0	14.22	510
500		10.79	14.1	14.31	500
	60m	80m			
Technical Standards: N/A					

Boys Under 7 (6 in year of competition)					
	Track				
	60m	80m			
1000	8.8	9.07		11.91	1000
990		9.09		11.94	990
980		9.12	11.7	11.97	980
970		9.15		12.00	970
960	8.9	9.18		12.03	960
950		9.21	11.8	12.06	950
940		9.24		12.10	940
930	9.0	9.27		12.13	930
920		9.30	11.9	12.17	920
910		9.33		12.22	910
900	9.1	9.36	12.0	12.26	900
890		9.39		12.31	890
880		9.43	12.1	12.35	880
870	9.2	9.46		12.40	870
860		9.49	12.2	12.45	860
850		9.53		12.50	850
840	9.3	9.57	12.3	12.55	840
830		9.60		12.60	830
820		9.64	12.4	12.65	820
810	9.4	9.68		12.71	810
800		9.72	12.5	12.76	800
790	9.5	9.76		12.82	790
780		9.80	12.6	12.88	780
770		9.84	12.7	12.93	770
760	9.6	9.88		12.99	760
750		9.93	12.8	13.05	750
740	9.7	9.97		13.12	740
730		10.01	12.9	13.18	730
720	9.8	10.06	13.0	13.24	720
710		10.11		13.31	710
700	9.9	10.15	13.1	13.37	700
690		10.20	13.2	13.44	690
680	10.0	10.25		13.51	680
670		10.30	13.3	13.58	670
660	10.1	10.35	13.4	13.65	660
650		10.40	13.5	13.73	650
640	10.2	10.46		13.80	640
630		10.51	13.6	13.88	630
620	10.3	10.57	13.7	13.95	620
610		10.62	13.8	14.03	610
600	10.4	10.68	13.9	14.11	600
590	10.5	10.73		14.19	590
580		10.79	14.0	14.28	580
570	10.6	10.85	14.1	14.36	570
560		10.91	14.2	14.45	560
550	10.7				

Boys: Under 10 (9 in year of competition), Under 9 (8 in year of competition), Under 8 (7 in year of competition), Under 7 (6 in year of competition) and Under 6 (5 in year of competition) (Continued)

Boys Under 10 (9 in year of competition)							
	Track			Relays			
	60m	80m		4 x 80m			
500		9.90	12.9	13.13	52.4	55.70	500
490	9.7	9.96	13.0	13.22	52.8	56.10	490
480		10.02	13.1	13.30	53.3	56.60	480
470	9.8	10.08		13.39	53.7	57.00	470
460	9.9	10.14	13.2	13.48	54.2	57.50	460
450		10.21	13.3	13.57	54.6	58.00	450
440	10.0	10.27	13.4	13.66	55.1	58.50	440
430	10.1	10.34	13.5	13.76	55.6	59.00	430
420		10.41	13.6	13.85	56.0	59.50	420
410	10.2	10.47	13.7	13.95	56.5	60.10	410
400	10.3	10.54	13.8	14.05	57.0	60.60	400
390		10.61	13.9	14.15	57.6	61.10	390
380	10.4	10.68	14.0	14.25	58.1	61.70	380
370	10.5	10.76	14.1	14.35	58.6	1:02.3	370
360	10.6	10.83	14.2	14.46	59.2	1:02.8	360
350		10.91	14.3	14.57	59.7	1:03.4	350
340	10.7	10.98	14.4	14.68	60.3	1:04.0	340
330	10.8	11.06	14.6	14.79	60.8	1:04.6	330
320	10.9	11.14	14.7	14.90	1:01.43	1:05.3	320
310	11.0	11.22	14.8	15.01	1:02.02	1:05.9	310
300		11.30	14.9	15.13	1:02.63	1:06.5	300
290	11.1	11.38	15.0	15.25	1:03.25	1:07.2	290
280	11.2	11.47	15.1	15.37	1:03.88	1:07.9	280
270	11.3	11.55	15.3	15.49	1:04.52	1:08.6	270
260	11.4	11.64	15.4	15.61	1:05.17	1:09.2	260
250	11.5	11.73	15.5	15.74	1:05.84	1:10.0	250
240	11.6	11.82	15.6	15.87	1:06.52	1:10.7	240
230	11.7	11.91	15.8	16.00	1:07.21	1:11.4	230
220	11.8	12.00	15.9	16.13	1:07.91	1:12.2	220
210	11.9	12.09	16.0	16.27	1:08.63	1:12.9	210
200		12.19	16.2	16.40	1:09.36	1:13.7	200
190	12.0	12.28	16.3	16.54	1:10.10	1:14.5	190
180	12.1	12.38	16.5	16.69	1:10.86	1:15.3	180
170	12.2	12.48	16.6	16.83	1:11.63	1:16.1	170
160	12.3	12.58	16.7	16.98	1:12.42	1:17.0	160
150	12.5	12.69	16.9	17.12	1:13.22	1:17.8	150
140	12.6	12.79	17.0	17.28	1:14.04	1:18.7	140
130	12.7	12.90	17.2	17.43	1:14.87	1:19.6	130
120	12.8	13.01	17.4	17.59	1:15.72	1:20.5	120
110	12.9	13.12	17.5	17.75	1:16.58	1:21.4	110
100	13.0	13.23	17.7	17.91	1:17.47	1:22.3	100
90	13.1	13.34	17.8	18.07	1:18.36	1:23.3	90
80	13.2	13.46	18.0	18.24	1:19.28	1:24.3	80
70	13.3	13.58	18.2	18.41	1:20.21	1:25.3	70
60	13.5	13.70	18.3	18.58	1:21.16	1:26.3	60
50	13.6	13.82	18.5	18.76	1:22.13	1:27.3	50
40	13.7	13.94	18.7	18.94	1:23.12	1:28.4	40
30	13.8	14.07	18.9	19.12	1:24.13	1:29.4	30
20	14.0	14.19	19.1	19.30	1:25.15	1:30.50	20
10	14.1	14.32	19.3	19.49	1:26.20	1:31.60	10
0	14.2	14.45	19.4	19.68	1:27.27	1:32.80	0
	60m	80m	4 x 80m				
Technical Standards: N/A							

Boys Under 9 (8 in year of competition)					
	Track				
	60m	80m			
500		10.32	13.4	13.68	500
490	10.1	10.38	13.5	13.77	490
480	10.2	10.45	13.6	13.86	480
470		10.51	13.7	13.95	470
460	10.3	10.58	13.8	14.05	460
450	10.4	10.64	13.9	14.14	450
440		10.71	14.0	14.24	440
430	10.5	10.78	14.1	14.33	430
420	10.6	10.85	14.2	14.43	420
410	10.7	10.92	14.3	14.53	410
400		10.99	14.4	14.64	400
390	10.8	11.07	14.5	14.74	390
380	10.9	11.14	14.6	14.85	380
370	11.0	11.22	14.7	14.96	370
360		11.29	14.8	15.07	360
350	11.1	11.37	14.9	15.18	350
340	11.2	11.45	15.1	15.29	340
330	11.3	11.53	15.2	15.41	330
320	11.4	11.61	15.3	15.52	320
310		11.70	15.4	15.64	310
300	11.5	11.78	15.5	15.76	300
290	11.6	11.87	15.7	15.89	290
280	11.7	11.96	15.8	16.01	280
270	11.8	12.04	15.9	16.14	270
260	11.9	12.13	16.0	16.27	260
250	12.0	12.23	16.2	16.40	250
240	12.1	12.32	16.3	16.53	240
230	12.2	12.41	16.4	16.67	230
220	12.3	12.51	16.6	16.81	220
210	12.4	12.61	16.7	16.95	210
200	12.5	12.71	16.9	17.09	200
190	12.6	12.81	17.0	17.24	190
180	12.7	12.91	17.1	17.38	180
170	12.8	13.02	17.3	17.53	170
160	12.9	13.12	17.5	17.69	160
150	13.0	13.23	17.6	17.84	150
140	13.1	13.34	17.8	18.00	140
130	13.2	13.45	17.9	18.16	130
120	13.3	13.56	18.1	18.32	120
110	13.4	13.68	18.3	18.49	110
100	13.6	13.79	18.4	18.66	100
90	13.7	13.91	18.6	18.83	90
80	13.8	14.03	18.8	19.00	80
70	13.9	14.16	18.9	19.18	70
60	14.0	14.28	19.1	19.36	60
50	14.2	14.41	19.3	19.54	50
40	14.3	14.54	19.5	19.73	40
30	14.4	14.67	19.7	19.92	30
20	14.6	14.80	19.9	20.11	20
10	14.7	14.93	20.1	20.31	10
0	14.8	15.07	20.3	20.51	0
	60m	80m			
Technical Standards: N/A					

Boys Under 8 (7 in year of competition)					
	Track				
	60m	80m			
500		10.79	14.1	14.31	500
490	10.6	10.86	14.2	14.40	490
480	10.7	10.92	14.3	14.49	480
470		10.99	14.4	14.59	470
460	10.8	11.06	14.5	14.69	460
450	10.9	11.13	14.6	14.79	450
440		11.20	14.7	14.89	440
430	11.0	11.27	14.8	14.99	430
420	11.1	11.34	14.9	15.09	420
410	11.2	11.42	15.0	15.20	410
400		11.49	15.1	15.30	400
390	11.3	11.57	15.2	15.41	390
380	11.4	11.65	15.3	15.52	380
370	11.5	11.73	15.4	15.64	370
360	11.6	11.81	15.5	15.75	360
350		11.89	15.6	15.87	350
340	11.7	11.97	15.8	15.99	340
330	11.8	12.06	15.9	16.11	330
320	11.9	12.14	16.0	16.23	320
310	12.0	12.23	16.1	16.35	310
300	12.1	12.32	16.2	16.48	300
290	12.2	12.41	16.4	16.61	290
280	12.3	12.50	16.5	16.74	280
270	12.4	12.59	16.6	16.87	270
260		12.69	16.8	17.01	260
250	12.5	12.78	16.9	17.15	250
240	12.6	12.88	17.1	17.29	240
230	12.7	12.98	17.2	17.43	230
220	12.8	13.08	17.3	17.57	220
210	12.9	13.18	17.5	17.72	210
200	13.1	13.29	17.6	17.87	200
190	13.2	13.39	17.8	18.02	190
180	13.3	13.50	17.9	18.18	180
170	13.4	13.61	18.1	18.33	170
160	13.5	13.72	18.3	18.49	160
150	13.6	13.83	18.4	18.66	150
140	13.7	13.95	18.6	18.82	140
130	13.8	14.06	18.8	18.99	130
120	13.9	14.18	18.9	19.16	120
110	14.1	14.30	19.1	19.33	110
100	14.2	14.42	19.3	19.51	100
90	14.3	14.55	19.5	19.69	90
80	14.4	14.67	19.6	19.87	80
70	14.6	14.80	19.8	20.06	70
60	14.7	14.93	20.0	20.24	60
50	14.8	15.06	20.2	20.44	50
40	15.0	15.20	20.4	20.63	40
30	15.1	15.33	20.6	20.83	30
20	15.2	15.47	20.8	21.03	20
10	15.4	15.61	21.0	21.23	10
0	15.5	15.76	21.2	21.44	0
	60m	80m			
Technical Standards: N/A					

Boys Under 7 (6 in year of competition)					
	Track				
	60m	80m			
500		11.30	14.8	14.99	500
490	11.1	11.37	14.9	15.09	490
480	11.2	11.44	15.0	15.19	480
470		11.51	15.1	15.29	470
460	11.3	11.58	15.2	15.39	460
450	11.4	11.65	15.3	15.49	450
440	11.5	11.73	15.4	15.60	440
430		11.80	15.5	15.71	430
420	11.6	11.88	15.6	15.81	420
410	11.7	11.95	15.7	15.92	410
400	11.8	12.03	15.8	16.04	400
390	11.9	12.11	15.9	16.15	390
380		12.20	16.0	16.27	380
370	12.0	12.28	16.2	16.39	370
360	12.1	12.36	16.3	16.51	360
350	12.2	12.45	16.4	16.63	350
340	12.3	12.54	16.5	16.75	340
330	12.4	12.62	16.6	16.88	330
320	12.5	12.71	16.8	17.01	320
310	12.6	12.80	16.9	17.14	310
300	12.7	12.90	17.0	17.27	300
290	12.8	12.99	17.2	17.41	290
280	12.9	13.09	17.3	17.54	280
270		13.19	17.4	17.68	270
260	13.0	13.28	17.6	17.82	260
250	13.1	13.38	17.7	17.97	250
240	13.3				

# 2024 - 2027 PRIMARY SCHOOLS ATHLETICS PERFORMANCE EVALUATION (APE) TABLES

ATHLETICS SOUTH AFRICA (ASA)

IN ASSOCIATION WITH

SOUTH AFRICAN SCHOOLS ATHLETICS (SASA)

CAPACITATING SCHOOLS ATHLETICS



## Girls

# Girls Under 14 (13 in year of competition)

Girls Under 14 (13 in year of competition)																						
	Track				Relays		Hurdles		Walk	Field												
	100m	200m	800m	1500m	4 x 100m		75mH	200mH	1500 m W		HJ	LJ	SP	DT	HT	JT						
1000	12.0	12.29	24.9	25.17	2:14.36	4:28.71	50.6	50.78	1000		10.99	26.5	26.78	6:30.08	1000		5.65	14.14	48.53	55.21	49.00	1000
990	12.1	12.34	25.1	25.29	2:15.05	4:30.09	50.8	50.98	990	10.8	11.07	26.7	26.98	6:37.50	990	1.66	5.62	13.92	47.86	54.22	48.44	990
980		12.40	25.2	25.42	2:15.75	4:31.51	51.0	51.19	980	10.9	11.15	26.9	27.18	6:45.20	980	1.65	5.60	13.70	47.19	53.22	47.86	980
970	12.2	12.45	25.3	25.54	2:16.48	4:32.96	51.3	51.40	970	11.0	11.23	27.2	27.39	6:53.19	970	1.64	5.57	13.48	46.51	52.21	47.27	970
960		12.51	25.4	25.67	2:17.22	4:34.43	51.5	51.61	960	11.1	11.31	27.4	27.61	7:01.47	960		5.55	13.25	45.83	51.19	46.68	960
950	12.3	12.57	25.6	25.80	2:17.97	4:35.94	51.7	51.83	950		11.39	27.6	27.82	7:10.05	950	1.63	5.52	13.02	45.13	50.16	46.08	950
940		12.63	25.7	25.94	2:18.74	4:37.49	51.9	52.06	940	11.2	11.48	27.8	28.05	7:18.96	940	1.62	5.49	12.79	44.43	49.14	45.47	940
930	12.4	12.69	25.8	26.07	2:19.53	4:39.06	52.1	52.29	930	11.3	11.56	28.0	28.28	7:28.19	930		5.46	12.56	43.72	48.10	44.85	930
920	12.5	12.75	26.0	26.21	2:20.34	4:40.68	52.4	52.52	920	11.4	11.65	28.3	28.51	7:37.76	920	1.61	5.44	12.33	43.01	47.07	44.23	920
910		12.82	26.1	26.35	2:21.16	4:42.32	52.6	52.76	910	11.5	11.75	28.5	28.75	7:47.70	910	1.60	5.41	12.09	42.29	46.04	43.60	910
900	12.6	12.88	26.3	26.50	2:22.00	4:44.00	52.9	53.00	900	11.6	11.84	28.8	29.00	7:58.00	900	1.59	5.38	11.86	41.57	45.00	42.97	900
890	12.7	12.95	26.4	26.65	2:22.86	4:45.72	53.1	53.25	890	11.7	11.94	29.0	29.25	8:08.71	890	1.58	5.35	11.63	40.85	43.97	42.34	890
880		13.01	26.6	26.80	2:23.74	4:47.48	53.4	53.50	880	11.8	12.03	29.3	29.51	8:19.86	880		5.33	11.40	40.14	42.96	41.71	880
870	12.8	13.08	26.7	26.96	2:24.64	4:49.28	53.6	53.76	870	11.9	12.14	29.5	29.78	8:31.48	870	1.57	5.30	11.17	39.43	41.97	41.09	870
860	12.9	13.15	26.9	27.12	2:25.56	4:51.13	53.9	54.03	860	12.0	12.24	29.8	30.05	8:43.57	860	1.56	5.28	10.95	38.74	40.99	40.47	860
850	13.0	13.23	27.0	27.28	2:26.51	4:53.02	54.2	54.30	850	12.1	12.35	30.1	30.33	8:56.17	850	1.55	5.25	10.73	38.05	40.03	39.86	850
840		13.30	27.2	27.45	2:27.48	4:54.96	54.4	54.58	840	12.2	12.46	30.4	30.62	9:09.30	840		5.22	10.51	37.37	39.09	39.25	840
830	13.1	13.38	27.4	27.62	2:28.47	4:56.94	54.7	54.86	830	12.3	12.57	30.7	30.92	9:22.98	830	1.54	5.20	10.29	36.70	38.16	38.65	830
820	13.2	13.45	27.6	27.79	2:29.48	4:58.96	55.0	55.15	820	12.4	12.68	31.0	31.22	9:37.23	820	1.53	5.17	10.08	36.03	37.25	38.06	820
810	13.3	13.53	27.7	27.97	2:30.52	5:01.04	55.3	55.45	810	12.6	12.80	31.3	31.54	9:52.09	810	1.52	5.15	9.87	35.38	36.36	37.47	810
800	13.4	13.61	27.9	28.16	2:31.58	5:03.16	55.6	55.75	800	12.7	12.92	31.6	31.86	10:07.57	800		5.12	9.67	34.73	35.48	36.88	800
790		13.70	28.1	28.34	2:32.67	5:05.33	55.9	56.06	790	12.8	13.05	31.9	32.19	10:23.71	790	1.51	5.09	9.47	34.09	34.62	36.30	790
780	13.5	13.78	28.3	28.53	2:33.78	5:07.56	56.2	56.37	780	12.9	13.18	32.3	32.52	10:40.55	780	1.50	5.07	9.27	33.45	33.77	35.73	780
770	13.6	13.87	28.5	28.73	2:34.91	5:09.83	56.6	56.70	770	13.1	13.31	32.6	32.87	10:58.10	770	1.49	5.04	9.07	32.83	32.94	35.16	770
760	13.7	13.95	28.7	28.93	2:36.08	5:12.15	56.9	57.03	760	13.2	13.44	33.0	33.22	11:16.41	760		5.02	8.88	32.21	32.12	34.60	760
750	13.8	14.04	28.9	29.13	2:37.26	5:14.53	57.2	57.36	750	13.3	13.58	33.3	33.59	11:35.51	750	1.48	4.99	8.69	31.60	31.32	34.04	750
740	13.9	14.14	29.1	29.34	2:38.48	5:16.96	57.6	57.70	740	13.5	13.72	33.7	33.96	11:55.44	740	1.47	4.97	8.50	31.00	30.54	33.49	740
730	14.0	14.23	29.3	29.56	2:39.72	5:19.44	57.9	58.05	730	13.6	13.86	34.1	34.35	12:16.24	730	1.46	4.94	8.31	30.41	29.77	32.95	730
720	14.1	14.33	29.5	29.77	2:40.99	5:21.98	58.3	58.41	720	13.8	14.01	34.5	34.74	12:37.96	720	1.45	4.91	8.13	29.82	29.01	32.41	720
710	14.2	14.42	29.8	30.00	2:42.28	5:24.57	58.6	58.77	710	13.9	14.16	34.9	35.14	13:00.63	710		4.89	7.95	29.25	28.27	31.88	710
700	14.3	14.52	30.0	30.22	2:43.61	5:27.22	59.0	59.15	700	14.1	14.32	35.3	35.56	13:24.31	700	1.44	4.86	7.78	28.68	27.55	31.35	700
690	14.4	14.63	30.2	30.46	2:44.96	5:29.93	59.4	59.52	690	14.2	14.48	35.7	35.98	13:49.04	690	1.43	4.84	7.60	28.11	26.83	30.82	690
680	14.5	14.73	30.5	30.69	2:46.35	5:32.70	59.8	59.91	680	14.4	14.64	36.2	36.42	14:14.88	680	1.42	4.81	7.43	27.56	26.14	30.31	680
670	14.6	14.84	30.7	30.93	2:47.76	5:35.53	1:00.20	1:00.31	670	14.6	14.81	36.6	36.86	14:41.89	670		4.79	7.27	27.01	25.46	29.80	670
660	14.7	14.94	30.9	31.18	2:49.21	5:38.42	1:00.60	1:00.71	660	14.7	14.98	37.1	37.32	15:10.12	660	1.41	4.76	7.10	26.48	24.79	29.29	660
650	14.8	15.05	31.2	31.43	2:50.69	5:41.37	1:01.00	1:01.12	650	14.9	15.15	37.5	37.79	15:39.63	650	1.40	4.74	6.94	25.95	24.13	28.79	650
640	14.9	15.17	31.5	31.69	2:52.19	5:44.39	1:01.40	1:01.54	640	15.1	15.33	38.0	38.27	16:10.50	640	1.39	4.71	6.78	25.42	23.49	28.30	640
630	15.0	15.28	31.7	31.95	2:53.73	5:47.47	1:01.80	1:01.96	630	15.3	15.52	38.5	38.76	16:42.78	630		4.68	6.63	24.91	22.86	27.81	630
620	15.2	15.40	32.0	32.22	2:55.31	5:50.62	1:02.30	1:02.40	620	15.5	15.71	39.0	39.27	17:16.57	620	1.38	4.66	6.47	24.40	22.25	27.33	620
610	15.3	15.52	32.3	32.50	2:56.92	5:53.83	1:02.70	1:02.84	610	15.7	15.90	39.5	39.79	17:51.92	610	1.37	4.63	6.32	23.90	21.65	26.85	610
600	15.4	15.64	32.5	32.78	2:58.56	5:57.12	1:03.10	1:03.29	600	15.9	16.10	40.1	40.32	18:28.93	600	1.36	4.61	6.17	23.41	21.06	26.38	600
590	15.5	15.77	32.8	33.06	3:00.24	6:00.47	1:03.60	1:03.75	590	16.1	16.30	40.6	40.87	19:07.69	590		4.58	6.03	22.92	20.49	25.92	590
580	15.7	15.89	33.1	33.35	3:01.95	6:03.90	1:04.10	1:04.22	580	16.3	16.51	41.2	41.43	19:48.28	580	1.35	4.56	5.89	22.44	19.92	25.46	580
570	15.8	16.02	33.4	33.65	3:03.70	6:07.40	1:04.60	1:04.70	570	16.5	16.72	41.8	42.00	20:30.82	570	1.34	4.53	5.75	21.97	19.37	25.00	570
560	15.9	16.15	33.7	33.96	3:05.49	6:10.98	1:05.00	1:05.18	560	16.7	16.94	42.4	42.59	21:15.39	560	1.33	4.51	5.61	21.51	18.84	24.55	560
550	16.0	16.29	34.0	34.27	3:07.31	6:14.63	1:05.50	1:05.68	550	16.9	17.16	43.0	43.20	22:02.11	550		4.48	5.47	21.06	18.31	24.11	550
540	16.2	16.43	34.3	34.58	3:09.18	6:18.36	1:06.00	1:06.19	540	17.2	17.39	43.6	43.82	22:51.10	540	1.32	4.46	5.34	20.61	17.80	23.68	540
530	16.3	16.57	34.7	34.91	3:11.08	6:22.17	1:06.60	1:06.70	530	17.4	17.63	44.2	44.45	23:42.49	530	1.31	4.43	5.21	20.17	17.29	23.24	530
520	16.5	16.71	35.0	35.24	3:13.03	6:26.05	1:07.10	1:07.23	520	17.6	17.87	44.9	45.10	24:36.40	520		4.41	5.09	19.73	16.80	22.82	520
510	16.6	16.85	35.3	35.57	3:15.01	6:30.03	1:07.60	1:07.76	510	17.9	18.12	45.5	45.77	25:32.97	510	1.30	4.38	4.96	19.30	16.33	22.40	510
500	16.8	17.00	35.7	35.91	3:17.04	6:34.08	1:08.20	1:08.31	500	18.1	18.37	46.2	46.46	26:32.37	500	1.29	4.36	4.84	18.89	15.86	21.98	500
	100m	200m	800m	1500m	4 x 100m		75mH	200mH	1500 m W		HJ	LJ	SP	DT	HT	JT						

Technical Standards: 75 mH - 76,2 cm : 200 mH - 68 cm : SP - 3 kg : DT - 0,75 kg : HT - 3 kg : JT - 500 g



Girls Under 14 (13 in year of competition) (Continued)

Girls Under 14 (13 in year of competition)																						
	Track					Relays			Hurdles				Walk	Field								
	100m		200m		800m	1500m	4 x 100m		75mH		200mH		1500 m W	HJ	LJ	SP	DT	HT	JT			
500	16.8	17.00	35.7	35.91	3:17.04	6:34.08	1:08.20	1:08.31	500	18.1	18.37	46.2	46.46	26:32.37	500	1.29	4.36	4.84	18.89	15.86	21.98	500
490	16.9	17.15	36.0	36.27	3:19.11	6:38.23	1:08.70	1:08.86	490	18.4	18.63	46.9	47.16	27:34.73	490	1.28	4.33	4.72	18.47	15.40	21.58	490
480	17.1	17.31	36.4	36.62	3:21.23	6:42.46	1:09.30	1:09.43	480	18.7	18.90	47.6	47.89	28:40.24	480		4.31	4.60	18.07	14.96	21.17	480
470	17.2	17.47	36.7	36.99	3:23.39	6:46.78	1:09.90	1:10.01	470	18.9	19.17	48.4	48.63	29:49.07	470	1.27	4.28	4.49	17.67	14.52	20.77	470
460	17.4	17.63	37.1	37.36	3:25.60	6:51.19	1:10.50	1:10.59	460	19.2	19.45	49.1	49.39	31:01.41	460	1.26	4.26	4.37	17.27	14.10	20.38	460
450	17.6	17.79	37.5	37.74	3:27.85	6:55.70	1:11.10	1:11.19	450	19.5	19.73	49.9	50.17	32:17.46	450	1.25	4.23	4.26	16.89	13.68	19.99	450
440	17.7	17.96	37.9	38.13	3:30.15	7:00.30	1:11.70	1:11.80	440	19.8	20.03	50.7	50.97	33:37.44	440		4.21	4.15	16.51	13.28	19.61	440
430	17.9	18.13	38.3	38.52	3:32.50	7:05.00	1:12.30	1:12.42	430	20.1	20.33	51.6	51.79	35:01.58	430	1.24	4.19	4.05	16.14	12.88	19.24	430
420	18.1	18.30	38.7	38.93	3:34.90	7:09.81	1:12.90	1:13.06	420	20.4	20.64	52.4	52.64	36:30.11	420	1.23	4.16	3.94	15.77	12.50	18.87	420
410	18.2	18.48	39.1	39.34	3:37.35	7:14.71	1:13.60	1:13.70	410	20.7	20.95	53.3	53.50	38:03.30	410		4.14	3.84	15.41	12.12	18.50	410
400	18.4	18.66	39.5	39.76	3:39.86	7:19.72	1:14.20	1:14.36	400	21.0	21.28	54.2	54.39	39:41.42	400	1.22	4.11	3.74	15.06	11.76	18.14	400
390	18.6	18.84	39.9	40.19	3:42.42	7:24.83	1:14.90	1:15.03	390	21.4	21.61	55.1	55.31	41:24.78	390	1.21	4.09	3.64	14.71	11.40	17.79	390
380	18.8	19.03	40.4	40.63	3:45.03	7:30.06	1:15.60	1:15.71	380	21.7	21.95	56.0	56.24	43:13.67	380	1.20	4.06	3.55	14.37	11.06	17.44	380
370	19.0	19.22	40.8	41.07	3:47.70	7:35.39	1:16.30	1:16.40	370	22.1	22.30	57.0	57.20	45:08.43	370		4.04	3.45	14.04	10.72	17.09	370
360	19.2	19.42	41.3	41.53	3:50.42	7:40.84	1:17.00	1:17.11	360	22.4	22.66	58.0	58.19	47:09.42	360	1.19	4.02	3.36	13.71	10.39	16.75	360
350	19.4	19.61	41.8	41.99	3:53.20	7:46.41	1:17.70	1:17.83	350	22.8	23.03	59.0	59.21	49:17.02	350	1.18	3.99	3.27	13.39	10.07	16.42	350
340	19.6	19.82	42.2	42.47	3:56.05	7:52.10	1:18.40	1:18.56	340	23.2	23.40	1:00.0	1:00.25	51:31.63	340		3.97	3.19	13.08	9.75	16.09	340
330	19.8	20.02	42.7	42.95	3:58.95	7:57.90	1:19.20	1:19.31	330	23.6	23.79	1:01.1	1:01.32	53:53.69	330	1.17	3.94	3.10	12.77	9.45	15.76	330
320	20.0	20.23	43.2	43.45	4:01.92	8:03.84	1:19.90	1:20.07	320	23.9	24.19	1:02.2	1:02.41	56:23.64	320	1.16	3.92	3.02	12.46	9.15	15.45	320
310	20.2	20.45	43.7	43.95	4:04.95	8:09.90	1:20.70	1:20.85	310	24.4	24.60	1:03.3	1:03.54	59:01.99	310	1.15	3.90	2.94	12.16	8.87	15.13	310
300	20.4	20.67	44.2	44.47	4:08.05	8:16.09	1:21.50	1:21.64	300	24.8	25.01	1:04.5	1:04.70	1:01:49.25	300		3.87	2.86	11.87	8.59	14.82	300
290	20.7	20.89	44.8	44.99	4:11.21	8:22.42	1:22.30	1:22.44	290	25.2	25.44	1:05.7	1:05.89	1:04:46.00	290	1.14	3.85	2.78	11.59	8.31	14.52	290
280	20.9	21.12	45.3	45.53	4:14.44	8:28.88	1:23.10	1:23.26	280	25.6	25.88	1:06.9	1:07.11	1:07:52.82	280	1.13	3.82	2.70	11.31	8.05	14.22	280
270	21.1	21.35	45.8	46.08	4:17.74	8:35.49	1:24.00	1:24.10	270	26.1	26.33	1:08.1	1:08.37	1:11:10.36	270		3.80	2.63	11.03	7.79	13.92	270
260	21.3	21.59	46.4	46.64	4:21.12	8:42.23	1:24.80	1:24.95	260	26.6	26.80	1:09.4	1:09.66	1:14:39.30	260	1.12	3.78	2.55	10.76	7.54	13.63	260
250	21.6	21.83	47.0	47.21	4:24.56	8:49.13	1:25.70	1:25.82	250	27.0	27.27	1:10.7	1:10.99	1:18:20.37	250	1.11	3.75	2.48	10.50	7.29	13.35	250
240	21.8	22.07	47.6	47.79	4:28.09	8:56.17	1:26.60	1:26.70	240	27.5	27.76	1:12.1	1:12.35	1:22:14.36	240		3.73	2.41	10.24	7.06	13.07	240
230	22.1	22.33	48.1	48.39	4:31.69	9:03.37	1:27.50	1:27.60	230	28.0	28.26	1:13.5	1:13.75	1:26:22.11	230	1.10	3.71	2.34	9.98	6.83	12.79	230
220	22.3	22.58	48.8	49.00	4:35.36	9:10.73	1:28.40	1:28.52	220	28.5	28.78	1:15.0	1:15.20	1:30:44.50	220	1.09	3.68	2.28	9.73	6.60	12.52	220
210	22.6	22.84	49.4	49.62	4:39.12	9:18.24	1:29.30	1:29.45	210	29.1	29.30	1:16.4	1:16.68	1:35:22.51	210		3.66	2.21	9.49	6.39	12.25	210
200	22.9	23.11	50.0	50.25	4:42.96	9:25.93	1:30.30	1:30.41	200	29.6	29.85	1:18.0	1:18.20	1:40:17.17	200	1.08	3.64	2.15	9.25	6.17	11.99	200
190	23.1	23.38	50.7	50.90	4:46.89	9:33.78	1:31.20	1:31.38	190	30.2	30.40	1:19.5	1:19.76	1:45:29.56	190	1.07	3.62	2.09	9.02	5.97	11.73	190
180	23.4	23.66	51.3	51.56	4:50.90	9:41.80	1:32.20	1:32.36	180	30.7	30.97	1:21.1	1:21.37	1:51:00.88	180	1.06	3.59	2.03	8.79	5.77	11.48	180
170	23.7	23.94	52.0	52.23	4:55.00	9:50.01	1:33.20	1:33.37	170	31.3	31.56	1:22.8	1:23.03	1:56:52.40	170		3.57	1.97	8.56	5.58	11.23	170
160	24.0	24.23	52.7	52.92	4:59.19	9:58.39	1:34.30	1:34.40	160	31.9	32.16	1:24.5	1:24.73	2:03:05.46	160	1.05	3.55	1.91	8.35	5.39	10.99	160
150	24.3	24.52	53.4	53.62	5:03.48	10:06.96	1:35.30	1:35.44	150	32.5	32.78	1:26.2	1:26.48	2:09:41.54	150	1.04	3.52	1.86	8.13	5.21	10.75	150
140	24.6	24.82	54.1	54.34	5:07.86	10:15.72	1:36.40	1:36.51	140	33.2	33.42	1:28.0	1:28.29	2:16:42.20	140		3.50	1.80	7.92	5.03	10.51	140
130	24.9	25.13	54.8	55.07	5:12.34	10:24.68	1:37.50	1:37.59	130	33.8	34.07	1:29.9	1:30.14	2:24:09.10	130	1.03	3.48	1.75	7.72	4.86	10.28	130
120	25.2	25.44	55.6	55.82	5:16.92	10:33.84	1:38.60	1:38.70	120	34.5	34.74	1:31.8	1:32.05	2:32:04.07	120	1.02	3.46	1.70	7.51	4.69	10.05	120
110	25.5	25.76	56.3	56.59	5:21.60	10:43.20	1:39.70	1:39.83	110	35.2	35.43	1:33.8	1:34.01	2:40:29.03	110		3.43	1.65	7.32	4.53	9.83	110
100	25.8	26.08	57.1	57.37	5:26.39	10:52.77	1:40.80	1:40.98	100	35.9	36.14	1:35.8	1:36.03	2:49:26.08	100	1.01	3.41	1.60	7.13	4.37	9.61	100
90	26.2	26.41	57.9	58.17	5:31.28	11:02.56	1:42.00	1:42.15	90	36.6	36.87	1:37.9	1:38.11	2:58:57.44	90	1.00	3.39	1.55	6.94	4.22	9.39	90
80	26.5	26.75	58.7	58.98	5:36.29	11:12.57	1:43.20	1:43.34	80	37.4	37.62	1:40.0	1:40.25	3:09:05.52	80		3.37	1.50	6.75	4.07	9.18	80
70	26.9	27.10	59.6	59.81	5:41.41	11:22.81	1:44.40	1:44.56	70	38.1	38.39	1:42.2	1:42.45	3:19:52.91	70	0.99	3.34	1.46	6.57	3.93	8.97	70
60	27.2	27.45	60.4	60.66	5:46.64	11:33.28	1:45.70	1:45.80	60	38.9	39.18	1:44.5	1:44.72	3:31:22.40	60		3.32	1.41	6.40	3.79	8.77	60
50	27.6	27.81	61.3	61.53	5:52.00	11:43.99	1:46.90	1:47.06	50	39.8	39.99	1:46.8	1:47.05	3:43:36.99	50	0.98	3.30	1.37	6.23	3.66	8.57	50
40	27.9	28.17	62.2	62.42	5:57.47	11:54.94	1:48.20	1:48.35	40	40.6	40.83	1:49.2	1:49.46	3:56:39.89	40	0.97	3.28	1.33	6.06	3.53	8.37	40
30	28.3	28.55	63.1	63.33	6:03.07	12:06.15	1:49.50	1:49.66	30	41.5	41.69	1:51.7	1:51.93	4:10:34.59	30		3.26	1.29	5.89	3.40	8.18	30
20	28.7	28.93	64.0	64.26	6:08.80	12:17.61	1:50.90	1:51.00	20	42.3	42.58	1:54.2	1:54.48	4:25:24.83	20	0.96	3.23	1.25	5.73	3.28	7.99	20
10	29.1	29.32	65.0	65.20	6:14.67	12:29.33	1:52.20	1:52.36	10	43.2	43.49	1:56.9	1:57.11	4:41:14.64	10	0.95	3.21	1.21	5.58	3.16	7.80	10
0	29.5	29.71	65.9	66.17	6:20.66	12:41.33	1:53.60	1:53.75	0	44.2	44.42	1:59.6	1:59.82	4:58:08.37	0	#REF!	3.19	1.17	5.43	3.05	7.62	0
	100m	200m	800m	1500m	4 x 100m	75mH	200mH	1500 m W	HJ	LJ	SP	DT	HT	JT								

Technical Standards: 75 mH

## Girls Under 13 (12 in year of competition)

Girls Under 13 (12 in year of competition)																					
Track						Relays		Hurdles				Walk	Field								
	100m		150m		1200m	4 x 100m			75mH		150mH		1500 m W		HJ	LJ	SP	DT	HT	JT	
1000		12.40		18.60	3:39.61	51.1	51.21	1000	11.1	11.36	20.3	20.51	6:31.40	1000	1.60	5.36	13.53	48.19	54.95	42.01	1000
990	12.2	12.46	18.4	18.68	3:40.75	51.3	51.41	990	11.2	11.44	20.4	20.66	6:38.85	990		5.33	13.32	47.53	53.97	41.53	990
980		12.51	18.5	18.76	3:41.90	51.5	51.62	980	11.3	11.52	20.6	20.82	6:46.58	980	1.59	5.31	13.11	46.86	52.97	41.03	980
970	12.3	12.57	18.6	18.85	3:43.08	51.7	51.83	970	11.4	11.61	20.7	20.98	6:54.59	970	1.58	5.28	12.90	46.19	51.96	40.53	970
960		12.63	18.7	18.93	3:44.29	51.9	52.05	960		11.69	20.9	21.14	7:02.90	960		5.26	12.68	45.51	50.95	40.02	960
950	12.4	12.69	18.8	19.02	3:45.53	52.1	52.27	950	11.5	11.78	21.1	21.31	7:11.51	950	1.57	5.23	12.46	44.82	49.93	39.50	950
940	12.5	12.75	18.9	19.11	3:46.79	52.4	52.50	940	11.6	11.87	21.2	21.48	7:20.44	940	1.56	5.21	12.24	44.12	48.91	38.98	940
930		12.81	19.0	19.20	3:48.08	52.6	52.73	930	11.7	11.96	21.4	21.66	7:29.71	930	1.55	5.18	12.02	43.42	47.88	38.45	930
920	12.6	12.87	19.1	19.30	3:49.39	52.8	52.96	920	11.8	12.05	21.6	21.84	7:39.32	920		5.15	11.80	42.71	46.85	37.92	920
910	12.7	12.93	19.2	19.39	3:50.74	53.1	53.20	910	11.9	12.14	21.8	22.02	7:49.28	910	1.54	5.13	11.57	42.00	45.82	37.38	910
900		13.00		19.49	3:52.11	53.3	53.45	900	10.5	12.24	22.0	22.21	7:59.62	900	1.53	5.10	11.35	41.28	44.79	36.84	900
890	12.8	13.07	19.3	19.59	3:53.51	53.6	53.70	890	12.1	12.34	22.2	22.40	8:10.37	890		5.08	11.13	40.57	43.77	36.30	890
880	12.9	13.13	19.5	19.69	3:54.95	53.8	53.96	880	12.2	12.44	22.4	22.60	8:21.56	880	1.52	5.05	10.91	39.86	42.76	35.76	880
870		13.20	19.6	19.80	3:56.43	54.1	54.22	870	12.3	12.55	22.6	22.81	8:33.21	870	1.51	5.03	10.69	39.16	41.77	35.23	870
860	13.0	13.28	19.7	19.90	3:57.94	54.3	54.49	860	12.4	12.65	22.8	23.02	8:45.35	860	1.50	5.00	10.48	38.47	40.80	34.70	860
850	13.1	13.35	19.8	20.01	3:59.48	54.6	54.76	850	12.5	12.76	23.0	23.23	8:57.99	850		4.98	10.26	37.78	39.85	34.17	850
840	13.2	13.42	19.9	20.13	4:01.06	54.9	55.04	840	12.6	12.88	23.2	23.45	9:11.16	840	1.49	4.95	10.06	37.11	38.91	33.65	840
830		13.50	20.0	20.24	4:02.68	55.2	55.33	830	12.8	12.99	23.4	23.68	9:24.89	830	1.48	4.93	9.85	36.44	37.98	33.14	830
820	13.3	13.58	20.1	20.36	4:04.34	55.5	55.62	820	12.9	13.11	23.7	23.91	9:39.19	820	1.47	4.90	9.65	35.78	37.08	32.63	820
810	13.4	13.66	20.2	20.48	4:06.04	55.8	55.92	810	13.0	13.23	23.9	24.15	9:54.09	810		4.88	9.45	35.13	36.19	32.12	810
800	13.5	13.74	20.4	20.60	4:07.77	56.1	56.22	800	13.1	13.36	24.2	24.40	10:09.63	800	1.46	4.85	9.25	34.49	35.31	31.62	800
790	13.6	13.82	20.5	20.72	4:09.55	56.4	56.53	790	13.2	13.49	24.4	24.65	10:25.83	790	1.45	4.83	9.06	33.85	34.45	31.12	790
780	13.7	13.91	20.6	20.85	4:11.36	56.7	56.85	780	13.4	13.62	24.7	24.91	10:42.72	780	1.44	4.80	8.87	33.22	33.61	30.63	780
770		14.00	20.7	20.98	4:13.22	57.0	57.18	770	13.5	13.76	24.9	25.17	11:00.33	770		4.78	8.68	32.60	32.78	30.15	770
760	13.8	14.08	20.9	21.12	4:15.12	57.4	57.51	760	13.7	13.89	25.2	25.44	11:18.70	760	1.43	4.76	8.49	31.99	31.97	29.66	760
750	13.9	14.18	21.0	21.25	4:17.06	57.7	57.85	750	13.8	14.04	25.5	25.72	11:37.87	750	1.42	4.73	8.31	31.38	31.17	29.19	750
740	14.0	14.27	21.2	21.39	4:19.04	58.1	58.19	740	13.9	14.18	25.8	26.01	11:57.87	740	1.41	4.71	8.13	30.79	30.39	28.72	740
730	14.1	14.36	21.3	21.53	4:21.07	58.4	58.55	730	14.1	14.33	26.1	26.30	12:18.74	730		4.68	7.96	30.20	29.63	28.25	730
720	14.2	14.46	21.4	21.68	4:23.15	58.8	58.91	720	14.2	14.48	26.4	26.61	12:40.53	720	1.40	4.66	7.78	29.62	28.88	27.79	720
710	14.3	14.56	21.6	21.83	4:25.27	59.1	59.27	710	14.4	14.64	26.7	26.91	13:03.28	710	1.39	4.63	7.61	29.04	28.14	27.33	710
700	14.4	14.66	21.7	21.98	4:27.43	59.5	59.65	700	14.6	14.80	27.0	27.23	13:27.04	700		4.61	7.44	28.48	27.42	26.88	700
690	14.5	14.76	21.9	22.13	4:29.65	59.9	1:00.03	690	14.7	14.97	27.3	27.56	13:51.85	690	1.38	4.59	7.28	27.92	26.71	26.43	690
680	14.6	14.87	22.0	22.29	4:31.91	1:00.30	1:00.42	680	14.9	15.13	27.6	27.89	14:17.78	680	1.37	4.56	7.11	27.37	26.02	25.98	680
670	14.7	14.97	22.2	22.45	4:34.22	1:00.70	1:00.82	670	15.1	15.31	28.0	28.23	14:44.88	670	1.36	4.54	6.95	26.83	25.34	25.55	670
660	14.8	15.08	22.4	22.61	4:36.58	1:01.10	1:01.22	660	15.2	15.48	28.3	28.58	15:13.20	660		4.51	6.80	26.29	24.67	25.11	660
650	15.0	15.19	22.5	22.78	4:39.00	1:01.50	1:01.64	650	15.4	15.66	28.7	28.94	15:42.82	650	1.35	4.49	6.64	25.76	24.02	24.69	650
640	15.1	15.31	22.7	22.95	4:41.46	1:01.90	1:02.06	640	15.6	15.85	29.1	29.31	16:13.79	640	1.34	4.46	6.49	25.25	23.38	24.26	640
630	15.2	15.42	22.9	23.12	4:43.98	1:02.30	1:02.49	630	15.8	16.04	29.4	29.69	16:46.18	630		4.44	6.34	24.73	22.76	23.84	630
620	15.3	15.54	23.1	23.30	4:46.56	1:02.80	1:02.93	620	16.0	16.24	29.8	30.08	17:20.08	620	1.33	4.42	6.20	24.23	22.15	23.43	620
610	15.4	15.66	23.2	23.48	4:49.18	1:03.20	1:03.37	610	16.2	16.44	30.2	30.47	17:55.55	610	1.32	4.39	6.05	23.73	21.55	23.02	610
600	15.5	15.79	23.4	23.67	4:51.87	1:03.70	1:03.83	600	16.4	16.64	30.6	30.88	18:32.69	600	1.31	4.37	5.91	23.24	20.96	22.62	600
590	15.7	15.91	23.6	23.86	4:54.61	1:04.20	1:04.29	590	16.6	16.85	31.1	31.30	19:11.58	590		4.34	5.77	22.76	20.39	22.22	590
580	15.8	16.04	23.8	24.05	4:57.41	1:04.60	1:04.76	580	16.8	17.07	31.5	31.73	19:52.31	580	1.30	4.32	5.63	22.29	19.83	21.83	580
570	15.9	16.17	24.0	24.24	5:00.27	1:05.10	1:05.25	570	17.0	17.29	31.9	32.17	20:34.99	570	1.29	4.30	5.50	21.82	19.28	21.44	570
560	16.1	16.30	24.2	24.44	5:03.19	1:05.60	1:05.74	560	17.3	17.51	32.4	32.62	21:19.71	560	1.28	4.27	5.37	21.36	18.75	21.05	560
550	16.2	16.44	24.4	24.65	5:06.18	1:06.10	1:06.24	550	17.5	17.74	32.8	33.08	22:06.59	550		4.25	5.24	20.91	18.22	20.67	550
540	16.3	16.58	24.6	24.86	5:09.23	1:06.60	1:06.75	540	17.7	17.98	33.3	33.56	22:55.75	540	1.27	4.23	5.11	20.46	17.71	20.30	540
530	16.5	16.72	24.8	25.07	5:12.34	1:07.10	1:07.27	530	18.0	18.22	33.8	34.04	23:47.31	530	1.26	4.20	4.99	20.03	17.21	19.93	530
520	16.6	16.86	25.0	25.28	5:15.52	1:07.70	1:07.80	520	18.2	18.47	34.3	34.54	24:41.40	520		4.18	4.87	19.59	16.73	19.56	520
510	16.8	17.01	25.3	25.50	5:18.76	1:08.20	1:08.34	510	18.5	18.73	34.8	35.06	25:38.17	510	1.25	4.15	4.75	19.17	16.25	19.20	510
500	16.9	17.16	25.5	25.73	5:22.08	1:08.70	1:08.89	500	18.8	18.99	35.3	35.58	26:37.76	500	1.24	4.13	4.63	18.75	15.78	18.85	500

Technical Standards: 75 mH - 68 cm : 150 mH - 68 cm : SP - 3 kg : DT - 0,75 kg : HT - 3 kg : JT - 500 g



Girls Under 13 (12 in year of competition) (Continued)

Girls Under 13 (12 in year of competition)																					
	Track					Relays			Hurdles				Walk	Field							
	100m		150m		1200m	4 x 100m			75mH		150mH		1500 m W		HJ	LJ	SP	DT	HT	JT	
500	16.9	17.16	25.5	25.73	5:22.08	1:08.70	1:08.89	500	18.8	18.99	35.3	35.58	26:37.76	500	1.24	4.13	4.63	18.75	15.78	18.85	500
490	17.1	17.31	25.7	25.96	5:25.47	1:09.30	1:09.45	490	19.0	19.26	35.9	36.12	27:40.34	490		4.11	4.52	18.34	15.33	18.50	490
480	17.2	17.47	26.0	26.19	5:28.92	1:09.90	1:10.02	480	19.3	19.53	36.4	36.67	28:46.07	480	1.23	4.08	4.40	17.94	14.89	18.15	480
470	17.4	17.63	26.2	26.43	5:32.46	1:10.50	1:10.60	470	19.6	19.82	37.0	37.24	29:55.13	470	1.22	4.06	4.29	17.54	14.45	17.81	470
460	17.6	17.79	26.4	26.67	5:36.06	1:11.10	1:11.19	460	19.9	20.10	37.6	37.83	31:07.72	460	1.21	4.04	4.18	17.15	14.03	17.47	460
450	17.7	17.96	26.7	26.92	5:39.75	1:11.70	1:11.80	450	20.2	20.40	38.2	38.42	32:24.03	450		4.01	4.08	16.77	13.62	17.14	450
440	17.9	18.12	26.9	27.17	5:43.51	1:12.30	1:12.41	440	20.5	20.70	38.8	39.04	33:44.28	440	1.20	3.99	3.97	16.40	13.21	16.82	440
430	18.1	18.30	27.2	27.43	5:47.35	1:12.90	1:13.04	430	20.8	21.02	39.4	39.67	35:08.70	430	1.19	3.97	3.87	16.03	12.82	16.49	430
420	18.2	18.47	27.5	27.69	5:51.27	1:13.50	1:13.68	420	21.1	21.33	40.1	40.31	36:37.53	420		3.94	3.77	15.66	12.44	16.17	420
410	18.4	18.65	27.7	27.96	5:55.28	1:14.20	1:14.33	410	21.4	21.66	40.7	40.98	38:11.04	410	1.18	3.92	3.68	15.31	12.07	15.86	410
400	18.6	18.83	28.0	28.23	5:59.38	1:14.80	1:14.99	400	21.8	22.00	41.4	41.66	39:49.50	400	1.17	3.90	3.58	14.96	11.70	15.55	400
390	18.8	19.02	28.3	28.51	6:03.56	1:15.50	1:15.66	390	22.1	22.34	42.1	42.36	41:33.20	390		3.88	3.49	14.61	11.35	15.25	390
380	19.0	19.21	28.6	28.80	6:07.83	1:16.20	1:16.35	380	22.5	22.69	42.8	43.07	43:22.46	380	1.16	3.85	3.40	14.27	11.00	14.95	380
370	19.2	19.40	28.8	29.08	6:12.19	1:16.90	1:17.05	370	22.8	23.05	43.6	43.81	45:17.61	370	1.15	3.83	3.31	13.94	10.67	14.65	370
360	19.4	19.60	29.1	29.38	6:16.64	1:17.60	1:17.76	360	23.2	23.43	44.3	44.57	47:19.01	360		3.81	3.22	13.62	10.34	14.36	360
350	19.6	19.80	29.4	29.68	6:21.19	1:18.30	1:18.49	350	23.6	23.81	45.1	45.34	49:27.04	350	1.14	3.78	3.13	13.30	10.02	14.08	350
340	19.8	20.00	29.7	29.99	6:25.84	1:19.10	1:19.23	340	24.0	24.20	45.9	46.14	51:42.11	340	1.13	3.76	3.05	12.98	9.71	13.79	340
330	20.0	20.21	30.1	30.30	6:30.59	1:19.80	1:19.98	330	24.4	24.60	46.7	46.96	54:04.64	330	1.12	3.74	2.97	12.68	9.41	13.52	330
320	20.2	20.42	30.4	30.62	6:35.44	1:20.60	1:20.75	320	24.8	25.01	47.6	47.80	56:35.11	320		3.72	2.89	12.38	9.11	13.24	320
310	20.4	20.64	30.7	30.94	6:40.39	1:21.40	1:21.53	310	25.2	25.43	48.4	48.66	59:13.99	310	1.11	3.69	2.81	12.08	8.82	12.97	310
300	20.6	20.86	31.0	31.27	6:45.45	1:22.20	1:22.33	300	25.6	25.86	49.3	49.55	1:02:01.82	300	1.10	3.67	2.73	11.79	8.55	12.71	300
290	20.8	21.08	31.4	31.61	6:50.62	1:23.00	1:23.14	290	26.1	26.30	50.2	50.46	1:04:59.17	290		3.65	2.66	11.51	8.27	12.45	290
280	21.1	21.31	31.7	31.96	6:55.90	1:23.80	1:23.97	280	26.5	26.76	51.2	51.40	1:08:06.62	280	1.09	3.63	2.58	11.23	8.01	12.19	280
270	21.3	21.55	32.1	32.31	7:01.30	1:24.70	1:24.81	270	27.0	27.22	52.1	52.36	1:11:24.83	270	1.08	3.60	2.51	10.95	7.75	11.94	270
260	21.5	21.79	32.4	32.66	7:06.82	1:25.50	1:25.67	260	27.5	27.70	53.1	53.35	1:14:54.48	260		3.58	2.44	10.69	7.50	11.69	260
250	21.8	22.03	32.8	33.03	7:12.45	1:26.40	1:26.55	250	28.0	28.19	54.1	54.37	1:18:36.30	250	1.07	3.56	2.38	10.42	7.26	11.44	250
240	22.0	22.28	33.2	33.40	7:18.21	1:27.30	1:27.44	240	28.5	28.70	55.2	55.41	1:22:31.09	240	1.06	3.54	2.31	10.17	7.02	11.20	240
230	22.3	22.53	33.5	33.78	7:24.09	1:28.20	1:28.35	230	29.0	29.22	56.2	56.49	1:26:39.67	230		3.51	2.24	9.91	6.80	10.97	230
220	22.6	22.79	33.9	34.17	7:30.10	1:29.10	1:29.27	220	29.5	29.75	57.3	57.59	1:31:02.96	220	1.05	3.49	2.18	9.67	6.57	10.73	220
210	22.8	23.05	34.3	34.56	7:36.25	1:30.10	1:30.21	210	30.1	30.29	58.5	58.72	1:35:41.91	210	1.04	3.47	2.12	9.42	6.36	10.51	210
200	23.1	23.32	34.7	34.97	7:42.53	1:31.00	1:31.17	200	30.6	30.85	59.6	59.89	1:40:37.56	200		3.45	2.06	9.19	6.15	10.28	200
190	23.4	23.60	35.1	35.38	7:48.94	1:32.00	1:32.15	190	31.2	31.43	1:00.8	1:01.09	1:45:51.01	190	1.03	3.43	2.00	8.95	5.94	10.06	190
180	23.6	23.88	35.6	35.80	7:55.50	1:33.00	1:33.15	180	31.8	32.02	1:02.1	1:02.32	1:51:23.46	180		3.41	1.94	8.73	5.74	9.84	180
170	23.9	24.16	36.0	36.22	8:02.20	1:34.00	1:34.16	170	32.4	32.63	1:03.3	1:03.59	1:57:16.16	170	1.02	3.38	1.89	8.51	5.55	9.63	170
160	24.2	24.45	36.4	36.66	8:09.06	1:35.10	1:35.20	160	33.0	33.25	1:04.7	1:04.89	2:03:30.49	160	1.01	3.36	1.83	8.29	5.36	9.42	160
150	24.5	24.75	36.9	37.11	8:16.06	1:36.10	1:36.25	150	33.6	33.89	1:06.0	1:06.23	2:10:07.91	150		3.34	1.78	8.07	5.18	9.21	150
140	24.8	25.05	37.3	37.56	8:23.22	1:37.20	1:37.33	140	34.3	34.55	1:07.4	1:07.61	2:17:09.99	140	1.00	3.32	1.73	7.87	5.00	9.01	140
130	25.1	25.36	37.8	38.02	8:30.54	1:38.30	1:38.42	130	35.0	35.22	1:08.8	1:09.03	2:24:38.42	130	0.99	3.30	1.67	7.66	4.83	8.81	130
120	25.4	25.68	38.3	38.49	8:38.03	1:39.40	1:39.54	120	35.7	35.92	1:10.3	1:10.50	2:32:34.99	120		3.28	1.62	7.46	4.67	8.62	120
110	25.8	26.00	38.7	38.98	8:45.68	1:40.50	1:40.67	110	36.4	36.63	1:11.8	1:12.00	2:41:01.67	110	0.98	3.25	1.58	7.27	4.51	8.42	110
100	26.1	26.32	39.2	39.47	8:53.50	1:41.70	1:41.83	100	37.1	37.36	1:13.3	1:13.55	2:50:00.53	100	0.97	3.23	1.53	7.08	4.35	8.24	100
90	26.4	26.66	39.7	39.97	9:01.51	1:42.90	1:43.01	90	37.9	38.12	1:14.9	1:15.14	2:59:33.83	90		3.21	1.48	6.89	4.20	8.05	90
80	26.8	27.00	40.2	40.48	9:09.69	1:44.10	1:44.22	80	38.7	38.89	1:16.5	1:16.78	3:09:43.97	80	0.96	3.19	1.44	6.71	4.05	7.87	80
70	27.1	27.35	40.8	41.00	9:18.05	1:45.30	1:45.44	70	39.4	39.69	1:18.2	1:18.46	3:20:33.56	70	0.95	3.17	1.40	6.53	3.91	7.69	70
60	27.5	27.70	41.3	41.53	9:26.61	1:46.60	1:46.69	60	40.3	40.50	1:20.0	1:20.20	3:32:05.39	60		3.15	1.35	6.35	3.77	7.52	60
50	27.8	28.07	41.8	42.08	9:35.36	1:47.80	1:47.97	50	41.1	41.35	1:21.7	1:21.99	3:44:22.46	50	0.94	3.13	1.31	6.18	3.64	7.34	50
40	28.2	28.43	42.4	42.63	9:44.32	1:49.10	1:49.27	40	42.0	42.21	1:23.6	1:23.83	3:57:28.02	40		3.11	1.27	6.02	3.51	7.18	40
30	28.6	28.81	43.0	43.20	9:53.47	1:50.50	1:50.59	30	42.9	43.10	1:25.5	1:25.73	4:11:25.55	30	0.93	3.09	1.23	5.85	3.39	7.01	30
20	29.0	29.20	43.5	43.77	10:02.84	1:51.80	1:51.94	20	43.8	44.01	1:27.4	1:27.68	4:26:18.80	20	0.92	3.07	1.20	5.69	3.27	6.85	20
10	29.4	29.59	44.1	44.36	10:12.42	1:53.20	1:53.32	10	44.7	44.96	1:29.5	1:29.69	4:42:11.83	10		3.05	1.16	5.54	3.15	6.69	10
0	29.8	29.99	44.7	44.96	10:22.23	1:54.60	1:54.72	0	45.7	45.92	1:31.5	1:31.76	4:59:08.99	0	0.91	3.02	1.12	5.39	3.03	6.53	0
	100m	150m	1200m	4 x 100m		75mH	150mH	1500 m W		HJ	LJ	SP	DT	HT	JT						

Technical Standards: 75 mH - 68 cm : 150 mH - 68 cm : SP - 3 kg : DT - 0,75 kg : HT - 3 kg : JT - 500 g



Girls Under 12 (11 in year of competition)

Girls Under 11 (10 in year of competition)

Girls Under 12 (11 in year of competition)														
	Track					Relays		Hurdles		Field				
	80m	100m	1200m	4 x 100m	70mH			HJ	LJ	SP				
1000		10.09	12.3	12.55	3:45.00	51.5	51.66	11.0	11.22	1000	1.50	4.97	12.76	1000
990		10.13		12.60	3:46.16	51.7	51.86		11.29	990	1.49	4.94	12.56	990
980	9.9	10.17	12.4	12.66	3:47.34	51.9	52.07	11.1	11.37	980		4.92	12.36	980
970		10.21		12.72	3:48.55	52.1	52.29	11.2	11.45	970	1.48	4.90	12.16	970
960	10.0	10.25	12.5	12.77	3:49.79	52.4	52.51	11.3	11.54	960	1.47	4.88	11.95	960
950		10.29	12.6	12.83	3:51.05	52.6	52.73	11.4	11.62	950		4.85	11.75	950
940		10.33		12.89	3:52.35	52.8	52.96	11.5	11.71	940	1.46	4.83	11.54	940
930	10.1	10.38	12.7	12.96	3:53.67	53.1	53.19	11.6	11.80	930	1.45	4.80	11.33	930
920		10.42		13.02	3:55.02	53.3	53.43		11.89	920		4.78	11.12	920
910	10.2	10.46	12.8	13.08	3:56.39	53.5	53.67	11.7	11.98	910	1.44	4.76	10.91	910
900		10.51	12.9	13.15	3:57.80	53.8	53.92	11.8	12.08	900	1.43	4.73	10.70	900
890	10.3	10.56		13.22	3:59.24	54.0	54.17	11.9	12.18	890		4.71	10.49	890
880		10.60	13.0	13.29	4:00.71	54.3	54.43	12.0	12.28	880	1.42	4.68	10.28	880
870	10.4	10.65	13.1	13.36	4:02.22	54.6	54.70	12.1	12.38	870	1.41	4.66	10.08	870
860		10.70	13.2	13.43	4:03.77	54.8	54.97	12.2	12.49	860		4.64	9.88	860
850	10.5	10.75		13.50	4:05.35	55.1	55.24	12.4	12.60	850	1.40	4.62	9.68	850
840		10.81	13.3	13.58	4:06.97	55.4	55.52	12.5	12.71	840	1.39	4.59	9.48	840
830	10.6	10.86	13.4	13.66	4:08.63	55.7	55.81	12.6	12.82	830	1.38	4.57	9.29	830
820		10.91	13.5	13.74	4:10.33	56.0	56.11	12.7	12.94	820		4.55	9.10	820
810	10.7	10.97	13.6	13.82	4:12.07	56.3	56.41	12.8	13.06	810	1.37	4.52	8.91	810
800		11.02		13.90	4:13.85	56.6	56.72	12.9	13.19	800	1.36	4.50	8.72	800
790	10.8	11.08	13.7	13.98	4:15.66	56.9	57.03	13.1	13.31	790		4.48	8.54	790
780	10.9	11.14	13.8	14.07	4:17.52	57.2	57.35	13.2	13.44	780	1.35	4.46	8.36	780
770		11.20	13.9	14.16	4:19.43	57.5	57.68	13.3	13.58	770	1.34	4.43	8.18	770
760	11.0	11.26	14.0	14.25	4:21.37	57.9	58.02	13.5	13.71	760		4.41	8.01	760
750		11.33	14.1	14.34	4:23.36	58.2	58.36	13.6	13.85	750	1.33	4.39	7.84	750
740	11.1	11.39	14.2	14.43	4:25.39	58.6	58.71	13.8	14.00	740	1.32	4.37	7.67	740
730	11.2	11.45	14.3	14.53	4:27.47	58.9	59.06	13.9	14.14	730		4.34	7.50	730
720		11.52	14.4	14.63	4:29.60	59.3	59.42	14.1	14.29	720	1.31	4.32	7.34	720
710	11.3	11.59	14.5	14.73	4:31.77	59.7	59.79	14.2	14.45	710	1.30	4.30	7.18	710
700	11.4	11.66	14.6	14.83	4:33.99	1:00.00	1:00.17	14.4	14.61	700		4.28	7.02	700
690	11.5	11.73	14.7	14.93	4:36.26	1:00.40	1:00.56	14.5	14.77	690	1.29	4.25	6.86	690
680		11.80	14.8	15.04	4:38.58	1:00.80	1:00.95	14.7	14.94	680	1.28	4.23	6.71	680
670	11.6	11.87	14.9	15.15	4:40.94	1:01.20	1:01.35	14.9	15.11	670		4.21	6.56	670
660	11.7	11.95	15.0	15.26	4:43.36	1:01.60	1:01.76	15.0	15.28	660	1.27	4.19	6.41	660
650	11.8	12.02	15.1	15.37	4:45.84	1:02.00	1:02.18	15.2	15.46	650	1.26	4.16	6.26	650
640		12.10	15.2	15.48	4:48.36	1:02.50	1:02.60	15.4	15.64	640		4.14	6.12	640
630	11.9	12.18	15.4	15.60	4:50.94	1:02.90	1:03.04	15.6	15.83	630	1.25	4.12	5.98	630
620	12.0	12.26	15.5	15.72	4:53.58	1:03.30	1:03.48	15.8	16.02	620	1.24	4.10	5.84	620
610	12.1	12.34	15.6	15.84	4:56.27	1:03.80	1:03.93	16.0	16.22	610	1.23	4.07	5.70	610
600	12.2	12.43	15.7	15.97	4:59.02	1:04.20	1:04.39	16.2	16.42	600		4.05	5.57	600
590	12.3	12.51	15.9	16.10	5:01.83	1:04.70	1:04.86	16.4	16.63	590	1.22	4.03	5.44	590
580		12.60	16.0	16.23	5:04.70	1:05.20	1:05.33	16.6	16.84	580	1.21	4.01	5.31	580
570	12.4	12.69	16.1	16.36	5:07.63	1:05.70	1:05.82	16.8	17.06	570		3.99	5.19	570
560	12.5	12.78	16.3	16.49	5:10.63	1:06.20	1:06.32	17.0	17.28	560	1.20	3.96	5.06	560
550	12.6	12.87	16.4	16.63	5:13.68	1:06.70	1:06.82	17.3	17.51	550	1.19	3.94	4.94	550
540	12.7	12.97	16.5	16.77	5:16.81	1:07.20	1:07.33	17.5	17.75	540		3.92	4.82	540
530	12.8	13.06	16.7	16.91	5:20.00	1:07.70	1:07.86	17.7	17.99	530	1.18	3.90	4.70	530
520	12.9	13.16	16.8	17.06	5:23.25	1:08.30	1:08.39	18.0	18.23	520	1.17	3.88	4.59	520
510	13.0	13.26	17.0	17.21	5:26.58	1:08.80	1:08.94	18.2	18.48	510		3.85	4.48	510
500	13.1	13.36	17.1	17.36	5:29.98	1:09.40	1:09.49	18.5	18.74	500	1.16	3.83	4.37	500
	80m	100m	1200m	4 x 100m	70mH			HJ	LJ	SP				

Technical Standards: 70 mH - 68 cm : SP - 2 kg

Girls Under 11 (10 in year of competition)														
	Track					Relays		Hurdles		Field				
	80m	100m	1200m	4 x 100m	70mH			HJ	LJ	SP				
1000		10.22		12.70	3:53.13	52.0	52.14	11.4	11.62	1000	1.36	4.47	11.58	1000
990	10.0	10.26	12.5	12.76	3:54.33	52.2	52.34		11.70	990		4.45	11.40	990
980		10.30		12.81	3:55.55	52.4	52.56	11.5	11.78	980	1.35	4.43	11.22	980
970		10.34	12.6	12.87	3:56.81	52.6	52.77	11.6	11.86	970		4.41	11.03	970
960	10.1	10.38		12.93	3:58.09	52.9	52.99	11.7	11.95	960	1.34	4.39	10.85	960
950		10.42	12.7	12.99	3:59.40	53.1	53.22	11.8	12.04	950	1.33	4.37	10.66	950
940	10.2	10.46	12.8	13.05	4:00.74	53.3	53.45	11.9	12.13	940		4.35	10.47	940
930		10.50		13.11	4:02.11	53.5	53.69	12.0	12.22	930	1.32	4.33	10.28	930
920	10.3	10.55	12.9	13.18	4:03.51	53.8	53.93	12.1	12.31	920		4.30	10.09	920
910		10.59	13.0	13.24	4:04.93	54.0	54.17	12.2	12.41	910	1.31	4.28	9.90	910
900		10.64		13.31	4:06.39	54.3	54.42	12.3	12.51	900	1.30	4.26	9.71	900
890	10.4	10.69	13.1	13.38	4:07.88	54.5	54.67	12.4	12.61	890		4.24	9.52	890
880		10.74	13.2	13.45	4:09.41	54.8	54.94	12.5	12.72	880	1.29	4.22	9.33	880
870	10.5	10.78	13.3	13.52	4:10.97	55.1	55.20	12.6	12.82	870	1.28	4.20	9.15	870
860		10.83		13.59	4:12.57	55.3	55.47	12.7	12.93	860		4.18	8.96	860
850	10.6	10.89	13.4	13.67	4:14.22	55.6	55.75	12.8	13.05	850	1.27	4.16	8.78	850
840	10.7	10.94	13.5	13.74	4:15.89	55.9	56.04	12.9	13.16	840		4.14	8.60	840
830		10.99	13.6	13.82	4:17.61	56.2	56.33	13.0	13.28	830	1.26	4.12	8.43	830
820	10.8	11.05		13.90	4:19.37	56.5	56.63	13.2	13.40	820	1.25	4.10	8.25	820
810		11.10	13.7	13.98	4:21.17	56.8	56.93	13.3	13.53	810		4.07	8.08	810
800	10.9	11.16	13.8	14.07	4:23.02	57.1	57.24	13.4	13.65	800	1.24	4.05	7.92	800
790		11.22	13.9	14.15	4:24.90	57.4	57.56	13.5	13.79	790	1.23	4.03	7.75	790
780	11.0	11.28	14.0	14.24	4:26.83	57.7	57.88	13.7	13.92	780		4.01	7.59	780
770	11.1	11.34	14.1	14.33	4:28.80	58.1	58.22	13.8	14.06	770	1.22	3.99	7.43	770
760		11.40	14.2	14.42	4:30.81	58.4	58.55	14.0	14.20	760		3.97	7.27	760
750	11.2	11.47	14.3	14.51	4:32.87	58.8	58.90	14.1	14.35	750	1.21	3.95	7.11	750
740	11.3	11.53	14.4	14.61	4:34.98	59.1	59.25	14.3	14.49	740	1.20	3.93	6.96	740
730		11.60	14.5	14.71	4:37.14	59.5	59.61	14.4	14.65	730		3.91	6.81	730
720	11.4	11.66	14.6	14.80	4:39.34	59.8	59.98	14.6	14.80	720	1.19	3.89	6.66	720
710	11.5	11.73	14.7	14.91	4:41.59	1:00.20	1:00.35	14.7	14.96	710		3.87	6.51	710
700		11.80	14.8	15.01	4:43.89	1:00.60	1:00.73	14.9	15.13	700	1.18	3.85	6.37	700
690	11.6	11.87	14.9	15.11	4:46.24	1:01.00	1:01.12							

Girls Under 12 (11 in year of competition) (Continued)

Girls Under 11 (10 in year of competition) (Continued)

Girls Under 12 (11 in year of competition)														
	Track				Relays		Hurdles		Field					
	80m	100m	1200m	4 x 100m	70mH		HJ	LJ	SP					
500	13.1	13.36	17.1	17.36	5:29.98	1:09.40	1:09.49	18.5	18.74	500	1.16	3.83	4.37	500
490	13.2	13.46	17.3	17.51	5:33.45	1:09.90	1:10.06	18.8	19.01	490		3.81	4.26	490
480	13.3	13.56	17.4	17.67	5:36.99	1:10.50	1:10.63	19.0	19.28	480	1.15	3.79	4.15	480
470	13.4	13.67	17.6	17.83	5:40.61	1:11.10	1:11.22	19.3	19.56	470	1.14	3.77	4.05	470
460	13.5	13.78	17.8	18.00	5:44.30	1:11.70	1:11.82	19.6	19.84	460		3.74	3.94	460
450	13.6	13.89	17.9	18.16	5:48.08	1:12.30	1:12.43	19.9	20.13	450	1.13	3.72	3.84	450
440	13.8	14.00	18.1	18.33	5:51.93	1:12.90	1:13.05	20.2	20.43	440	1.12	3.70	3.75	440
430	13.9	14.12	18.3	18.51	5:55.87	1:13.50	1:13.68	20.5	20.74	430		3.68	3.65	430
420	14.0	14.23	18.4	18.68	5:59.89	1:14.20	1:14.32	20.8	21.06	420	1.11	3.66	3.56	420
410	14.1	14.35	18.6	18.87	6:03.99	1:14.80	1:14.98	21.1	21.38	410	1.10	3.64	3.47	410
400	14.2	14.47	18.8	19.05	6:08.19	1:15.50	1:15.65	21.5	21.71	400		3.62	3.38	400
390	14.4	14.60	19.0	19.24	6:12.47	1:16.20	1:16.33	21.8	22.05	390	1.09	3.59	3.29	390
380	14.5	14.72	19.2	19.43	6:16.84	1:16.90	1:17.02	22.2	22.40	380	1.08	3.57	3.20	380
370	14.6	14.85	19.4	19.62	6:21.31	1:17.60	1:17.73	22.5	22.75	370		3.55	3.12	370
360	14.7	14.98	19.6	19.82	6:25.87	1:18.30	1:18.45	22.9	23.12	360	1.07	3.53	3.03	360
350	14.9	15.11	19.8	20.02	6:30.54	1:19.00	1:19.18	23.3	23.49	350	1.06	3.51	2.95	350
340	15.0	15.24	20.0	20.23	6:35.30	1:19.80	1:19.93	23.6	23.88	340		3.49	2.87	340
330	15.1	15.38	20.2	20.44	6:40.16	1:20.50	1:20.69	24.0	24.27	330	1.05	3.47	2.80	330
320	15.3	15.52	20.4	20.66	6:45.13	1:21.30	1:21.46	24.4	24.68	320		3.45	2.72	320
310	15.4	15.66	20.6	20.88	6:50.21	1:22.10	1:22.25	24.9	25.09	310	1.04	3.43	2.65	310
300	15.6	15.81	20.9	21.10	6:55.39	1:22.90	1:23.06	25.3	25.52	300	1.03	3.40	2.58	300
290	15.7	15.96	21.1	21.33	7:00.69	1:23.70	1:23.87	25.7	25.96	290		3.38	2.51	290
280	15.9	16.11	21.3	21.56	7:06.10	1:24.60	1:24.71	26.2	26.41	280	1.02	3.36	2.44	280
270	16.0	16.26	21.6	21.80	7:11.63	1:25.40	1:25.56	26.6	26.87	270	1.01	3.34	2.37	270
260	16.2	16.41	21.8	22.04	7:17.28	1:26.30	1:26.43	27.1	27.34	260		3.32	2.30	260
250	16.3	16.57	22.0	22.29	7:23.05	1:27.20	1:27.31	27.6	27.82	250	1.00	3.30	2.24	250
240	16.5	16.73	22.3	22.54	7:28.95	1:28.10	1:28.21	28.1	28.32	240		3.28	2.18	240
230	16.7	16.90	22.6	22.79	7:34.98	1:29.00	1:29.12	28.6	28.83	230	0.99	3.26	2.12	230
220	16.8	17.06	22.8	23.05	7:41.14	1:29.90	1:30.06	29.1	29.36	220	0.98	3.24	2.06	220
210	17.0	17.23	23.1	23.32	7:47.43	1:30.90	1:31.01	29.7	29.90	210		3.22	2.00	210
200	17.2	17.41	23.4	23.59	7:53.86	1:31.80	1:31.97	30.2	30.45	200	0.97	3.20	1.94	200
190	17.3	17.58	23.6	23.87	8:00.44	1:32.80	1:32.96	30.8	31.02	190	0.96	3.18	1.88	190
180	17.5	17.76	23.9	24.15	8:07.16	1:33.80	1:33.97	31.4	31.60	180		3.16	1.83	180
170	17.7	17.95	24.2	24.44	8:14.03	1:34.90	1:34.99	32.0	32.20	170	0.95	3.14	1.78	170
160	17.9	18.13	24.5	24.74	8:21.05	1:35.90	1:36.04	32.6	32.81	160		3.12	1.73	160
150	18.1	18.32	24.8	25.04	8:28.22	1:37.00	1:37.10	33.2	33.45	150	0.94	3.10	1.68	150
140	18.3	18.52	25.1	25.34	8:35.56	1:38.00	1:38.18	33.9	34.10	140	0.93	3.08	1.63	140
130	18.5	18.71	25.4	25.65	8:43.06	1:39.10	1:39.29	34.5	34.76	130		3.06	1.58	130
120	18.7	18.91	25.7	25.97	8:50.73	1:40.30	1:40.41	35.2	35.45	120	0.92	3.04	1.53	120
110	18.9	19.12	26.1	26.30	8:58.57	1:41.40	1:41.56	35.9	36.15	110		3.02	1.49	110
100	19.1	19.32	26.4	26.63	9:06.58	1:42.60	1:42.73	36.6	36.87	100	0.91	3.00	1.44	100
90	19.3	19.54	26.7	26.97	9:14.78	1:43.80	1:43.92	37.4	37.62	90	0.90	2.98	1.40	90
80	19.5	19.75	27.1	27.31	9:23.16	1:45.00	1:45.13	38.1	38.38	80		2.96	1.36	80
70	19.7	19.97	27.4	27.66	9:31.73	1:46.20	1:46.37	38.9	39.17	70	0.89	2.94	1.32	70
60	20.0	20.20	27.8	28.02	9:40.50	1:47.50	1:47.63	39.7	39.98	60		2.92	1.28	60
50	20.2	20.42	28.1	28.39	9:49.47	1:48.80	1:48.92	40.6	40.81	50	0.88	2.90	1.24	50
40	20.4	20.66	28.5	28.76	9:58.64	1:50.10	1:50.23	41.4	41.66	40		2.88	1.20	40
30	20.7	20.89	28.9	29.14	10:08.02	1:51.40	1:51.56	42.3	42.54	30	0.87	2.86	1.16	30
20	20.9	21.13	29.3	29.53	10:17.62	1:52.80	1:52.92	43.2	43.44	20	0.86	2.84	1.13	20
10	21.1	21.38	29.7	29.93	10:27.43	1:54.20	1:54.31	44.1	44.37	10		2.82	1.09	10
0	21.4	21.63	30.1	30.34	10:37.48	1:55.60	1:55.73	45.1	45.32	0	#REF!	2.81	1.06	0
	80m	100m	1200m	4 x 100m	70mH		HJ	LJ	SP					

Technical Standards: 70 mH - 68 cm : SP - 2 kg

Girls Under 11 (10 in year of competition)														
	Track				Relays		Hurdles		Field					
	80m	100m	1200m	4 x 100m	70mH		HJ	LJ	SP					
500	13.3	13.52	17.3	17.57	5:41.90	1:10.00	1:10.14	19.2	19.41	500		3.45	3.96	500
490	13.4	13.63	17.5	17.73	5:45.49	1:10.60	1:10.71	19.4	19.68	490	1.05	3.43	3.86	490
480	13.5	13.73	17.6	17.89	5:49.16	1:11.10	1:11.29	19.7	19.97	480		3.41	3.77	480
470	13.6	13.84	17.8	18.05	5:52.91	1:11.70	1:11.88	20.0	20.25	470	1.04	3.39	3.67	470
460	13.7	13.95	18.0	18.22	5:56.74	1:12.30	1:12.48	20.3	20.55	460	1.03	3.37	3.58	460
450	13.8	14.06	18.1	18.38	6:00.65	1:13.00	1:13.10	20.6	20.85	450		3.35	3.49	450
440	13.9	14.18	18.3	18.56	6:04.64	1:13.60	1:13.72	20.9	21.16	440	1.02	3.33	3.40	440
430	14.1	14.29	18.5	18.73	6:08.72	1:14.20	1:14.36	21.2	21.48	430		3.31	3.31	430
420	14.2	14.41	18.7	18.91	6:12.89	1:14.90	1:15.01	21.6	21.81	420	1.01	3.29	3.23	420
410	14.3	14.53	18.9	19.09	6:17.14	1:15.50	1:15.67	21.9	22.14	410	1.00	3.28	3.14	410
400	14.4	14.65	19.0	19.28	6:21.49	1:16.20	1:16.35	22.2	22.48	400		3.26	3.06	400
390	14.5	14.78	19.2	19.47	6:25.92	1:16.90	1:17.04	22.6	22.83	390	0.99	3.24	2.98	390
380	14.7	14.90	19.4	19.66	6:30.46	1:17.60	1:17.74	23.0	23.19	380		3.22	2.91	380
370	14.8	15.03	19.6	19.86	6:35.08	1:18.30	1:18.45	23.3	23.56	370	0.98	3.20	2.83	370
360	14.9	15.16	19.8	20.06	6:39.81	1:19.00	1:19.17	23.7	23.94	360	0.97	3.18	2.75	360
350	15.1	15.30	20.0	20.27	6:44.64	1:19.80	1:19.91	24.1	24.33	350		3.16	2.68	350
340	15.2	15.43	20.2	20.48	6:49.58	1:20.50	1:20.67	24.5	24.73	340	0.96	3.14	2.61	340
330	15.3	15.57	20.5	20.69	6:54.62	1:21.30	1:21.44	24.9	25.14	330		3.12	2.54	330
320	15.5	15.71	20.7	20.91	6:59.76	1:22.10	1:22.22	25.3	25.56	320	0.95	3.10	2.47	320
310	15.6	15.86	20.9	21.13	7:05.02	1:22.90	1:23.01	25.7	25.99	310		3.08	2.40	310
300	15.8	16.00	21.1	21.36	7:10.40	1:23.70	1:23.83	26.2	26.43	300	0.94	3.07	2.34	300
290	15.9	16.15	21.3	21.59	7:15.88	1:24.50	1:24.65	26.6	26.88	290	0.93	3.05	2.27	290
280	16.1	16.30	21.6	21.82	7:21.49	1:25.40	1:25.49	27.1	27.35	280		3.03	2.21	280
270	16.2	16.46	21.8	22.06	7:27.22	1:26.20	1:26.35	27.6	27.82	270	0.92	3.01	2.15	270
260	16.4	16.62	22.1	22.31	7:33.07	1:27.10	1:27.23	28.1	28.31	260		2.99	2.09	260
250	16.5	16.78	22.3	22.56	7:39.06	1:28.00	1:28.12	28.6	28.82	250	0.91	2.97	2.03	250
240	16.7	16.94	22.6	22.81	7:45.17	1:28.90	1:29.02	29.1	29.33	240		2.95	1.98	240
230	16.9	17.11	22.8	23.07	7:51.41	1:29.80	1:29.95	29.6	29.86	230	0.90	2.94	1.92	230
220	17.0	17.28												

Girls: Under 10 (9 in year of competition), Under 9 (8 in year of competition), Under 8 (7 in year of competition), Under 7 (6 in year of competition) and Under 6 (5 in year of competition)

Girls Under 10 (9 in year of competition)							
	Track			Relays			
	60m	80m	4 x 80m				
1000		8.52	10.1	10.36	37.3	37.39	1000
990		8.55		10.40	37.4	37.54	990
980	8.3	8.58		10.44	37.6	37.69	980
970		8.61	10.2	10.48	37.7	37.85	970
960		8.64		10.52	37.9	38.01	960
950	8.4	8.68	10.3	10.57	38.0	38.17	950
940		8.71		10.61	38.2	38.34	940
930		8.74	10.4	10.65	38.4	38.50	930
920	8.5	8.78		10.70	38.5	38.68	920
910		8.81	10.5	10.74	38.7	38.85	910
900		8.85		10.79	38.9	39.03	900
890	8.6	8.89		10.84	39.1	39.21	890
880		8.92	10.6	10.89	39.3	39.40	880
870	8.7	8.96		10.94	39.5	39.59	870
860		9.00	10.7	10.99	39.6	39.79	860
850		9.04	10.8	11.04	39.8	39.99	850
840	8.8	9.09		11.09	40.1	40.19	840
830		9.13	10.9	11.15	40.3	40.40	830
820	8.9	9.17		11.20	40.5	40.61	820
810		9.21	11.0	11.26	40.7	40.83	810
800	9.0	9.26		11.32	40.9	41.05	800
790		9.31	11.1	11.38	41.1	41.28	790
780	9.1	9.35	11.2	11.44	41.4	41.51	780
770		9.40		11.50	41.6	41.75	770
760	9.2	9.45	11.3	11.56	41.9	41.99	760
750		9.50	11.4	11.63	42.1	42.24	750
740	9.3	9.55		11.69	42.4	42.49	740
730		9.60	11.5	11.76	42.6	42.75	730
720	9.4	9.65	11.6	11.83	42.9	43.01	720
710		9.71		11.90	43.1	43.28	710
700	9.5	9.76	11.7	11.97	43.4	43.56	700
690		9.82	11.8	12.04	43.7	43.84	690
680	9.6	9.88	11.9	12.11	44.0	44.12	680
670	9.7	9.93		12.19	44.3	44.41	670
660		9.99	12.0	12.27	44.6	44.71	660
650	9.8	10.05	12.1	12.35	44.9	45.01	650
640		10.11	12.2	12.42	45.2	45.32	640
630	9.9	10.18		12.51	45.5	45.63	630
620	10.0	10.24	12.3	12.59	45.8	45.95	620
610		10.31	12.4	12.67	46.1	46.28	610
600	10.1	10.37	12.5	12.76	46.5	46.61	600
590	10.2	10.44	12.6	12.85	46.8	46.95	590
580		10.51	12.7	12.94	47.2	47.29	580
570	10.3	10.58	12.8	13.03	47.5	47.64	570
560	10.4	10.65	12.9	13.12	47.9	48.00	560
550	10.5	10.72	13.0	13.21	48.2	48.37	550
540		10.80	13.1	13.31	48.6	48.74	540
530	10.6	10.87	13.2	13.41	49.0	49.12	530
520	10.7	10.95	13.3	13.51	49.4	49.51	520
510	10.8	11.03	13.4	13.61	49.8	49.90	510
500		11.10	13.5	13.71	50.2	50.30	500
	60m	80m	4 x 80m				
Technical Standards: N/A							

Girls Under 9 (8 in year of competition)					
	Track				
	60m	80m			
1000		8.64		10.51	1000
990	8.4	8.67		10.55	990
980		8.70	10.3	10.59	980
970		8.74		10.63	970
960	8.5	8.77	10.4	10.67	960
950		8.80		10.71	950
940		8.84	10.5	10.76	940
930	8.6	8.87		10.80	930
920		8.91	10.6	10.85	920
910		8.94		10.89	910
900	8.7	8.98		10.94	900
890		9.02	10.7	10.99	890
880	8.8	9.06		11.04	880
870		9.10	10.8	11.09	870
860		9.14	10.9	11.14	860
850	8.9	9.18		11.19	850
840		9.22	11.0	11.25	840
830	9.0	9.26		11.30	830
820		9.31	11.1	11.36	820
810	9.1	9.35		11.42	810
800		9.40	11.2	11.48	800
790		9.44	11.3	11.54	790
780	9.2	9.49		11.60	780
770		9.54	11.4	11.66	770
760	9.3	9.59		11.72	760
750		9.64	11.5	11.79	750
740	9.4	9.69	11.6	11.86	740
730	9.5	9.74	11.7	11.92	730
720		9.80		11.99	720
710	9.6	9.85	11.8	12.06	710
700		9.91	11.9	12.14	700
690	9.7	9.96		12.21	690
680		10.02	12.0	12.28	680
670	9.8	10.08	12.1	12.36	670
660	9.9	10.14	12.2	12.44	660
650		10.20	12.3	12.52	650
640	10.0	10.26		12.60	640
630	10.1	10.33	12.4	12.68	630
620		10.39	12.5	12.76	620
610	10.2	10.46	12.6	12.85	610
600	10.3	10.52	12.7	12.94	600
590		10.59	12.8	13.03	590
580	10.4	10.66	12.9	13.12	580
570	10.5	10.73	13.0	13.21	570
560		10.81	13.1	13.30	560
550	10.6	10.88	13.2	13.40	550
540	10.7	10.95	13.3	13.50	540
530	10.8	11.03	13.4	13.59	530
520		11.11	13.5	13.70	520
510	10.9	11.19	13.6	13.80	510
500	11.0	11.27	13.7	13.90	500
	60m	80m			
Technical Standards: N/A					

Girls Under 8 (7 in year of competition)					
	Track				
	60m	80m			
1000	8.5	8.78	10.4	10.68	1000
990		8.81		10.72	990
980		8.84	10.5	10.76	980
970	8.6	8.87		10.80	970
960		8.91		10.84	960
950		8.94	10.6	10.89	950
940	8.7	8.97		10.93	940
930		9.01	10.7	10.98	930
920		9.05		11.02	920
910	8.8	9.08	10.8	11.07	910
900		9.12		11.12	900
890	8.9	9.16	10.9	11.17	890
880		9.20		11.22	880
870		9.24	11.0	11.27	870
860	9.0	9.28		11.32	860
850		9.32	11.1	11.38	850
840	9.1	9.36		11.43	840
830		9.41	11.2	11.49	830
820	9.2	9.45	11.3	11.55	820
810		9.50		11.60	810
800		9.54	11.4	11.66	800
790	9.3	9.59		11.73	790
780		9.64	11.5	11.79	780
770	9.4	9.69	11.6	11.85	770
760		9.74		11.92	760
750	9.5	9.79	11.7	11.98	750
740	9.6	9.84	11.8	12.05	740
730		9.89		12.12	730
720	9.7	9.95	11.9	12.19	720
710		10.00	12.0	12.26	710
700	9.8	10.06	12.1	12.33	700
690		10.12		12.41	690
680	9.9	10.18	12.2	12.49	680
670	10.0	10.24	12.3	12.56	670
660		10.30	12.4	12.64	660
650	10.1	10.36	12.5	12.72	650
640		10.42		12.80	640
630	10.2	10.49	12.6	12.89	630
620	10.3	10.55	12.7	12.97	620
610		10.62	12.8	13.06	610
600	10.4	10.69	12.9	13.15	600
590	10.5	10.76	13.0	13.24	590
580	10.6	10.83	13.1	13.33	580
570		10.90	13.2	13.43	570
560	10.7	10.97	13.3	13.52	560
550	10.8	11.05	13.4	13.62	550
540	10.9	11.13	13.5	13.72	540
530		11.20	13.6	13.82	530
520	11.0	11.28	13.7	13.92	520
510	11.1	11.36	13.8	14.03	510
500	11.2	11.44	13.9	14.13	500
	60m	80m			
Technical Standards: N/A					

Girls Under 7 (6 in year of competition)					
	Track				
	60m	80m			
1000		8.93	10.6	10.86	1000
990	8.7	8.96		10.90	990
980		9.00		10.94	980
970		9.03	10.7	10.99	970
960	8.8	9.06		11.03	960
950		9.10	10.8	11.07	950
940		9.13		11.12	940
930	8.9	9.17	10.9	11.17	930
920		9.20		11.21	920
910		9.24	11.0	11.26	910
900	9.0	9.28		11.31	900
890		9.32	11.1	11.36	890
880	9.1	9.36		11.41	880
870		9.40	11.2	11.46	870
860		9.44		11.52	860
850	9.2	9.48	11.3	11.57	850
840		9.53		11.63	840
830	9.3	9.57	11.4	11.68	830
820		9.62	11.5	11.74	820
810	9.4	9.66		11.80	810
800		9.71	11.6	11.86	800
790	9.5	9.76		11.93	790
780		9.81	11.7	11.99	780
770	9.6	9.86	11.8	12.05	770
760		9.91		12.12	760
750	9.7	9.96	11.9	12.19	750
740		10.01	12.0	12.26	740
730	9.8	10.07	12.1	12.33	730
720		10.12		12.40	720
710	9.9	10.18	12.2	12.47	710
700	10.0	10.24	12.3	12.55	700
690		10.30	12.4	12.62	690
680	10.1	10.36		12.70	680
670		10.42	12.5	12.78	670
660	10.2	10.48	12.6	12.86	660
650	10.3	10.54	12.7	12.94	650
640		10.61	12.8	13.02	640
630	10.4	10.67	12.9	13.11	630
620	10.5	10.74		13.20	620
610		10.81	13.0	13.28	610
600	10.6	10.88	13.1	13.37	600
590	10.				

Girls: Under 10 (9 in year of competition), Under 9 (8 in year of competition), Under 8 (7 in year of competition), Under 7 (6 in year of competition) and Under 6 (5 in year of competition) (Continued)

Girls Under 10 (9 in year of competition)							
	Track			Relays			
	60m	80m	4 x 80m	4 x 80m			
500		11.10	13.5	13.71	50.2	50.30	500
490	10.9	11.19	13.6	13.82	50.6	50.71	490
480	11.0	11.27	13.7	13.93	51.0	51.13	480
470	11.1	11.35	13.8	14.04	51.4	51.55	470
460	11.2	11.44	13.9	14.15	51.8	51.99	460
450	11.3	11.52	14.0	14.26	52.3	52.43	450
440	11.4	11.61	14.1	14.38	52.7	52.88	440
430	11.5	11.70	14.3	14.49	53.2	53.33	430
420		11.79	14.4	14.61	53.7	53.80	420
410	11.6	11.89	14.5	14.73	54.1	54.27	410
400	11.7	11.98	14.6	14.86	54.6	54.76	400
390	11.8	12.08	14.7	14.98	55.1	55.25	390
380	11.9	12.18	14.9	15.11	55.6	55.75	380
370	12.0	12.27	15.0	15.24	56.1	56.26	370
360	12.1	12.38	15.1	15.38	56.6	56.78	360
350	12.2	12.48	15.3	15.51	57.2	57.31	350
340	12.3	12.59	15.4	15.65	57.7	57.86	340
330	12.5	12.69	15.6	15.79	58.3	58.41	330
320	12.6	12.80	15.7	15.93	58.8	58.97	320
310	12.7	12.91	15.8	16.08	59.4	59.54	310
300	12.8	13.02	16.0	16.23	1:00.00	1:00.12	300
290	12.9	13.14	16.1	16.38	1:00.60	1:00.71	290
280	13.0	13.26	16.3	16.53	1:01.20	1:01.32	280
270	13.1	13.38	16.5	16.69	1:01.80	1:01.93	270
260	13.3	13.50	16.6	16.85	1:02.40	1:02.56	260
250	13.4	13.62	16.8	17.01	1:03.10	1:03.20	250
240	13.5	13.75	16.9	17.18	1:03.70	1:03.85	240
230	13.6	13.87	17.1	17.35	1:04.40	1:04.51	230
220	13.8	14.00	17.3	17.52	1:05.00	1:05.19	220
210	13.9	14.13	17.5	17.69	1:05.70	1:05.87	210
200	14.0	14.27	17.6	17.87	1:06.40	1:06.58	200
190	14.2	14.41	17.8	18.05	1:07.20	1:07.29	190
180	14.3	14.55	18.0	18.24	1:07.90	1:08.02	180
170	14.4	14.69	18.2	18.42	1:08.60	1:08.76	170
160	14.6	14.83	18.4	18.62	1:09.40	1:09.52	160
150	14.7	14.98	18.6	18.81	1:10.10	1:10.29	150
140	14.9	15.13	18.8	19.01	1:10.90	1:11.07	140
130	15.0	15.28	19.0	19.21	1:11.70	1:11.87	130
120	15.2	15.43	19.2	19.42	1:12.50	1:12.68	120
110	15.4	15.59	19.4	19.63	1:13.40	1:13.51	110
100	15.5	15.75	19.6	19.84	1:14.20	1:14.36	100
90	15.7	15.92	19.8	20.06	1:15.10	1:15.22	90
80	15.8	16.08	20.0	20.28	1:16.00	1:16.10	80
70	16.0	16.25	20.3	20.50	1:16.90	1:17.00	70
60	16.2	16.42	20.5	20.73	1:17.80	1:17.91	60
50	16.4	16.60	20.7	20.97	1:18.70	1:18.84	50
40	16.5	16.78	21.0	21.21	1:19.60	1:19.79	40
30	16.7	16.96	21.2	21.45	1:20.60	1:20.76	30
20	16.9	17.14	21.5	21.70	1:21.60	1:21.74	20
10	17.1	17.33	21.7	21.95	1:22.60	1:22.74	10
0	17.3	17.52	22.0	22.20	1:23.60	1:23.77	0
	60m	80m	4 x 80m				
Technical Standards: N/A							

Girls Under 9 (8 in year of competition)					
	Track				
	60m	80m	4 x 80m		
500	11.0	11.27	13.7	13.90	500
490	11.1	11.35	13.8	14.01	490
480	11.2	11.43	13.9	14.12	480
470	11.3	11.52	14.0	14.23	470
460	11.4	11.60	14.1	14.34	460
450		11.69	14.2	14.46	450
440	11.5	11.78	14.3	14.57	440
430	11.6	11.87	14.5	14.69	430
420	11.7	11.97	14.6	14.82	420
410	11.8	12.06	14.7	14.94	410
400	11.9	12.16	14.8	15.06	400
390	12.0	12.25	15.0	15.19	390
380	12.1	12.35	15.1	15.32	380
370	12.2	12.46	15.2	15.46	370
360	12.3	12.56	15.4	15.59	360
350	12.4	12.66	15.5	15.73	350
340	12.5	12.77	15.6	15.87	340
330	12.6	12.88	15.8	16.01	330
320	12.7	12.99	15.9	16.16	320
310	12.9	13.10	16.1	16.30	310
300	13.0	13.22	16.2	16.45	300
290	13.1	13.33	16.4	16.61	290
280	13.2	13.45	16.5	16.76	280
270	13.3	13.57	16.7	16.92	270
260	13.5	13.69	16.8	17.09	260
250	13.6	13.82	17.0	17.25	250
240	13.7	13.95	17.2	17.42	240
230	13.8	14.08	17.3	17.59	230
220	14.0	14.21	17.5	17.76	220
210	14.1	14.34	17.7	17.94	210
200	14.2	14.48	17.9	18.12	200
190	14.4	14.62	18.1	18.30	190
180	14.5	14.76	18.3	18.49	180
170	14.7	14.90	18.4	18.68	170
160	14.8	15.05	18.6	18.87	160
150	15.0	15.20	18.8	19.07	150
140	15.1	15.35	19.0	19.27	140
130	15.3	15.50	19.2	19.48	130
120	15.4	15.66	19.4	19.69	120
110	15.6	15.82	19.7	19.90	110
100	15.7	15.98	19.9	20.12	100
90	15.9	16.15	20.1	20.34	90
80	16.1	16.32	20.3	20.56	80
70	16.3	16.49	20.5	20.79	70
60	16.4	16.67	20.8	21.02	60
50	16.6	16.84	21.0	21.26	50
40	16.8	17.02	21.3	21.50	40
30	17.0	17.21	21.5	21.75	30
20	17.2	17.40	21.8	22.00	20
10	17.3	17.59	22.0	22.25	10
0	17.5	17.78	22.3	22.51	0
	60m	80m			
Technical Standards: N/A					

Girls Under 8 (7 in year of competition)					
	Track				
	60m	80m	4 x 80m		
500	11.2	11.44	13.9	14.13	500
490	11.3	11.53	14.0	14.24	490
480	11.4	11.61	14.1	14.35	480
470		11.70	14.2	14.46	470
460	11.5	11.79	14.3	14.58	460
450	11.6	11.87	14.5	14.70	450
440	11.7	11.97	14.6	14.81	440
430	11.8	12.06	14.7	14.94	430
420	11.9	12.15	14.8	15.06	420
410	12.0	12.25	14.9	15.18	410
400	12.1	12.35	15.1	15.31	400
390	12.2	12.45	15.2	15.44	390
380	12.3	12.55	15.3	15.58	380
370	12.4	12.65	15.5	15.71	370
360	12.5	12.75	15.6	15.85	360
350	12.6	12.86	15.7	15.99	350
340	12.7	12.97	15.9	16.13	340
330	12.8	13.08	16.0	16.27	330
320	13.0	13.19	16.2	16.42	320
310	13.1	13.31	16.3	16.57	310
300	13.2	13.42	16.5	16.73	300
290	13.3	13.54	16.6	16.88	290
280	13.4	13.66	16.8	17.04	280
270	13.5	13.78	17.0	17.20	270
260	13.7	13.91	17.1	17.37	260
250	13.8	14.04	17.3	17.53	250
240	13.9	14.16	17.5	17.70	240
230	14.1	14.30	17.6	17.88	230
220	14.2	14.43	17.8	18.05	220
210	14.3	14.57	18.0	18.23	210
200	14.5	14.70	18.2	18.42	200
190	14.6	14.85	18.4	18.60	190
180	14.7	14.99	18.6	18.79	180
170	14.9	15.14	18.7	18.99	170
160	15.0	15.28	18.9	19.19	160
150	15.2	15.44	19.1	19.39	150
140	15.3	15.59	19.4	19.59	140
130	15.5	15.75	19.6	19.80	130
120	15.7	15.91	19.8	20.01	120
110	15.8	16.07	20.0	20.23	110
100	16.0	16.23	20.2	20.45	100
90	16.2	16.40	20.4	20.67	90
80	16.3	16.57	20.7	20.90	80
70	16.5	16.75	20.9	21.13	70
60	16.7	16.92	21.1	21.37	60
50	16.9	17.11	21.4	21.61	50
40	17.0	17.29	21.6	21.85	40
30	17.2	17.48	21.9	22.10	30
20	17.4	17.67	22.1	22.36	20
10	17.6	17.86	22.4	22.62	10
0	17.8	18.06	22.6	22.88	0
	60m	80m			
Technical Standards: N/A					

Girls Under 7 (6 in year of competition)					
	Track				
	60m	80m	4 x 80m		
500	11.4	11.64	14.1	14.37	500
490	11.5	11.73	14.2	14.48	490
480	11.6	11.82	14.4	14.60	480
470	11.7	11.90	14.5	14.71	470
460		11.99	14.6	14.83	460
450	11.8	12.08	14.7	14.95	450
440	11.9	12.18	14.8	15.07	440
430	12.0	12.27	15.0	15.19	430
420	12.1	12.37	15.1	15.32	420
410	12.2	12.46	15.2	15.44	410
400	12.3	12.56	15.3	15.57	400
390	12.4	12.66	15.5	15.71	390
380	12.5	12.77	15.6	15.84	380
370	12.6	12.87	15.7	15.98	370
360	12.7	12.98	15.9	16.12	360
350	12.8	13.09	16.0	16.26	350
340	13.0	13.20	16.2	16.41	340
330	13.1	13.31	16.3	16.55	330
320	13.2	13.42	16.5	16.70	320
310	13.3	13.54	16.6	16.86	310
300	13.4	13.66	16.8	17.01	300
290	13.5	13.78	16.9	17.17	290
280	13.7	13.90	17.1	17.33	280
270					