



Alle Finale se uitslae

Gerankskik volgens Item tipes

Prestasie-punte: ASA 2020 tabel, Handtyd, Hoogte bo seevlak=1477

Plek	Atleet	Span	Pres	Pres	Punte	Medalje	Wind	Rekords
Item 145 17:53 Finaal Dogters 07 60m								
1	HEYNS, HEYLE	GHS	10.41	597	7	G		
2	PIETERSE, GABBI	RHK	10.43	594	5	S		
3	MEYER, MIANÉ	MRP	10.66	561	4	B		
4	WHITTAL, IVANKA	RHK	11.01	516	3			
Item 146 17:55 Finaal Seuns 07 60m								
1	COETZEE, ALBERTUS	GHS	09.88	603	7	G		
2	DRY, EZRA	MRP	10.28	533	5	S		
3	GROENEWALD, EDRE	MAG	10.34	524	4	B		
4	PRETORIUS, JW	GHS	10.66	474	3			
Item 147 17:57 Finaal Dogters 08 60m								
1	PRETORIUS, LEAH	MAG	10.16	609	7	G		
2	POTGIETER, LIZA-MARI	RHK	10.32	585	5	S		
3	MAMATELA, MARANG	GHS	10.34	582	4	B		
4	VAN DER MERWE, MILA	RHK	10.37	578	3			
Item 148 17:58 Finaal Seuns 08 60m								
1	ALBERTS, LOWEN	GHS	09.45	600	7	G		
2	MARAIS, ADRIAAN	RHK	09.56	580	5	S		
3	DE BRUYN, LUCA	GHS	09.63	567	4	B		
4	RAUTENBACH, JAMES	GHS	09.66	561	3			
Item 149 18:00 Finaal Dogters 09 60m								
1	GROBLER, ASHLEY	GHS	09.31	728	7	G		
2	STEENKAMP, KAYLA	RHK	09.38	714	5	S		
3	LATEN, LEONEY	RHK	10.40	553	4	B		
4	RAATH, CARMEN	MRP	10.60	526	3			
Item 150 18:02 Finaal Seuns 09 60m								
1	PAGE, SJ	RHK	08.53	715	7	G		
2	VENTER, JEAN	RHK	08.58	704	5	S		
3	POTGIETER, KIERAN	RHK	08.75	664	4	B		
4	SMIT, MATHEW	MRP	09.03	604	3			
Item 167 19:14 Finaal Dogters 07 80m								
1	HEYNS, HEYLE	GHS	12.50	637	7	G		
2	PIETERSE, GABBI	RHK	13.56	524	5	S		
3	MEYER, MIANÉ	MRP	14.37	450	4	B		
4	RAPANYANE, TISETSHO	GHS	14.40	447	3			
Item 168 19:15 Finaal Seuns 07 80m								
1	COETZEE, ALBERTUS	GHS	12.93	629	7	G		
2	DRY, EZRA	MRP	13.40	568	5	S		
3	MATLALA, PHILA	MAG	13.47	560	4	B		
4	GROENEWALD, EDRE	MAG	13.91	508	3			
5	DZIVHANI, LUFUNO	MRP	14.06	492	2			
6	GRAAF, JORDAN	GHS	14.22	475	1			
Item 169 19:17 Finaal Dogters 08 80m								
1	PRETORIUS, LEAH	MAG	13.45	513	7	G		
2	POTGIETER, LIZA-MARI	RHK	13.47	511	5	S		



3	MAMATELA, MARANG	GHS	13.53	505	4	B
4	GROENEWALD, ZANTE	MAG	13.82	478	3	
5	VAN DER MERWE, MILA	RHK	13.95	466	2	
6	VAN DER MERWE, MIANIQUE	RHK	14.02	460	1	

Item 170 19:19 Finaal Seuns 08 80m

1	HEANEY, LUKE	MRP	12.57	598	7	G
2	MARAIS, ADRIAAN	RHK	12.60	595	5	S
3	DE BRUYN, LUCA	GHS	12.63	591	4	B
4	RAUTENBACH, JAMES	GHS	12.78	571	3	
5	ALBERTS, LOWEN	GHS	12.79	570	2	
6	GROBLER, KYLE	GHS	13.25	512	1	

Item 171 19:21 Finaal Dogters 09 80m

1	STEENKAMP, KAYLA	RHK	12.06	645	7	G
2	GROBLER, ASHLEY	GHS	12.07	644	5	S
3	VAN DEVENTER, MIANE	MRP	12.09	641	4	B
4	VAN DER WESTHUIZEN, ELIZE	MAG	12.93	546	3	
5	NENGWENANI, THUTHU	MRP	12.96	543	2	
6	FERREIRA, LUANÉ	RHK	13.59	481	1	

Item 172 19:22 Finaal Seuns 09 80m

1	PAGE, SJ	RHK	11.47	688	7	G
2	VENTER, JEAN	RHK	11.57	671	5	S
3	POTGIETER, KIERAN	RHK	11.90	620	4	B
4	SMIT, MATTHEW	MRP	12.21	577	3	
5	DELPORT, CARL	GHS	13.10	466	2	
6	COMBRINK, LUVAN	MAG	13.15	461	1	

Item 151 18:03 Finaal Dogters 10 80m

1	GOUWS, LEE-SHAY	GHS	11.87	647	7	G
2	BOTHMA, KARLIZE	GHS	12.05	625	5	S
3	FERREIRA, CHRIZANI	MAG	12.11	617	4	B
4	PRETORIUS, LIENKE	GHS	12.37	587	3	

Item 154 18:05 Finaal Seuns 10 80m

1	ENSLIN, LOGAN	RHK	11.75	574	7	G
2	BRITS, CJ	RHK	11.78	570	5	S
3	CRONJE, JANDRÉ	RHK	11.81	565	4	B
4	CHIRWA, THABELO	GHS	12.43	485	3	

Item 155 18:07 Finaal Dogters 11 80m

1	DU PREEZ, LENÉ	RHK	11.75	643	7	G
2	STEYN, MIENKE	MRP	11.91	623	5	S
3	DZIVHANI, MUFUNWA	MRP	12.28	580	4	B
4	KOTZE, MINETTE	MAG	12.50	555	3	

Item 156 18:09 Finaal Seuns 11 80m

1	VAN NIEKERK, JACQUES	GHS	11.40	565	7	G
2	GERBER, ANTONI	GHS	11.44	560	5	S
3	ALBERTS, CHRISTIAAN	RHK	11.60	537	4	B
4	NAUDE, EBEN	RHK	12.00	485	3	

Item 173 19:24 Finaal Dogters 10 100m

1	GOUWS, LEE-SHAY	GHS	14.13	754	7	G
2	BOTHMA, KARLIZE	GHS	14.75	692	5	S
3	NELL, LANA	MRP	15.41	633	4	B
4	PRETORIUS, LIENKE	GHS	15.47	628	3	



5	FERREIRA, CHRIZANI	MAG	15.49	626	2	
6	ROUX, CASSIDY	MAG	15.52	624	1	

Item 174 19:26 Finaal Seuns 10 100m

1	BRITS, CJ	RHK	14.47	566	7	G
2	CRONJE, JANDRÉ	RHK	14.69	544	5	S
3	CHIRWA, THABELO	GHS	14.71	542	4	B
4	ENSLIN, LOGAN	RHK	14.75	537	3	
5	BOTES, REUBEN	MRP	14.94	519	2	
6	NTULI, LUNGA	MRP	15.29	485	1	

Item 175 19:28 Finaal Dogters 11 100m

1	DU PREEZ, LENÉ	RHK	14.09	740	7	G
2	STEYN, MIENKE	MRP	14.72	678	5	S
3	PIETERSE, LILLY-ANN	RHK	15.00	652	4	B
4	DE KOK, ANNABELLE	GHS	15.05	648	3	
5	BOTHA, ANYA	MAG	15.09	644	2	
6	DE WAAL, ANKE	RHK	15.13	640	1	

Item 176 19:29 Finaal Seuns 11 100m

1	SWANEPOEL, LUANRU	GHS	13.41	631	7	G
2	VENTER, LIAM	MRP	13.97	565	5	S
3	VAN NIEKERK, JACQUES	GHS	14.03	558	4	B
4	GERBER, ANTONI	GHS	14.06	555	3	
5	ALBERTS, CHRISTIAAN	RHK	14.34	526	2	
6	NAUDE, EBEN	RHK	14.47	513	1	

Item 177 19:31 Finaal Dogters 12 100m

1	PRINS, HAILEY	RHK	14.19	713	7	G
2	ERASMUS, CARLA	MAG	14.32	700	5	S
3	PIETERSE, RUBE	GHS	14.88	647	4	B
4	BRINK, MIANKE	RHK	15.00	637	3	
5	CRONJE, JOANÉ	RHK	15.10	628	2	
6	LABUSCHAGNE, NICAH	RHK	15.40	604	1	

Item 178 19:33 Finaal Seuns 12 100m

1	GLEESON, JADON	RHK	13.25	600	7	G
2	GEORGE, MORGAN	RHK	13.43	578	5	S
3	LUDI, EBERT	MAG	13.47	574	4	B
4	ERASMUS, JAQUE	MAG	14.07	508	3	
5	FOURIE, LUHAN	GHS	14.11	504	2	
6	ELLIS, RICKO	GHS	14.59	457	1	

Item 179 19:35 Finaal Dogters 13 100m

1	WOEKE, ALEXIS	GHS	13.25	802	7	G
2	DEETLEFS, NIEKE	MAG	13.72	748	5	S
3	GULMINI, GIULIANA	GHS	13.81	738	4	B
4	MALAN, MIA	MAG	14.22	696	3	
5	SMIT, GISELLE	MRP	14.40	679	2	
6	BOTHA, MIA	MAG	14.47	672	1	

Item 180 19:37 Finaal Seuns 13 100m

1	MUKADI, JOKIM	MRP	12.83	608	7	G
2	VAN DER WESTHUIZEN, JR	MRP	12.94	595	5	S
3	POTGIETER, NIEL	MAG	13.28	555	4	B
4	VAN ROOYEN, TRISTAN	MRP	13.93	485	3	

Item 60 16:13 FinalResultate Dogters 12 150m



1	ERASMUS, CARLA	MAG 22.40	648	7	G
2	PIETERSE, RUBE	GHS 22.47	644	5	S
3	BRINK, MIANKE	RHK 23.44	591	4	B
4	STRÖH, MEGAN	MRP 23.46	590	3	
5	BRITS, EMMA	RHK 23.66	579	2	
6	CARSTENS, LEXIE	MRP 24.50	538	1	

Item 62 16:17 FinalResultate Seuns 12 150m

1	GLEESON, JADON	RHK 20.25	593	7	G
2	VLOK, RIKUS	RHK 21.03	538	5	S
3	FOURIE, LUHAN	GHS 21.10	534	4	B
4	ESTERHUYSEN, LOURENS	GHS 21.14	531	3	
5	GEORGE, MORGAN	RHK 21.25	524	2	
6	ERASMUS, JAQUE	MAG 21.28	522	1	
7	ELLIS, RICKO	GHS 21.38	515	0	
8	PEENS, JANKO	MAG 21.88	483	0	

Item 56 16:04 FinalResultate Dogters 13 200m

1	DAMON, ANUSCHA	RHK 28.82	743	7	G
2	DE KOK, MISCHKE	GHS 28.88	740	5	S
3	WOEKE, ALEXIS	GHS 29.28	721	4	B
4	CONRADIE, CARA	RHK 30.29	677	3	
5	DEETLEFS, NIEKE	MAG 30.40	673	2	
6	BOTHA, MIA	MAG 30.63	664	1	
7	SAUNDERS, GABRIELLA	GHS 32.24	603	0	

Item 58 16:08 FinalResultate Seuns 13 200m

1	VAN DER WESTHUIZEN, JR	MRP 27.92	606	7	G
2	CLAASSEN, XANDRÉ	RHK 28.25	589	5	S
3	SCHUSTER, KEENEN	MAG 28.38	583	4	B
4	COMBRINK, JANCO	MAG 28.56	574	3	
5	STEENKAMP, PHILIP	RHK 28.75	564	1.5	
5	VAN ROOYEN, TRISTAN	MRP 28.75	564	1.5	
7	EVANS, DANIEL-LOUIS	GHS 30.72	477	0	
8	HATTINGH, JU-AN	GHS 30.77	475	0	

Item 10 15:04 Finaal Dogters 09 600m

1	GROBLER, HAILEY	GHS 2:00.00	984	7	G
2	EKSTEEN, LIEMÉ	RHK 2:09.22	856	5	S
3	RAATH, CARMEN	MRP 2:10.41	842	4	B
4	VAN MEYEREN, TWANÉ	RHK 2:19.03	751	3	
5	NEL, LEA	MRP	0	2	
6	THUTU, NENGWANE	MRP	0	1	

Item 9 15:00 Finaal Seuns 09 600m

1	VENTER, JEAN	RHK 1:55.12	496	7	G
2	DÖMAN, JOSUA	RHK 1:56.97	470	5	S
3	JACOBS, DEANDRÉ	RHK 1:58.97	442	4	B
4	COMBRINK, LUVAN	MAG 2:01.78	406	3	
5	PRETORIUS, IAN	RHK	0	2	
6	MULDER, LUAN	MAG	0	1	

Item 63 16:19 Finaal Dogters 13 800m

1	VENTER, KARLA	RHK 2:38.34	755	7	G
2	BURGER, MARINE	GHS 2:40.72	735	5	S
3	LIEBENBERG, MISHA	RHK 2:41.47	729	4	B
4	SMIT, ILZE-MARI	MRP 2:44.38	707	3	
5	GROENEWALD, EMMA	GHS	0	2	



6 FOURIE, ISABELLA RHK 0 1

Item 66 16:25 Finaal Seuns 13 800m

1	NELL, PHILLIP	MRP 2:35.29	432	7	G
2	RENS, LUAN	MAG 2:37.23	410	5	S
3	EVANS, DANIEL-LOUIS	GHS 2:41.12	367	4	B
4	CLAASSEN, XANDRÉ	RHK 2:45.25	324	3	
5	SWAN, JUAN	MAG	0	2	
6	MAMATELA, GOMOLEMO	GHS	0	1	

Item 159 18:11 Finaal Dogters 10 1200m

1	LOOCK, ALIDA	RHK 4:37.55	700	7	G
2	VENTER, LUME	GHS 4:40.43	687	5	S
3	KALTWASSER, KIARA	RHK 5:05.94	588	4	B
4	BURGER, LEAH	MRP 5:17.90	548	3	
5	BUYSKES, TAYLA	MRP	0	2	
6	BEZUIDENHOUT, ENGELA	GHS	0	1	

Item 160 18:20 Finaal Seuns 10 1200m

1	VAN HEERDEN, GERHARD	RHK 4:25.63	468	7	G
2	SCHILLER, ULRICH	MAG 4:26.67	462	5	S
3	PATERSON, TRISTAN	MRP 4:31.75	437	4	B
4	KORB, EDIHAN	RHK 4:39.03	403	3	
5	KESHAV, JAYDEN	GHS	0	2	
6	VENTER, ETHAN	MAG	0	1	

Item 161 18:27 Finaal Dogters 11 1200m

1	BADENHORST, JANINA	GHS 4:19.10	742	7	G
2	KLEYNHANS, IVANKA	MAG 4:23.32	721	5	S
3	ENGELBRECHT, ISABELLE	MRP 4:39.59	649	4	B
4	VAN ZYL, OLIVIA	RHK 4:46.88	619	3	
5	WHITTAL, PAYTON	RHK 4:55.62	587	2	
6	WINTER, MARISE	MRP 5:01.22	567	1	

Item 162 18:34 Finaal Seuns 11 1200m

1	KIDSON, QUADE	RHK 4:06.75	534	7	G
2	ELKINGTON, COOPER	RHK 4:15.78	483	5	S
3	VAN VOLLENHOVEN, JUAN	GHS 4:19.19	465	4	B
4	ALBERTS, CHRISTIAAN	RHK 4:26.97	426	3	
5	SMIT, MARKUS	MRP 4:30.14	411	2	
6	SMIT, AUSTIN	GHS 4:37.31	378	1	

Item 163 18:41 Finaal Dogters 12 1200m

1	LE ROUX, ANNELIEN	RHK 4:12.56	744	7	G
2	JONES, ALANA	MAG 4:50.72	579	5	S
3	SCHOEMAN, ISABELLA	RHK 4:54.81	564	4	B
4	HENN, MILAN	RHK 5:09.79	514	3	
5	SANDERS, EMI	MRP 5:13.31	503	2	
6	RAPHUTI, HAPPY	GHS 5:23.75	472	1	

Item 164 18:49 Finaal Seuns 12 1200m

1	JACOBS, JOVAN	RHK 4:03.35	524	7	G
2	BEUKES, RUAN	RHK 4:07.97	497	5	S
3	VENTER, JAN	GHS 4:11.59	477	4	B
4	DREYER, THOMAS	GHS 4:17.22	447	3	
5	VAN DER MERWE, JAN	RHK 4:21.81	424	2	
6	VENTER, AJ	RHK 4:23.08	418	1	

Item 165 18:56 Finaal Dogters 13 1500m



1	LIEBENBERG, MISHA	RHK	05:44.91	649	7	G
2	GROENEWALD, EMMA	GHS	06:00.44	600	5	S
3	KOTZEE, IMKE	GHS	06:08.41	576	4	B
4	SCHOEMAN, ISABELLA	GHS	06:11.12	569	3	
5	SMIT, ILZE-MARI	MRP	06:11.43	568	2	
6	OLIVIER, MEAH	RHK	06:55.07	458	1	

Item 166 19:05 Finaal Seuns 13 1500m

1	RENS, LUAN	MAG	05:23.72	534	7	G
2	MAMATELA, GOMOLEMO	GHS	05:33.43	499	5	S
3	CLAASSEN, XANDRÉ	RHK	05:34.47	496	4	B
4	VORSTER, LIAM	MAG	05:47.69	453	3	
5	SWAN, JUAN	MAG	05:49.84	446	2	
6	STEYN, ADRIAAN	MRP	05:50.78	443	1	

Item 71 16:32 FinalResultate Dogters 10 70m Hekkie

68cm

1	GOUWS, LEE-SHAY	GHS	13.44	839	7	G
2	BOTHMA, KARLIZE	GHS	13.93	801	5	S
3	JANSE VAN RENSBURG, KLARA	GHS	14.61	753	4	B
4	NELL, LANA	MRP	14.87	736	3	
5	SPIES, KARA	GHS	15.31	710	2	
6	ARNOLD, NATE	MAG	15.38	705	1	
7	RAATH, LANA	MRP	15.59	693	0	
8	SCHEEPERS, MIKAYLA	MAG	16.43	648	0	
9	WUCHERFENNING, LIANE	MAG	16.72	634	0	
10	OOSTHUIZEN, MILAN	MRP	16.73	633	0	
11	BUYSKES, TAYLA	MRP	16.93	623	0	
12	NELL, MIANÉ	RHK	17.00	620	0	

Item 74 16:35 FinalResultate Seuns 10 70m Hekkie

68cm

1	COLLEN, THEARDT	RHK	12.97	783	7	G
2	DU RANDT, XIAN	RHK	12.99	781	5	S
3	SCHOEMAN, MATHEW	MAG	13.05	775	4	B
4	HOFFMAN, WIAN	MAG	13.36	747	3	
5	CHIRWA, THABELO	GHS	14.53	653	2	
6	CRONJE, JANDRÉ	RHK	14.55	652	1	
7	ENSLIN, LOGAN	RHK	14.78	636	0	
8	BURGER, CHRISTO	GHS	14.82	633	0	
9	SOLOMON, CARTER	GHS	15.06	617	0	
10	NENGWENANI, THOMPPO	MRP	15.57	584	0	
11	TROMP, ADRIAAN	MRP	15.58	583	0	
12	SUPRA, LUAN	GHS	15.60	582	0	

Item 79 16:40 FinalResultate Dogters 11 70m Hekkie

68cm

1	DE KOK, ANNABELLE	GHS	13.87	769	7	G
2	DZIVHANI, MUFUNWA	MRP	14.37	735	5	S
3	STRYDOM, PEYTON	MRP	14.53	725	4	B
4	VERMEULEN, HAYLEY	RHK	14.63	718	3	
5	BADENHORST, JANINA	GHS	14.72	713	2	
6	MARX, KARLIE	MAG	14.78	709	1	
7	GROVE, XANDRI	RHK	14.87	704	0	
8	ACUTT, ISABELLA	RHK	14.97	698	0	
9	CLARK, CHRISTINE	MRP	15.06	692	0	
10	HATTINGH, NIANRI	GHS	15.59	662	0	
11	VOS, ZUNE	MAG	15.93	644	0	
12	SWART, ELMI	MAG	15.94	644	0	

Item 82 16:43 FinalResultate Seuns 11 70m Hekkie

68cm



1	VENTER, LIAM	MRP	12.86	710	7	G
2	ABBOTT, XAVIER	GHS	13.55	653	5	S
3	MEINTJIES, RION	RHK	13.72	640	4	B
4	BOYLAN, QUEWAN	MAG	13.87	629	3	
5	SMITH, RICHARD	RHK	14.00	620	2	
6	EMMETT, SETH	MRP	14.10	613	1	
7	PRETORIUS, WIAN	GHS	14.31	598	0	
8	NAUDE, EBEN	RHK	14.39	592	0	
9	VERMEULEN, CASEY	RHK	14.50	585	0	
10	DE LANGE, MARCEL	MAG	14.72	571	0	
11	ELS, MACK	MRP	15.00	553	0	
12	SWARTZ, ZACHARY	MRP	16.34	477	0	

Item 85 16:48 FinalResultate Dogters 12 75m Hekkie 68cm

1	CRONJE, JOANÉ	RHK	13.34	783	7	G
2	ERASMUS, CARLA	MAG	13.58	765	5	S
3	BRINK, MIANKE	RHK	14.83	684	4	B
4	MALONEY, KARLI	GHS	14.87	681	3	
5	DREYER, MARJORIE	GHS	15.50	646	2	
6	LABUSCHAGNE, NICAH	RHK	15.73	634	1	
7	BOTHA, MIENKE	GHS	16.49	596	0	
8	FOURIE, DANELLE	MAG	16.53	594	0	
9	FOURIE, ZELRI	MRP	17.09	568	0	
10	PULING, LETLOTLO	MRP	17.12	567	0	
11	KOK, LELANI	MRP	20.10	453	0	

Item 88 16:51 FinalResultate Seuns 12 75m Hekkie 76.2cm

1	MAKHUBEDU, REA	RHK	12.75	720	7	G
2	DE BEER, JOSHUA	GHS	13.15	685	5	S
3	GEORGE, MORGAN	RHK	13.57	652	4	B
4	LUDI, EBERT	MAG	13.65	646	3	
5	VAN STADEN, HENRÉ	RHK	13.69	643	2	
6	VAN ZYL, WIHANN	RHK	15.25	538	1	
7	KOLESKY, DANIEL	MRP	15.78	507	0	
8	LABUSCHAGNE, KOBUS	GHS	16.31	478	0	
9	PAGE, SIMEON	MAG	16.62	463	0	
10	VAN DER WALT, RUACH	MAG	16.75	456	0	
11	OOSTHUYZEN, REGHARDT	MAG	18.43	379	0	

Item 91 16:54 FinalResultate Dogters 13 75m Hekkie 76.2cm

1	DAMON, ANUSCHA	RHK	12.51	808	7	G
2	MEINTJIES, ZANDELIE	RHK	12.94	774	5	S
3	BURGER, MARINE	GHS	13.19	755	4	B
4	MALAN, MIA	MAG	14.19	688	3	
5	LIEBETRAU, LUMÉ	MRP	14.78	653	2	
6	DEETLEFS, NIEKE	MAG	14.90	646	1	
7	SMIT, GISELLE	MRP	15.34	623	0	
8	MOSES, NALEDI	GHS	15.41	619	0	
9	BAKER, KISHA-LEIGH	RHK	15.59	610	0	
10	CAMPHER, JOHANE	GHS	15.78	600	0	
11	PAPP, RENÉ	RHK	16.90	548	0	
12	MEYER, NINA	MRP	17.56	520	0	

Item 94 16:59 FinalResultate Seuns 13 80m Hekkie 76.2cm

1	MUKADI, JOKIM	MRP	12.30	789	7	G
2	VAN WYK, HUGO	GHS	14.43	612	5	S
3	GOUWS, DANIEL	MAG	14.44	611	4	B



4	RODWELL, NIELEN	RHK 15.21	561	3
5	LENSLEY, LUAN	RHK 15.28	557	2
6	POTGIETER, NIEL	MAG 15.35	552	1
7	VAN WYK, WIHANRO	MRP 15.52	542	0
8	HOFFMAN, REINHARDT	MAG 15.73	530	0
9	WILKEN, ELAN	GHS 15.78	527	0
10	DOS SANTOS, SEBASTIAN	RHK 16.66	480	0
11	SWAN, JUAN	MAG 16.81	472	0
12	MEIBURG, MALAN	MRP 20.00	333	0

Item 16 15:21 FinalResultate Dogters 12 150m Hekkie 68cm

1	CRONJE, JOANÉ	RHK 25.68	737	7	G
2	BURGER, MIEKLE	MAG 26.47	711	5	S
3	LABUSCHAGNE, NICAH	RHK 27.31	685	4	B
4	BRINK, MIANKE	RHK 27.97	666	3	
5	DIPPENAAR, AMORE	GHS 28.53	650	2	
6	FOURIE, ZELRI	MRP 29.28	630	1	
7	BOTHA, MIENKE	GHS 29.84	616	0	
8	VAN ASWEGEN, AMY	MAG 30.29	604	0	

Item 18 15:25 FinalResultate Seuns 12 150m Hekkie 68cm

1	MAKHUBEDU, REA	RHK 23.38	680	7	G
2	LUDI, EBERT	MAG 23.75	652	5	S
3	JANSE VAN RENSBURG, BEN	RHK 26.38	488	4	B
4	JANSE VAN RENSBURG, LOUW	GHS 28.94	364	3	
5	JOUBERT, JANCO	MAG 29.53	338	2	
6	GOUWS, BJORN	GHS 29.88	324	1	

Item 12 15:11 FinalResultate Dogters 13 200m Hekkie 68cm

1	DE KOK, MISCHKE	GHS 30.09	842	7	G
2	DAMON, ANUSCHA	RHK 32.54	766	5	S
3	BURGER, MARINE	GHS 33.13	750	4	B
4	MALAN, MIA	MAG 34.60	712	3	
5	MEINTJIES, ZANDELIE	RHK 34.70	710	2	
6	BAKER, KISHA-LEIGH	RHK 36.53	667	1	

Item 14 15:16 FinalResultate Seuns 13 200m Hekkie 68cm

1	NELL, PHILLIP	MRP 34.87	428	7	G
2	EMMETT, ADAM	MRP 35.18	416	5	S
3	RODWELL, NIELEN	RHK 35.28	412	4	B
4	GOUWS, DANIEL	MAG 36.63	363	3	
5	MAMATELA, GOMOLEMO	GHS 36.65	363	2	
6	HOFFMAN, REINHARDT	MAG 37.00	351	1	
7	DOS SANTOS, SEBASTIAN	RHK 37.84	323	0	
8	VAN WYK, WIHANRO	MRP 38.31	308	0	

Item 53 16:00 Finaal Dogters 10 Hoogspring

1	JANSE VAN RENSBURG, KLARA	GHS 1.15	590	7	G
2	ROUX, CASSIDY	MAG 1.10	500	5	S
3	LOOTS, LEILA	GHS 1.10	500	4	B
4	SCHEEPERS, MIKAYLA	MAG 1.05	420	3	
5	SMIT, CARA	GHS 1.05	420	2	
6	LOOCK, ALIDA	RHK 1.00	340	1	

Item 54 16:00 Finaal Seuns 10 Hoogspring

1	DU RANDT, XIAN	RHK 1.20	520	7	G
2	BUYS, ROLAND	RHK 1.15	440	5	S
3	COLLEN, THEARDT	RHK 1.15	440	4	B



3	KRUGER, SENNA	MRP 1.15	440	4	B
5	RAS, HEINO	MAG 1.10	370	2	

Item 1 15:00 Finaal Dogters 11 Hoogspring

1	MCMANUS, ERIN	GHS 1.20	500	7	G
2	GROVE, XANDRI	RHK 1.15	420	5	S
2	STEYN, MIENKE	MRP 1.15	420	5	S
4	RAFFANTI, SIENNA	MRP 1.15	420	3	
5	GROENEWALD, ZETARAH	MAG 1.10	350	2	
6	VAN EEDEN, ARIANA	RHK 1.10	350	1	

Item 2 15:00 Finaal Seuns 11 Hoogspring

1	KLOPPERS, RUAN	RHK 1.35	620	7	G
2	SWANEPOEL, LUANRU	GHS 1.30	560	5	S
3	CLAASSENS, LUAN	MRP 1.20	420	4	B
4	DRY, JOSHUA	MRP 1.20	420	3	
5	NIEHAUS, JEAN-LUC	GHS 1.20	420	2	
6	PRETORIUS, WIAN	GHS 1.15	350	1	

Item 109 17:15 Finaal Dogters 12 Hoogspring

1	PRINS, HAILEY	RHK 1.30	530	7	G
2	THIKHATHALI, DAKALO	MRP 1.25	460	5	S
3	DIPPENAAR, AMORE	GHS 1.25	460	4	B
4	SANDERS, EMI	MRP 1.20	380	3	
5	CARSTENS, LEXIE	MRP 1.15	320	2	
6	BENEKE, ZENE	MAG 1.15	320	1	

Item 110 17:15 Finaal Seuns 12 Hoogspring

1	DE BEER, JOSHUA	GHS 1.35	540	7	G
2	BREWIS, EBEN	MRP 1.30	470	5	S
3	LABUSCHAGNE, EBEN	RHK 1.30	470	4	B
4	BAILEY, REINHARDT	RHK 1.20	340	3	
4	BOUWER, HENCO	MAG 1.20	340	3	
4	MCMANUS, CHARL	GHS 1.20	340	3	
4	MODENA, ELI	MRP 1.20	340	3	
4	KOLESKY, DANIEL	MRP 1.20	340	3	

Item 152 18:05 Finaal Dogters 13 Hoogspring

1	RICHELMANN, EMMA	MRP 1.40	590	7	G
2	CAMPHER, JOHANE	GHS 1.25	390	5	S
3	BESTER, JESSE	RHK 1.25	390	4	B
4	SNYMAN, AMY	MRP 1.20	320	3	
5	LIEBETRAU, LUMé	MRP 1.15	260	2	
6	OLIVIER, MEAH	RHK 1.15	260	1	
6	VAN RHYN, LIANé	RHK 1.15	260	1	
6	STARKE, LI-ANé	MRP 1.15	260	1	

Item 153 18:05 Finaal Seuns 13 Hoogspring

1	VAN WYK, HUGO	GHS 1.35	460	7	G
2	EVANS, DANIEL-LOUIS	GHS 1.30	400	5	S
3	GERHARD, EITHAN	RHK 1.30	400	4	B
4	RODWELL, NIELEN	RHK 1.25	330	3	
4	PRETORIUS, DYLAN	MAG 1.25	330	3	
4	BOTHA, ANDREW	MAG 1.25	330	3	
4	BOTHA, GERHARD	MAG 1.25	330	3	
4	JONKER, JOHANNES	MAG 1.25	330	3	

Item 97 17:05 Finaal Dogters 10 Verspring



1	RAATH, LANA	MRP 3.38	465	7	G
2	LOOTS, LEILA	GHS 3.30	425	5	S
3	BARTIE, DANELL	MRP 3.24	390	4	B
4	SWARTZ, ELE	GHS 3.21	375	3	
5	ROUX, CASSIDY	MAG 3.12	330	2	
6	SCHOLTZ, LEAH	MAG 2.91	215	1	

Item 98 17:05 Finaal Seuns 10 Verspring

1	BUYS, ROLAND	RHK 3.86	564	7	G
2	DU RANDT, XIAN	RHK 3.83	550	5	S
3	COLLEN, THEARDT	RHK 3.45	370	4	B
4	VENTER, CHRIS	MRP 3.31	300	3	
5	HILLS, JIMMY	MAG 3.30	295	2	
6	WEYERS, SEBASTIAN	GHS 3.30	295	1	

Item 64 16:25 Finaal Dogters 11 Verspring

1	DU PREEZ, LENé	RHK 4.05	600	7	G
2	RAFFANTI, SIENNA	MRP 3.98	568	5	S
3	DE KOK, ANNABELLE	GHS 3.96	560	4	B
4	PIETERSE, LILLY-ANN	RHK 3.75	463	3	
5	DE WAAL, ANKE	RHK 3.71	445	2	
6	VERMEULEN, LIAME	MAG 3.61	396	1	

Item 65 16:25 Finaal Seuns 11 Verspring

1	SWANEPOEL, LUANRU	GHS 4.63	720	7	G
2	VENTER, LIAM	MRP 4.55	688	5	S
3	MEINTJIES, RION	RHK 3.80	368	3.5	B
3	ABBOTT, XAVIER	GHS 3.80	368	3.5	B
5	CLAASSENS, LUAN	MRP 3.77	355	2	
6	VAN DEN BERG, EVERT	RHK 3.58	270	1	

Item 37 15:45 Finaal Dogters 12 Verspring

1	PRINS, HAILEY	RHK 4.25	550	7	G
2	COETZEE, LOURI	GHS 3.81	360	5	S
3	THIKHATHALI, DAKALO	MRP 3.62	276	4	B
4	VAN GRAAN, SKYLER	MAG 3.60	268	3	
5	KRIEK, ELMIEN	GHS 3.57	255	2	
6	JANSE VAN RENSBURG, ZIA	GHS 3.55	245	1	

Item 38 15:45 Finaal Seuns 12 Verspring

1	BREWIS, EBEN	MRP 4.34	448	7	G
2	VLOK, RIKUS	RHK 4.27	420	5	S
3	DE BEER, JOSHUA	GHS 4.25	413	4	B
4	BAILEY, REINHARDT	RHK 4.20	392	3	
5	RAFFANTI, LIAM	MRP 4.13	364	2	
6	VAN DER MERWE, JAN	RHK 3.91	275	1	

Item 3 15:00 Finaal Dogters 13 Verspring

1	DE KOK, MISCHKE	GHS 4.63	608	7	G
2	MEINTJIES, ZANDELIE	RHK 4.43	530	5	S
3	GULMINI, GIULIANA	GHS 4.37	504	4	B
4	SMIT, GISELLE	MRP 4.07	384	3	
5	CROW, EVA	MRP 4.05	375	2	
6	VAN RHYN, LIANé	RHK 3.77	256	1	

Item 4 15:00 Finaal Seuns 13 Verspring

1	STEENKAMP, PHILIP	RHK 4.49	380	7	G
2	POTGIETER, NIEL	MAG 4.49	380	5	S



3	DUARTE, CALEB	MRP 4.42	353	4	B
4	VAN WYK, HUGO	GHS 4.22	276	3	
5	NELL, PHILLIP	MRP 4.19	264	2	
6	MEYER, VICTOR	MRP 3.91	155	1	

Item 7 15:00 Finaal Dogters 10 Gewigstoot 2kg

1	SWARTZ, ELE	GHS 07.04	745	7	G
2	NIENABER, SHENIQUE	MAG 06.22	689	5	S
3	HOLDER, EMILY	MRP 06.06	677	4	B
4	PRETORIUS, IMENE	MAG 06.03	675	3	
5	PRETORIUS, MILANE	GHS 06.00	673	2	
6	RAUTENBACH, JEANICKE	GHS 05.88	664	1	

Item 8 15:00 Finaal Seuns 10 Gewigstoot 2kg

1	RAS, HEINO	MAG 09.46	766	7	G
2	ACKERMAN, WIAN	MRP 08.96	731	5	S
3	DE KLERK, JOSHUA	GHS 08.93	729	4	B
4	MAASZ, CHRISTIAAN	RHK 08.06	665	3	
5	VENTER, CHRIS	MRP 07.91	654	2	
6	PEYPER, NATHAN	MRP 07.67	636	1	

Item 118 17:20 Finaal Dogters 11 Gewigstoot 2kg

1	LUBBE, MIENKE	GHS 09.53	842	7	G
2	POTGIETER, IDANE	MAG 09.51	841	5	S
3	DE WAAL, ANKE	RHK 08.70	798	4	B
4	HEYNS, LIJA	GHS 08.42	783	3	
5	VENTER, EMILÉÉ	RHK 07.67	740	2	
6	DAWSON, ZOEY	RHK 07.48	728	1	

Item 119 17:20 Finaal Seuns 11 Gewigstoot 2kg

1	SCHWEIKERT, JARNO	MAG 10.70	758	7	G
2	BOYLAN, QUEWAN	MAG 10.04	718	5	S
3	CLAASSEN, BENNARD	RHK 09.56	687	4	B
4	DANIELS, NICHOLAAS	GHS 08.99	650	3	
5	PRETORIUS, WIAN	GHS 08.62	625	2	
6	DU PLESSIS, RUBEN	MRP 08.57	622	1	

Item 157 18:09 Finaal Dogters 12 Gewigstoot 3kg

1	THIKHATHALI, DAKALO	MRP 08.61	775	7	G
2	JANSEN, AMONE	GHS 07.93	737	5	S
3	LÖTTER, LUMÉ	RHK 07.21	695	4	B
4	KRIEK, ELMIE	GHS 06.99	681	3	
5	SIYILA, ZINATHI	MRP 06.93	677	2	
6	HERBST, MILANDRI	MRP 06.89	674	1	

Item 158 18:09 Finaal Seuns 12 Gewigstoot 3kg

1	JANSE VAN VUUREN, JAN	RHK 09.25	643	7	G
2	DE BOOM, LOGAN	MAG 09.05	630	5	S
3	WIESNER, LEHAN	RHK 08.73	608	4	B
4	HERBST, MANRU	GHS 08.36	583	3	
5	COETZEE, ZANDRÉ	RHK 08.13	567	2	
6	NEL, LO-HANN	MAG 08.00	557	1	

Item 76 16:38 Finaal Dogters 13 Gewigstoot 3kg

1	VAN ZYL, MIENKE	GHS 10.12	831	7	G
2	BESTER, JESSE	RHK 09.11	781	5	S
3	VAN DER MERWE, AMELI	GHS 08.79	764	4	B
4	VAN DER MERWE, KLARA	GHS 07.96	719	3	



5	WINDT, MIA	MAG 07.95	718	2
6	VAN RHYN, LIANÉ	RHK 07.86	713	1

Item 77 16:38 Finaal Seuns 13 Gewigstoot

4kg

1	GERHARD, EITHAN	RHK 13.23	792	7	G
2	BOTHA, JANU	MAG 11.68	712	5	S
3	GOUWS, GILBERTO	RHK 11.51	703	4	B
4	COETZEE, JC	MAG 09.63	595	3	
5	SWANEPOEL, LARNU-JUAN	GHS 09.50	588	2	
6	PIETERSE, RIKUS	MAG 09.24	571	1	

Item 5 15:00 Finaal Dogters 12 Diskusgooi

0.75kg

1	JANSEN, AMONE	GHS 22.37	577	7	G
2	DINKELMANN, MIA	MRP 18.86	498	5	S
3	BURGER, MIEKLE	MAG 18.47	488	3.5	B
3	VERMEULEN, MELISSA	MAG 18.47	488	3.5	B
5	SWANEPOEL, ALIAH	RHK 17.40	462	2	
6	JANSE VAN RENSBURG, ZIA	GHS 17.34	460	1	

Item 68 16:30 Finaal Seuns 12 Diskusgooi

750g

1	WIESNER, LEHAN	RHK 31.35	728	7	G
2	BEKKER, DIAN	GHS 28.20	669	5	S
3	HEYNS, LOCHLAN	RHK 27.65	658	4	B
4	NEL, LO-HANN	MAG 22.98	560	3	
5	MERTZ, KIRON	RHK 22.70	554	2	
6	BOSHOFF, ALEC	MRP 22.27	544	1	

Item 111 17:15 Finaal Dogters 13 Diskusgooi

0.75kg

1	VAN DER MERWE, AMELI	GHS 27.86	680	7	G
2	VAN ASWEGEN, TALIA	MAG 26.33	652	5	S
3	BESTER, JESSE	RHK 25.85	643	4	B
4	SNYMAN, AMY	MRP 23.00	587	3	
5	DU PLESSIS, LOUISE	GHS 19.64	513	2	
6	PRINSLOO, LANEY	RHK 19.30	505	1	

Item 39 15:45 Finaal Seuns 13 Diskusgooi

1kg

1	GERHARD, EITHAN	RHK 41.29	739	7	G
2	GOUWS, GILBERTO	RHK 36.82	675	5	S
3	BOTHA, JANU	MAG 36.17	665	4	B
4	SWANEPOEL, LARNU-JUAN	GHS 29.40	555	3	
5	PIETERSE, RIKUS	MAG 27.38	519	2	
6	TERBLANCHÉ, RIKUS	RHK 26.17	496	1	

Item 69 16:30 Finaal Dogters 12 Spiesgooi

500g

1	JANSE VAN RENSBURG, ZIA	GHS 19.08	585	7	G
2	RAS, ANKE	MAG 17.79	547	5	S
3	KRIEK, ELMIEN	GHS 16.82	516	4	B
4	SWANEPOEL, ALIAH	RHK 16.34	500	3	
5	SANDERS, EMI	MRP 15.46	471	2	
6	GLOY, MARIONE	GHS 15.16	461	1	

Item 6 15:00 Finaal Seuns 12 Spiesgooi

500g

1	BEKKER, DIAN	GHS 33.70	753	7	G
2	WIESNER, LEHAN	RHK 31.20	686	5	S
3	NEL, JOHNLUKE	GHS 27.44	580	4	B
4	DE BEER, JOSHUA	GHS 25.50	523	3	
5	VAN DER MERWE, JAN	RHK 24.12	480	2	
6	JANSE VAN VUUREN, JAN	RHK 23.05	446	1	

Item 40 15:45 Finaal Dogters 13 Spiesgooi

500g



1	VAN DER MERWE, KLARA	GHS 26.67	677	7	G
2	DE KLERK, ISABELLA	GHS 25.78	657	5	S
3	VAN ASWEGEN, TALIA	MAG 23.40	601	4	B
4	BAKER, KISHA-LEIGH	RHK 21.14	545	3	
5	VAN DER MERWE, AMELI	GHS 19.69	506	2	
6	WINDT, MIA	MAG 16.68	420	1	

Item 112 17:15 Finaal Seuns 13 Spiesgooi

600g

1	GERHARD, EITHAN	RHK 32.07	502	7	G
2	PRETORIUS, DYLAN	MAG 30.69	469	5	S
3	VAN DER WESTHUIZEN, JR	MRP 29.11	429	4	B
4	DE KOCK, JOSHUA	GHS 27.98	400	3	
5	MENTZ, GUSTAV	MRP 27.50	388	2	
6	BROWN, AIDEN	MAG 27.46	387	1	

Item 181 19:41 Finaal Dogters 08 4x100m Aflos

1	RELAY TEAM,	MAG 1:07.93	0	7	G
2	RELAY TEAM,	RHK 1:09.63	0	5	S
3	RELAY TEAM,	MRP 1:15.43	0	4	B
4	RELAY TEAM,	GHS 1:16.20	0	3	

Item 182 19:44 Finaal Seuns 08 4x100m Aflos

1	RELAY TEAM,	GHS 1:04.72	0	7	G
2	RELAY TEAM,	RHK 1:05.63	0	5	S
3	RELAY TEAM,	MRP 1:08.40	0	4	B
4	RELAY TEAM,	MAG 1:08.44	0	3	

Item 183 19:47 Finaal Dogters 09 4x100m Aflos

1	RELAY TEAM,	GHS 1:04.96	0	7	G
2	RELAY TEAM,	MRP 1:06.47	0	5	S
3	RELAY TEAM,	RHK 1:06.53	0	4	B
4	RELAY TEAM,	MAG 1:10.66	0	3	

Item 184 19:50 Finaal Seuns 09 4x100m Aflos

1	RELAY TEAM,	RHK 1:00.28	0	7	G
2	RELAY TEAM,	MAG 1:00.70	0	5	S
3	RELAY TEAM,	MRP 1:06.69	0	4	B
4	RELAY TEAM,	GHS	0	3	

Item 185 19:53 Finaal Dogters 10 4x100m Aflos

1	RELAY TEAM,	GHS 1:02.12	652	7	G
2	RELAY TEAM,	MAG 1:03.37	624	5	S
3	RELAY TEAM,	MRP 1:05.10	586	4	B
4	RELAY TEAM,	RHK 1:10.34	487	3	

Item 186 19:55 Finaal Seuns 10 4x100m Aflos

1	RELAY TEAM,	RHK 1:01.00	517	7	G
2	RELAY TEAM,	MRP 1:03.60	467	5	S
3	RELAY TEAM,	MAG 1:06.25	420	4	B
4	RELAY TEAM,	GHS 1:08.60	380	3	

Item 187 19:58 Finaal Dogters 11 4x100m Aflos

1	RELAY TEAM,	RHK 1:01.13	663	7	G
2	RELAY TEAM,	GHS 1:01.78	647	5	S
3	RELAY TEAM,	MRP 1:03.77	602	4	B
4	RELAY TEAM,	MAG 1:04.18	593	3	

Item 188 20:01 Finaal Seuns 11 4x100m Aflos

**Byeenkoms :P4 BYEENKOMS LAERSKOOL ROOIHUISKRAAL
2026/01/29 by HS ZWARTKOP**

1	RELAY TEAM,	GHS 0:56.53	558	7	G
2	RELAY TEAM,	MRP 0:59.97	483	5	S
3	RELAY TEAM,	RHK 1:00.03	482	4	B
4	RELAY TEAM,	MAG 1:02.25	440	3	

Item 189 20:04 Finaal Dogters 12 4x100m Aflos

1	RELAY TEAM,	GHS 0:59.03	702	7	G
2	RELAY TEAM,	RHK 1:00.41	666	5	S
3	RELAY TEAM,	MAG 1:03.40	597	4	B
4	RELAY TEAM,	MRP 1:04.03	584	3	

Item 190 20:07 Finaal Seuns 12 4x100m Aflos

1	RELAY TEAM,	RHK 0:55.66	536	7	G
2	RELAY TEAM,	MAG 0:56.85	509	5	S
3	RELAY TEAM,	GHS 0:57.25	500	4	B
4	RELAY TEAM,	MRP 0:59.28	458	3	

Item 191 20:10 Finaal Dogters 13 4x100m Aflos

1	RELAY TEAM,	GHS 0:56.19	769	7	G
2	RELAY TEAM,	RHK 0:58.00	716	5	S
3	RELAY TEAM,	MAG 0:58.73	696	4	B
4	RELAY TEAM,	MRP 1:00.66	648	3	

Item 192 20:12 Finaal Seuns 13 4x100m Aflos

1	RELAY TEAM,	MRP 0:53.97	550	7	G
2	RELAY TEAM,	MAG 0:56.38	495	5	S
3	RELAY TEAM,	RHK 0:56.49	493	4	B
4	RELAY TEAM,	GHS 0:58.09	459	3	