

SOUTH AFRICAN SCHOOLS ATHLETICS

NATIONAL PRIMARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS MAIN STREAM

COMPETITION MANUAL



**STADIUM
GERMISTON STADIUM
GAUTENG PROVINCE**

20-22 MARCH 2025

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS 2025.

SECTION A

1. **DATE:** MONDAY & TUESDAY: 21 & 22 MARCH 2025.
2. **VENUE:** GERMISTON STADIUM, GAUTENG
3. **AGE GROUPS:** CATEGORY, AGE GROUP AND ACTUAL AGE IN 2025.

PRIMARY SCHOOL MAIN STREAM

| CATEGORY | AGE GROUP | ACTUAL AGE IN 2025 |
|-------------------|------------------|--|
| Primary Youth | 13 | Born in 2011 (13 years of age in the year of 1 Jan 2025 - 31 Dec 2025) |
| Primary Youth | 12 | Born in 2012 (12 years of age in the year of 1 Jan 2025 - 31 Dec 2025) |
| Sub Primary Youth | 11 | Born in 2013 (11 years of age in the year of 1 Jan 2025 - 31 Dec 2025) |
| Sub Primary Youth | 10 | Born in 2014 (10 years of age in the year of 1 Jan 2025 - 31 Dec 2025) |

4. **CONTINGENT PER PROVINCE**

4.1 **PROVINCE**

- The maximum number of athletes per Province as stipulated in section Nr 6, p 3.

4.2 **ACCOMPANYING OFFICIALS – ALLOCATION**

ALLOCATION: (Average – One Official for every 15 athletes – Maximum 13 Officials)

ATHLETES

TEAM OFFICIALS

| | | |
|---------------|---|---|
| 80 | - | 5 (1 General Manager + 2 Managers + 2 Coaches) |
| 90 | - | 6 (1 General Manager + 2 Managers + 3 Coaches) |
| 140 | - | 8 (1 General Manager + 2 Managers + 5 Coaches) |
| 150 | - | 9 (1 General Manager + 2 Managers + 6 Coaches) |
| 180 | - | 12 (1 General Manager + 2 Managers + 9 Coaches) |
| 200 | - | 12 (1 General Manager + 2 Managers + 9 Coaches) |
| 220 and more- | | 12 (1 General Manager + 2 Managers + 9 Coaches) |

- **One (1)** Provincial Athletics Chairperson
- **Six (6)** Qualified Level 2 Technical Officials/Province (Sharing Track & Field)

4.3 **TECHNICAL OFFICIALS**

The names of Technical Officials should be filled in on the accompanying form and send back by the 10th March 2025.

Maximum 6 Technical Officials from each Province. (See page 17 and complete).

- The rest of the Technical Officials will be from the Hosting Province.

5. **REGISTRATION OF TEAMS** (Please note the Date of Registration & Proceedings)
The General Manager/Delegate must report for REGISTRATION of their teams on Thursday, 20th March 2025 between 09:00 and 15:00 at the Germiston Athletics Stadium, Gauteng.

This Transport & Accommodation is for each Province account.

Scrutiny and Age Verification will be done at this meeting – Bring the 2 Files, boys and girls separately, with Athletes' Info with you! If an athlete's document is not present, such athlete will be **DISQUALIFIED**.

Verification of Team Entries and Withdrawals will be dealt with, as well as all checks!! (Withdrawals and replacements can be done during this time).

6. **PARTICIPATING TEAMS & MAXIMUM NUMBER OF ATHLETES ALLOWED**

| PROVINCE | Maximum number of athletes. MAIN STREAM | MAXIMUM 1330 Participants |
|-------------------------|--|------------------------------|
| 1. EASTERN CAPE PROV. | 140 | |
| 2. FREE STATE PROV. | 180 | |
| 3. GAUTENG PROV. | 220 | |
| 4. KWA ZULU NATAL PROV. | 90 | |
| 5. LIMPOPO PROV | 120 | |
| 6. MPUMALANGA PROV | 150 | |
| 7. NORTH WEST PROV. | 150 | |
| 8. NORTHERN CAPE PROV. | 80 | |
| 9. WESTERN CAPE PROV. | 200 | |
| TOTAL | 1330 | |

NB - Only Provincial Teams take part and no Individual athletes will be allowed.

7. **NUMBERS**

SASA will provide the competition numbers and pins. Numbers must be pinned (according to the WA/ASA rules) at the front and back of the competition vest. In the case of High Jump, an athlete can have only one number at the front. Separate numbers will be provided for relays – four numbers per team.

8. **LOGISTICS**

Accommodation, Transport, Attire is the responsibility of each Province.
Provinces are requested to bring their own TENTS or GAZEBO's for shelter.

9. ASSIZING OF IMPLEMENTS

Implements for the Throws (First day of the competition) must be handed in for assizing purposes at the Stadium on Thursday and Friday, 20 & 21 March 2025, between 12:00 and 15:00 at the assizing room.

10. ENTRANCE FEES FOR SPECTATORS

- ADULTS - R 30.00 per person
- LEARNERS - R 15.00 per learner (Competing Athletes does not pay)
- VEHICLES - R 20.00 per vehicle

11. TEAM ENTRIES

CLOSING DATE: MONDAY, 10 MARCH 2025 - 24:00

Names of athletes must be entered in alphabetical order in the space provided on the entry form. Complete entries on the official entry form and email to:

Mr. Johan Badenhorst
Email: joba@joba.co.za
Cell: 083 300 2873

Mr: Dawid Pieterse
E-Mail: Dawidpieterse63@gmail.com
Cell: 082 676 6576

Mrs Yvonne Schalk
Email: Yvonne.Schalk@gauteng.gov.za
Cell: 0767667662

Please verify your submission after you have forwarded it to the above !

Best Time/Distance/Height recorded by the athlete for the 2024/25 season **must** be entered in the appropriate block which will also serve as indicator in which heat the athlete will participate in. (Lane draw purposes).

Penalties will be charged on late registration and submission of names, as decided at the 2014 SASA Annual General Meeting. The penalty for late registration of teams is R 500,00 per day and/or part thereof.

12. VERIFICATION OF BIRTH

The SASA Executive has been mandated at a General Council Meeting (AGM) held on 9 November 2018, to implement from 2019 the **NEW Athlete Identity Verification Form.**

(This document can be used for the next 3 years)

It is compulsory for all athletes to present this document at the National Schools Championship as certified document for identity clarification to participate. **(Please take note that NO athlete will be allowed to participate if this document cannot be presented before the start of the championship)**

The new form must be completed in full. All details regarding the athlete, his/her original **ID Colour Photo must be placed on the form with the certified photocopy of the Birth certificate/ Passport.**

Very important: Birth Certificate/ Passport, NO clinic cards

PLEASE NOTE:

The Principal / Deputy Principal/ SAPS qualified as Commissioner of Oath and **must** be certify the photocopy certificate on this template as a true copy **and** put School Stamp **partially over** the I.D. photo **and** partially over photocopied certificate. ***School Stamp must indicate the date.***

NB: The General Manager of each Province must have a list of all Athletes with the relevant information stating the date of birth of each athlete. The list must be verified and duly approved and signed-off by the Provincial Structure.

All Team Managers must, however, verify their athletes who finish among the top 3 (three) in an event, before the medals are awarded.

Any Team Manager, failing to comply with this arrangement, will forfeit the athlete's medal. Provinces will be held responsible if an athlete is entered in the wrong age division.

13. MEETING FOR TEAM MANAGERS AND OFFICIALS

13.1 A meeting for Team Managers and Technical Officials will be held on Thursday, 20 March 2025 at the **allocated Hall** between 15:00 and 16:00.

Only withdrawals (accompanied by a medical certificate) will be allowed at this meeting

(Replacement or Changes will be allowed with the Deadline at 15:00).

15H00 = **Team Managers Meeting; Team Managers & Event Management.**

16H00 = **Technical Monitoring Meeting; for Event Managers, Referees & Technical Officials.**

13.2 **Competition Day 1:** Technical Officials – One hour before start of the competition.
Team Managers – 10:00 and 16:00
Competition Day 2: Technical Officials – One hour before start of the competition.

Team Managers - 10:00 and 13:00

- 13.3 It is of vital importance that all General Managers and Officials attend these meetings.
- 13.4 General Managers and Assistants as well as Technical Officials attending the various meetings should make use of private transport and attend the meetings as required – They should not depend on the Team Bus for transport.

14. SURFACE OF TRACK

All running and certain field events will take place on a tartan surface.

- Track, Long- & Triple Jump = 7mm (Maximum length of Spikes)
- High Jump & Javelin = 9mm (Maximum length of Spikes).

15. QUALIFYING STANDARDS - Appendix-B, Page 13

16. OFFICIAL OPENING – (Compulsory for all Teams).

The official opening at the Stadium will be held on Thursday, 20 March 2025 at 18:00.

- 17H15 = Parade Assembly & March Pass (All athletes and Team Officials will take part)
- 18H00 = Start of the Opening Ceremony; Maximum 1 Hour!

Banners for the Provincial Teams for this occasion will be provided by the Organizers/SASA.

All Athletes, Team Managers & Coaches will take part in the Parade & March Pass.

General Managers are requested to ensure that their teams remain for the full duration of the opening ceremony

17. TECHNICAL OFFICIALS

Officials must be dressed in **Black Bottoms (NO Bermuda/Shorts/Tight) & White Tops (T-Shirt)** for officiating. If sponsored Tops are provided the officials must be dressed in the provided shirts.

All Officials are requested to report 60 minutes prior to the start of the meeting on Friday and Saturday.

The 8 Provinces- will provide 6 Technical Officials = **Total 48.**

The Hosting Province will provide the remaining **72** Technical Officials. = Total **120.**

A list with the serving Technical Officials will be circulated to all Provinces at least 7 days before the start of the event.

Indemnity by Technical Officials

All Technical Officials must sign the required Indemnity Form, as approved by ASA, before they can go on the Track or Field to render their services.

18. MEDALS & TROPHIES

Championship Medals will be awarded to the first three (3) athletes in the finals.

A Trophy will be awarded to the Best Performer in every section as indicated – Track Girls, Track Boys, Field Girls and Field Boys & Overall winning Province

Please see the Time Slots for the Medal Presentation on the competition program. These athletes must assemble 30 minutes before the time of presentations as scheduled.

All Team Managers must, however, verify their athletes who finish among the top three (three) in an event, before the medals are awarded.

Any Team Manager failing to comply with this arrangement will forfeit the athlete's medal. (Provinces will be held responsible if an athlete is entered in the wrong age division.)

(This planning may change if the organizers find it necessary to do so)

SECTION B

1. GENERAL RULES

- 1.1 No littering within the grounds will be allowed.
- 1.2 Respect officials - poor behaviour etc. can result in suspension.
- 1.3 No alcohol or glass bottles will be allowed at the stadium.**
- 1.4 Team Managers and Coaches are responsible for the good conduct and behaviour of their own athletes. Disciplinary action will be taken against any defaulting Province.
- 1.5 Athletes will not be allowed to compete in any event if in the opinion of the officials, he/she is not suitably attired.
- 1.6 First Aid will be provided at the stadium in the case of injuries or emergencies.
- 1.7 A medical doctor will be on standby. The cost of treatment by this doctor will be for the account of the athlete or his/her province. Provinces are requested to provide their own physiotherapist for their team's own general purposes.
- 1.8 Athletes who belong to a medical scheme must bring their membership cards in case of a serious injury.
- 1.9 Doping tests will be done randomly during the championships.
- 1.10 Implements for the throwing events must be given in on registration for ASIZING. The implement will be returned to the athlete at the start of the event.
- 1.11 No person, except officials, will be allowed within the arena. The same apply to athletes who are not participating. Only Team Managers may enter the competition area to launch a protest.

2. RULES FOR THE COMPETITION

- 2.1 Athletes must report to the officials at the warming up area at least 30 minutes before the event commences to be accompanied to the track.
- 2.2 Athletes must leave the arena immediately after they have completed their event.
- 2.3 Track athletes must remain in their lanes after completing their event. Track judges will take them to the recording table.
- 2.4 Athletes who obtain any of the first 3 positions in the final must report to the officials in charge of the medal presentation.
- 2.5 **Heats, Semi-Finals and Finals will take place in accordance with Rule141.**
 - 2.5.1 Heats in Sprints, Hurdles and the Relay (2 heats)**
2 Heats: NO SEMI-FINALS (Finals only)

2.5.2 Heats in Sprints (3-6 heats)

- (a) To Semi-final (No quarter finals).
- (b) 3 Heats: First 4 in each heat plus 4 fastest times = 16 (8 lanes)
First 5 in each heat plus 5 fastest times = 20 (10 lanes)
- (c) 4 Heats: First 3 in each heat plus 4 fastest times = 16 (8 lanes)
First 4 in each heat plus 4 fastest times = 20 (10 lanes)
- (d) 5 Heats: First 2 in each heat plus 6 fastest times = 16 (8 lanes)
First 3 in each heat plus 5 fastest times = 20 (10 lanes)
- (e) 6 Heats: First 2 in each heat plus 4 fastest times = 16 (8 lanes)
First 2 in each heat plus 8 fastest times = 20 (10 lanes).

2.5.3 To Finals

- 2 Semi-Finals: First 3 in each semi plus 2 fastest times = 8 (8 lanes)
First 4 in each semi plus 2 fastest times = 10 (10 lanes)

2.5.4 Heats in Hurdles and Relays (4-5 heats)

- (a) To finals (no semi-finals)
- (b) 2 Heats: First 3 in each heat plus 2 fastest times = 8 (8 lanes)
First 4 in each heat plus 2 fastest times = 10 (10 lanes)
- (c) 3 Heats: First 2 in each heat plus 2 fastest times = 8 (8 lanes)
First 3 in each heat plus 1 fastest time = 10 (10 lanes)
- (d) 4 Heats: First 1 in each heat plus 4 fastest times = 8 (8 lanes)
First 1 in each heat plus 6 fastest times = 10 (10 lanes)
- (e) 5 Heats: First 1 in each heat plus 3 fastest times = 8 (8 lanes)
First 1 in each heat plus 5 fastest times = 10 (10 lanes)

2.5.5 Semi-finals in Sprints,

- (a) First 3 in each Semi-final plus 2 fastest times = 8 (8 lanes)
First 3 in each Semi-final plus 4 fastest times = 10 (10 lanes)

2.5.6 Middle Distances - 800m, 1200m and 1500m

- (a) No Semi-finals will be run – Only heats and finals.
 - (b) 2 Heats: First 8 in each heat.
 - (c) 3 Heats: First 5 in each heat.
 - (d) A maximum of 16 athletes per final.
- Middle distance race, 800m event, will be started in lanes.

2.5.7 Field events:

There shall be no elimination rounds in the field events.

2.6 STARTING RULE (IAAF Rule 162.7 – As amended)

- (a) Provision is made to allow for **ONE false start** in all running events.
- (b) All athletes taking part in the Sprints, Hurdles and Relays must use starting blocks. Starting Blocks will be provided at the start.

2.7 ENTRY RULES

- (a) All competitors must be Bona Fide School Learners, with a minimum age of 10 years and maximum of 13 years in the year of competition.
- (b) A Province is allowed to enter a maximum of 3 Athletes per Event per Age Group.
- (c) An athlete may participate in a maximum of 3 (three) events plus one relay. The events could be all Track or all Field or a Combination of the two.
- (d) Athletes may only take part in the age group that correspond with the year of birth. (Age 10 – Born in 2015; Age 11 – Born in 2014; Age 12 – Born in 2013 Age 13 – Born in 2012). No athlete younger than 10 years old will be allowed to participate in any event.
- (e) Athletes will not be allowed to compete in two different age groups. (**NO 12-year-old learners for the race walk event**)
- (f) All athletes must comply with the minimum qualifying standards for the Competition, as set out in the Qualifying Standards for 2024, page 13.

- 2.8 **PROTEST / APPEALS:** Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the result of the event. Any protest shall, in the first instance be made to the referee either by the athlete himself or by the Team Manager. If no consensus is reached, an Appeal may be lodged to the Jury of Appeal in writing, signed by the Team Manager on behalf of the athlete and must be accompanied by a deposit of **R 500.00** before the appeal is heard. The deposit will be forfeited if the protest is frivolous.

2.9 COMPETITION RULES:

ASA Rules will be applied, unless amended by SASA.

3. TRACK & FIELD PROGRAMME

A copy of the preliminary programme is included. The official programme will be provided at the Team Managers' meeting on Thursday, 20 March 2025.

See attached programme - Pages 21-27!!

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD 2025

Age Groups SASA T&F Championships: 10, 11, 12, 13 Boys & Girls

| EVENT | BOYS (Age) | | | | | GIRLS (Age) | | | |
|-----------------|------------|----|----|----|---|-------------|----|----|----|
| | 10 | 11 | 12 | 13 | | 10 | 11 | 12 | 13 |
| 80 m | x | x | | | – | x | x | | |
| 100 m | x | x | x | x | – | x | x | x | x |
| 150 m | | | x | | – | | | x | |
| 200 m | | | | x | – | | | | x |
| 800 m | | | | x | – | | | | x |
| 1,200 m | x | x | x | | – | x | x | x | |
| 1,500 m | | | | x | – | | | | x |
| 70 mH | x | x | | | – | x | x | | |
| 75 mH | | | x | | – | | | x | x |
| 80 mH | | | | x | – | | | | |
| 150 mH | | | x | | – | | | x | |
| 200 mH | | | | x | – | | | | x |
| Shot-put | x | x | x | x | – | x | x | x | x |
| Discus | | | x | x | – | | | x | x |
| High Jump | x | x | x | x | – | x | x | x | x |
| Long Jump | x | x | x | x | – | x | x | x | x |
| Javelin | | | x | x | – | | | x | x |
| Race Walk 1500m | | | | x | – | | | | x |
| Relay 4 x 100m | x | x | x | x | – | x | x | x | x |

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD

1. Approved Heights and Weights of Implements - 2025.

2. Age Groups for the SASA T&F Championships = 10, 11, 12, 13 (Boys & Girls).

| EVENT | BOYS/Age | | | | GIRLS/Age | | | |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| | 10 | 11 | 12 | 13 | 10 | 11 | 12 | 13 |
| 70 m H | 68,0 cm | 68,0 cm | | | 68,0 cm | 68,0 cm | | |
| 75 m H | | | 76,2 cm | | | | 68,0 cm | 76,2 cm |
| 80 m H | | | | 76,2 cm | | | | |
| 150 m H | | | 68,0 cm | | | | 68,0 cm | |
| 200 m H | | | | 68,0 cm | | | | 68,0 cm |
| Shot-put | 2,0 Kg | 2,0 Kg | 3,0 Kg | 4,0 Kg | 2,0 Kg | 2,0 Kg | 3,0 Kg | 3,0 Kg |
| Discus | | | 750 g | 1,0 Kg | | | 750 g | 750 g |
| Javelin | | | 500 g | 600 g | | | 500 g | 500 g |

2. Approved Heights, Distances between Hurdles and Number of Hurdles for all Hurdle Events.

| BOYS | | | | | | |
|------|----------------|-----------|---------------------------------|---------------------------|----------------------------------|-------|
| Age | Distance Meter | Height Cm | Distance: Start to First Hurdle | Distance: Between Hurdles | Distance : Last Hurdle to Finish | Total |
| 10 | 70 mH | 68,0 cm | 10,00 M | 7,00 M | 11,00 M | 8 |
| 11 | 70 mH | 68,0 cm | 10,00 M | 7,00 M | 11,00 M | 8 |
| 12 | 75 mH | 76,2 cm | 11,00 M | 7,50 M | 11,50 M | 8 |
| | 150 mH | 68,0 cm | 23,00 M | 19,00 M | 13,00 M | 7 |
| 13 | 80 mH | 76,2 cm | 12,00 M | 8,00 M | 12,00 M | 8 |
| | 200 mH | 68,0 cm | 16,00 M | 19,00 M | 13,00 M | 10 |

| GIRLS | | | | | | |
|-------|----------------|-----------|---------------------------------|---------------------------|----------------------------------|-------|
| Age | Distance Meter | Height Cm | Distance: Start to First Hurdle | Distance: Between Hurdles | Distance : Last Hurdle to Finish | Total |
| 10 | 70 mH | 68,0 cm | 10,00 M | 7,00 M | 11,00 M | 8 |
| 11 | 70 mH | 68,0 cm | 10,00 M | 7,00 M | 11,00 M | 8 |
| 12 | 75 mH | 68,0 cm | 11,00 M | 7,50 M | 11,50 M | 8 |
| | 150 m H | 68,0 cm | 23,00 M | 19,00 M | 13,00 M | 7 |
| 13 | 75 mH | 76,2 cm | 11,00 M | 7,50 M | 11,50 M | 8 |
| | 200 m H | 68,0 cm | 16,00 M | 19,00 M | 13,00 M | 10 |

QUALIFYING STANDARDS for 2025

(Updated 12 Nov 2024)

| EVENT | BOYS | | | | GIRLS | | | |
|--|--------------------|--|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| | 10 | 11 | 12 | 13 | 10 | 11 | 12 | 13 |
| 80m Hand Time Elect Time | 11,20 11,44 | 10,90 11,14 | | | 11,60 11,84 | 11,30 11,54 | | |
| 100m Hand Time Elect Time | 13,76 14,00 | 13,60 13,84 | 13,10 13,34 | 12,10 12,34 | 14,40 14,64 | 14,00 14,24 | 13,50 13,74 | 13,10 13,34 |
| 150m Hand Time Elect Time | | | 19,44 19,68 | | | | 20,50 20,74 | |
| 200m Hand Time Elect Time | | | | 25,00 25,24 | | | | 27,50 27,74 |
| 800m Coastal Time Inland Time | | | | 2:16,00 2:18,00 | | | | 2:26,00 2:28,00 |
| 1,200m Coastal Time Inland Time | 4:05,00 4:09,00 | 3:54,00 3:58,00 | 3:50,00 3:52,00 | | 4:20,00 4:24,00 | 4:10,00 4:14,00 | 4:00,00 4:04,00 | |
| 1,500m Coastal Time Inland Time | | | | 4:40,00 4:44,00 | | | | 5:05,00 5:10,00 |
| 1500mW Coastal Inland Time | | | | 8:20,00 8:27,00 | | | | 9:00,00 9:07,00 |
| 70mH Hand Time Elect Time | 12,20 12,04 | 11,80 12,04 | | | 13,40 13,64 | 12,20 12,44 | | |
| 75mH Hand Time Elect Time | | | 12,40 12,64 | | | | 12,40 12,64 | 12,30 12,54 |
| 80mH Hand Time Elect Time | | | | 12,30 12,54 | | | | |
| 150mH Hand Time Elect Time | | | 22,50 22,74 | | | | 24,30 24,54 | |
| 200mH Hand Time Elect Time | | | | 29,20 29,44 | | | | 32,10 32,34 |
| Shot Put | 9,00m | 11,30m | 11,00m | 11,50m | 8,00m | 9,70m | 9,60m | 10,20m |
| Discus | | | 32,00m | 36,00m | | | 25,00m | 30,00m |
| High Jump | 1,24m | 1,34m | 1,48m | 1,54m | 1,18m | 1,30m | 1,40m | 1,48m |
| Long Jump | 4,10m | 4,50m | 4,80m | 5,20m | 3,80m | 4,10m | 4,40m | 4,60m |
| Javelin | | | 33,00m | 36,00m | | | 24,00m | 28,00m |
| Main Stream - H / J Starting Height | 1,10 | 1,20 | 1,35 | 1,45 | 1,05 | 1,25 | 1,30 | 1,35 |
| H = Hand Time C = Coastal Time | | E = Electronic Time I = Inland Time | | | | | | |

SASA RECORDS – PRIMARY SCHOOLS T&F – 2024

BOYS 13

Updated: 12.01.2024

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|-------|------|------|--------|------|-------|
|-------|------|------|--------|------|-------|

| | | | | | |
|----------------|------------------|------|---------|------------|------------------|
| 100m | R Jephtha | WPR | 11,03 | 2001 | Secunda |
| 200m | K Mojapelo | GAUT | 22,85 | 21/03/2023 | Pietermaritzburg |
| 800m | A Zondwayo | ECA | 2:02,51 | 2002 | Univ. W. Cape |
| 1500m | N Nzimande | KZN | 4:11,28 | 30/03/2009 | Polokwane |
| 80m H (76,2cm) | T. Nel | FS | 11,04 | 21/03/2023 | Pietermaritzburg |
| 200m H (68cm) | W Pheiffer | WCA | 26,65 | 20/03/2015 | Germiston |
| 1500m Walk | S Jansen | WCA | 7:13,60 | 20/03/2011 | Germiston |
| High Jump | E-Jay Brown | WCA | 1,75m | 21/03/2023 | Pietermaritzburg |
| Long Jump | R Pienaar | NWP | 6,18m | 19/03/2006 | Durban |
| Shot Put (4kg) | H Sauer | SGT | 16,06m | 2001 | Secunda |
| Javelin (600g) | J Schlebusch | FS | 55,62m | 15/03/2013 | Sasolburg |
| Discus (1kg) | L Pavier | GAUT | 51,50m | 16/03/2018 | Paarl |
| Relay: 4X100m | Gauteng Province | GAUT | 46,10 | 15/03/2013 | Sasolburg |

BOYS 12

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|----------------|--------------|------|---------|------------|------------------|
| 100m | T York | EPR | 11,21 | 2000 | Kroonstad |
| 150m | C Galant | WCA | 17,70 | 21/03/2014 | Paarl |
| 1200m | S Boyi | WPR | 3:25,24 | 1999 | Paarl |
| 75mH (76,2cm) | R Smit | NWP | 11,09 | 21/03/2023 | Pietermaritzburg |
| 150m H (68cm) | J Jacobs | WCA | 20,21 | 21/03/2023 | Pietermaritzburg |
| High Jump | H Kotze | NGT | 1,71m | 1996 | Bellville |
| Long Jump | K Mintwell | NGT | 5,50m | 2000 | Kroonstad |
| Shot Put (3kg) | L Pavier | GAUT | 16,95m | 24/03/2017 | Potchefstroom |
| Javelin (500g) | T Swanepoel | WCA | 43,91m | 28/03/2008 | Bellville |
| Discus (750g) | T Stevens | GAUT | 47,21m | 15/03/2019 | Germiston |
| Relay: 4X100m | Western Cape | WCA | 48,97 | 21/03/2014 | Paarl |

BOYS 11

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|----------------|-------------|------|---------|------------|----------------|
| 80m | C Galant | WCA | 10,10 | 15/03/2013 | Sasolburg |
| 100m | M Jonas | ECA | 12,26 | 1998 | Pietersburg |
| 1200m | L Faku | ECA | 3:30,00 | 1997 | East London |
| 70m H (68cm) | H Pienaar | NKN | 10,63 | 1996 | Bellville |
| High Jump | A Matthysen | GAUT | 1,59m | 15/03/2019 | Germiston |
| | S Bredell | WCA | 1,59m | 15/03/2019 | Germiston |
| Long Jump | S Mavisela | MPU | 5,22m | 21/03/2014 | Paarl |
| Shot Put (2kg) | D van Dyk | FS | 14,81m | 11/03/2016 | Port Elizabeth |
| Relay: 4X100m | Gauteng | GAUT | 51,24 | 30/03/2009 | Polokwane |

BOYS 10

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|-------|-----------|------|--------|------|-----------|
| 80m | J Booysen | WPR | 10,22 | 1996 | Bellville |
| 100m | L Felton | WPR | 12,03 | 2001 | Secunda |

| | | | | | |
|----------------|------------------------|------------|----------------|--------------------|---------------------------------|
| 1200m | S Poyne | ECA | 3:41,84 | 2002 | Univ. W. Cape |
| 70m H (68cm) | J Thom | GAUT | 11,45 | 15/03/2019 | Germiston |
| High Jump | J Bartelman M Kumbe | FS MP | 1,50m 1,50m | 1997 21/03/2023 | East London Pietermaritzburg |
| Long Jump | B Beukes J Fourie | BOL WCA | 4,82m 4,82m | 1998 15/03/2019 | Pietersburg Germiston |
| Shot Put (2Kg) | Z Pistorius | GAUT | 11,93m | 21/03/2023 | Pietermaritzburg |
| Relay: 4X100m | Gauteng | GAUT | 54,02 | 15/03/2013 | Sasolburg |

GIRLS 13

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|----------------|--------------|------|---------|------------|---------------|
| 100m | S Gardiner | BOL | 11,93 | 2001 | Secunda |
| 200m | K la Grange | GAUT | 25,18 | 24/03/2017 | Potchefstroom |
| 800m | I Bekker | GAUT | 2:14,92 | 21/03/2003 | Bloemfontein |
| 1500m | A Nice | GAUT | 4:38,40 | 13/03/2004 | Germiston |
| 75m H (76,2cm) | B van As | SFS | 11,07 | 2002 | Univ. W. Cape |
| 200m H (68cm) | E Kriel | FS | 28,27 | 24/03/2007 | Pretoria |
| 1500m Walk | A Oosthuizen | WCA | 7:16,08 | 28/03/2008 | Bellville |
| High Jump | K Rothballer | MPU | 1,74m | 23/03/2012 | Durban |
| Long Jump | T Cupido | WCA | 5,60m | 24/03/2007 | Pretoria |
| Shot Put (3kg) | M la Grange | GAUT | 14,14m | 15/03/2019 | Germiston |
| Javelin (500g) | J van Dyk | WCA | 43,55m | 19/03/2010 | East London |
| Discus (750g) | L de Wet | NWP | 48,35m | 15/03/2019 | Germiston |
| Relay: 4X100m | Gauteng | GAUT | 49,79 | 15/03/2019 | Germiston |

GIRLS 12

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|----------------|------------------|------|---------|------------|---------------|
| 100m | G October | SWD | 12,28 | 2001 | Secunda |
| 150m | A Fourie | FS | 18,09 | 21/03/2014 | Paarl |
| 1200m | A van Staden | GAUT | 3:38,18 | 16/03/2018 | Paarl |
| 75m H (68cm) | S Mofokeng | FS | 11,22 | 21/03/2003 | Bloemfontein |
| 150m H (68cm) | T Ramokgopa | GAUT | 21,14 | 15/03/2019 | Germiston |
| High Jump | M Jacobs | NGT | 1,65m | 1996 | Bellville |
| Long Jump | C Jenkins | GAU | 5,11m | 24/03/2017 | Potchefstroom |
| Shot Put (3kg) | S du Toit | SGT | 14,37m | 2000 | Kroonstad |
| Javelin (500g) | L Jacobs | SWD | 35,02m | 2000 | Kroonstad |
| Discus (750g) | L de Wet | NWP | 38,84m | 16/03/2018 | Paarl |
| Relay: 4X100m | Gauteng Province | GAUT | 51,89 | 15/03/2019 | Germiston |

GIRLS 11

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|-------|----------|------|--------|------|---------------|
| 80m | A Conley | GAU | 10,08 | 2002 | Univ. W. Cape |

| | | | | | |
|----------------|------------------|------|---------|------------|---------------|
| 100m | W Jacobs | BOL | 12,50 | 2001 | Secunda |
| 1200m | M Dimond | GAU | 3:47,02 | 24/03/2017 | Potchefstroom |
| 70m H (68cm) | M Compaan | GAUT | 11,07 | 21/03/2014 | Paarl |
| High Jump | M Jacobs | NGT | 1,56m | 1995 | Durban |
| Long Jump | KL Abrahams | WCA | 4,94m | 24/03/2017 | Potchefstroom |
| Shot Put (2kg) | R Slump | WCA | 12,62m | 20/03/2015 | Germiston |
| Relay: 4X100m | Western Province | WCA | 53,70 | 1998 | Pietersburg |

GIRLS 10

| EVENT | NAME | PROV | RECORD | DATE | VENUE |
|----------------|------------------|-------------|---------------|-------------|----------------|
| 80m | H Walker | WCA | 10,09 | 30/03/2009 | Polokwane |
| 100m | M Dankwa | SGT | 12,34 | 1996 | Bellville |
| 70m H (68cm) | A Sauer | GAU | 11,52 | 2002 | Univ. W. Cape |
| 1200m | M Dimond | GAU | 3:53,89 | 11/03/2016 | Port Elizabeth |
| High Jump | A Herbst | FS | 1,40m | 23/03/2012 | Durban |
| Long Jump | R Cleophas | WPR | 4,48m | 1995 | Durban |
| Shot Put (2Kg) | C Olivier | GAU | 10.09m | 24/03/2017 | Potchefstroom |
| Relay: 4X100m | Western Province | WCA | 55,10 | 1995 | Durban |

TECHNICAL OFFICIALS

OFFICIALS SERVING AT THE S.A. SCHOOLS ATHLETICS -

PRIMARY SCHOOLS T&F CHAMPIONSHIPS – 2025.

RETURN DATE: Monday, 10 March 2025 – Latest

Send to: Me. Sibongile Nxumalo

E-Mail: ngan enxumalo@gmail.com / Cell: 082 337 7685

Yvonne.Schalk@gauteng.gov.za Cell: 0767667662

PROVINCE: _____

| OFFICIAL NAME + SURNAME | EVENTS Choice | | Accreditation Number | LEVEL E.g. I | Halaal Kosher Vegetarian |
|----------------------------|------------------|---|-------------------------|-----------------|--------------------------------|
| | 1 | 2 | | | |
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Certified correct by the Provincial Structure: _____
SIGNATURE

NAME: _____ Contact No: _____

DATE: _____

TEAM ENTRIES – COVER PAGE - 2025

1. PROVINCE : _____

| 2. NUMBER OF ENTRIES | BOYS | GIRLS |
|----------------------|------|-------|
| 10 | | |
| 11 | | |
| 12 | | |
| 13 | | |
| | | |
| TOTAL | | |

Print the names and gender of the persons accompanying the team.

3.1 Provincial Athletics Chairperson: _____

3.2 General Manager _____

3.3 Assistant Managers 1. _____

2. _____

3.4 Coaches 1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

PROVINCIAL STRUCTURE : _____ DATE: _____

This information is certified correct.

WITHDRAWAL & SUBSTITUTION FORM

S.A. PRIMARY SCHOOLS ATHLETICS - 2025

This form is to be used only after entries have been confirmed. It must be submitted to the Technical Information Center well in time.

WITHDRAWAL

Province: Team Manager:

| Event No | Event | Athlete No | Competitor Name | Reason for Withdrawal |
|----------|-------|------------|-----------------|-----------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Signature: Date: Time:

Deadline for this submission is at 15:00 on Thursday, 20/03/2025

SUBSTITUTION

Province: Team Manager:

| Event No | Event | Athlete No | Competitor Name | Reason for Withdrawal |
|----------|-------|------------|-----------------|-----------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Signature: Date: Time:

APPEAL FORM

S.A. PRIMARY SCHOOLS ATHLETICS - 2025

Protest lodged by or on behalf of

Province:

Event No: Event:

According to the rule of this competition, all protests presented to the Referee must include a deposit of R 500.00.

If the Protest fails, the money may not be returned.

I.A.A.F. rule(s) and or local competition rule(s) alleged to have been contravened

.....

Grounds for lodging protest

.....

.....

Signature: Date: Time:

Official Use Only

| Time at which result was announced | Time at which protest was made to the Referee | Time Received |
|------------------------------------|---|---------------|
| | | |

Jury's Decision:

.....

The fee will be: Returned Not Returned

Chairperson: Date: Time:

SA PRIMARY SCHOOLS
TRACK & FIELD CHAMPIONSHIPS 2025
COMPETITION PROGRAMME

| |
|---|
| FIRST DAY OF COMPETITION - FRIDAY, 21 MARCH 2025 |
|---|

| | | | | | |
|----|-------|----------|---------------------|--------------|---------------|
| 1 | 08:00 | Girls 11 | 1200m | Heats | Final 119 |
| 2 | 08:00 | Boys 13 | Long Jump (A Pit) | Final | |
| 3 | 08:00 | Girls 13 | Long Jump (B Pit) | Final | |
| 4 | 08:00 | Boys 12 | High Jump (A Mat) | Final | |
| 5 | 08:00 | Girls 12 | High Jump (B Mat) | Final | |
| 6 | 08:00 | Girls 11 | Shot Put (A Circle) | Final | |
| 7 | 08:20 | Girls 10 | 80m | Heats | Semi-final 33 |
| 8 | 08:30 | Boys 10 | 80m | Heats | Semi-final 34 |
| 9 | 08:40 | Girls 11 | 80m | Heats | Semi-final 35 |
| 10 | 08:50 | Boys 11 | 80m | Heats | Semi-final 36 |
| 11 | 09:00 | Girls 12 | 150m | Heats | Semi-final 37 |
| 12 | 09:10 | Boys 12 | 150m | Heats | Semi-final 38 |
| 13 | 09:30 | Girls 13 | 200m | Heats | Semi-final 39 |
| 14 | 09:50 | Boys 13 | 200m | Heats | Semi-final 40 |
| 15 | 10:00 | Girls 13 | 800m | Heats | Final 67 |
| 16 | 10:10 | Boys 13 | 800m | Heats | Final 68 |
| 17 | 10:10 | Girls 13 | Shot Put (B Circle) | Final | |
| 18 | 10:10 | Boys 12 | Discus Throw | Final | |

| | | | | | | |
|----|--------------|----------|---------------------------|-----------------------------|--------------|-----------|
| 19 | 10:10 | Girls 12 | Javelin | | Final | |
| 20 | 10:20 | Girls 10 | 70m Hurdles | Heats | | Final 59 |
| 21 | 10:30 | Boys 10 | 70m Hurdles | Heats | | Final 60 |
| 22 | 10:40 | Girls 11 | 70m Hurdles | Heats | | Final 61 |
| 23 | 10:50 | Boys 11 | 70m Hurdles | Heats | | Final 62 |
| 24 | 10:50 | Boys 11 | Long Jump (B Pit) | | Final | |
| 25 | 10:50 | Girls 11 | Long Jump (A Pit) | | Final | |
| 26 | 10:50 | Boys 10 | High Jump (A Mat) | | Final | |
| 27 | 10:50 | Girls 10 | High Jump (B Mat) | | Final | |
| 28 | 11:00 | Girls 12 | 75m Hurdles | Heats | | Final 63 |
| 29 | 11:10 | Boys 12 | 75m Hurdles | Heats | | Final 64 |
| 30 | 11:20 | Girls 13 | 75m Hurdles | Heats | | Final 65 |
| 31 | 11:30 | Boys 13 | 80m Hurdles | Heats | | Final 66 |
| | 11:30 | | Medal Presentation | ITEMS: 2, 3, 4, 5, 6 | | |
| 32 | 11:40 | Boys 11 | 1200m | Heats | | Final 120 |
| 33 | 11:50 | Girls 10 | 80m | Semi-finals | | Final 48 |
| 34 | 12:00 | Boys 10 | 80m | Semi-finals | | Final 49 |
| 35 | 12:10 | Girls 11 | 80m | Semi-finals | | Final 50 |
| 36 | 12:20 | Boys 11 | 80m | Semi-finals | | Final 51 |
| 37 | 12:30 | Girls 12 | 150m | Semi-finals | | Final 52 |
| 38 | 12:40 | Boys 12 | 150m | Semi-finals | | Final 53 |
| 39 | 12:50 | Girls 13 | 200m | Semi-finals | | Final 54 |
| 40 | 13:00 | Boys 13 | 200m | Semi-finals | | Final 55 |
| 41 | 13:00 | Boys 13 | Shot Put (A Circle) | | Final | |
| 42 | 13:00 | Boys 11 | Shot Put (B Circle) | | Final | |
| 43 | 13:00 | Boys 12 | Javelin | | Final | |
| 44 | 13:00 | Girls 12 | Discus Throw | | Final | |

| | | | | | | |
|----|--------------|----------|---------------------------|---|--------------|---------------|
| 45 | 13:00 | Girls 11 | High Jump (B Mat) | | Final | |
| 46 | 13:00 | Girls 12 | 1200m | Heats | | Final 121 |
| 47 | 13:10 | Boys 12 | 1200m | Heats | | Final 122 |
| 48 | 13:20 | Girls 10 | 80m | | Final | |
| 49 | 13:25 | Boys 10 | 80m | | Final | |
| 50 | 13:30 | Girls 11 | 80m | | Final | |
| 51 | 13:35 | Boys 11 | 80m | | Final | |
| 52 | 13:45 | Girls 12 | 150m | | Final | |
| 53 | 13:50 | Boys 12 | 150m | | Final | |
| 54 | 14:05 | Girls 13 | 200m | | Final | |
| 55 | 14:15 | Boys 13 | 200m | | Final | |
| | 14:20 | | Medal Presentation | <u>ITEMS: 17, 18, 19, 24, 25, 26, 27</u> | | |
| 56 | 14:25 | Girls 13 | 1500m Walk | | Final | |
| 57 | 14:45 | Girls 10 | 1200m | Heats | | Final 123 |
| 58 | 14:55 | Boys 10 | 1200m | Heats | | Final 124 |
| 59 | 15:05 | Girls 10 | 70m Hurdles | | Final | |
| 60 | 15:10 | Boys 10 | 70m Hurdles | | Final | |
| 61 | 15:15 | Girls 11 | 70m Hurdles | | Final | |
| 62 | 15:20 | Boys 11 | 70m Hurdles | | Final | |
| 63 | 15:25 | Girls 12 | 75m Hurdles | | Final | |
| 64 | 15:30 | Boys 12 | 75m Hurdles | | Final | |
| 65 | 15:35 | Girls 13 | 75m Hurdles | | Final | |
| 66 | 15:40 | Boys 13 | 80m Hurdles | | Final | |
| | 15:50 | | Medal Presentation | <u>ITEMS: 41, 42, 43, 44, 45, 48, 49, 50, 51, 52, 53, 54, 55, 56</u> | | |
| 67 | 15:50 | Girls 13 | 800m | | Final | |
| 68 | 15:55 | Boys 13 | 800m | | Final | |
| 69 | 16:05 | Girls 10 | 100m | Heats | | Semi Final 84 |
| 70 | 16:15 | Boys 10 | 100m | Heats | | Semi Final 85 |
| 71 | 16:25 | Girls 11 | 100m | Heats | | Semi Final 86 |
| 72 | 16:35 | Boys 11 | 100m | Heats | | Semi Final 87 |
| 73 | 16:45 | Girls 12 | 100m | Heats | | Semi Final 88 |
| 74 | 16:55 | Boys 12 | 100m | Heats | | Semi Final 89 |

| | | | | | |
|----|-------|----------|------|-------|---------------|
| 75 | 17:15 | Girls 13 | 100m | Heats | Semi Final 90 |
| 76 | 17:35 | Boys 13 | 100m | Heats | Semi Final 91 |

SECOND DAY OF COMPETITION - SATURDAY, 22 MARCH 2025

| | | | | | | |
|-----|--------------|----------|---------------------------|--|--------------|-----------|
| 77 | 08:00 | Boys 13 | High Jump (A Mat) | | Final | |
| 78 | 08:00 | Girls 13 | High Jump (B Mat) | | Final | |
| 79 | 08:00 | Boys 12 | Long Jump (A Pit) | | Final | |
| 80 | 08:00 | Girls 12 | Long Jump (B Pit) | | Final | |
| 81 | 08:00 | Girls 10 | Shot Put (A Circle) | | Final | |
| 82 | 08:00 | Girls 13 | 1500m | Heats | | Final 141 |
| 83 | 08:10 | Boys 13 | 1500m | Heats | | Final 142 |
| 84 | 08:20 | Girls 10 | 100m | Semi-finals | | Final 100 |
| 85 | 08:30 | Boys 10 | 100m | Semi-finals | | Final 101 |
| 86 | 08:40 | Girls 11 | 100m | Semi-finals | | Final 102 |
| 87 | 08:50 | Boys 11 | 100m | Semi-finals | | Final 103 |
| 88 | 09:00 | Girls 12 | 100m | Semi-finals | | Final 104 |
| 89 | 09:10 | Boys 12 | 100m | Semi-finals | | Final 105 |
| 90 | 09:25 | Girls 13 | 100m | Semi-finals | | Final 106 |
| 91 | 09:35 | Boys 13 | 100m | Semi-finals | | Final 107 |
| | 09:40 | | Medal Presentation | ITEMS: 59, 60, 61, 62, 63, 64, 65, 66, 67, 68 | | |
| 92 | 09:50 | Girls 12 | 150m Hurdles | Heats | | Final 112 |
| 93 | 10:00 | Boys 12 | Shot Put (B Circle) | | Final | |
| 94 | 10:00 | Boys 13 | Javelin | | Final | |
| 95 | 10:00 | Girls 13 | Discus Throw | | Final | |
| 96 | 10:00 | Boys 11 | High Jump (A Mat) | | Final | |
| 97 | 10:00 | Boys 12 | 150m Hurdles | Heats | | Final 113 |
| 98 | 10:15 | Girls 13 | 200m Hurdles | Heats | | Final 114 |
| 99 | 10:25 | Boys 13 | 200m Hurdles | Heats | | Final 115 |
| 100 | 10:40 | Girls 10 | 100m | | Final | |
| 101 | 10:50 | Boys 10 | 100m | | Final | |
| 102 | 11:00 | Girls 11 | 100m | | Final | |
| 103 | 11:10 | Boys 11 | 100m | | Final | |
| 104 | 11:20 | Girls 12 | 100m | | Final | |
| 105 | 11:30 | Boys 12 | 100m | | Final | |
| 106 | 11:40 | Girls 13 | 100m | | Final | |

| | | | | |
|-----|--------------|-------------------------|---------------------------|---|
| 107 | 11:50 | Boys 13 | 100m | Final |
| | 12:00 | | Medal Presentation | <u>ITEMS:</u> 77, 78, 79, 80, 81 |
| 108 | 12:00 | Boys 10 | Long Jump (B Pit) | Final |
| 109 | 12:00 | Girls 10 | Long Jump (A Pit) | Final |
| 110 | 12:00 | Boys 10 | Shot Put (A Circle) | Final |
| 111 | 12:00 | Girls 12 | Shot Put (B Circle) | Final |
| 112 | 12:10 | Girls 12 | 150m Hurdles | Final |
| 113 | 12:20 | Boys 12 | 150m Hurdles | Final |
| 114 | 12:35 | Girls 13 | 200m Hurdles | Final |
| 115 | 12:45 | Boys 13 | 200m Hurdles | Final |
| 116 | 12:55 | Boys 13 | 1500m Walk | Final |
| | 13:30 | | Medal Presentation | <u>ITEMS:</u> 93, 94, 95, 96, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111 |
| 117 | 13:30 | Boys 13 | Discus Throw | Final |
| 118 | 13:30 | Girls 13 | Javelin | Final |
| 119 | 13:30 | Girls 11 | 1200m | Final |
| 120 | 13:40 | Boys 11 | 1200m | Final |
| 121 | 13:50 | Girls 12 | 1200m | Final |
| 122 | 14:00 | Boys 12 | 1200m | Final |
| 123 | 14:10 | Girls 10 | 1200m | Final |
| 124 | 14:20 | Boys 10 | 1200m | Final |
| | 14:20 | | Medal Presentation | <u>ITEMS:</u> 112, 113, 114, 115, 116 |
| 125 | 14:30 | Girls 13 | 1500m | Final |
| 126 | 14:40 | Boys 13 | 1500m | Final |
| 127 | 14:50 | Girls 10 | 4x100m Relay | Final |
| 128 | 15:00 | Boys 10 | 4x100m Relay | Final |
| 129 | 15:10 | Girls 11 | 4x100m Relay | Final |
| 130 | 15:20 | Boys 11 | 4x100m Relay | Final |
| 131 | 15:30 | Girls 12 | 4x100m Relay | Final |
| 132 | 15:40 | Boys 12 | 4x100m Relay | Final |
| | 15:50 | CLOSING CEREMONY | | |

| | | | | | |
|-----------------------|--------------|---|---------------------------|---|--|
| | 16:20 | | Medal Presentation | <u>ITEMS:</u> 117, 118, 119, 120, 121, 122, 123, 124, 125, 126 | |
| 133 | 16:30 | Girls 13 | 4x100m Relay | Final | |
| 134 | 16:40 | Boys 13 | 4x100m Relay | Final | |
| 16:50 to 17:10 | | <p align="center"><u>No Medal Presentation</u> Medals will be collected at the medal room/table for these items because of time constraints <u>Team managers collect and sign for medals</u></p> | | <u>ITEMS:</u> 127 - 134 | |