



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



Results of all Finals

Ordered by Item types

Performance Scores: ASA 2020 table, Hand time, Height above sea=1414

Comp	Place	Athlete	Team	Perf	Score	Points	Medal	Wind	Records
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Item 96 13:30 Final Girls 14 100m

0	1	NKWA, AZIZA	BEN_AB	13.80	699	8	G		
0	2	DE VILLIERS, MICAYLEE	ERM_AB	13.84	695	7	S		
0	3	MBUYANE, AKHIWE	MHS_AB	13.89	690	6	B		
0	4	VAN HEERDEN, ANNERIE	LYD_AB	13.90	689	5			
0	5	BOTHA, DEONÉ	MHS_AB	14.00	679	4			
0	6	MASEKO, NTANDOKAZI	ROB_AB	14.08	671	3			
0	7	VAN ZYL, DENICKE	ERM_AB	14.13	666	2			
0	8	VOGEL, RENE	HVH_AB	14.21	659	1			
0	9	DE LANGE, SUWANDIE	LYD_AB	14.26	654	0			
0	10	SENEKAL, RODEY	HVH_AB	14.30	650	0			
0	11	VD MERWE, CISKA	ROB_AB	14.40	641	0			
0	12	COETZEE, LIANE	WIT_AB	14.42	639	0			
0	13	NEVARI, JOY	BER_AB	14.57	626	0			
0	14	ECKLEY, LIZHANI	WIT_AB	15.10	581	0			
0	15	CHEYNE, DANIEL	BER_AB	15.51	549	0			

Item 97 13:36 Final Boys 14 100m

0	1	GWEBU, SK	MHS_AB	12.03	652	8	G		
0	2	KACHELENGA, THOKOZANI	MHS_AB	12.17	634	7	S		
0	3	SIEBELS, SAMMY	LYD_AB	12.32	613	6	B		
0	4	MATHEBULA, BONISO	ROB_AB	12.45	597	5			
0	5	KASEKA, DENZEL	LYD_AB	12.47	594	4			
0	6	MABENA, SPAMANDLA	ROB_AB	12.55	583	3			
0	7	TIEMIE, LEIGH-GRANT	BEN_AB	12.73	562	2			
0	8	KAISI, ASHRAF	WIT_AB	12.82	551	0.5			
0	8	NGWENYA, MELO	ERM_AB	12.82	551	0.5			
0	10	HURLEY, KEAGAN	HVH_AB	12.87	545	0			
0	11	MACHIMANANA, NYIKO	WIT_AB	13.08	521	0			
0	12	ZWANE, LODWABO	ERM_AB	13.10	518	0			
0	13	MSIBI, GENERAL	BER_AB	13.18	510	0			
0	14	BURKE, CONNOR	HVH_AB	13.20	507	0			
0	15	NXUMALO, NSIMEKO	BER_AB	13.63	463	0			

Item 98 13:42 Final Girls 15 100m

0	1	MARX, MARGOLE	ERM_AB	12.98	777	8	G		
0	2	HERBST, MEGAN	ERM_AB	13.28	742	7	S		
0	3	NDASHE, AWETHU	ROB_AB	13.53	715	6	B		
0	4	POTGIETER, RIANI	MHS_AB	13.81	686	5			
0	5	STRASSBURG, LEYNA	HVH_AB	14.25	644	4			
0	6	VERSTER, MARLIE	LYD_AB	14.30	640	3			
0	7	WILLIAMS, JENAY	LYD_AB	14.45	626	2			
0	8	GOOSEN, RACHEL	ROB_AB	14.50	621	1			
0	9	BETTS, JADE	BER_AB	14.55	617	0			
0	10	WEBB, MADISON	HVH_AB	14.60	613	0			
0	11	MOJONEDIWA, KOPANO	WIT_AB	14.78	597	0			
0	12	ERASMUS, ALE	MHS_AB	14.84	592	0			
0	13	MORABA, NOMCEBO	WIT_AB	14.89	588	0			
0	14	VAN DER MERWE, CLAUDENE	BEN_AB	15.20	564	0			
0	15	APHANE, OREATILE	BER_AB	15.51	540	0			

Item 99 13:48 Final Boys 15 100m

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	1	SINDANA, TREVOR	MHS_AB	11.26	753	8	G
0	2	TAU, BONGA	MHS_AB	11.36	736	7	S
0	3	MATHEBULA, NKOSINATHI	ROB_AB	11.96	644	6	B
0	4	SCHOFIELD, LEANDRO	BER_AB	12.06	630	5	
0	5	GABOTHWELWE, KOMOGELO	ERM_AB	12.18	614	4	
0	6	SHABANGU, EMMANUEL	ROB_AB	12.21	610	3	
0	7	LALA, DILSHAN	HVH_AB	12.29	600	2	
0	8	KANTWE, MATHEW	BEN_AB	12.34	592	1	
0	9	MOKOENA, ONKABETSE	LYD_AB	12.36	590	0	
0	10	SIBANYONI, SIMPHIWE	WIT_AB	12.51	571	0	
0	11	GALELE, PRINCE	LYD_AB	12.73	544	0	
0	12	ZWANE, BONGA	ERM_AB	12.74	543	0	
0	13	DE BEER, LUCAS	WIT_AB	12.81	535	0	
0	14	CHADWIL, DAMINGO	HVH_AB	12.91	524	0	

Item 102 13:54 Final Girls 16 100m

0	1	VAN DER MERWE, LIZÉ	ERM_AB	13.04	758	8	G
0	2	MAVUSO, AMBER	ROB_AB	13.10	752	7	S
0	3	PHATLANE, ITUMELENG	BEN_AB	13.32	727	6	B
0	4	LOMBARD, ZANI	ERM_AB	13.50	707	5	
0	5	KAUFMAN, VINELLE	MHS_AB	13.65	692	4	
0	6	BULWANA, PALESA	BER_AB	13.89	668	3	
0	7	DIEDERICKS, LIZE	HVH_AB	14.05	653	2	
0	8	NKOSI, NONTOBEKO	ROB_AB	14.23	636	1	
0	9	NAUDE, CAITLYN	WIT_AB	14.42	619	0	
0	10	MAKAWA, TABETH	LYD_AB	14.50	612	0	
0	11	MASILELA, BONTLE	MHS_AB	14.55	608	0	
0	12	BRAKHOVEN, ANJE	HVH_AB	14.75	590	0	
0	13	NONYANE, TSHEPANG	BER_AB	14.83	584	0	
0	14	MBOWENI, MINKENZO	LYD_AB	14.87	581	0	
0	15	MAKOFANE, HAPPINESS	WIT_AB	14.94	576	0	

Item 103 14:00 Final Boys 16 100m

0	1	TSHIKOVHELA, WASHU	BER_AB	11.32	725	8	G
0	2	MONARENG, QUINCY	ROB_AB	11.34	721	7	S
0	3	MAPHOPHA, TSHEPO	MHS_AB	11.51	693	6	B
0	4	MOHLALA, NEO	MHS_AB	11.63	675	5	
0	5	LOTZ, FJ	ERM_AB	11.67	670	4	
0	6	MANKGE, HONEST	LYD_AB	11.72	662	3	
0	7	COETZER, ZANDER	BEN_AB	11.82	648	2	
0	8	MAHLANGU, FORTUNE	WIT_AB	11.96	628	1	
0	9	MHLABINI, SIPOSETHU	ERM_AB	12.00	622	0	
0	10	HOUGH, TJAART	HVH_AB	12.06	614	0	
0	11	CINDI, KAGISO	WIT_AB	12.07	613	0	
0	12	LIEBENBERG, LEON	HVH_AB	12.21	595	0	
0	13	JOHNSON, RADLEY	ROB_AB	12.35	576	0	
0	14	HOWE, ANTHONY	LYD_AB	12.68	536	0	

Item 104 14:06 Final Girls 17 100m

0	1	OLIVIER, TELISA	ERM_AB	13.51	696	8	G
0	2	NIENABER, MIEKE	HVH_AB	13.52	695	7	S
0	3	VENTER, CARLIE	HVH_AB	13.64	683	6	B
0	4	JV RENSBURG, JANESKE	ERM_AB	13.69	678	5	
0	5	VAN DER MERWE, ZUNICA	WIT_AB	13.98	650	4	
0	6	BOSHOFF, ANNIKA	MHS_AB	14.04	644	3	
0	7	SAMBO, MALWANDLA	ROB_AB	14.09	640	2	
0	8	SEBATANE, CONCILIA	LYD_AB	14.26	624	0.5	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	8	SILLINDA, GIFT	ROB_AB	14.26	624	0.5
0	10	DE BEER, LAYKIN	WIT_AB	14.42	610	0
0	11	VAN DER WESTHUIZEN, MONIQUE	MHS_AB	14.50	603	0
0	12	SPIES, CHANÉ	LYD_AB	14.72	584	0
0	13	BANDA, THANDO	BER_AB	15.33	536	0

Item 105 14:12 Final Boys 17 100m

0	1	PETA, KGOTSO	MHS_AB	11.06	751	8	G
0	2	SITHOLE, BANELE	ROB_AB	11.24	720	7	S
0	3	SLABBERT, LUAN	LYD_AB	11.42	691	6	B
0	4	MKHABELA, TRUST	ROB_AB	11.55	671	5	
0	5	MOGANE, NEVILLE	LYD_AB	11.65	656	4	
0	6	TAFEL, JERALDO	HVH_AB	11.84	629	3	
0	7	NKADIMENG, LIHLE	MHS_AB	11.93	617	2	
0	8	CHITANDO, TZAFADSA	ERM_AB	11.99	608	1	
0	9	BROWN, WAHSEEN	BEN_AB	12.01	605	0	
0	10	WEPENER, JOSHUA	HVH_AB	12.06	598	0	
0	11	CUPIDO, DAHNTEY	BER_AB	12.07	597	0	
0	12	JACOBSZ, JANNIE	ERM_AB	12.25	575	0	
0	13	NIEUWOUDT, NICO	WIT_AB	12.35	562	0	
0	14	NOKI, WINNER	WIT_AB	12.72	517	0	

Item 108 14:18 Final Girls 19 100m

0	1	TIVANE, SONIA	ROB_AB	12.64	772	8	G
0	2	ERASMUS, MARLIONE	ERM_AB	12.89	743	7	S
0	3	HANEKOM, SYBONÉ	LYD_AB	13.23	705	5.5	B
0	3	KRUGER, MEGAN	MHS_AB	13.23	705	5.5	B
0	5	DU PLESSIS, MARINÉ	HVH_AB	13.39	688	4	
0	6	OLIVIER, NICOLENE	LYD_AB	13.58	669	3	
0	7	MARE, MICAILA	HVH_AB	13.60	667	2	
0	8	VAN DEVENTER, MIA	ERM_AB	13.64	663	1	
0	9	MOLOI, THELMA	MHS_AB	13.73	655	0	
0	10	SHABANGU, PHETIZWE	WIT_AB	14.04	625	0	
0	11	SWANEPOEL, CHIRIQUE	WIT_AB	14.31	601	0	
0	12	KHUMALO, MICHELLE	ROB_AB	14.38	595	0	
0	13	WESSELS, DANIELLE	BEN_AB	14.51	585	0	
0	14	GAMA, SETHU	BER_AB	15.03	543	0	

Item 109 14:24 Final Boys 19 100m

0	1	MALWANE, CLINT	MHS_AB	10.78	770	8	G
0	2	VAN ROOYEN, CHRISTO	HVH_AB	11.08	718	7	S
0	3	VOGES, ADAM	WIT_AB	11.23	693	6	B
0	4	BULWANA, LUFUNO	BER_AB	11.24	692	5	
0	5	MAHLANGU, SIBONISO	MHS_AB	11.51	650	4	
0	6	MPONGUSE, ALU	LYD_AB	11.53	647	3	
0	7	MADONSELA, THANDO	ERM_AB	11.57	641	2	
0	8	MOHAMMAD, ABDUL	LYD_AB	11.59	638	1	
0	9	MAKGOPA, KATLEGO	BER_AB	11.65	630	0	
0	10	HUTCHESON, KYLE	HVH_AB	11.67	627	0	
0	11	GOUWS, JAC-JOHAN	BEN_AB	11.69	624	0	
0	12	MAGUDULELA, NOTHANDO	ROB_AB	11.71	621	0	
0	13	CRONJE, WJ	ERM_AB	11.79	610	0	
0	14	WENG, ANDY	ROB_AB	11.81	608	0	
0	15	MNDEBELE, BONGI	WIT_AB	11.92	592	0	

Item 27 09:25 Final Girls 14 200m

0	1	VAN HEERDEN, ANNERIE	LYD_AB	28.39	729	8	G
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**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	2	GREYLING, CORLIA	HVH_AB 28.43	727	7	S
0	3	MASEKO, NTANDOKAZI	ROB_AB 28.85	708	6	B
0	4	VAN ZYL, DENICKE	ERM_AB 28.98	702	5	
0	5	COETZEE, LIANE	WIT_AB 29.06	698	4	
0	6	MBUYANE, AKHIWE	MHS_AB 29.09	697	3	
0	7	VOGEL, RENE	HVH_AB 29.46	681	2	
0	8	HALL, JANA	BEN_AB 29.48	680	1	
0	9	MASOMBUKA, MBALI	BEN_AB 29.80	667	0	
0	10	BECK, JASMIN	LYD_AB 30.08	655	0	
0	11	ECKLEY, LIZHANI	WIT_AB 30.73	629	0	
0	12	MABUNDA, NOBUCIKO	ROB_AB 31.03	618	0	
0	13	GIDZHANA, PRECIOUS	MHS_AB 31.05	617	0	
0	14	GELDARD, KYLIE	BER_AB 32.44	567	0	
0	15	MHLABA, LUYANDA	BER_AB	0	0	

Item 28 09:30 Final Boys 14 200m

0	1	GWEBU, SK	MHS_AB 24.66	661	8	G
0	2	KACHELENGA, THOKOZANI	MHS_AB 24.78	654	7	S
0	3	KASEKA, DENZEL	LYD_AB 25.26	624	5.5	B
0	3	MABENA, SPAMANDLA	ROB_AB 25.26	624	5.5	B
0	5	MATHEBULA, BONISO	ROB_AB 25.63	603	4	
0	6	SIEBELS, SAMMY	LYD_AB 25.73	597	3	
0	7	MACHIMANANA, NYIKO	WIT_AB 26.03	581	2	
0	8	NGWENYA, MELO	ERM_AB 26.15	575	1	
0	9	KAISI, ASHRAF	WIT_AB 26.38	562	0	
0	10	BURKE, CONNOR	HVH_AB 26.55	553	0	
0	11	ZWANE, LODWABO	ERM_AB 26.90	536	0	
0	12	VAN HEERDEN, DIRK	HVH_AB 27.36	513	0	
0	13	NENGUZA, ATSHI	BER_AB 27.48	508	0	

Item 29 09:35 Final Girls 15 200m

0	1	MARX, MARGOLE	ERM_AB 27.36	770	8	G
0	2	NDASHE, AWETHU	ROB_AB 27.59	758	7	S
0	3	HERBST, MEGAN	ERM_AB 28.19	728	6	B
0	4	DE KLERK, ANUSCKA	ROB_AB 28.65	706	5	
0	5	VERSTER, MARLIE	LYD_AB 29.24	680	4	
0	6	KRUGER, ANJA	HVH_AB 29.53	668	3	
0	7	MOJONEDIWA, KOPANO	WIT_AB 30.42	632	2	
0	8	NGOBENI, UNA	BER_AB 30.59	625	1	
0	9	MAMPA, BONTLE	WIT_AB 30.79	618	0	
0	10	ROENTGUN, RIHANKE	BEN_AB 31.14	604	0	
0	11	DE BEER, ALICIA	MHS_AB 31.15	604	0	
0	12	WILLIAMS, JENAY	LYD_AB 31.35	597	0	
0	13	MATTHEWS, SUANÉ	HVH_AB 31.74	583	0	
0	14	ERASMUS, ALE	MHS_AB 31.94	576	0	

Item 32 09:40 Final Boys 15 200m

0	1	SINDANA, TREVOR	MHS_AB 23.27	738	8	G
0	2	MATHEBULA, NKOSINATHI	ROB_AB 24.16	676	7	S
0	3	SHABANGU, EMMANUEL	ROB_AB 24.63	646	6	B
0	4	MOKOENA, ONKABETSE	LYD_AB 24.91	629	5	
0	5	GABOTHWELWE, KOMOGELO	ERM_AB 24.96	626	4	
0	6	LALA, DILSHAN	HVH_AB 25.01	623	3	
0	7	JOUBERT, JASON	MHS_AB 25.53	593	2	
0	8	GALELE, PRINCE	LYD_AB 25.69	584	1	
0	9	DE BEER, LUCAS	WIT_AB 25.98	568	0	
0	10	SIBANYONI, SIMPHIWE	WIT_AB 26.37	548	0	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	11	SCHOFIELD, LEANDRO	BER_AB 26.42	545	0
0	12	BAKER, TRISTAN	ERM_AB 26.71	530	0
0	13	CHADWIL, DAMINGO	HVH_AB 26.80	526	0
0	14	MCHUGH, CHAYTEN	BER_AB 27.18	507	0
0	15	MAMOGOBO, KOKETSO	BEN_AB 28.89	431	0

Item 37 09:45 Final Girls 16 200m

0	1	VAN DER MERWE, LIZÉ	ERM_AB 26.97	778	8	G
0	2	MAVUSO, AMBER	ROB_AB 27.43	755	7	S
0	3	PHATLANE, ITUMELENG	BEN_AB 27.75	739	6	B
0	4	LOMBARD, ZANI	ERM_AB 28.16	719	5	
0	5	BULWANA, PALESA	BER_AB 28.73	692	4	
0	6	NKOSI, NONTOBEKO	ROB_AB 29.39	664	3	
0	7	DE WET, TYLA	MHS_AB 30.07	636	2	
0	8	MARAIS, DANE	HVH_AB 30.11	634	1	
0	9	NAUDE, CAITLYN	WIT_AB 30.19	631	0	
0	10	TACOULAS, ZOË	MHS_AB 30.86	606	0	
0	11	HLEZA, ZIYANDA	LYD_AB 31.31	589	0	
0	12	MAKOFANE, HAPPINESS	WIT_AB 31.71	575	0	
0	13	NONYANE, TSHEPANG	BER_AB 33.20	525	0	
0	14	MASHIGO, TSHIAMO	LYD_AB 34.10	498	0	

Item 38 09:50 Final Boys 16 200m

0	1	MONARENG, QUINCY	ROB_AB 23.10	734	8	G
0	2	TSHIKOVHELA, WASHU	BER_AB 23.61	697	7	S
0	3	LOTZ, FJ	ERM_AB 23.73	689	6	B
0	4	MAPHOPHA, TSHEPO	MHS_AB 23.91	677	5	
0	5	PHAHLANE, MOGUDI	MHS_AB 24.01	670	4	
0	6	MANKGE, HONEST	LYD_AB 24.38	646	3	
0	7	MHLABINI, SIPOSETHU	ERM_AB 24.46	641	2	
0	8	HOUGH, TJAART	HVH_AB 24.86	617	1	
0	9	TSHINAIWE, THIKHO	ROB_AB 24.93	613	0	
0	10	ROELOFFZE, BENJAMIN	LYD_AB 25.51	580	0	
0	11	LIEBENBERG, LEON	HVH_AB 25.58	576	0	
0	12	RAUTENBACH, SJ	BEN_AB 25.80	564	0	
0	13	TOSE, LONWABO	WIT_AB 26.03	552	0	
0	14	HOLWORTHY, CHRISTIAAN	BER_AB 26.43	531	0	

Item 39 09:55 Final Girls 17 200m

0	1	NIENABER, MIEKE	HVH_AB 27.60	736	8	G
0	2	JV RENSBURG, JANESKE	ERM_AB 27.96	719	6.5	S
0	2	VENTER, CARLIE	HVH_AB 27.96	719	6.5	S
0	4	LEPHOKO, PELONTHLE	WIT_AB 29.07	669	5	
0	5	YOUNG, LEIGH-ANN	MHS_AB 29.16	665	4	
0	6	OOSTHUIZEN, INKE	ERM_AB 29.37	656	3	
0	7	SILLINDA, GIFT	ROB_AB 29.39	655	2	
0	8	SAMBO, MALWANDLA	ROB_AB 29.49	651	1	
0	9	DE BEER, LAYKIN	WIT_AB 29.57	648	0	
0	9	SEBATANE, CONCILIA	LYD_AB 29.57	648	0	
0	11	PAUL, JEWELL	LYD_AB 30.09	627	0	
0	12	VAN DER WESTHUIZEN, MONIQUE	MHS_AB 30.34	617	0	
0	13	NGOMANE, DESTINY	BER_AB 31.82	563	0	
0	14	BRUCE, SHANA-LEE	BER_AB 31.87	562	0	

Item 40 10:00 Final Boys 17 200m

0	1	PETA, KGOTSO	MHS_AB 22.65	752	8	G
0	2	SITHOLE, BANELE	ROB_AB 22.89	734	7	S

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	3	MKHABELA, TRUST	ROB_AB 23.15	715	6	B
0	4	MOGANE, NEVILLE	LYD_AB 23.27	706	5	
0	5	SLABBERT, LUAN	LYD_AB 23.95	660	4	
0	6	CHITANDO, TZAFADSA	ERM_AB 24.54	623	3	
0	7	TAFEL, JERALDO	HVH_AB 24.72	612	2	
0	8	NKADIMENG, LIHLE	MHS_AB 24.94	600	1	
0	9	MASHABANE, FIDEL	BER_AB 25.10	590	0	
0	10	DAVIES, IMAAD	WIT_AB 25.19	585	0	
0	11	MHLANGO, OKUHLE	ERM_AB 25.70	557	0	
0	12	NIEUWOUDT, NICO	WIT_AB 26.10	536	0	
0	13	FIELIES, VALENTINO	HVH_AB 26.49	517	0	

Item 41 10:05 Final Girls 19 200m

0	1	DU PLESSIS, MARINÉ	HVH_AB 26.52	772	8	G
0	2	TIVANE, SONIA	ROB_AB 26.54	771	7	S
0	3	KRUGER, MEGAN	MHS_AB 26.99	748	6	B
0	4	HANEKOM, SYBONÉ	LYD_AB 27.14	740	5	
0	5	OLIVIER, NICOLENE	LYD_AB 27.32	731	4	
0	6	MOLOI, THELMA	MHS_AB 28.10	694	3	
0	7	SMITH, WILDINE	HVH_AB 28.35	683	2	
0	8	NEL, ELANE	ERM_AB 28.90	659	1	
0	9	SHABANGU, PHETIZWE	WIT_AB 29.37	639	0	
0	10	KHUMALO, MICHELLE	ROB_AB 29.72	625	0	
0	11	SWANEPOEL, CHIRIQUE	WIT_AB 29.79	622	0	
0	12	WESSELS, DANIELLE	BEN_AB 30.49	595	0	
0	13	BATES, JADA	BER_AB 31.04	576	0	
0	14	VAN NIEKERK, MARIZEL	ERM_AB 32.12	538	0	

Item 42 10:10 Final Boys 19 200m

0	1	MALWANE, CLINT	MHS_AB 21.86	789	8	G
0	2	VAN ROOYEN, CHRISTO	HVH_AB 22.98	702	7	S
0	3	VOGES, ADAM	WIT_AB 23.04	697	6	B
0	4	GREYLING, LUAN	ERM_AB 23.31	679	4.5	
0	4	MOHAMMAD, ABDUL	LYD_AB 23.31	679	4.5	
0	6	KOZATHI, NKOSIPHYO	BER_AB 23.48	667	3	
0	7	HUTCHESON, KYLE	HVH_AB 23.63	657	2	
0	8	MAKGOBA, KATLEGO	BER_AB 23.82	645	1	
0	9	NYIRENDA, DIMPHO	MHS_AB 24.15	624	0	
0	10	PHETLA, KATISHI	LYD_AB 24.18	622	0	
0	11	WENG, ANDY	ROB_AB 24.20	621	0	
0	12	GOUWS, JAC-JOHAN	BEN_AB 24.33	613	0	
0	13	MOSOMA, JUSTIN	WIT_AB 24.50	603	0	
0	14	CRONJE, WJ	ERM_AB 24.57	599	0	

Item 77 12:25 Final Girls 14 400m

0	1	SMIT, TIANAY	WIT_AB 1:05.16	734	8	G
0	2	DE VILLIERS, MICAYLEE	ERM_AB 1:06.26	714	7	S
0	3	MATHEBE, DOMINIQUE	MHS_AB 1:08.83	670	6	B
0	4	BADENHORST, VICKY	HVH_AB 1:09.38	661	5	
0	5	BURKE, ASHLEY	HVH_AB 1:10.31	646	4	
0	6	MASOMBUKA, MBALI	BEN_AB 1:10.48	643	3	
0	7	VAN HEERDEN, KARLIEN	LYD_AB 1:10.49	643	2	
0	8	RAUTENBACH, CHLOE	ROB_AB 1:11.16	633	1	
0	9	MOTHOKGOANE, TSHIAMO	MHS_AB 1:12.51	613	0	
0	10	BURGER, RICHELLE	WIT_AB 1:12.94	607	0	
0	11	J VAN RENSBURG, MUCKE	ROB_AB 1:13.65	597	0	
0	12	KLOPPER, MARNE	ERM_AB 1:14.15	591	0	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	13	BOSHOFF, RENESMÉ	LYD_AB	1:14.33	588	0	
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Item 78 12:31 Final Boys 14 400m

0	1	KASEKA, DENZEL	LYD_AB	0:58.03	638	8	G
0	2	SEKOME, HLOGI	BEN_AB	0:58.93	617	7	S
0	3	MATHEBULA, BONISO	ROB_AB	0:59.70	600	6	B
0	4	BURKE, CONNOR	HVH_AB	1:00.15	590	5	
0	5	JANSEN, BRENNAN	ERM_AB	1:00.74	577	4	
0	6	SIBUYI, NATHAN	LYD_AB	1:00.92	573	3	
0	7	FAUL, WESLEY	HVH_AB	1:01.07	570	2	
0	8	MOHLALA, TUMISHO	WIT_AB	1:02.58	540	1	
0	9	LENTSWETSHIPI, OPELONG	MHS_AB	1:02.86	534	0	
0	10	OOSTHUIZEN, NIAN	ERM_AB	1:03.06	530	0	
0	11	MSIMANGO, RORISANG	BER_AB	1:03.33	525	0	
0	12	WILLIAMS, EZRAH	MHS_AB	1:03.37	525	0	
0	13	VAN DEN HEEVER, FRANS	WIT_AB	1:07.50	451	0	

Item 79 12:37 Final Girls 15 400m

0	1	PRINSLOO, INGE	ERM_AB	1:05.98	721	8	G
0	2	VERSTER, MARLIE	LYD_AB	1:06.61	710	7	S
0	3	DE KLERK, ANUSCKA	ROB_AB	1:07.76	690	6	B
0	4	MASHABA, KHAYA	ROB_AB	1:08.39	679	5	
0	5	OBERHOLZER, REYLIZE	HVH_AB	1:08.69	674	4	
0	6	VISAGIE, KIANA	WIT_AB	1:12.88	610	3	
0	7	MATTHEWS, SUANÉ	HVH_AB	1:13.04	608	2	
0	8	DAVEL, INGE	ERM_AB	1:13.97	595	1	
0	9	MALELE, LETLOTLO	LYD_AB	1:16.22	565	0	
0	10	MAKOFANE, ANGEL	WIT_AB	1:16.84	557	0	
0	11	VAN NIEKERK, MIENKE	MHS_AB	1:18.52	536	0	
0	12	OPPERMAN, SUMARIE	MHS_AB	1:19.54	523	0	
0	13	MAKAMA, NTSAKO	BER_AB	1:20.88	508	0	

Item 80 12:43 Final Boys 15 400m

0	1	SHABANGU, EMMANUEL	ROB_AB	0:54.45	715	8	G
0	2	MSIZA, KOOS	WIT_AB	0:55.26	693	7	S
0	3	MOKOENA, ONKABETSE	LYD_AB	0:57.13	645	6	B
0	4	SIKELILA, SIYANDA	WIT_AB	0:59.00	601	5	
0	5	JOUBERT, JASON	MHS_AB	0:59.01	601	4	
0	6	DE BEER, LIAM	ERM_AB	0:59.29	595	3	
0	7	GERBER, PAUL	ERM_AB	0:59.62	588	2	
0	8	DIEDERICKS, GERT	HVH_AB	0:59.98	580	1	
0	9	FOURIE, BERNARD	HVH_AB	1:01.12	556	0	
0	10	MATHEBULA, NKOSINATHI	ROB_AB	1:01.18	555	0	
0	11	GALELE, PRINCE	LYD_AB	1:01.19	555	0	
0	12	J.V. VUUREN, LUAN	BER_AB	1:01.71	544	0	
0	13	MOTHA, BONGANI	MHS_AB	1:03.75	505	0	
0	14	THWALA, CASEY	BER_AB	1:07.93	432	0	
0	15	MASEMANE, THAPELO	BEN_AB	1:07.97	432	0	

Item 81 12:49 Final Girls 16 400m

0	1	VAN DER MERWE, LIZÉ	ERM_AB	1:02.87	759	8	G
0	2	BRINK, ABIGAIL	LYD_AB	1:04.87	721	7	S
0	3	COETZEE, MARCHELI	WIT_AB	1:06.40	694	6	B
0	4	MAUPA, THATEGO	BEN_AB	1:07.35	678	5	
0	5	WILLEMSE, AYLA	BER_AB	1:08.83	653	4	
0	6	BADENHORST, JEANNE	ROB_AB	1:11.21	617	3	
0	7	ENGELBRECHT, WERNE	ERM_AB	1:11.93	606	2	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	8	MASILELA, BONTLE	MHS_AB	1:12.17	602	1	
0	9	BRAKHOVEN, ANJE	HVH_AB	1:13.02	591	0	
0	10	MAHLANGU, LONDIWE	WIT_AB	1:14.03	577	0	
0	11	MHLONGO, SHANNON	MHS_AB	1:16.96	539	0	
0	12	NGOMANE, SIPHOKAZI	BER_AB	1:18.33	522	0	
0	13	POTGIETER, TIFFANY	HVH_AB		0	0	

Item 82 12:55 Final Boys 16 400m

0	1	MASINA, LULEKO	ROB_AB	0:53.05	740	8	G
0	2	MARX, ELMARKO	LYD_AB	0:53.30	733	7	S
0	3	VAN EEDEN, RIAAN	WIT_AB	0:55.00	685	6	B
0	4	LOTZ, FJ	ERM_AB	0:57.07	633	5	
0	5	RAUTENBACH, SJ	BEN_AB	0:58.02	611	4	
0	6	NDLOVU, NTEMBA	ROB_AB	0:58.23	606	3	
0	7	FERREIRA, CHRIS	WIT_AB	0:58.24	606	2	
0	8	JOUBERT, BENJAMIN	LYD_AB	0:58.74	594	1	
0	9	PIENAAR, JANCO	MHS_AB	0:59.02	588	0	
0	10	GRIESEL, JOHANCO	ERM_AB	0:59.57	576	0	
0	11	JANSE VAN RENSBURG, RUAN	MHS_AB	1:01.45	537	0	
0	12	MASINGA, NOAH	BER_AB	1:20.38	252	0	

Item 92 13:01 Final Girls 17 400m

0	1	JV RENSBURG, JANESKE	ERM_AB	1:04.46	731	8	G
0	2	OLIVIER, TELISA	ERM_AB	1:04.49	730	7	S
0	3	LEPHOKO, PELONTHLE	WIT_AB	1:06.64	692	6	B
0	4	EDWARDS, DIANÉ	LYD_AB	1:06.97	686	5	
0	5	VENTER, CARLIE	HVH_AB	1:09.12	650	4	
0	6	YOUNG, LEIGH-ANN	MHS_AB	1:09.15	650	3	
0	7	SAMBO, MALWANDLA	ROB_AB	1:11.42	615	2	
0	8	BRUCE, SHANA-LEE	BER_AB	1:12.72	597	1	
0	9	MANDLAZI, KAMIA	WIT_AB	1:15.73	556	0	
0	10	SPIES, CHANÉ	LYD_AB	1:17.01	540	0	
0	11	BARNARD, EMMA	HVH_AB	1:21.70	485	0	
0	12	O'GRADY, CATHERINE	MHS_AB	1:22.30	478	0	

Item 93 13:07 Final Boys 17 400m

0	1	MKHABELA, TRUST	ROB_AB	0:51.12	786	8	G
0	2	KASENDA, CLAUDEL	WIT_AB	0:51.46	775	7	S
0	3	MOGANE, NEVILLE	LYD_AB	0:51.59	771	6	B
0	4	COETZEE, LIAM	HVH_AB	0:55.91	649	5	
0	5	NKALANGA, SIBUSISO	BER_AB	0:56.02	646	4	
0	6	SHADUNG, MUSA	BEN_AB	0:56.49	635	3	
0	7	JACOBS, RYAN	HVH_AB	0:56.70	630	2	
0	8	HLUNGWANE, MUPONISI	ROB_AB	0:56.73	629	1	
0	9	COETZEE, JANUS	ERM_AB	0:56.97	623	0	
0	10	SMITH, MANELISI	ERM_AB	0:58.01	599	0	
0	11	BEESLAAR, LOUTIN	LYD_AB	0:58.05	598	0	
0	12	JANSE VAN RENSBURG, CONNOR	MHS_AB	0:58.79	582	0	
0	13	STRYDOM, JOSHUA	MHS_AB	0:59.90	558	0	
0	14	HLATSWAYO, MAKHO	WIT_AB	1:07.72	415	0	

Item 94 13:13 Final Girls 19 400m

0	1	HANEKOM, SYBONÉ	LYD_AB	1:01.81	766	8	G
0	2	TIVANE, SONIA	ROB_AB	1:03.01	742	7	S
0	3	OLIVIER, NICOLENE	LYD_AB	1:06.86	672	6	B
0	4	SHEPHERD, ANELL	HVH_AB	1:07.66	659	5	
0	5	NEL, ELANE	ERM_AB	1:07.81	656	4	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	6	NEL, CLARISSA	ERM_AB	1:09.13	636	3	
0	7	SINGWANE, ASANDE	ROB_AB	1:09.15	635	2	
0	8	MOLLER, JOHANNI	MHS_AB	1:17.70	518	1	
0	9	BOUWERS, CHRISTONIQUE	WIT_AB	1:18.65	507	0	
0	10	HENRICO, MARLI	MHS_AB	1:19.89	493	0	
0	11	BENADE, LEHANI	BEN_AB	1:21.28	477	0	
0	12	HINRICHSSEN, JESSI	HVH_AB	1:23.05	458	0	
0	13	DE WIT, DENIQUE	WIT_AB	1:27.56	412	0	

Item 95 13:19 Final Boys 19 400m

0	1	GREYLING, LUAN	ERM_AB	0:51.54	748	8	G
0	2	PHETLA, KATISHI	LYD_AB	0:52.00	734	7	S
0	3	ZULU, NTANDO	MHS_AB	0:52.07	731	6	B
0	4	COMBRINK, J.D	WIT_AB	0:52.44	720	5	
0	5	NYALUNGA, BONTLE	LYD_AB	0:52.54	718	4	
0	6	LOXTON, WAYDON	MHS_AB	0:52.96	706	3	
0	7	FRANTZ, ADRIAN	BER_AB	0:53.24	698	2	
0	8	MOSOMA, JUSTIN	WIT_AB	0:53.59	688	1	
0	9	BRITS, JASON	HVH_AB	0:55.66	634	0	
0	10	MKHUMANE, LIZWE	ROB_AB	0:55.93	628	0	
0	11	HAMMAN, CULLES	ERM_AB	0:57.48	591	0	
0	12	MOFOKENG, KATLEHO	ROB_AB	0:58.11	577	0	
0	13	MOTHA, JEREMY	BEN_AB	1:00.31	531	0	
0	14	LINKS, BYRON	HVH_AB	1:05.09	442	0	
0	15	MAHIMA, SAMKELO	BER_AB	1:07.13	408	0	

Item 110 14:30 Final Girls 14 800m

0	1	SMIT, TIANAY	WIT_AB	2:28.48	788	8	G
0	2	BURGER, RICHELLE	WIT_AB	2:34.45	735	7	S
0	3	SENEKAL, RODEY	HVH_AB	2:35.28	728	6	B
0	4	RAATH, ESTI	ROB_AB	2:35.30	728	5	
0	5	DE VILLIERS, MICAYLEE	ERM_AB	2:38.18	705	4	
0	6	J VAN RENSBURG, MUCKE	ROB_AB	2:38.23	704	3	
0	7	KGAGARA, BONOLO	LYD_AB	2:44.63	657	2	
0	8	SAAIMAN, KAYLA	ERM_AB	2:44.95	654	1	
0	9	MATHEBE, DOMINIQUE	MHS_AB	2:46.70	642	0	
0	10	HERTZOG, LIENKIE	MHS_AB	2:49.87	621	0	
0	11	COETZEE, KAREN	LYD_AB	2:58.37	568	0	
0	12	DLADA, HOPE	BEN_AB	2:59.34	563	0	
0	13	SIMELANE, ELIANAH	BEN_AB	3:03.59	539	0	
0	14	BADENHORST, VICKY	HVH_AB	3:06.67	522	0	
0	15	LEUTLE, KGAO	BER_AB	3:06.75	521	0	
0	16	MOGALE, FAVOR	BER_AB	3:10.84	500	0	

Item 111 14:36 Final Boys 14 800m

0	1	MAVIMBELA, VUYO	ROB_AB	2:16.03	515	8	G
0	2	HENKEN, XAVIER	LYD_AB	2:16.10	514	7	S
0	3	OOSTHUIZEN, NIAN	ERM_AB	2:24.02	407	6	B
0	4	MOKOENA, JUNIOR	ROB_AB	2:29.09	347	5	
0	5	MKHWEBANE, SIYABONGA	ERM_AB	2:30.05	336	4	
0	6	BRINK, ANDREW	LYD_AB	2:31.57	320	3	
0	7	VAN DEN HEEVER, FRANS	WIT_AB	2:31.70	318	2	
0	8	ZULU, ZAMA	MHS_AB	2:35.19	281	1	
0	9	VORSTER, RUBEN	WIT_AB	2:35.42	279	0	
0	10	LENTSWETSHIPI, OPELONG	MHS_AB	2:38.12	252	0	
0	11	ALKEMA, SJ	HVH_AB	2:45.39	184	0	
0	12	MATHEBULA, TIYANI	BER_AB	2:51.17	135	0	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	13	MAPANGA, LOYISO	BER_AB	2:55.37	101	0	
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Item 118 14:41 Final Girls 15 800m

0	1	CILLIERS, MARIZE	ERM_AB	2:35.25	716	8	G
0	2	VERSTER, MARLIE	LYD_AB	2:36.80	704	7	S
0	3	VISAGIE, KIANA	WIT_AB	2:44.59	646	6	B
0	4	GROENEWALD, DANICA	ROB_AB	2:47.67	625	5	
0	5	DU PLESSIS, SHINISKA	BEN_AB	2:49.41	613	4	
0	6	DE KLERK, ANUSCKA	ROB_AB	2:49.51	613	3	
0	7	VAN RENSBURG, ZANE	ERM_AB	2:52.89	591	2	
0	8	VAN DER WESTHUIZEN, CHERICA	HVH_AB	2:57.66	562	1	
0	9	JOUBERT, MIEKE	WIT_AB	2:58.79	556	0	
0	10	DU TOIT, MIEKE	BEN_AB	3:02.69	534	0	
0	11	MALELE, LETLOTLO	LYD_AB	3:09.11	500	0	
0	12	UYS, HEATHER	HVH_AB	3:11.51	488	0	
0	13	VAN NIEKERK, MIENKE	MHS_AB	3:13.49	478	0	
0	14	NYALUNGA, OKUHLE	BER_AB	3:41.66	357	0	
0	15	NDLOVU, BUSI	BER_AB	3:53.38	314	0	

Item 119 14:47 Final Boys 15 800m

0	1	MSIZA, KOOS	WIT_AB	2:08.87	605	8	G
0	2	NTIMANE, PJ	ROB_AB	2:10.92	571	7	S
0	3	VAN SCHALKWYK, WYNAND	HVH_AB	2:17.19	477	6	B
0	4	SEERANE, KAGISO	LYD_AB	2:22.14	411	5	
0	5	HLATSWAYO, BLESSING	ROB_AB	2:24.86	377	4	
0	6	TJATJI, TUMISHANG	BEN_AB	2:24.87	377	3	
0	7	ESSER, LEANDER	LYD_AB	2:28.69	333	2	
0	8	J.V. VUUREN, LUAN	BER_AB	2:29.36	326	1	
0	9	CHADWIL, DAMINGO	HVH_AB	2:31.59	301	0	
0	10	KEDIKANETSOE, KARABO	ERM_AB	2:32.23	294	0	
0	11	MJELO, CHRIS	ERM_AB	2:34.44	272	0	
0	12	DUNNE, SHAUN	WIT_AB	2:35.41	262	0	
0	13	JANSE VAN RENSBURG, JP	MHS_AB	2:35.56	260	0	
0	14	GUMEDE, MOTHEO	MHS_AB	2:42.16	197	0	
0	15	MATLADI, TSHEGOFATSO	BEN_AB	2:43.33	186	0	
0	16	LAMULA, NJABULO	BER_AB	2:43.49	185	0	

Item 120 14:53 Final Girls 16 800m

0	1	CILLIERS, LIANE	ERM_AB	2:32.97	727	8	G
0	2	BRINK, ABIGAIL	LYD_AB	2:35.09	710	7	S
0	3	BADENHORST, JEANNE	ROB_AB	2:36.37	700	6	B
0	4	COETZEE, MARCHELI	WIT_AB	2:41.91	658	5	
0	5	ENGELBRECHT, WERNE	ERM_AB	2:44.41	640	4	
0	6	RAATH, LISA	ROB_AB	2:53.11	583	3	
0	7	TACOULAS, ZOË	MHS_AB	3:11.86	480	2	
0	8	MASHIGO, TSHIAMO	LYD_AB	3:19.09	446	1	
0	9	MHLONGO, SHANNON	MHS_AB	3:28.89	403	0	
0	10	MYBURG, FRANSIEN	BEN_AB	3:33.91	382	0	
0	11	KOPYANE, BONOLO	BEN_AB	3:35.63	375	0	
0	12	MAHLANGU, LONDIWE	WIT_AB	4:14.13	243	0	
0	12	MARAI, MIANKA	BER_AB	4:14.13	243	0	
0	14	LIGHTHELM, LAYLA	HVH_AB		0	0	
0	15	GROBLER, JOLENE	HVH_AB		0	0	

Item 121 15:00 Final Boys 16 800m

0	1	KUNENE, OWETU	ROB_AB	2:07.91	598	8	G
0	2	SAKONG, THABO	ERM_AB	2:09.53	570	7	S

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	3	GREYLING, STEPHAN	WIT_AB 2:13.44	510	6	B
0	4	FERREIRA, CHRIS	WIT_AB 2:19.29	428	5	
0	5	VILIKAZI, NJABULISO	ROB_AB 2:19.83	421	4	
0	6	NYAMUSO, YOLANDA	ERM_AB 2:20.76	409	3	
0	7	GOUWS, ELRICH	BEN_AB 2:21.96	394	2	
0	8	WESSELS, GIANN	LYD_AB 2:22.06	393	1	
0	9	PIENAAR, JANCO	MHS_AB 2:27.68	326	0	
0	10	MASINGA, NOAH	BER_AB 2:27.86	324	0	
0	11	MANIKELA, TSIETSI	BER_AB 2:27.99	323	0	
0	12	GRUNDLING, JUHANDRICH	BEN_AB 2:28.48	317	0	
0	13	ROELOFFZE, BENJAMIN	LYD_AB 2:40.05	200	0	
0	14	BARNARD, RUBEN	HVH_AB 2:40.93	192	0	
0	15	DIBATE, JEVAN	HVH_AB 2:41.13	190	0	

Item 122 15:07 Final Girls 17 800m

0	1	JV RENSBURG, JANESKE	ERM_AB 2:27.79	768	8	G
0	2	OOSTHUIZEN, INKE	ERM_AB 2:34.71	708	7	S
0	3	STEENKAMP, JANKE	ROB_AB 2:43.83	640	6	B
0	4	VORSTER, TINIKA	BEN_AB 2:47.40	616	5	
0	5	JOUBERT, ELANIE	WIT_AB 2:52.05	586	4	
0	6	JANSE VAN RENSBURG, MARI	LYD_AB 3:00.96	534	3	
0	7	STARCK, CHRISTINA	HVH_AB 3:02.03	528	2	
0	8	VAN DEN HEEVER, ELIZABETH	WIT_AB 3:06.45	504	1	
0	9	BEZUIDENHOUT, JENKE	MHS_AB 3:07.31	500	0	
0	10	LESCH, JANÉ	LYD_AB 3:07.88	497	0	
0	11	STOLTZ, ANJA	ROB_AB 3:13.80	467	0	
0	12	SITHOLE, NOLWAZI	MHS_AB 3:17.80	448	0	
0	13	PIETERSE, MADISON	HVH_AB 3:26.52	409	0	

Item 123 15:13 Final Boys 17 800m

0	1	NKALANGA, SIBUSISO	BER_AB 2:08.85	559	8	G
0	2	MOTSWENI, TEMBALETHU	ERM_AB 2:10.19	538	7	S
0	3	SENAMELA, GIFT	MHS_AB 2:11.72	514	6	B
0	4	NGWENYA, FORTUNE	LYD_AB 2:13.75	484	5	
0	5	DUBE, ISRAEL	ERM_AB 2:14.62	472	4	
0	6	ROELOFFZE, RUBEN	LYD_AB 2:15.24	463	3	
0	7	RAUENBACH, WYNAND	WIT_AB 2:19.19	410	2	
0	8	HAIMEUR, SAMMY	ROB_AB 2:24.40	346	1	
0	9	VAN DEN HEEVER, PIETER	WIT_AB 2:27.29	313	0	
0	10	POTGIETER, JEANDRE	BER_AB 2:29.39	290	0	
0	11	SPRONG, WILLEM-JAN	HVH_AB 2:30.45	279	0	
0	12	JANSE VAN RENSBURG, CONNOR	MHS_AB 2:30.62	277	0	
0	13	HATTINGH, JULIUS	ROB_AB 2:33.34	249	0	
0	13	BEZUIDENHOUT, ERICK	BEN_AB 2:33.34	249	0	

Item 124 15:20 Final Girls 19 800m

0	1	HOLTZHAUSEN, DANICA	WIT_AB 2:36.61	690	8	G
0	2	SINGWANE, ASANDE	ROB_AB 2:39.92	665	7	S
0	3	OLIVIER, NICOLENE	LYD_AB 2:42.27	648	6	B
0	4	NEL, ELANE	ERM_AB 2:42.31	648	5	
0	5	MEIRING, FRANCIA	BEN_AB 2:45.08	629	4	
0	6	J.V. VUUREN, ELBé	BER_AB 2:50.48	593	3	
0	7	NEL, CLARISSA	ERM_AB 2:50.89	591	2	
0	8	SHEPHERD, ANELL	HVH_AB 2:52.39	581	1	
0	9	NOLTE, AMY	WIT_AB 2:53.11	577	0	
0	10	JANSE V RENSBURG, EMMA	BEN_AB 3:06.73	500	0	
0	11	DAVIDS, ALICIA	LYD_AB 3:10.98	479	0	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	12	JONCK, ROCHELLE	HVH_AB	3:23.40	421	0
0	13	VD HEEVER, MEGAN	ROB_AB	3:26.38	408	0
0	14	SWART, RIEMKE	MHS_AB	3:28.10	401	0
0	15	MEYER, DANICA	MHS_AB	3:31.71	386	0

Item 125 15:26 Final Boys 19 800m

0	1	GREYLING, LUAN	ERM_AB	2:01.13	650	8	G
0	2	NYALUNGA, BONTLE	LYD_AB	2:01.53	642	7	S
0	3	COMBRINK, J.D	WIT_AB	2:04.73	584	6	B
0	4	TSHIKANE, OMPHILE	BEN_AB	2:05.88	564	5	
0	5	NTSUBA, KABELO	MHS_AB	2:09.93	500	4	
0	6	LOUBSER, STEPH	HVH_AB	2:14.02	441	3	
0	7	FORSMAN, EDUAN	ROB_AB	2:14.70	432	2	
0	8	VENTER, KLAAS	HVH_AB	2:17.35	396	1	
0	9	POTGIETER, CORNE	WIT_AB	2:18.15	386	0	
0	10	MALEPE, PUGISHO	LYD_AB	2:18.55	381	0	
0	11	GENIS, GAVIN	MHS_AB	2:21.27	348	0	
0	12	MGIBA, NHLANHLA	BER_AB	2:27.25	280	0	
0	13	VAN HEERDEN, HANKE	ERM_AB	2:28.77	264	0	
0	14	KHOZA, GUGULETHU	ROB_AB	2:30.57	245	0	
0	15	GROBLER, GERHARD	BEN_AB	2:38.99	164	0	
0	16	LOUW, JOSHUA	BER_AB	2:41.17	144	0	

Item 43 10:15 Final Girls 14 1500m

0	1	SMIT, TIANAY	WIT_AB	05:10.89	752	8	G
0	2	BURGER, RICHELLE	WIT_AB	05:18.89	719	7	S
0	3	BADENHORST, VICKY	HVH_AB	05:22.63	705	6	B
0	4	RAATH, ESTI	ROB_AB	05:29.93	677	5	
0	5	J VAN RENSBURG, MUCKE	ROB_AB	05:31.20	673	4	
0	6	KLOPPER, MARNE	ERM_AB	05:40.53	640	3	
0	7	DUVENAGE, JANAY	HVH_AB	05:44.98	626	2	
0	8	PATRICIO, ALEXIA	BEN_AB	06:06.07	562	1	
0	9	DLADA, HOPE	BEN_AB	06:06.08	562	0	
0	10	ZWARTS, MILAN	ERM_AB	06:10.88	548	0	
0	11	HAMMAN, JALINKA-HELGE	MHS_AB	06:15.02	537	0	
0	12	LEUTLE, KGAO	BER_AB	06:15.95	534	0	
0	12	MFAZWE, KWAKHO	LYD_AB	06:15.95	534	0	
0	14	SPIES, SHANRI	LYD_AB	06:37.35	480	0	
0	15	BOOYSEN, MILA	BER_AB	06:49.50	452	0	
0	16	DU PLESSIS, ROXANNE	MHS_AB	07:07.04	414	0	

Item 44 10:22 Final Boys 14 1500m

0	1	HENKEN, XAVIER	LYD_AB	04:39.37	719	8	G
0	2	MAVIMBELA, VUYO	ROB_AB	04:45.11	690	7	S
0	3	MOKOENA, JUNIOR	ROB_AB	04:45.24	689	6	B
0	4	VORSTER, RUBEN	WIT_AB	04:56.02	637	5	
0	5	OOSTHUIZEN, NIAN	ERM_AB	04:57.36	632	4	
0	6	PITJO, KARABO	BEN_AB	04:57.41	631	3	
0	7	VAN DEN HEEVER, FRANS	WIT_AB	04:59.99	620	2	
0	8	BRINK, ANDREW	LYD_AB	05:12.11	569	1	
0	9	DU PLEISIS, DANIEL	HVH_AB	05:17.14	550	0	
0	10	ALKEMA, SJ	HVH_AB	05:27.53	512	0	
0	11	MAKGERU, THATO	MHS_AB	05:29.09	506	0	
0	12	MARAIS, LOURENS	ERM_AB	05:30.89	500	0	
0	13	LEGODI, PHENYO	BEN_AB	05:35.69	484	0	
0	14	NKOSI, JAYDEN	BER_AB	05:59.10	410	0	
0	15	SIBANDA, MAKUNGU	BER_AB	06:19.95	353	0	

Item 45 10:29 Final Girls 15 1500m



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	1	CILLIERS, MARIZE	ERM_AB	05:21.62	689	8	G
0	2	VISAGIE, KIANA	WIT_AB	05:23.07	684	7	S
0	3	GROENEWALD, DANICA	ROB_AB	05:28.88	663	6	B
0	4	DE KLERK, ANUSCKA	ROB_AB	05:32.60	650	5	
0	5	DU PLESSIS, SHINISKA	BEN_AB	05:38.25	630	4	
0	6	OBERHOLZER, REYLIZE	HVH_AB	06:17.79	514	3	
0	7	JOUBERT, MIEKE	WIT_AB	06:20.26	508	2	
0	8	VAN RENSBURG, ZANE	ERM_AB	06:38.27	464	1	
0	9	VAN VUUREN , BELLA	MHS_AB	06:41.85	455	0	
0	10	TALJAARDT, ZERELDA	BEN_AB	06:47.87	442	0	
0	11	ROELOFFZE, MIANÉ	LYD_AB	06:53.34	430	0	
0	12	ESSER, AMELIE	LYD_AB	07:01.54	412	0	
0	13	NYALUNGA, OKUHLE	BER_AB	07:04.09	407	0	
0	14	SMIT, SIMONÉ	MHS_AB	07:35.33	346	0	
0	15	OBI, ONYI	BER_AB	08:20.41	270	0	

Item 50 10:36 Final Boys 15 1500m

0	1	NTIMANE, PJ	ROB_AB	04:26.61	775	8	G
0	2	MSIZA, KOOS	WIT_AB	04:31.26	748	7	S
0	3	SEERANE, KAGISO	LYD_AB	04:43.08	684	6	B
0	4	J.V. VUUREN, LUAN	BER_AB	04:54.83	628	5	
0	5	ESSER, LEANDER	LYD_AB	05:01.93	597	4	
0	6	MARAIS, RUBEN	HVH_AB	05:05.42	583	3	
0	7	HLATSWAYO, BLESSING	ROB_AB	05:05.53	582	2	
0	8	SMUTS, EVAN	HVH_AB	05:09.80	565	1	
0	9	BOTES, TERBLANCHE	MHS_AB	05:18.75	531	0	
0	10	KUNENE, SIYABONGA	BER_AB	05:34.49	475	0	
0	11	DUNNE, SHAUN	WIT_AB	05:42.72	448	0	
0	12	DE VALENCE, NATHAN	ERM_AB	05:46.95	435	0	
0	13	STEYN, CHRISTO	ERM_AB	06:18.27	347	0	
0	14	PHALA, THETO	MHS_AB		0	0	
0	15	MATLALA, LETHABO	BEN_AB		0	0	

Item 51 10:43 Final Girls 16 1500m

0	1	BADENHORST, JEANNE	ROB_AB	05:19.40	686	8	G
0	2	COETZEE, MARCHELI	WIT_AB	05:21.04	680	7	S
0	3	VERSTER, IRENE	LYD_AB	05:29.49	649	6	B
0	4	RAATH, LISA	ROB_AB	05:37.57	622	5	
0	5	ENGELBRECHT, WERNE	ERM_AB	05:42.82	605	4	
0	6	ELYACOUBI, RANIA	HVH_AB	05:56.31	564	3	
0	7	PRUIS, MELANEY	HVH_AB	06:02.24	547	2	
0	8	HOBKIRK, MICHAELA	ERM_AB	06:04.84	539	1	
0	9	MYBURG, FRANSIEN	BEN_AB	06:41.30	448	0	
0	10	KILLIAN, DANIKA	LYD_AB	06:43.31	443	0	
0	11	KOTZE, LILLIAN	BEN_AB	07:19.60	367	0	
0	12	BOTES, STEPHNÉ	MHS_AB	07:39.07	331	0	
0	13	MAHLANGU, LONDIWE	WIT_AB	07:39.64	330	0	
0	14	MARAIS, MIANKA	BER_AB	07:46.82	317	0	
0	15	MAJA, OLERATO	MHS_AB	09:54.93	136	0	

Item 52 10:50 Final Boys 16 1500m

0	1	KUNENE, OWETU	ROB_AB	04:23.52	776	8	G
0	2	WESSELS, GIANN	LYD_AB	04:32.09	726	7	S
0	3	GREYLING, STEPHAN	WIT_AB	04:34.06	716	6	B
0	4	SAKONG, THABO	ERM_AB	04:38.26	693	5	
0	5	GOUWS, ELRICH	BEN_AB	04:48.66	642	4	
0	6	MANZINI, VUYANI	ERM_AB	04:49.27	639	3	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	7	FERREIRA, CHRIS	WIT_AB	04:55.81	610	2	
0	8	LEPEDI, DAKALO	BEN_AB	05:01.46	585	1	
0	9	COETZEE, ZAK	LYD_AB	05:01.51	585	0	
0	10	MASINGA, NOAH	BER_AB	05:04.89	571	0	
0	11	VILIKAZI, NJABULISO	ROB_AB	05:09.19	554	0	
0	12	DIBATE, JEVAN	HVH_AB	05:11.69	544	0	
0	13	PIENAAR, JANCO	MHS_AB	05:12.23	542	0	
0	14	MANIKELA, BANTU	BER_AB	05:12.88	540	0	
0	15	VAN DYK, DUAN	MHS_AB	05:32.68	469	0	

Item 53 10:57 Final Girls 17 1500m

0	1	KLOPPERS, ALETHA	ERM_AB	05:16.59	690	8	G
0	2	BEZUIDENHOUT, JOHANDI	ERM_AB	05:26.79	652	7	S
0	3	STEENKAMP, JANKE	ROB_AB	05:39.66	608	6	B
0	4	VORSTER, TINIKA	BEN_AB	05:51.76	571	5	
0	5	VAN ZYL, ELRI	HVH_AB	05:54.35	563	4	
0	6	JOUBERT, ELANIE	WIT_AB	05:54.46	563	3	
0	7	CLOETE, JAYDENE	BEN_AB	06:18.72	497	2	
0	8	LESCH, JANÉ	LYD_AB	06:23.17	485	1	
0	9	SPIES, CHANÉ	LYD_AB	06:33.17	461	0	
0	10	SIMON, DANTE	HVH_AB	06:34.80	457	0	
0	11	O'GRADY, CATHERINE	MHS_AB	06:34.82	457	0	
0	12	VAN DEN HEEVER, ELIZABETH	WIT_AB	06:36.42	453	0	
0	13	JACOB, IANDRI	ROB_AB	07:38.74	327	0	

Item 54 11:04 Final Boys 17 1500m

0	1	MABUZA, MNQOBI	ERM_AB	04:15.08	813	8	G
0	2	NKALANGA, SIBUSISO	BER_AB	04:31.34	714	7	S
0	3	SENAMELA, GIFT	MHS_AB	04:32.06	711	6	B
0	4	ROELOFFZE, RUBEN	LYD_AB	04:33.23	704	5	
0	5	SHABANGU, LUNGA	HVH_AB	04:52.45	611	4	
0	6	RAUENBACH, WYNAND	WIT_AB	04:53.65	605	3	
0	7	DUBE, ISRAEL	ERM_AB	04:55.43	597	2	
0	8	SWANEPOEL, JEAN-LEE	BER_AB	04:57.35	589	1	
0	9	VAN BILJON, JACEL	LYD_AB	04:59.95	578	0	
0	10	HAIMEUR, SAMMY	ROB_AB	05:01.73	571	0	
0	11	MKHONZA, NEO	BEN_AB	05:02.08	570	0	
0	12	DE WET, ERIKUS	MHS_AB	05:05.31	556	0	
0	13	SHABANGU, YANDISWA	ROB_AB	05:09.13	541	0	
0	14	VAN DEN HEEVER, PIETER	WIT_AB	05:10.91	535	0	
0	15	PAISSOPOULOS, COSTA	BEN_AB	05:18.38	507	0	
0	16	SHABANGU, JUNIOR	HVH_AB	05:23.33	489	0	

Item 55 11:11 Final Girls 19 1500m

0	1	HOLTZHAUSEN, DANICA	WIT_AB	05:23.67	656	8	G
0	2	SINGWANE, ASANDE	ROB_AB	05:37.79	608	7	S
0	3	NEL, CLARISSA	ERM_AB	05:38.96	604	6	B
0	4	BOSHOFF, JADY	LYD_AB	05:39.63	602	5	
0	5	J.V. VUUREN, ELBé	BER_AB	06:08.36	518	4	
0	6	VAN DER MERWE, MICHELLE	ERM_AB	06:30.58	462	3	
0	7	KUCHER, CARLIA	HVH_AB	06:43.20	432	2	
0	8	GRUNDLING, CHENEL	BEN_AB	06:44.53	429	1	
0	9	SCHOEMAN, KAYLEE	ROB_AB	06:50.10	417	0	
0	10	SCHEEPERS, LEANI	MHS_AB	06:50.60	416	0	
0	11	BOOYSE, ANEL	WIT_AB	06:51.73	414	0	
0	12	MYBURGH, HELEEN	LYD_AB	06:59.03	398	0	
0	13	JACOB, DIANI	MHS_AB	07:01.02	394	0	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	14	BEYTEL, SHIMALEY	HVH_AB 07:26.71	344	0	
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Item 56 11:18 Final Boys 19 1500m

0	1	TSHIKANE, OMPHILE	BEN_AB 04:17.94	760	8	G
0	2	NYALUNGA, BONTLE	LYD_AB 04:18.87	755	7	S
0	3	COMBRINK, J.D	WIT_AB 04:23.67	726	6	B
0	4	NTSUBA, KABELO	MHS_AB 04:31.59	683	5	
0	5	BEESLAAR, WILRECO	LYD_AB 04:34.52	668	4	
0	6	POTGIETER, CORNE	WIT_AB 04:39.49	643	3	
0	7	VAN HEERDEN, HANKE	ERM_AB 04:42.94	627	2	
0	8	BRITS, JASON	HVH_AB 04:42.95	627	1	
0	9	CILLIERS, SS	ERM_AB 04:59.04	556	0	
0	10	FORSMAN, EDUAN	ROB_AB 05:01.24	547	0	
0	11	HATTINGH, MARDUS	ROB_AB 05:02.22	543	0	
0	12	MAPANGA, AWANDE	BER_AB 05:07.21	524	0	
0	13	LOUW, JOSHUA	BER_AB 05:31.11	440	0	
0	14	LEWIES, JACOBUS	BEN_AB 05:49.26	384	0	

Item 1 08:00 Final Girls 15 3000m

0	1	SMIT, TIANAY	WIT_AB 10:50.25	870	8	G
0	2	ZWARTS, MILAN	ERM_AB 12:05.44	773	7	S
0	3	VISAGIE, KIANA	WIT_AB 12:16.69	760	6	B
0	4	GROENEWALD, DANICA	ROB_AB 12:29.84	746	5	
0	5	VAN DER MERWE, MICKAYLA	ERM_AB 13:28.44	689	4	
0	6	SPIES, SHANI14	LYD_AB 13:37.67	680	3	
0	7	SIMELANE, ELIANAH	BEN_AB 14:12.43	651	2	
0	8	TALJAARDT, ZERELDA	BEN_AB 14:22.00	643	1	
0	9	ESSER, AMELIE	LYD_AB 14:47.10	624	0	

Item 11 08:15 Final Boys 15 3000m

0	1	MSIZA, KOOS	WIT_AB 09:56.11	785	8	G
0	2	SEERANE, KAGISO	LYD_AB 10:25.16	728	7	S
0	3	SHABANGU, ZWELI	WIT_AB 10:40.45	700	6	B
0	4	SMUTS, EVAN	HVH_AB 10:49.70	685	5	
0	5	BRINK, ANDREW14	LYD_AB 10:55.95	674	4	
0	6	MARAIS, RUBEN	HVH_AB 11:16.15	642	3	
0	7	HLATSWAYO, BLESSING	ROB_AB 11:18.92	638	2	
0	8	MARAIS, LOURENS	ERM_AB 11:36.17	613	1	
0	9	NKOSI, ENTLE	ROB_AB 11:38.83	609	0	
0	10	PHALA, THETO	MHS_AB 11:48.59	596	0	
0	11	DE VALENCE, NATHAN	ERM_AB 12:06.25	572	0	
0	12	MAKGERU, THATIO	MHS_AB	0	0	

Item 2 08:00 Final Girls 17 3000m

0	1	KLOPPERS, ALETHA	ERM_AB 11:06.80	832	8	G
0	2	BEZUIDENHOUT, JOHANDI	ERM_AB 11:29.67	802	7	S
0	3	STEENKAMP, JANKE	ROB_AB 12:30.16	733	6	B
0	4	VERSTER, IRENE16	LYD_AB 12:32.18	731	5	
0	5	SPIES, CHANÉ	LYD_AB 13:31.58	674	4	
0	6	JOUBERT, ELANIE	WIT_AB 13:34.62	672	3	
0	7	VAN ZYL, ELRI	HVH_AB 14:02.10	648	2	
0	8	VAN DEN HEEVER, ELIZABETH	WIT_AB 14:33.33	623	1	
0	9	PRETORIUS, ANKE	MHS_AB	0	0	
0	10	STOLTZ, ANJE	ROB_AB	0	0	

Item 12 08:15 Final Boys 17 3000m

0	1	KUNENE, OWETHU	ROB_AB 09:14.54	852	8	G
0	2	MABUZA, MNQOBI	ERM_AB 09:15.35	850	7	S



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	3	WESSELS, GIANN16	LYD_AB	09:44.64	782	6	B
0	4	SENAMELA, GIFT	MHS_AB	10:25.44	703	5	
0	5	MANZINI, VUYANI	ERM_AB	10:29.05	696	4	
0	6	VILIKAZI, NJABULISO	ROB_AB	10:38.96	679	3	
0	7	LEPEDI, DAKALO	BEN_AB	10:39.56	678	2	
0	8	RAUENBACH, WYNAND	WIT_AB	10:52.40	657	1	
0	9	MOHLANE, ORATILE	HVH_AB	10:55.75	652	0	
0	10	VAN BILJON, JACEL	LYD_AB	10:55.81	652	0	
0	11	MKHONZA, NEO	BEN_AB	11:03.15	640	0	
0	12	FERREIRA, JOSHUA	MHS_AB	11:45.44	579	0	
0	13	TOWNSEND, MARIUS	WIT_AB		0	0	

Item 131 15:35 Final Girls 19 3000m

0	1	HOLTZHAUSEN, DANICA	WIT_AB	12:41.83	717	8	G
0	2	BOSHOFF, JADY	LYD_AB	13:11.85	688	7	S
0	3	JV RENSBURG, THALIA	ERM_AB	13:53.80	651	6	B
0	4	OOSTHUIZEN, CHENE	ERM_AB	14:01.68	645	5	
0	5	KILIAN, DANICA	LYD_AB	14:59.59	600	4	
0	6	KUCHER, CARLIA	HVH_AB	15:17.01	587	3	
0	7	NOLTE, AMY	WIT_AB	15:31.29	577	2	
0	8	SWANEPOEL, SANESCA	MHS_AB	16:03.35	556	1	
0	9	SWART, RIEMKE	MHS_AB	17:24.24	507	0	
0	10	BEYTEL, SHIMALEY	HVH_AB	18:21.94	476	0	

Item 132 15:50 Final Boys 19 3000m

0	1	TSHIKANE, OMPHILE	BEN_AB	10:13.62	701	8	G
0	2	BEESLAAR, WILRECO	LYD_AB	10:16.49	696	7	S
0	3	NTSUBA, KABELO	MHS_AB	10:16.67	695	6	B
0	4	COMBRINK, J.D	WIT_AB	10:36.99	660	5	
0	5	POTGIETER, CORNE	WIT_AB	10:37.43	660	4	
0	6	MDLULI, OLUHLE	ERM_AB	11:05.61	615	3	
0	7	MTSHWENI, PHIWO	ERM_AB	11:06.73	614	1.5	
0	7	J.V. VUUREN, LUAN	BER_AB	11:06.73	614	1.5	
0	9	HATTINGH, MARDUS	ROB_AB	11:16.48	599	0	
0	10	SPANGENBERG, JAN-RUE	LYD_AB	11:45.43	559	0	
0	11	BOTHA, DE WET	MHS_AB	11:50.92	552	0	
0	12	LOUW, JOSHUA	BER_AB	11:55.58	546	0	
0	13	HATTINGH, FLIP	ROB_AB	12:05.52	534	0	
0	14	DU PLESSIS, TYRONE	BEN_AB	12:06.14	533	0	

Item 63 11:30 Final Girls 14 90m Hurdles

76.2cm

0	1	GREYLING, CORLIA	HVH_AB	14.80	819	8	G
0	2	BOTHA, DEONÉ	MHS_AB	15.45	775	7	S
0	3	JACOBS, LIENKE	ERM_AB	15.70	759	6	B
0	4	VAN ZYL, DENICKE	ERM_AB	16.24	727	5	
0	5	VOGEL, RENE	HVH_AB	16.31	723	4	
0	6	COETZEE, LIANE	WIT_AB	16.53	711	3	
0	7	VAN HEERDEN, ANNERIE	LYD_AB	16.75	698	2	
0	8	NONYANE, JESSICA	ROB_AB	16.78	697	1	
0	9	HALL, JANA	BEN_AB	17.08	682	0	
0	10	ZULU, TALYA	LYD_AB	17.17	677	0	
0	11	VD MERWE, CISKA	ROB_AB	17.69	651	0	
0	12	PHAKATHI, BUHLE	MHS_AB	17.87	643	0	
0	13	ECKLEY, LIZHANI	WIT_AB	18.56	612	0	
0	14	GELDARD, KYLIE	BER_AB	18.69	606	0	
0	15	VISAGIE, LILLY	BER_AB	19.17	587	0	

Item 64 11:35 Final Girls 15 90m Hurdles

76.2cm

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	1	POTGIETER, RIANI	MHS_AB	14.61	801	8	G
0	2	STRASSBURG, LEYNA	HVH_AB	15.63	735	7	S
0	3	WEBB, MADISON	HVH_AB	16.12	707	6	B
0	4	PRINSLOO, INGE	ERM_AB	16.23	701	5	
0	5	DAVEL, INGE	ERM_AB	16.67	677	4	
0	6	KRUGER, SIMONE	BER_AB	16.91	665	3	
0	7	NGOMANE, MABATO	LYD_AB	17.23	649	2	
0	8	NGOBENI, UNA	BER_AB	17.83	621	1	
0	9	NYAKANE, KHENSANI	ROB_AB	18.00	613	0	
0	10	COETZEE, LANEL	BEN_AB	18.08	610	0	
0	11	NDASHE, AWETHU	ROB_AB	18.20	604	0	
0	12	MSANE, APHELELE	WIT_AB	19.15	565	0	
0	13	DE VILLIERS, NIKITA	LYD_AB	19.97	534	0	
0	14	KHOSA, CHARISMA	MHS_AB	20.95	499	0	
0	15	MAKOFANE, ANGEL	WIT_AB	23.52	421	0	

Item 65 11:42 Final Boys 14 100m Hurdles

84.0cm

0	1	MAKHUBELA, CJ	ROB_AB	15.04	736	8	G
0	2	MABENA, SPAMANDLA	ROB_AB	15.55	698	7	S
0	3	SIEBELS, SAMMY	LYD_AB	15.99	668	6	B
0	4	DLAMINI, YANELISA	BER_AB	16.17	656	5	
0	5	LOUW, LUBBE	HVH_AB	16.59	630	4	
0	6	NGWENYA, MELO	ERM_AB	16.62	628	3	
0	7	NGWENYA, DUMISO	MHS_AB	16.67	625	2	
0	8	SIBUYI, NATHAN	LYD_AB	16.90	611	1	
0	9	SHONGWE, OWETHU	BER_AB	17.02	604	0	
0	10	MPHAHLELE, PHOGOLE	BEN_AB	17.64	570	0	
0	11	KOALI, TUMELO	WIT_AB	17.96	553	0	
0	12	HASKINS, BLAKE	HVH_AB	18.23	539	0	
0	13	VAN DER WALT, JD	MHS_AB	18.27	537	0	
0	14	BEZUIDENHOUT, TIAN	ERM_AB	19.23	491	0	
0	15	COETZEE, DONTAE	WIT_AB	20.54	435	0	

Item 70 11:57 Final Boys 15 100m Hurdles

84cm

0	1	TAU, BONGA	MHS_AB	13.62	839	8	G
0	2	GABOTHWELWE, KOMOGELO	ERM_AB	15.53	680	7	S
0	3	SEKATANE, KAMGELO	ROB_AB	15.70	668	6	B
0	4	MITHI, LUKHANYO	MHS_AB	15.84	659	5	
0	5	MATEBA, LESEDI	ROB_AB	15.97	650	4	
0	6	CHADWIL, DAMINGO	HVH_AB	16.05	645	3	
0	7	MATLAPEMA, SEROLE	BEN_AB	16.22	634	2	
0	8	UYS, BERTIE	ERM_AB	16.45	620	1	
0	9	STRAUCH, DAMIAN	LYD_AB	16.72	604	0	
0	10	HATTINGH, CHRISTIAAN	LYD_AB	17.84	542	0	
0	11	VAN DER MERWE, KRYNAUW	HVH_AB	17.92	538	0	
0	12	NOVELE, ALVIN	BER_AB	18.36	516	0	
0	13	MANAYETSO, OMPHILE	WIT_AB	19.11	481	0	
0	14	DE BEER, LUCAS	WIT_AB	19.79	451	0	

Item 68 11:47 Final Girls 16 100m Hurdles

76.2cm

0	1	WILLEMSE, AYLA	BER_AB	17.05	713	8	G
0	2	LOMBARD, ZANI	ERM_AB	17.29	700	7	S
0	3	HOMAN, ABIGAIL	ERM_AB	17.38	696	6	B
0	4	BOUWER-KEMP, TYLO	LYD_AB	17.56	687	5	
0	5	SHADUNG, KAMO	BEN_AB	17.88	671	4	
0	6	KAUFMAN, VINELLE	MHS_AB	18.04	663	3	
0	7	MAKOFANE, HAPPINESS	WIT_AB	18.27	652	2	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	8	MASILELA, BONTLE	MHS_AB	18.93	623	1
0	9	DU PLESSIS, CARMIA	ROB_AB	19.20	612	0
0	10	LIGHTHELM, LAYLA	HVH_AB	19.56	597	0
0	11	NAUDE, CAITLYN	WIT_AB	20.06	577	0
0	12	BRAKHOVEN, ANJE	HVH_AB	20.13	575	0
0	13	KHOZA, XILUVA	BER_AB	20.73	553	0
0	14	MOCHE, ONTHATILE	LYD_AB	20.78	551	0

Item 69 11:52 Final Girls 17 100m Hurdles

76.2cm

0	1	RAUTENBACH, JUA	HVH_AB	17.29	677	8	G
0	2	OLIVIER, TELISA	ERM_AB	17.51	666	7	S
0	3	YOUNG, LEIGH-ANN	MHS_AB	17.59	662	6	B
0	4	VAN DER MERWE, ZUNICA	WIT_AB	17.74	655	5	
0	5	JANSE VAN RENSBURG, MARI	LYD_AB	19.24	590	4	
0	6	VENTER, CARLI	ERM_AB	19.46	581	3	
0	7	MANZI, LESHEGO	MHS_AB	19.65	573	2	
0	8	TSELA, PALESA	ROB_AB	20.06	558	1	
0	9	NGOMANE, DESTINY	BER_AB	20.09	557	0	
0	10	NDLOVU, GUGULETHU	ROB_AB	20.78	531	0	
0	11	TALJAARD, SU-MARIE	LYD_AB	21.14	519	0	
0	12	MASHILE, VUYISILE	WIT_AB	22.64	471	0	

Item 71 12:03 Final Girls 19 100m Hurdles

84cm

0	1	KRUGER, MEGAN	MHS_AB	16.30	744	8	G
0	2	VAN DER MERWE, ISABEL	LYD_AB	16.62	726	7	S
0	3	NHEKEDE, PLAXEDES	WIT_AB	18.26	644	6	B
0	4	SHABANGU, PHETIZWE	WIT_AB	18.60	628	5	
0	5	MARAIS, CHANLÉ	HVH_AB	18.82	619	4	
0	6	DE VILLIERS, GABY	LYD_AB	19.56	588	3	
0	7	VAN DEVENTER, MIA	ERM_AB	19.63	586	2	
0	8	UYS, JANI	ERM_AB	19.65	585	1	
0	9	HINRICHSEN, JESSI	HVH_AB	20.00	571	0	
0	10	ABEL, MIKA	ROB_AB	20.04	570	0	
0	11	NKANSI, RIVO	BEN_AB	22.10	498	0	

Item 72 12:10 Final Boys 16 110m Hurdles

84cm

0	1	LIEBENBERG, LEON	HVH_AB	15.42	754	8	G
0	2	COETZER, ZANDER	BEN_AB	16.12	702	7	S
0	3	FORSMAN, KEVIN	ROB_AB	16.70	664	6	B
0	4	GRIESEL, JOHANCO	ERM_AB	16.82	656	5	
0	5	VAN EEDEN, RIAAN	WIT_AB	16.85	655	4	
0	6	VAN ZYL, MARNU	MHS_AB	16.95	648	3	
0	7	HOLWORTHY, CHRISTIAAN	BER_AB	17.35	625	2	
0	8	GRIESEL, JORDAAN	ERM_AB	18.01	587	1	
0	9	MASHEGO, LEGEND	ROB_AB	18.41	567	0	
0	10	ROSSOUW, RUBEN	LYD_AB	18.43	566	0	
0	11	MARX, ELMARKO	LYD_AB	19.00	537	0	
0	12	MADONSELA, LINDELANI	WIT_AB	19.06	534	0	
0	13	WILLEMSE, ALEX	BER_AB	23.32	366	0	
0	14	MOHLALA, NEO	MHS_AB		0	0	

Item 75 12:15 Final Boys 17 110m Hurdles

91.4cm

0	1	CHITANDO, TZAFADSA	ERM_AB	15.71	732	8	G
0	2	SKOSANA, SINAKO	MHS_AB	15.78	727	7	S
0	3	NIEMANN, JUAN	BEN_AB	16.16	700	6	B
0	4	HLUNGWANE, MUPONISI	ROB_AB	16.21	696	5	
0	5	MALIBE, SINAZO	MHS_AB	16.32	689	4	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	6	JACOBSZ, JANNIE	ERM_AB 17.04	643	3
0	7	SCHROEDER, VEHANDRE	HVH_AB 18.12	582	2
0	8	GROBLER, DAMIAN	LYD_AB 20.68	463	1
0	9	MEYER, HEINRICH	LYD_AB 20.78	459	0

Item 76 12:20 Final Boys 19 110m Hurdles

99.5cm

0	1	MKHUMANE, LIZWE	ROB_AB 15.84	736	8	G
0	2	SOTYATO, SIPHAHLE	WIT_AB 15.87	734	7	S
0	3	BALOYI, KATLEGO	MHS_AB 16.14	714	6	B
0	4	SEGIEL, VINCANCO	HVH_AB 16.40	696	5	
0	5	BULWANA, LUFUNO	BER_AB 17.08	652	4	
0	6	BELL, ETHAN	LYD_AB 17.22	644	3	
0	7	WILLIAMS, JADEN	MHS_AB 17.63	620	2	
0	8	DICK, ROULLIARD	ERM_AB 17.76	613	1	
0	9	DU TOIT, JOSHUA	ERM_AB 17.81	610	0	
0	10	MASHABA, REFENTSE	BEN_AB 18.13	592	0	
0	11	VAN JAARSVELD, NIHAN	LYD_AB 18.17	590	0	
0	12	THOMAS, SKYLAR	WIT_AB 18.33	582	0	

Item 13 08:30 Final Girls 14 300m Hurdles

76.2cm

0	1	GREYLING, CORLIA	HVH_AB 0:48.60	810	8	G
0	2	VAN HEERDEN, ANNERIE	LYD_AB 0:50.18	779	7	S
0	3	BOTHA, DEONÉ	MHS_AB 0:50.35	775	6	B
0	4	JACOBS, LIENKE	ERM_AB 0:51.23	759	5	
0	5	MAHLABANE, GLAMOUR	ROB_AB 0:52.15	743	4	
0	6	COETZEE, LIANE	WIT_AB 0:52.43	739	3	
0	7	HALL, JANA	BEN_AB 0:52.70	734	2	
0	8	LOTZ, ELRI	ERM_AB 0:53.00	729	1	
0	9	VOGEL, RENE	HVH_AB 0:55.10	696	0	
0	10	MATHEBE, DOMINIQUE	MHS_AB 0:55.30	693	0	
0	11	GELDARD, KYLIE	BER_AB 0:57.75	657	0	
0	12	MAREE, LANA	WIT_AB 1:03.32	587	0	
0	13	MABUNDA, NOBUCIKO	ROB_AB 1:03.56	584	0	
0	14	BEUKES, HAYLEE	LYD_AB 1:05.08	567	0	

Item 15 08:40 Final Boys 14 300m Hurdles

84.0cm

0	1	KACHELENGA, THOKOZANI	MHS_AB 0:43.35	613	8	G
0	2	MABENA, SPAMANDLA	ROB_AB 0:43.98	589	7	S
0	3	MAKHUBELA, CJ	ROB_AB 0:44.20	581	6	B
0	4	JACOBS, MIGUEL	BEN_AB 0:46.12	516	5	
0	5	VAN HEERDEN, DIRK	HVH_AB 0:47.35	478	4	
0	6	LOUW, LUBBE	HVH_AB 0:48.30	450	3	
0	7	RAMULANGO, MAANO	MHS_AB 0:48.80	436	2	
0	8	COETZEE, DONTAE	WIT_AB 0:49.90	406	0.5	
0	8	NGWENYA, MELO	ERM_AB 0:49.90	406	0.5	
0	10	KOALI, TUMELO	WIT_AB 0:50.35	394	0	
0	11	DLAMINI, YANELISA	BER_AB 0:51.82	357	0	
0	12	SHONGWE, OWETHU	BER_AB 0:52.38	343	0	
0	13	BEZUIDENHOUT, TIAN	ERM_AB 0:53.82	310	0	
0	14	JACOBS, DAWID	LYD_AB 0:54.47	295	0	
0	15	O'GRADY, MICHAEL	LYD_AB 0:56.68	249	0	

Item 14 08:35 Final Girls 15 300m Hurdles

76.2cm

0	1	PRINSLOO, INGE	ERM_AB 48.88	795	8	G
0	2	NDASHE, AWETHU	ROB_AB 50.80	759	7	S
0	3	STRASSBURG, LEYNA	HVH_AB 51.42	748	6	B
0	4	DAVEL, INGE	ERM_AB 53.65	711	5	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	5	MASOLA, KATLEGO	LYD_AB	54.00	706	4
0	6	MAMPA, BONTLE	WIT_AB	54.93	691	3
0	7	NYAKANE, KHENSANI	ROB_AB	55.63	681	2
0	8	MARAIS, RIANÉ	HVH_AB	56.65	666	1
0	9	KRUGER, SIMONE	BER_AB	57.92	648	0
0	10	KGOLE, KOKETSO	LYD_AB	59.55	627	0
0	11	VAN DER MERWE, CLAUDENE	BEN_AB	59.90	622	0
0	12	MAKOFANE, ANGEL	WIT_AB	62.42	591	0

Item 18 08:45 Final Boys 15 300m Hurdles

84cm

0	1	MATHEBULA, NKOSINATHI	ROB_AB	43.82	603	8	G
0	2	STRAUCH, DAMIAN	LYD_AB	45.85	532	7	S
0	3	KERNEY, CJ	ERM_AB	45.91	530	6	B
0	4	MATEBA, LESEDI	ROB_AB	45.97	528	5	
0	5	MAGAGULA, LUNGANI	ERM_AB	46.29	518	4	
0	6	NOVELE, ALVIN	BER_AB	46.44	513	3	
0	7	MATLAPEMA, SEROLE	BEN_AB	47.19	490	2	
0	8	MITHI, LUKHANYO	MHS_AB	47.26	488	1	
0	9	VAN SCHALKWYK, WYNAND	HVH_AB	47.30	486	0	
0	10	HATTINGH, CHRISTIAAN	LYD_AB	47.47	481	0	
0	11	DIEDERICKS, GERT	HVH_AB	49.81	415	0	
0	12	GROBLER, KEANU	WIT_AB	50.96	385	0	
0	13	MANAYETSO, OMPHILE	WIT_AB	52.40	349	0	

Item 19 08:52 Final Girls 16 400m Hurdles

76.2cm

0	1	CILLIERS, LIANE	ERM_AB	1:07.80	833	8	G
0	2	BRINK, ABIGAIL	LYD_AB	1:12.02	774	7	S
0	3	LOMBARD, ZANI	ERM_AB	1:14.13	747	6	B
0	4	BADENHORST, JEANNE	ROB_AB	1:14.40	744	5	
0	5	BULWANA, PALESA	BER_AB	1:14.91	738	4	
0	6	WILLEMSE, AYLA	BER_AB	1:14.93	737	3	
0	7	DU PLESSIS, CARMIA	ROB_AB	1:18.28	700	2	
0	8	BRAKHOVEN, ANJE	HVH_AB	1:19.42	688	1	
0	9	BOUWER-KEMP, TYLO	LYD_AB	1:19.82	683	0	
0	10	VAZI, ZANO	BEN_AB	1:21.95	662	0	
0	11	MAKOFANE, HAPPINESS	WIT_AB	1:25.47	629	0	
0	12	POTGIETER, RIANI (SNR)	MHS_AB	1:27.58	610	0	
0	13	SIBIYA, ANGEL	MHS_AB		0	0	

Item 22 09:07 Final Boys 16 400m Hurdles

84cm

0	1	LIEBENBERG, LEON	HVH_AB	0:56.00	789	8	G	SONOP_2025
0	2	MARX, ELMARKO	LYD_AB	0:56.08	786	7	S	SONOP_2025
0	3	COETZER, ZANDER	BEN_AB	0:58.05	717	6	B	
0	4	MASINA, LULEKO	ROB_AB	1:00.05	655	5		
0	5	VAN EEDEN, RIAAN	WIT_AB	1:00.08	655	4		
0	6	WILLEMSE, ALEX	BER_AB	1:01.23	622	3		
0	7	MHLABINI, SIPOSETHU	ERM_AB	1:01.40	617	2		
0	8	GRIESEL, JORDAAN	ERM_AB	1:03.32	568	1		
0	9	FERREIRA, CHRIS	WIT_AB	1:05.94	506	0		
0	10	VAN ZYL, MARNU	MHS_AB	1:05.98	505	0		
0	11	HOLWORTHY, CHRISTIAAN	BER_AB	1:06.48	494	0		
0	12	VILAKAZI, OLWETHU	MHS_AB	1:07.08	481	0		
0	13	LE ROUX, AIDEN	LYD_AB	1:12.30	379	0		

Item 20 08:57 Final Girls 17 400m Hurdles

76.2cm

0	1	OLIVIER, TELISA	ERM_AB	1:07.64	828	8	G
0	2	EDWARDS, DIANÉ	LYD_AB	1:09.74	798	7	S

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	3	YOUNG, LEIGH-ANN	MHS_AB	1:11.54	773	6	B
0	4	RAUTENBACH, JUA	HVH_AB	1:13.59	747	5	
0	5	VAN DER MERWE, ZUNICA	WIT_AB	1:20.91	667	4	
0	6	MASHILE, LUTHANDO	ROB_AB	1:22.57	650	3	
0	7	SITHOLE, NOLWAZI	MHS_AB	1:23.36	643	2	
0	8	VENTER, CARLI	ERM_AB	1:23.71	640	1	
0	9	TALJAARD, SU-MARIE	LYD_AB	1:30.18	584	0	
0	10	TSELA, PALESA	ROB_AB	1:34.81	548	0	
0	11	MASHILE, VUYISILE	WIT_AB	1:34.94	547	0	

Item 23 09:12 Final Boys 17 400m Hurdles

84cm

0	1	MKHABELA, TRUST	ROB_AB	0:56.71	745	8	G
0	2	HLUNGWANE, MUPONISI	ROB_AB	1:00.63	624	7	S
0	3	MOTSWENI, TEMBALETHU	ERM_AB	1:01.89	590	6	B
0	4	COETZEE, JANUS	ERM_AB	1:02.45	576	5	
0	5	SHRAEDER, VEHANDRÉ	HVH_AB	1:02.46	576	4	
0	6	CANNON, CONNOR	HVH_AB	1:04.22	533	3	
0	7	WHITE, ZIAN	LYD_AB	1:04.47	527	2	
0	8	MALIBE, SINAZO	MHS_AB	1:05.26	509	1	
0	9	SKOSANA, SINAKO	MHS_AB	1:05.99	492	0	
0	10	MKANDWA, BENSON	BER_AB	1:07.04	470	0	
0	11	CROSS, JOHANNES	BEN_AB	1:08.97	430	0	
0	12	GROBLER, DAMIAN	LYD_AB	1:13.15	353	0	
0	13	MOKGAWA, OFENTJE	WIT_AB	1:16.88	292	0	

Item 21 09:02 Final Girls 19 400m Hurdles

76.2cm

0	1	KRUGER, MEGAN	MHS_AB	1:07.63	816	8	G
0	2	HANEKOM, SYBONÉ	LYD_AB	1:12.61	749	7	S
0	3	VAN DER MERWE, ISABEL	LYD_AB	1:13.08	743	6	B
0	4	VAN DEVENTER, MIA	ERM_AB	1:13.91	733	5	
0	5	MARAIS, CHANLÉ	HVH_AB	1:14.55	725	4	
0	6	SINGWANE, ASANDE	ROB_AB	1:19.16	675	3	
0	7	SHABANGU, PHETIZWE	WIT_AB	1:19.93	667	2	
0	8	HINRICHSEN, JESSI	HVH_AB	1:20.08	665	1	
0	9	KHUMALO, MICHELLE	ROB_AB	1:24.60	622	0	
0	10	UYS, JANI	ERM_AB	1:26.24	608	0	
0	11	NHEKEDE, PLAXEDES	WIT_AB	1:28.96	585	0	
0	12	RATAU, BLESSING	BEN_AB	1:46.24	464	0	

Item 26 09:17 Final Boys 19 400m Hurdles

91.4cm

0	1	BULWANA, LUFUNO	BER_AB	0:55.38	819	8	G
0	2	PHETLA, KATISHI	LYD_AB	0:55.62	810	7	S
0	3	FRANTZ, ADRIAN	BER_AB	0:57.64	736	6	B
0	4	MOHAMMAD, ABDUL	LYD_AB	0:58.24	716	5	
0	5	PRETORIUS, WJ	ERM_AB	0:58.87	696	4	
0	6	SEGIEL, VINCANCO	HVH_AB	0:59.02	692	3	
0	7	ROULIARD, DICK	ERM_AB	1:00.09	660	2	
0	8	MAGUDULELA, NOTHANDO	ROB_AB	1:00.25	655	1	
0	9	WILLIAMS, JADEN	MHS_AB	1:00.38	651	0	
0	10	GAMA, SISANDA	ROB_AB	1:02.77	586	0	
0	11	NYIRENDA, DIMPHO	MHS_AB	1:03.77	561	0	
0	12	SKOSANA, TSHEPANG	BEN_AB	1:03.92	558	0	
0	13	THOMAS, SKYLAR	WIT_AB	1:04.59	541	0	
0	14	LINKS, BYRON	HVH_AB	1:04.70	539	0	
0	15	SOTYATO, SIPHAHLE	WIT_AB	1:05.00	532	0	

Item 3 08:00 Final Girls 14 HighJump



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	1	DE OLIVEIRA, ISABELLA	WIT_AB 1.50	700	8	G
0	2	GROENEWALT, CAYLISHA	HVH_AB 1.45	630	7	S
0	3	UYS, LEA	ERM_AB 1.40	570	6	B
0	3	BURKE, ASHLEY	HVH_AB 1.40	570	6	B
0	5	MBUYANE, AKHIWE	MHS_AB 1.40	570	4	
0	6	PHAKATHI, BUHLE	MHS_AB 1.40	570	3	
0	7	NWADIKE, JESSICA	BEN_AB 1.40	570	2	
0	8	RAUTENBACH, CHLOE	ROB_AB 1.30	440	1	
0	9	RADEBE, SIHLENGIWE	ROB_AB 1.30	440	0	
0	10	SECHOTLHO, TLOTLO	BEN_AB 1.25	370	0	
0	11	VAN DER MEULEN, DANIEKA	ERM_AB 1.25	370	0	
0	11	MHLABA, LUYANDA	BER_AB 1.25	370	0	
0	13	MAREE, LANA	WIT_AB 1.20	300	0	
0	14	NEVARI, JOY	BER_AB 1.20	300	0	

Item 58 11:20 Final Boys 14 HighJump

0	1	KACHELENGA, THOKOZANI	MHS_AB 1.90	920	8	G	SONOP_2025
0	2	ROOSEBOOM, KASPIAN	HVH_AB 1.70	700	7	S	
0	3	JANSEN, BRENNAN	ERM_AB 1.55	530	6	B	
0	4	CILLIERS, HENLO	MHS_AB 1.50	470	5		
0	4	ROSS, ROWAN	BEN_AB 1.50	470	5		
0	6	KASEKA, DENZEL	LYD_AB 1.50	470	3		
0	7	GROESBREEK, CJ	BEN_AB 1.45	410	2		
0	8	MATHEBULA, JEDIDIAH	ROB_AB 1.45	410	1		
0	9	PEENS, ZAYDEN	WIT_AB 1.45	410	0		
0	10	MOLOI, TISETISO	ROB_AB 1.40	360	0		

Item 113 14:40 Final Girls 15 HighJump

0	1	WEBB, MADISON	HVH_AB 1.60	790	8	G
0	2	BOSCH, MIANE	ROB_AB 1.45	600	7	S
0	3	LUBBE, LUANÉ	MHS_AB 1.45	600	6	B
0	3	SIMON , SKYLA	HVH_AB 1.45	600	6	B
0	5	GOOSEN, RACHEL	ROB_AB 1.45	600	4	
0	6	COETZEE, LANEL	BEN_AB 1.40	540	3	
0	7	PRINSLOO, INGE	ERM_AB 1.40	540	2	
0	8	MCDUGAL, JADE	MHS_AB 1.35	470	1	
0	9	GROBLER, ANE	ERM_AB 1.30	410	0	
0	10	MSANE, APHELELE	WIT_AB 1.30	410	0	
0	11	CELLIERS, JEANNÉ	LYD_AB 1.30	410	0	
0	12	MORABA, NOMCEBO	WIT_AB 1.25	340	0	
0	12	MANALA, NOHMLE	LYD_AB 1.25	340	0	
0	14	UYS, SIMONE	BEN_AB 1.25	340	0	
0	15	NDLOVU, BUSI	BER_AB 1.20	280	0	
0	15	HYMAN, LIANIE	BER_AB 1.20	280	0	

Item 85 13:00 Final Boys 15 HighJump

0	1	VAN NIEUWENHUIZEN, DAWIE	HVH_AB 1.60	540	8	G
0	2	DE BEER, LIAM	ERM_AB 1.60	540	7	S
0	3	KERNEY, CJ	ERM_AB 1.55	480	6	B
0	3	VAN DER MERWE, KRYNAUW	HVH_AB 1.55	480	6	B
0	5	SITHOLE, LESEDI	MHS_AB 1.55	480	4	
0	6	TRACHSEL, ALEJANDRO	WIT_AB 1.50	430	3	
0	6	DU PLESSIS, AIDEN	LYD_AB 1.50	430	3	
0	6	STRAUCH, DAMIAN	LYD_AB 1.50	430	3	
0	9	COETZEE, HADRIAN	WIT_AB 1.50	430	0	
0	10	HLATSWAYO, BLESSING	ROB_AB 1.50	430	0	
0	11	MCHLUGH, CHAYTON	BER_AB 1.45	370	0	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	11	NKOMO, SIYABONGA	BEN_AB 1.45	370	0
0	11	MKHATSWA, SIPOSETHU	ROB_AB 1.45	370	0
0	14	DE BRUIN, COBUS	BEN_AB 1.40	310	0
0	15	MIKARI, JUNIOR	BER_AB 1.40	310	0
0	16	MUSA, SHONGEE	MHS_AB 1.35	250	0

Item 86 13:00 Final Girls 16 HighJump

0	1	DE KLERK, ROBYN	WIT_AB 1.65	810	8	G
0	2	CILLIERS, LIANE	ERM_AB 1.50	630	7	S
0	3	HOMAN, ABIGAIL	ERM_AB 1.45	570	6	B
0	4	NKOSI, NONTOBOKO	ROB_AB 1.40	500	5	
0	4	COLLEN, LACHE	HVH_AB 1.40	500	5	
0	6	MBOWENI, MINKHENZO	LYD_AB 1.35	440	3	
0	7	DU PLESSIS, CARMIA	ROB_AB 1.30	380	2	

Item 116 14:40 Final Boys 16 HighJump

0	1	LEBELO, LEFA	MHS_AB 1.95	870	8	G	SONOP_2025
0	2	BRANDT, KARL	HVH_AB 1.70	600	7	S	
0	3	GOUS, CALEB	ERM_AB 1.65	550	6	B	
0	4	NJOLO, MASANDA	ERM_AB 1.65	550	5		
0	5	STROEBEL, ROCCO	MHS_AB 1.65	550	4		
0	5	NDLOVU, NTSHEMBO	ROB_AB 1.65	550	4		
0	7	CINDI, KAGISO	WIT_AB 1.60	500	2		
0	8	RIDGARD, JAYDEN	HVH_AB 1.60	500	1		
0	9	THABETHE, NZULU	WIT_AB 1.55	440	0		
0	9	MOLAPO, BOIKANYO	BER_AB 1.55	440	0		
0	11	JOUBERT, ANTONIO	BER_AB 1.50	380	0		
0	12	HLONGWANE, LWANDILE	BEN_AB 1.50	380	0		
0	13	SCHAEFFER, PAUL	LYD_AB 1.45	330	0		
0	14	COETZEE, ZAK	LYD_AB 1.45	330	0		

Item 33 09:40 Final Girls 17 HighJump

0	1	BOSHOF, ANNIKA	MHS_AB 1.55	670	8	G
0	2	LEWIS, MADELEEN	HVH_AB 1.50	610	7	S
0	3	NGOMANE, DESTINY	BER_AB 1.45	550	6	B
0	4	MHONGWANE, PEGGY	ROB_AB 1.40	480	5	
0	4	RAUTENBACH, JUA	HVH_AB 1.40	480	5	
0	6	EDWARDS, LIANÉ	LYD_AB 1.35	420	3	
0	7	JANSEN VAN RENSBURG, LISA	ROB_AB 1.30	360	2	
0	7	VAN DER WATH, MANDI	ERM_AB 1.30	360	2	
0	7	MENDLULA, LWANDZILE	ERM_AB 1.30	360	2	
0	7	MARITZ, MIANDI	BEN_AB 1.30	360	2	
0	11	DU TOIT, MERIKE	MHS_AB 1.30	360	0	

Item 62 11:20 Final Boys 17 HighJump

0	1	CUPIDO, DAHNTEY	BER_AB 1.80	670	8	G
0	2	WHITE, BYRON	LYD_AB 1.70	570	7	S
0	2	CANNON, CONNOR	HVH_AB 1.70	570	7	S
0	4	MZINYANI, BULELWA	ERM_AB 1.70	570	5	
0	4	NKHWASHU, GINO	ROB_AB 1.70	570	5	
0	6	NOKI, WINNER	WIT_AB 1.70	570	3	
0	7	DE JONGH, HAYDEN	HVH_AB 1.65	510	2	
0	8	SANDILANDS, JASON	LYD_AB 1.65	510	1	
0	9	MAHLASELA, BANELE	BER_AB 1.60	460	0	
0	10	MABENA, SETHU	BEN_AB 1.60	460	0	
0	10	SHABANGU, THABO	ROB_AB 1.60	460	0	
0	12	VAN EMMENIS, ALEX	BEN_AB 1.60	460	0	

Item 9 08:00 Final Girls 19 HighJump

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	1	SWART, LORIESA	ERM_AB 1.50	570	8	G
0	1	HENRICO, MARLI	MHS_AB 1.50	570	8	G
0	1	MARAIS, CHANLÉ	HVH_AB 1.50	570	8	G
0	4	VAN DER MERWE, ISABEL	LYD_AB 1.50	570	5	
0	5	MATHEBULA, SETHU	ROB_AB 1.45	510	4	
0	6	WESSELS, DANIELLE	BEN_AB 1.40	450	3	
0	7	DE BEER, LEILA	HVH_AB 1.40	450	2	
0	8	LOMBARD, KAYLA	ERM_AB 1.35	380	1	
0	9	JOUBERT, ANGELIQUE	BER_AB 1.35	380	0	

Item 36 09:40 Final Boys 19 HighJump

0	1	MOFOKENG, KATLEHO	ROB_AB 1.90	710	8	G
0	2	WILLIAMS, JADEN	MHS_AB 1.90	710	7	S
0	3	PELZER, DAVE	HVH_AB 1.85	660	6	B
0	4	VAN JAARSVELD, NIHAN	LYD_AB 1.80	610	5	
0	5	BEUKES, DOUW	HVH_AB 1.75	560	4	
0	6	HOBKIRK, HJ	ERM_AB 1.75	560	3	
0	6	OPPERMAN, ZANDER	ROB_AB 1.75	560	3	
0	8	MAKINTA, REO	BEN_AB 1.75	560	1	
0	9	SOTYATO, SIPHAHLE	WIT_AB 1.70	510	0	
0	9	MOUTON, BLAKE	LYD_AB 1.70	510	0	
0	11	ZWANE, NJABULO	ERM_AB 1.65	450	0	
0	12	NYIRENDA, DIMPHO	MHS_AB 1.65	450	0	

Item 24 09:15 Final Girls 14 LongJump

0	1	ECKLEY, LIZHANI	WIT_AB 4.80	645	8	G
0	2	VAN ZYL, DENICKE	ERM_AB 4.65	586	7	S
0	3	GREYLING, CORLIA	HVH_AB 4.61	572	6	B
0	4	MABUNDA, NOBUCIKO	ROB_AB 4.59	564	5	
0	5	BECK, JASMIN	LYD_AB 4.48	520	4	
0	6	MHLABA, LULAMA	BER_AB 4.19	403	3	
0	7	MASOMBUKA, MBALI	BEN_AB 4.15	388	2	
0	8	LOTZ, ELRI	ERM_AB 4.12	376	1	
0	9	SNYMAN, ELISHA	LYD_AB 4.11	372	0	
0	10	STOLTZ, KATELIN LEE ANN	ROB_AB 4.02	335	0	
0	11	KLOPPERS, HAYLEIGH	HVH_AB 3.97	312	0	
0	12	PHAKATHI, BUHLE	MHS_AB 3.95	304	0	
0	13	GIDZANA, PRECIOUS	MHS_AB 3.94	300	0	
0	14	JANSEN, LUANDI	BEN_AB 3.93	296	0	
0	15	THABETHE, NGCEBO	WIT_AB 3.82	250	0	
0	16	NEVARI, JOY	BER_AB 3.59	153	0	

Item 106 14:15 Final Boys 14 LongJump

0	1	BILATYI, AVUYILE	MHS_AB 5.96	782	8	G
0	2	SIEBELS, SAMMY	LYD_AB 5.55	646	7	S
0	3	TIEMIE, LEIGH-GRANT	BEN_AB 5.53	640	6	B
0	4	BALIE, WILZANDRO	BEN_AB 5.38	590	5	
0	5	MASHABA, OKUHLE	MHS_AB 5.32	568	4	
0	6	HURLEY, DAMEAN	HVH_AB 5.05	476	3	
0	7	MTSWENI, RJ	LYD_AB 5.03	470	2	
0	8	CAVINA, MARCO	ROB_AB 5.02	466	1	
0	9	MATHEBULA, JEDIDIAH	ROB_AB 4.76	376	0	
0	10	DE LANGE, TERTIUS	BER_AB 4.76	376	0	
0	11	VERMAAK, MARKUS	WIT_AB 4.73	364	0	
0	12	JOUBERT, ATTIE	ERM_AB 4.56	304	0	
0	13	HASKINS, BLAKE	HVH_AB 4.51	286	0	
0	14	NKAMBULE, JUNIOR	BER_AB 4.19	168	0	

Item 4 08:00 Final Girls 15 LongJump



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	1	POTGIETER, RIANI	MHS_AB 4.89	623	8	G
0	2	HERBST, MEGAN	ERM_AB 4.78	580	7	S
0	3	ROENTGUN, RIHANKE	BEN_AB 4.52	480	6	B
0	4	KRUGER, ANJA	HVH_AB 4.42	443	5	
0	5	MALETE, MAGANE	WIT_AB 4.31	400	4	
0	6	OREATILE, APHANE	BER_AB 4.19	353	3	
0	7	VAN DER LINDE, LAYLA	ERM_AB 4.08	308	2	
0	8	NGOBENI, UNA	BER_AB 4.03	288	1	
0	9	COETZEE, LANEL	BEN_AB 3.86	220	0	
0	10	UYS, HEATHER	HVH_AB 3.85	216	0	
0	11	SITHOLE, NALA	MHS_AB 3.84	212	0	
0	12	MSANE, APHELELE	WIT_AB 3.83	208	0	
0	13	GOOSEN, RACHEL	ROB_AB 3.80	195	0	
0	14	DE BEER, LIZE	ROB_AB 3.76	176	0	
0	15	MANALA, NOHMLE	LYD_AB 3.54	85	0	
0	16	RAMUSI, PASEDI	LYD_AB 3.43	36	0	

Item 6 08:00 Final Boys 15 LongJump

0	1	TAU, BONGA	MHS_AB 6.62	915	8	G	SONOP_2025
0	2	SIBANYONI, SIMPHIWE	WIT_AB 5.70	623	7	S	
0	3	SCHOFIELD, LEANDRO	BER_AB 5.69	620	6	B	
0	4	COETZEE, CHADEN	HVH_AB 5.56	577	5		
0	5	GABOTHWELWE, KOMOGELO	ERM_AB 5.41	530	3.5		
0	5	JOUBERT, JASON	MHS_AB 5.41	530	3.5		
0	7	MAGAGULA, LUNGANI	ERM_AB 5.18	453	2		
0	8	MATLAPEMA, SEROLE	BEN_AB 5.12	433	1		
0	9	NKOSI, THATO	ROB_AB 5.10	426	0		
0	10	MOTSWIYANE, THOLO	LYD_AB 5.06	413	0		
0	11	KANTWE, MATHEW	BEN_AB 5.01	396	0		
0	12	NYAKANE, MIKHENSO	ROB_AB 4.96	380	0		
0	13	MOKOENA, WELILE	BER_AB 4.84	336	0		
0	13	MAITLAND, BLAKE	HVH_AB 4.84	336	0		
0	15	MATHIVA, THENDO	WIT_AB 4.81	326	0		
0	16	REYNECKE, MARCHANT	LYD_AB 4.69	286	0		

Item 66 11:45 Final Girls 16 LongJump

0	1	CILLIERS, LIANE	ERM_AB 5.00	616	8	G
0	2	VAN DER MERWE, LIZÉ	ERM_AB 4.69	500	7	S
0	3	PHATLANE, ITUMELENG	BEN_AB 4.63	476	6	B
0	4	RAMAILI, HLALEFANG	HVH_AB 4.55	448	5	
0	5	SEAKAMELA, MMOPA	ROB_AB 4.54	444	4	
0	6	STRYDOM, MIEKE	MHS_AB 4.46	413	3	
0	7	MARAI, DANE	HVH_AB 4.29	346	2	
0	8	MAPHAKELA, LETHABO	BER_AB 4.25	332	1	
0	9	MBOWENI, MINKENZO	LYD_AB 4.12	280	0	
0	10	NTOBENG, KOKETSO	BEN_AB 3.96	216	0	
0	11	VENTER, CARA	LYD_AB 3.94	208	0	
0	12	NAUDE, CAITLYN	WIT_AB 3.90	192	0	
0	13	TSHILWANE, KEMI	WIT_AB 3.77	140	0	
0	14	LUBAMBO, MASECHABA	ROB_AB 3.48	20	0	

Item 127 15:30 Final Boys 16 LongJump

0	1	MASANGO, JOHN	WIT_AB 6.19	716	8	G
0	2	MANKGE, HONEST	LYD_AB 5.95	642	7	S
0	3	GRIESEL, JORDAAN	ERM_AB 5.77	586	6	B
0	4	MATSEPE, TREASURE	BEN_AB 5.72	570	5	
0	5	OWETHU, KHOZA	ROB_AB 5.68	556	4	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	6	BRANDT, KARL	HVH_AB 5.64	543	3
0	7	NYAMBI, NKOSANA	BER_AB 5.55	516	2
0	8	SHAEFFER, PAUL	LYD_AB 5.37	457	1
0	9	LUKHELE, UYANDA	ERM_AB 5.32	442	0
0	10	MATSOMANE, KATLEGO	BEN_AB 5.30	436	0
0	11	GAMBU, NTANDO	MHS_AB 5.20	403	0
0	12	UYS, DEON	WIT_AB 5.00	336	0
0	13	MAUNYE, BONOLO	ROB_AB 4.96	323	0
0	14	MALINGA, JOY	BER_AB 4.85	286	0

Item 47 10:30 Final Girls 17 LongJump

0	1	BOSHOFF, ANNIKA	MHS_AB 4.88	526	8	G
0	2	SILLINDA, GIFT	ROB_AB 4.85	516	7	S
0	3	VAN NIEKERK, MONYA	BEN_AB 4.64	440	6	B
0	4	NGOMANE, DESTINY	BER_AB 4.49	384	5	
0	5	DLAMINI, SIPHOKAZI	HVH_AB 4.28	304	4	
0	6	MOTAU, NTABISENG	WIT_AB 4.25	292	3	
0	7	CLOETE, JAYDENE	BEN_AB 4.24	288	2	
0	8	DU TOIT, MERIKE	MHS_AB 4.15	255	0.5	
0	8	STRYDOM, AMELIA	HVH_AB 4.15	255	0.5	
0	10	KUPERUS, ELDANè	BER_AB 4.11	240	0	
0	11	SMITH, WANJA	ERM_AB 4.10	236	0	
0	12	MASHILE, VUYISILE	WIT_AB 3.73	86	0	
0	13	EDWARDS, LIANÉ	LYD_AB 3.68	68	0	
0	14	THULARE, REBONE	LYD_AB 3.62	44	0	

Item 25 09:15 Final Boys 17 LongJump

0	1	CUPIDO, DAHNTEY	BER_AB 6.32	700	8	G
0	2	TAFEL, JERALDO	HVH_AB 6.04	616	7	S
0	3	PETA, KGOTSO	MHS_AB 5.95	590	6	B
0	4	MOGANE, NEVILLE	LYD_AB 5.87	563	5	
0	5	MATHE, ASANDA	ERM_AB 5.79	540	4	
0	6	NIEUWOUDT, NICO	WIT_AB 5.77	533	3	
0	7	WEPENER, JOSHUA	HVH_AB 5.72	517	2	
0	8	HLATSWAYO, MAKHO	WIT_AB 5.67	502	1	
0	9	MAHLASELA, BANELE	BER_AB 5.65	496	0	
0	10	SANDILANDS, JASON	LYD_AB 5.47	440	0	
0	11	NKADIMENG, LIHLE	MHS_AB 5.26	373	0	
0	12	HAUPTFLEISCH, QUINTIN	BEN_AB 4.86	243	0	
0	13	PAISSOPOULOS, COSTA	BEN_AB 4.79	220	0	
0	14	THWALE, ANDISA	ERM_AB 4.62	163	0	

Item 89 13:00 Final Girls 19 LongJump

0	1	MOLOI, THELMA	MHS_AB 5.15	556	8	G
0	2	MOKOENA, TSHEPI	LYD_AB 5.03	513	7	S
0	3	MARE, MICAILA	HVH_AB 5.01	506	6	B
0	4	MATHEBULA, SETHU	ROB_AB 4.94	483	5	
0	5	TIVANE, SONIA	ROB_AB 4.74	410	4	
0	6	SMITH, WILDINE	HVH_AB 4.39	284	3	
0	7	DE VILLIERS, GABY	LYD_AB 4.38	280	2	
0	8	MEYER, DANICA	MHS_AB 4.18	204	1	
0	9	KAJENI, VUYO	ERM_AB 4.12	183	0	
0	10	KOTZE, MARELEE	WIT_AB 4.08	168	0	
0	11	DIEDERICKS, MEGAN	WIT_AB 3.96	120	0	
0	12	GININDA, SINOVUYO	BER_AB 3.72	26	0	
0	13	HALL, DANELLE	BEN_AB 3.70	20	0	

Item 49 10:30 Final Boys 19 LongJump

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	1	MAKGOPA, KATLEGO	BER_AB 6.45	655	8	G
0	2	NYIRENDA, DIMPHO	MHS_AB 6.27	602	7	S
0	3	MKHIZE, NQABA	LYD_AB 6.24	593	6	B
0	4	MOSOMA, JUSTIN	WIT_AB 5.94	505	5	
0	5	LOOCK, CORNE	BEN_AB 5.93	502	4	
0	6	PRETORIUS, WJ	ERM_AB 5.92	500	3	
0	7	SEGIEL, VINCANCO	HVH_AB 5.74	445	2	
0	8	MOGANE, LEE	WIT_AB 5.72	440	1	
0	9	MOUTON, BLAKE	LYD_AB 5.71	437	0	
0	10	SHONGWE, SINO	ROB_AB 5.68	428	0	
0	11	POTGIETER, TALJAART	MHS_AB 5.65	420	0	
0	11	MUNRO, TYRIN	HVH_AB 5.65	420	0	
0	13	HOBKIRK, HJ	ERM_AB 5.50	373	0	
0	14	MPETLE, RAPUDI	BEN_AB 5.49	370	0	
0	15	APHANE, KGANYA	BER_AB 5.09	246	0	

Item 130 15:30 Final Girls 15 TripleJump

7m

0	1	NYAKANE, KHENSANI	ROB_AB 09.21	496	8	G
0	2	MALETE, MAGANE	WIT_AB 09.10	474	7	S
0	3	SWART, LEA	ERM_AB 08.68	394	6	B
0	4	VAN RENSBURG, ZANE	ERM_AB 08.64	386	5	
0	5	CROSS, MIEKE	LYD_AB 07.86	230	4	
0	6	RAMUSI, PASEDI	LYD_AB 07.84	226	2.5	
0	6	MATHEBE, DOMINIQUE	MHS_AB 07.84	226	2.5	

Item 91 13:00 Final Boys 15 TripleJump

9m

0	1	FRANCES, GAVIN	ERM_AB 11.04	435	8	G
0	2	SIBANYONI, SIMPHIWE	WIT_AB 11.01	430	7	S
0	3	SITHOLE, LESEDI	MHS_AB 10.76	390	6	B
0	4	REYNECKE, MARCHANT	LYD_AB 10.70	381	5	
0	5	NYAKANE, MIKHENSO	ROB_AB 10.09	285	4	
0	6	JOUBERT, JASON	MHS_AB 09.83	243	3	
0	7	FISHER, KIAN	ERM_AB 09.47	183	2	
0	8	MOTSWIYANE, THOLO	LYD_AB 09.41	173	1	

Item 128 15:30 Final Girls 17 TripleJump

9m

0	1	SILLINDA, GIFT	ROB_AB 10.23	588	8	G
0	2	HOMAN, ABIGAIL	ERM_AB 10.02	550	7	S
0	3	DU TOIT, MERIKE	MHS_AB 09.35	429	6	B
0	4	WILLEMSE, AYLA	BER_AB 09.26	413	5	
0	5	TSHILWANE, KEMI	WIT_AB 09.19	400	4	
0	6	VENTER, CARA16	LYD_AB 09.07	378	3	
0	7	MAHLANGU, LIHLE	ROB_AB 08.79	326	2	
0	8	THUTSE, MOTLOTSWA	BEN_AB 08.78	324	1	
0	9	LANDMAN, NELRI	ERM_AB 08.19	212	0	
0	10	BEUKES, MIEKE16	LYD_AB 08.05	184	0	
0	11	BEZUIDENHOUT, JENKE	MHS_AB 08.00	174	0	

Item 88 13:00 Final Boys 17 TripleJump

11m

0	1	MANKGE, HONEST16	LYD_AB 12.06	517	8	G
0	2	WEPENER, JOSHUA	HVH_AB 11.96	502	7	S
0	3	MEYER, WIETS	LYD_AB 11.90	494	6	B
0	4	HLATSWAYO, MAKHO	WIT_AB 11.84	485	5	
0	5	DAVIES, IMAAD	WIT_AB 11.76	473	4	
0	6	NDHLOVU, FUMANI	ROB_AB 11.68	461	3	
0	7	NKHWASHU, GINO	ROB_AB 11.59	448	2	
0	8	JANSE VAN RENSBURG, CONNOR	MHS_AB 11.47	430	1	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	9	BEKKER, HEINRICH	ERM_AB	11.42	423	0
0	10	PAISSOPOULOS, COSTA	BEN_AB	10.46	276	0
0	11	NDABA, SINOVUYO	BER_AB	09.91	190	0
0	12	GOUS, CALEB	ERM_AB	09.45	116	0

Item 67 11:45 Final Girls 19 TripleJump

11m

0	1	MOLOI, THELMA	MHS_AB	11.21	685	8	G
0	2	MOKOENA, TSHEPI	LYD_AB	11.16	676	7	S
0	3	VAN DEVENTER, MIA	ERM_AB	09.79	441	6	B
0	4	UYS, JANI	ERM_AB	09.20	336	5	
0	5	MASILELA, NHLANHLA	ROB_AB	09.06	310	4	
0	6	TLAKA, NOLLIES	LYD_AB	08.78	260	3	
0	7	MASHISHI, OMOLEMO	BEN_AB	07.57	30	2	

Item 107 14:15 Final Boys 19 TripleJump

13m

0	1	MKHIZE, NQABA	LYD_AB	13.65	686	8	G
0	2	MOGANE, LEE	WIT_AB	12.41	512	7	S
0	3	NKOSI, NTANDO	BEN_AB	12.32	500	6	B
0	4	HOBKIRK, HJ	ERM_AB	12.25	490	5	
0	5	MPETLE, RAPUDI	BEN_AB	11.81	427	4	
0	6	MOUTON, BLAKE	LYD_AB	11.38	364	3	
0	7	MSIBI, PHILASANDE	ERM_AB	11.31	354	2	
0	8	MAUNYE, BONOLO	ROB_AB	11.05	315	1	
0	9	MAHLANGU, MBUSI	WIT_AB	10.87	288	0	
0	10	MCIRA, BULELANI	MHS_AB	10.86	287	0	
0	11	D'AGUANNO, GIULIO	HVH_AB	10.78	275	0	
0	12	POTGIETER, TJAART	MHS_AB	10.42	220	0	

Item 5 08:00 Final Girls 14 Shotput

3kg

0	1	FOURIE, HAYLEY	MHS_AB	13.07	900	8	G	SONOP_2025
0	2	GRIESEL, ZENE	ERM_AB	10.36	787	7	S	
0	3	BOTHA, KIARA	HVH_AB	09.93	767	6	B	
0	4	NDLOVU, SAMANTHA	ROB_AB	09.68	755	5		
0	5	LOTZ, ELRI	ERM_AB	09.52	748	4		
0	6	DE KLERK, KARMI	BEN_AB	08.93	718	3		

Item 112 14:40 Final Boys 14 Shotput

4kg

0	1	GROBLER, JAN HENDRIK	ERM_AB	12.05	702	8	G
0	2	MEYER, ENZO	MHS_AB	11.57	677	7	S
0	3	MSIPA, SANDILE	MHS_AB	11.49	673	6	B
0	4	WINCKLER, WALDEMAR	ERM_AB	11.18	656	5	
0	5	BOTES, HENDRIK	BEN_AB	10.65	627	4	
0	6	GILDENHUYS, WIAN	HVH_AB	10.39	612	3	
0	7	HOFFMAN, JAYDEN	BER_AB	10.39	612	2	
0	8	NDLOVU, KURISANI	BER_AB	09.98	589	1	
0	9	MKHATSHWA, MAYIBONGWE	ROB_AB	09.85	581	0	
0	10	BOUWER-KEMP, RICO	LYD_AB	09.77	576	0	
0	11	VAN VUUREN, JUSTIN	BEN_AB	09.69	572	0	
0	12	VERMAAK, HANRU	WIT_AB	08.89	523	0	
0	13	CHRISTOFF, LOUBSER	HVH_AB	08.32	486	0	
0	14	JORDAAN, DONOVAN	WIT_AB	07.91	458	0	
0	15	DE JAGER, HENRICO	LYD_AB	07.53	431	0	

Item 84 13:00 Final Girls 15 Shotput

3kg

0	1	BYLEVELD, DENÉ	MHS_AB	11.50	823	8	G
0	2	ALEXANDER, MEGAN	WIT_AB	11.05	804	7	S
0	3	DIPPENAAR, ELSJE	BEN_AB	10.10	762	6	B
0	4	JANSE VAN RENSBURG, ZELMARI	HVH_AB	10.06	760	5	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	5	HERBST, CARA	LYD_AB 10.00	757	4
0	6	CELE, TSHIAMO	ROB_AB 09.93	754	3
0	7	VORSTER, MCKAYLA	LYD_AB 09.59	738	2
0	8	VAN DER WALT, DENISE	BEN_AB 09.47	732	1
0	9	KORFF, LIENKE	MHS_AB 09.45	731	0
0	10	HOBSON, CLAUDETTE	ERM_AB 09.34	726	0
0	11	VAN STADEN, MICHELLE	ROB_AB 09.15	717	0
0	12	VAN WYK, KAYLEIGH	HVH_AB 09.00	709	0
0	13	ZUNGU, LINDOKUHLE	BER_AB 08.80	699	0
0	14	LOXTON, ZESKE	WIT_AB 07.65	638	0
0	15	VAN SCHALKWYK, LIENKE	ERM_AB 07.40	624	0
0	16	MABOI, LETHABO	BER_AB 06.27	554	0

Item 60 11:20 Final Boys 15 Shotput

4kg

0	1	JANSEN, WALDO	MHS_AB 13.96	790	8	G
0	2	KRUGER, NIEL	LYD_AB 13.54	770	7	S
0	3	GROBLER, HANO	MHS_AB 13.40	764	6	B
0	4	BRILL, LOUIS	LYD_AB 12.61	725	5	
0	5	RALIPHASWA, KAMO	ROB_AB 12.54	722	4	
0	6	FOURIE, WAYNE	WIT_AB 11.84	686	3	
0	7	VAN BLERK, BERNARD	BEN_AB 11.48	667	2	
0	8	LOOTS, AIDEN	HVH_AB 11.15	650	1	
0	9	VAN DER MERWE, J.G	WIT_AB 10.76	628	0	
0	10	STEYN, CHRISTO	ERM_AB 10.70	625	0	
0	11	MOKONE, MUSA	BER_AB 10.54	616	0	
0	12	PIETERESEN, ETHAN	BEN_AB 10.43	610	0	
0	13	MAGAGULA, LUNGANI	ERM_AB 10.10	591	0	
0	14	NDLOVU, SIPHESIHLE	ROB_AB 09.83	575	0	
0	15	MABASO, LWAZI	BER_AB 08.51	493	0	
0	16	BLOM, RUURD	HVH_AB 08.12	468	0	

Item 115 14:40 Final Girls 16 Shotput

3kg

0	1	GRAY, TWANEY	HVH_AB 12.01	831	8	G
0	2	MARAIS, DANE	HVH_AB 11.77	821	7	S
0	3	BURGERS, CARLA	ERM_AB 10.95	787	6	B
0	4	RALL, MARIGHE	ROB_AB 10.72	777	5	
0	5	HANCKE, MEA-NE	BEN_AB 10.37	761	4	
0	6	KAPP, ZANE	ERM_AB 09.65	728	3	
0	7	JANSE V RENSBURG, LILIANA	BEN_AB 09.23	708	2	
0	8	DOLAMO, LESEDI	LYD_AB 09.14	704	1	
0	9	KORFF, NICAH	MHS_AB 08.43	668	0	
0	10	VAN WYK, JANI	LYD_AB 08.24	658	0	
0	11	VAN DEN HEEVER, MIENKE	MHS_AB 08.18	655	0	
0	12	MANANA, PHUMELELE	ROB_AB 08.07	649	0	
0	13	MACHAI, LINDSAY	BER_AB 07.60	623	0	
0	14	MARAIS, MIANKA	BER_AB 07.24	603	0	
0	15	VAN DER WALT, ESMERELDE	WIT_AB 06.89	582	0	
0	16	LA GRANGE, GERALDINE	WIT_AB 06.77	575	0	

Item 7 08:00 Final Boys 16 Shotput

5kg

0	1	JOHNSON, ASHLEY	ROB_AB 12.19	687	8	G
0	2	MASILELA, LEAGO	MHS_AB 12.02	678	7	S
0	3	VAN DEVENTER, GERRIE	LYD_AB 11.23	637	6	B
0	4	SIQUQA, PHILANI	BEN_AB 10.99	624	5	
0	5	BRILL, BRUCE	LYD_AB 10.97	623	4	
0	6	SIKONDE, SINAKO	WIT_AB 10.70	608	3	
0	7	BANDA, PRAISE	BER_AB 10.69	607	2	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	8	BOTHA, TAYLOR	ERM_AB 10.38	590	1
0	9	BOSHOFF, FLOORS	ERM_AB 10.32	587	0
0	10	MAKABA, ACHUMILE	ROB_AB 09.94	565	0
0	11	THEKWANE, TSHEPANG	MHS_AB 09.85	560	0
0	12	MASANGO, JOHN	WIT_AB 09.75	554	0
0	13	BRAND, ROBERT	BER_AB 09.30	527	0
0	14	GRUNDLING, JUHANDRICH	BEN_AB 09.10	515	0

Item 61 11:20 Final Girls 17 Shotput

3kg

0	1	NONJANE, MOHAU	LYD_AB 11.19	785	8	G
0	2	DE KLERK, ELSABE	MHS_AB 11.17	784	7	S
0	3	BOOYSEN, DIMIRI	WIT_AB 10.60	760	6	B
0	4	MULLER, MARLI	BEN_AB 10.49	755	5	
0	5	JANSE VAN VUUREN, JALDEAN	HVH_AB 10.27	745	4	
0	6	SWANEPOEL, MIANE	ERM_AB 09.92	730	3	
0	7	HERMAN , CHARNE	HVH_AB 09.60	715	2	
0	8	VAN DER WALT, SIMONÉ	MHS_AB 09.37	704	1	
0	9	VAN ROOYEN, LIENKE	ERM_AB 09.04	688	0	
0	10	SHABANGU, NALEDI	BER_AB 08.96	684	0	
0	11	PRUIS, ANIKA	BEN_AB 08.76	674	0	
0	12	PIETERSEN, ANGELIEN	LYD_AB 08.15	643	0	
0	13	KRUGER, CINDY-LEE	ROB_AB 07.35	598	0	
0	14	ROSSOUW, JESSICA	WIT_AB 07.14	587	0	
0	15	SEHLEBELA, SANE	ROB_AB 06.52	549	0	

Item 34 09:40 Final Boys 17 Shotput

5kg

0	1	HANCKE, MARNU	BEN_AB 17.85	936	8	G	SONOP_2025
0	2	VAN NIEKERK, MELCHIOR	MHS_AB 16.69	887	7	S	
0	3	BOTHA, DILLAN	LYD_AB 14.17	777	6	B	
0	4	VAN NIEKERK, CHRISTIAAN	BER_AB 14.12	775	5		
0	5	VAN DER WALT, FRANCOIS	WIT_AB 14.11	774	4		
0	6	VENTER, DUNCAN	BER_AB 14.10	774	3		
0	7	LIEBENBERG, JUWAN	WIT_AB 12.56	700	2		
0	8	OOSTHUIZEN, DIVAN	LYD_AB 12.28	687	1		
0	9	KINEAR, RJ	ERM_AB 11.65	654	0		
0	10	JOUBERT, FANCOIS	ERM_AB 11.42	643	0		
0	11	JOUBERT, EWARD	HVH_AB 11.36	640	0		
0	12	NICHOLS, CHRISTIAAN	ROB_AB 11.00	620	0		
0	13	SMUTS, RAYMUND	MHS_AB 10.95	617	0		
0	14	KOTZE, TEADEN	HVH_AB 10.86	612	0		
0	15	POWEN, HANRU	ROB_AB 10.04	566	0		
0	16	NIEMANN, JUAN	BEN_AB 09.93	560	0		

Item 35 09:40 Final Girls 19 Shotput

4kg

0	1	JV RENSBURG, VICKY	ERM_AB 09.95	773	8	G
0	2	VAN DEN HEEVER, MIJANKE	WIT_AB 09.87	769	7	S
0	3	VILJOEN, DEMIEKE	WIT_AB 09.60	757	6	B
0	4	UYS, TILANA	ERM_AB 09.47	750	5	
0	5	VAN TONDER, ARNE	HVH_AB 08.87	721	4	
0	6	VENTER, CLARA	MHS_AB 08.74	714	3	
0	7	VENTER, LIHANDI	HVH_AB 08.46	699	2	
0	8	CLAASE, JENÉ	LYD_AB 08.17	684	1	
0	9	STOLTZ, ZANIKA	BER_AB 08.16	683	0	
0	10	MOSTERT, ILANE	ROB_AB 08.05	677	0	
0	11	MALONE, MCKAYLA	BEN_AB 07.93	671	0	
0	12	DE BEER, FRANZELLE	LYD_AB 07.90	669	0	
0	13	DE VAAL, ELZANI	MHS_AB 07.51	647	0	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	14	VAN STADEN, CHANTE	BEN_AB	07.17	627	0
0	15	LEKHULENI, PERFECT	ROB_AB	05.79	538	0

Item 90 13:00 Final Boys 19 Shotput

6kg

0	1	LIBENBERG, CHRISTIAAN	WIT_AB	14.24	779	8	G
0	2	COETZER, HENRU	HVH_AB	12.68	705	7	S
0	3	HOMAN, FRANCOIS	ERM_AB	12.34	688	6	B
0	4	HLUNGWANE, SIFISO	MHS_AB	12.23	683	5	
0	5	RAMULONGO, KARABO	LYD_AB	12.00	671	4	
0	6	GOUWS, JAC-JOHAN	BEN_AB	11.86	664	3	
0	7	ROSSOUW, WILLEM	HVH_AB	11.32	636	2	
0	8	BOTHA, ALEX	WIT_AB	11.26	632	1	
0	9	VENTER, PIETER	ERM_AB	11.18	628	0	
0	10	KHONZA, PROSPER	ROB_AB	11.10	624	0	
0	11	MINNAAR, JANDRÉ	LYD_AB	11.01	619	0	
0	12	DE BEER, ANTON	ROB_AB	10.75	605	0	
0	13	LEWIES, JACOBUS	BEN_AB	10.02	564	0	
0	14	JOUBERT, CARLO	MHS_AB	09.43	530	0	

Item 57 11:20 Final Girls 14 Discus

1kg

0	1	FOURIE, HAYLEY	MHS_AB	36.41	890	8	G	SONOP_2025
0	2	LOTZ, ELRI	ERM_AB	31.87	816	7	S	
0	3	BADENHORST, MIEKE	MHS_AB	30.90	799	6	B	
0	4	VAN ROOYEN, LAILA	ERM_AB	26.83	725	5		
0	5	POTGIETER, SIMONE	WIT_AB	24.41	677	4		
0	6	COETZER, MARZÉ	HVH_AB	23.10	650	3		
0	7	DU PLESSIS, LEE-ANN	BEN_AB	21.46	614	2		
0	8	BOTES, LIJANA	LYD_AB	18.64	547	0.5		
0	8	MAFALO, REABETSWE	LYD_AB	18.64	547	0.5		
0	10	MOKOENA, REMMOGO	BEN_AB	18.52	544	0		
0	11	GININDZA, THALKWADZE	ROB_AB	18.42	541	0		
0	12	MKHONTO, SIPHOKAZI	BER_AB	16.67	496	0		
0	13	SHABANGU, VULTHARHI	BER_AB	16.00	477	0		
0	14	TYL, LEIANE	WIT_AB	15.51	463	0		

Item 100 13:50 Final Boys 14 Discus

1kg

0	1	MEYER, ENZO	MHS_AB	50.36	856	8	G
0	2	OLIVIER, HARDU	MHS_AB	32.73	610	7	S
0	3	BOTES, HENDRIK	BEN_AB	32.67	609	6	B
0	4	TOERIEN, LEHAN	ERM_AB	32.43	605	5	
0	5	VERMAAK, HANRU	WIT_AB	30.67	576	4	
0	6	JORDAAN, DONOVAN	WIT_AB	28.84	544	3	
0	7	HOBBS, KEVIN	ROB_AB	25.34	479	2	
0	8	DE LANGE, TERTIUS	BER_AB	25.01	473	1	
0	9	GILDENHUYNS, WIAN	HVH_AB	24.35	460	0	
0	10	WINCKLER, WALDEMAR	ERM_AB	23.96	452	0	
0	11	BRINK, ANDREW	LYD_AB	22.87	429	0	
0	12	CILLIERS, XAVIER	LYD_AB	22.37	418	0	
0	13	HOFFMAN, JAYDEN	BER_AB	22.07	412	0	
0	14	CHRISTOFF, LOUBSER	HVH_AB	18.75	335	0	

Item 31 09:40 Final Girls 15 Discus

1kg

0	1	ALEXANDER, MEGAN	WIT_AB	32.10	804	8	G
0	2	BYLEVELD, DENÉ	MHS_AB	27.14	716	7	S
0	3	VAN DER WALT, DENISE	BEN_AB	26.96	712	6	B
0	4	VAN WYK, KAYLEIGH	HVH_AB	26.57	705	5	
0	5	HOBSON, CLAUDETTE	ERM_AB	24.53	665	4	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	6	VORSTER, MCKAYLA	LYD_AB	24.04	655	3
0	7	ZUNGU, LINDOKUHLE	BER_AB	23.04	634	2
0	8	JANSEN VAN VUREN, YUNE	ERM_AB	20.81	585	1
0	9	OOSTHUIZEN, ALDENAY	ROB_AB	20.47	577	0
0	10	JANSE VAN RENSBURG, ZELMARI	HVH_AB	19.93	564	0
0	11	LOXTON, ZESKE	WIT_AB	19.45	553	0
0	12	DU PLESSIS, JOANNÉ	LYD_AB	19.21	547	0
0	13	ESTERHUIZEN, MADISON	BER_AB	17.31	499	0
0	14	REPINGA, NOTHANDO	ROB_AB	17.30	499	0

Item 114 14:40 Final Boys 15 Discus

1kg

0	1	GROBLER, HANO	MHS_AB	60.25	961	8	G	SONOP_2025
0	2	KRUGER, NIEL	LYD_AB	46.86	801	7	S	
0	3	VAN BLERK, BERNARD	BEN_AB	43.04	751	6	B	
0	4	MASEKOANE, BOB	WIT_AB	40.04	710	5		
0	5	JANSE V RENSBURG, WILLEM	ERM_AB	39.37	701	4		
0	6	JANSEN, WALDO	MHS_AB	38.31	685	3		
0	7	RALIPHASWA, KAMO	ROB_AB	30.85	569	2		
0	8	DE BRUIN, COBUS	BEN_AB	29.12	540	1		
0	9	VD WESTHUIZEN, RICARDO	HVH_AB	28.26	524	0		
0	10	BRILL, LOUIS	LYD_AB	28.17	523	0		
0	11	STEYN, CHRISTO	ERM_AB	27.78	516	0		
0	12	MPILA, SIMPHIWE	ROB_AB	26.61	494	0		
0	13	DAMES, JOHAN	HVH_AB	25.85	480	0		
0	14	MABASO, LWAZI	BER_AB	20.03	357	0		

Item 17 08:40 Final Girls 16 Discus

1kg

0	1	KAUFMAN, VINELLE	MHS_AB	36.71	862	8	G	
0	2	JANSE V RENSBURG, LILIANA	BEN_AB	31.27	774	7	S	
0	3	GROBLER, JOLENE	HVH_AB	29.35	741	6	B	
0	4	MARAIS, DANE	HVH_AB	28.81	731	5		
0	5	VAN DER WALT, ESMERELDE	WIT_AB	26.10	681	4		
0	6	RALL, MARI GHE	ROB_AB	25.70	673	3		
0	7	BURGERS, CARLA	ERM_AB	25.69	673	2		
0	8	STEYN, LIANI	MHS_AB	24.82	656	1		
0	9	UYS, JULIE	ERM_AB	24.65	653	0		
0	10	VAN STRATEN, KATRIEN	BER_AB	23.03	620	0		
0	11	VAN WYK, JANI	LYD_AB	22.18	601	0		
0	12	LA GRANGE, GERALDINE	WIT_AB	19.85	549	0		
0	13	CHANZA, KEDRA	LYD_AB	18.96	528	0		
0	14	MACHAI, LINDSAY	BER_AB	17.97	503	0		
0	15	JAMES, HAILEY	ROB_AB	15.78	445	0		

Item 87 13:00 Final Boys 16 Discus

1.5kg

0	1	VAN ZYL, MARNU	MHS_AB	38.10	708	8	G	
0	2	HOWE, ANTHONY	LYD_AB	36.40	682	7	S	
0	3	MAKABA, ACHUMILE	ROB_AB	35.82	673	6	B	
0	4	SPAUMER, DUAN	BEN_AB	33.99	645	5		
0	5	SIQUQA, PHILANI	BEN_AB	32.25	617	4		
0	6	VAN WYK, LUCIAN	BER_AB	30.80	592	3		
0	7	VAN DER WALT, LUAN	WIT_AB	29.34	567	2		
0	8	SIKONDE, SINAKO	WIT_AB	29.29	566	1		
0	9	NDLOVHU, NKOSIVILE	BER_AB	27.55	535	0		
0	10	BRIEL, HENDRE	ROB_AB	26.70	519	0		
0	11	BOSHOFF, FLOORS	ERM_AB	26.40	513	0		
0	12	WILLEMSE, RAYMOND	HVH_AB	26.06	506	0		
0	13	BRILL, BRUCE	LYD_AB	24.48	475	0		

Item 8 08:00 Final Girls 17 Discus

1kg

0	1	KAUFMAN, VINELLE	MHS_AB	36.71	862	8	G	SONOP_2025
0	2	JANSE V RENSBURG, LILIANA	BEN_AB	31.27	774	7	S	
0	3	GROBLER, JOLENE	HVH_AB	29.35	741	6	B	
0	4	MARAIS, DANE	HVH_AB	28.81	731	5		
0	5	VAN DER WALT, ESMERELDE	WIT_AB	26.10	681	4		
0	6	RALL, MARI GHE	ROB_AB	25.70	673	3		
0	7	BURGERS, CARLA	ERM_AB	25.69	673	2		
0	8	STEYN, LIANI	MHS_AB	24.82	656	1		
0	9	UYS, JULIE	ERM_AB	24.65	653	0		
0	10	VAN STRATEN, KATRIEN	BER_AB	23.03	620	0		
0	11	VAN WYK, JANI	LYD_AB	22.18	601	0		
0	12	LA GRANGE, GERALDINE	WIT_AB	19.85	549	0		
0	13	CHANZA, KEDRA	LYD_AB	18.96	528	0		
0	14	MACHAI, LINDSAY	BER_AB	17.97	503	0		
0	15	JAMES, HAILEY	ROB_AB	15.78	445	0		



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	1	VAN BLERK, LIVEY	BEN_AB 29.45	729	8	G
0	2	NONJANE, MOHAU	LYD_AB 28.98	720	7	S
0	3	EDWARDS, LIANÉ	LYD_AB 26.16	669	6	B
0	4	VAN DER WALT, SIMONÉ	MHS_AB 25.65	659	5	
0	5	JANSE VAN VUUREN, JALDEAN	HVH_AB 23.81	622	4	
0	6	MULLER, MARLI	BEN_AB 23.05	607	3	
0	7	BOOYSEN, DIMIRI	WIT_AB 22.09	586	2	
0	8	DE KLERK, ELSABE	MHS_AB 21.55	575	1	
0	9	BESTER, ISABELLE	ERM_AB 21.17	566	0	
0	10	SWANEPOEL, MIANE	ERM_AB 19.55	529	0	
0	11	HERMAN , CHARNE	HVH_AB 19.45	527	0	
0	12	ROSSOUW, JESSICA	WIT_AB 17.23	472	0	
0	13	SEHLABELA, SANE	ROB_AB 16.65	457	0	
0	14	KHUMANO, MICHELLE	ROB_AB 16.04	440	0	
0	15	SHABANGU, NALEDI	BER_AB 15.35	421	0	

Item 73 12:10 Final Boys 17 Discus

1.5kg

0	1	HANCKE, MARNU	BEN_AB 58.50	960	8	G	SONOP_2025
0	2	VAN NIEKERK, MELCHIOR	MHS_AB 53.22	896	7	S	
0	3	VAN DER WALT, FRANCOIS	WIT_AB 45.38	798	6	B	
0	4	VAN NIEKERK, CHRISTIAAN	BER_AB 45.26	797	5		
0	5	DE VAAL, LIHAN	MHS_AB 37.53	689	4		
0	6	NICHOLS, CHRISTIAAN	ROB_AB 35.02	651	3		
0	7	HORN, HANNU	ERM_AB 34.87	649	2		
0	8	BOTHA, DILLAN	LYD_AB 32.32	608	1		
0	9	BARNARD, PETRI	HVH_AB 32.15	605	0		
0	10	VENTER, DUNCAN	BER_AB 31.53	595	0		
0	11	LIEBENBERG, JUWAN	WIT_AB 31.24	590	0		
0	12	MHLANGENI, MARVELOUS	ROB_AB 29.86	567	0		
0	13	THERON, CHRISTIAAN	HVH_AB 29.71	564	0		
0	14	OOSTHUIZEN, LUAN	LYD_AB 28.34	540	0		

Item 48 10:30 Final Girls 19 Discus

1kg

0	1	MOSTERT, ILANE	ROB_AB 32.34	750	8	G
0	2	VENTER, LIHANDI	HVH_AB 30.22	715	7	S
0	3	JV RENSBURG, VICKY	ERM_AB 30.17	714	6	B
0	4	BADENHORST, DANISHA	ERM_AB 28.76	690	5	
0	5	RENISON, KATELIN	HVH_AB 24.61	613	4	
0	6	VAN DEN HEEVER, MIJANKE	WIT_AB 24.21	605	3	
0	7	VENTER, CLARA	MHS_AB 22.92	579	2	
0	8	LESSING, SUNE	BEN_AB 22.63	573	1	
0	9	COSSA, CELESTE	LYD_AB 22.10	562	0	
0	10	KOK, AMONÉ	LYD_AB 20.78	534	0	
0	11	VILJOEN, DEMIEKE	WIT_AB 20.58	529	0	
0	12	DE BRUIN, ELSJE	BEN_AB 18.23	474	0	
0	13	VD MERWE, JORDAN	ROB_AB 17.75	462	0	
0	14	STOLTZ, ZANIKA	BER_AB 17.43	454	0	

Item 129 15:30 Final Boys 19 Discus

1.75kg

0	1	LIBENBERG, CHRISTIAAN	WIT_AB 44.05	829	8	G
0	2	COETZER, HENRU	HVH_AB 38.71	753	7	S
0	3	LEWIES, JACOBUS	BEN_AB 38.47	749	6	B
0	4	GEEL, HENNIE	ERM_AB 36.57	720	5	
0	5	ERASMUS, JJ	ERM_AB 36.24	715	4	
0	6	SMITH, JOHANDRE	WIT_AB 34.66	690	3	
0	7	RAMODIKE, SEABI	LYD_AB 34.43	687	2	
0	8	ROSSOUW, WILLEM	HVH_AB 30.03	612	1	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	9	KHONZA, JUNIOR	ROB_AB 29.38	601	0
0	10	GROBLER, CHRISTIAAN	LYD_AB 28.40	583	0
0	11	MAEBELA, PABALLO	BEN_AB 27.87	573	0
0	12	BOSCH, RUAN	ROB_AB 23.96	496	0
0	13	MOKGOATJANA, SIYA	MHS_AB 22.76	471	0
0	14	HLUNGWANE, SIFISO	MHS_AB 20.91	429	0

Item 83 13:00 Final Girls 14 Javelin

500g

0	1	GRIESEL, ZENE	ERM_AB 30.64	677	8	G
0	2	DE KLERK, KARMI	BEN_AB 30.45	673	7	S
0	3	BOTHA, DEONÉ	MHS_AB 28.02	625	6	B
0	4	DE BEER, MONSAY	WIT_AB 26.13	586	5	
0	5	GROBBELAAR, LIKA	MHS_AB 25.28	567	4	
0	6	COETZER, MARZÉ	HVH_AB 23.84	535	3	
0	7	DE LANGE, SUWANDIE	LYD_AB 21.57	481	1.5	
0	7	CUNHA, MEGAN	HVH_AB 21.57	481	1.5	
0	9	VAN HEERDEN, MACHE	ERM_AB 20.67	459	0	
0	10	MKHONTO, SIPHOKAZI	BER_AB 18.47	401	0	
0	11	NONYANE, JESSICA	ROB_AB 17.70	380	0	
0	12	BOTES, LIJANA	LYD_AB 17.67	379	0	
0	13	NKOSI, CHARLENE	ROB_AB 17.54	375	0	
0	14	TYL, LEIANE	WIT_AB 17.06	361	0	
0	15	SHABANGU, VULTHARHI	BER_AB 10.74	142	0	

Item 30 09:40 Final Boys 14 Javelin

600g

0	1	GILDENHUYLS, WIAN	HVH_AB 41.38	502	8	G
0	2	VAN NIEKERK, CHRISTO	MHS_AB 37.69	431	7	S
0	3	CILLIERS, HENLO	MHS_AB 35.35	385	6	B
0	4	TOERIEEN, LEHAN	ERM_AB 34.22	361	5	
0	5	GROESBREEK, CJ	BEN_AB 32.76	330	4	
0	6	SMIT, DEANDRE	ERM_AB 30.81	288	3	
0	7	BOTES, HENDRIK	BEN_AB 29.31	253	2	
0	8	SCHULZE, THEODOR	LYD_AB 28.68	239	1	
0	9	HOBBS, KEVIN	ROB_AB 27.68	215	0	
0	10	MSIBI, GENERAL	BER_AB 26.35	182	0	
0	11	MOLOI, NTOKOZO	LYD_AB 26.07	175	0	
0	12	VAN NIEKERK, RUBEN	ROB_AB 24.07	124	0	
0	13	NTIMBA, NKATEKO	BER_AB 23.73	115	0	
0	14	VERMAAK, JAYDEN	WIT_AB 22.42	79	0	
0	15	VERMAAK, HANRU	WIT_AB 21.24	45	0	

Item 59 11:20 Final Girls 15 Javelin

500g

0	1	KRUGER, ANJA	HVH_AB 35.00	745	8	G
0	2	POTGIETER, RIANI	MHS_AB 32.13	694	7	S
0	3	KRIEL, JENISE	BEN_AB 27.23	598	6	B
0	4	JANSE VAN RENSBURG, YOLANE	ERM_AB 26.81	589	5	
0	5	BOSCH, MIANE	ROB_AB 25.51	562	4	
0	6	BOOYENS, XANTHE-AMORE	WIT_AB 25.39	559	3	
0	7	KRUGER, SIMONE	BER_AB 24.23	533	2	
0	8	DIPPENAAR, ELSJE	BEN_AB 23.91	526	1	
0	9	ZUNGU, LINDOKUHLE	BER_AB 23.03	506	0	
0	10	ALEXANDER, MEGAN	WIT_AB 22.53	494	0	
0	11	OOSTHUIZEN, ALDENAY	ROB_AB 20.22	437	0	
0	12	VAN SCHALKWYK, LIENKE	ERM_AB 18.08	381	0	
0	13	DU PLESSIS, JOANNÉ	LYD_AB 18.06	380	0	
0	14	BURGER, MICKE	LYD_AB 15.51	305	0	
0	15	BYLEVELD, DENÉ	MHS_AB 15.11	292	0	

Item 16 08:40 Final Boys 15 Javelin

600g



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	1	JORDAAN, LIAN	BEN_AB 41.87	492	8	G
0	2	NEL, ULRICH	MHS_AB 37.23	404	7	S
0	3	VAN DER MERWE, J.G	WIT_AB 35.07	361	6	B
0	4	VAN BLERK, BERNARD	BEN_AB 35.06	361	5	
0	5	MARAIS, WILLIE	LYD_AB 34.71	354	4	
0	6	PHAKATHI, OKUHLE	ERM_AB 34.26	345	3	
0	7	MARX, ANDRICO	LYD_AB 33.13	321	2	
0	8	LANDMAN, DANIEL	ERM_AB 32.39	305	1	
0	9	GROBLER, HANO	MHS_AB 30.97	274	0	
0	10	DE KLERK, JAN HENDRIK	ROB_AB 28.92	228	0	
0	11	BRAY, TIAAN	BER_AB 27.53	195	0	
0	12	LEWIS, PHILIP	HVH_AB 27.26	189	0	
0	13	ZULU, KAYALETU	WIT_AB 26.93	181	0	

Item 126 15:30 Final Girls 16 Javelin

500g

0	1	DE WITT, JESSICA	MHS_AB 50.48	980	8	G	SONOP_2025
0	2	RALL, MARIGHE	ROB_AB 31.35	668	7	S	
0	3	UYS, JULIE	ERM_AB 31.18	665	6	B	
0	4	VAN ZYL, LICHANTÉ	MHS_AB 30.00	643	5		
0	5	VAN WYK, JANI	LYD_AB 28.55	615	4		
0	6	HOBKIRK, MICHAELA	ERM_AB 27.61	596	3		
0	7	LA GRANGE, GERALDINE	WIT_AB 24.90	538	2		
0	8	BEUKES, MIEKE	LYD_AB 24.36	527	1		
0	9	NKOSI, TALENT	ROB_AB 21.29	455	0		
0	10	DU PREEZ, DIANE	HVH_AB 18.80	391	0		
0	11	VAN STRATEN, KATRIEN	BER_AB 18.70	388	0		
0	12	LA GRANGE, KIARA	WIT_AB 18.20	375	0		
0	13	SEDIBANE, ATLEGANG	BEN_AB 16.66	331	0		
0	14	DALHOUZIE, NIKITA	HVH_AB 11.53	158	0		

Item 46 10:30 Final Boys 16 Javelin

700g

0	1	BOTHA, TAYLOR	ERM_AB 53.60	722	8	G
0	2	TESSENDORF, RYAN	MHS_AB 46.08	595	7	S
0	3	MKUNU, SEUN	ROB_AB 45.06	577	6	B
0	4	VAN DEVENTER, GERRIE	LYD_AB 44.95	575	5	
0	5	UYS, DEON	WIT_AB 43.50	549	4	
0	6	RAS, JOE	BEN_AB 38.70	460	3	
0	7	BOUWER, JAUN	BEN_AB 37.12	429	2	
0	8	LOUW, KEAGAN	ERM_AB 34.55	376	1	
0	9	BURGER, TEAGAN	HVH_AB 33.43	353	0	
0	10	BARNARD, RUBEN	HVH_AB 31.03	300	0	
0	11	GREYLING, STEPHAN	WIT_AB 30.11	280	0	
0	12	SKOEMAN, MARKUS	MHS_AB 30.05	278	0	
0	13	O'GRADY, THOMAS	LYD_AB 29.04	255	0	
0	14	NKOSI, VUSI	BER_AB 25.92	179	0	
0	15	HLATWAYHO, MUSA	BER_AB 23.66	120	0	
0	16	JOHNSTEN, ASHLEY	ROB_AB 22.77	96	0	

Item 101 13:50 Final Girls 17 Javelin

500g

0	1	KRIEL, LINMARI	BEN_AB 34.03	707	8	G
0	2	WHEELER, DEANÉ	HVH_AB 26.17	557	7	S
0	3	STRYDOM, AMELIA	HVH_AB 25.87	550	6	B
0	4	SCHOLTZ, KAYLA	ROB_AB 23.41	496	5	
0	5	FRYLINCK, ABIGAIL	LYD_AB 23.03	487	4	
0	6	STOCK, MICHAELA	ERM_AB 21.77	458	3	
0	7	ROSSOUW, JESSICA	WIT_AB 21.70	456	2	
0	8	DU TOIT, MERIKE	MHS_AB 20.27	421	1	

**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**

0	9	STRYDOM, LEANI	MHS_AB	18.96	387	0
0	10	DU TOIT, KERANE	ERM_AB	18.40	372	0
0	11	PIETERSEN, ANGELIEN	LYD_AB	17.50	347	0
0	12	MABITSELA, PHUTI	BER_AB	13.81	233	0
0	13	KRUGER, CINDY-LEE	ROB_AB	12.81	198	0

Item 117 14:40 Final Boys 17 Javelin

700g

0	1	LUDICK, BRENDAN	WIT_AB	49.62	636	8	G
0	2	HANCKE, MARNU	BEN_AB	48.26	614	7	S
0	3	MEYER, WIETS	LYD_AB	47.87	607	6	B
0	4	BOTHA, DILLAN	LYD_AB	43.26	526	5	
0	5	KINEAR, RJ	ERM_AB	42.73	517	4	
0	6	CHETTY, CAELAN	MHS_AB	42.09	505	3	
0	7	JACOBSZ, JANNIE	ERM_AB	40.57	477	2	
0	8	JOUBERT, EWARD	HVH_AB	37.63	421	1	
0	9	STRYDOM, WIHAN	MHS_AB	37.50	419	0	
0	10	VAN NIEKERK, CHRISTIAAN	BER_AB	36.32	395	0	
0	11	MABUZA, RHANDZU	ROB_AB	35.88	386	0	
0	12	WEPENER, JOSHUA	HVH_AB	35.50	379	0	
0	13	JACQUIRE, PETER	BEN_AB	32.55	317	0	
0	14	VENTER, DUNCAN	BER_AB	29.61	252	0	
0	15	DLAMINI, THANDO	ROB_AB	26.47	177	0	

Item 74 12:10 Final Girls 19 Javelin

600g

0	1	CLAASE, JENÉ	LYD_AB	30.36	640	8	G
0	2	JV RENSBURG, VICKY	ERM_AB	28.96	613	7	S
0	3	LONGUEIRA, TYLA	MHS_AB	28.77	609	6	B
0	4	SWART, LORIESA	ERM_AB	28.39	601	5	
0	5	ENSLIN, CHARLIZE	BER_AB	26.34	560	4	
0	6	HALL, DANELLE	BEN_AB	24.49	520	3	
0	7	VAN DER MERWE, BIE	MHS_AB	23.92	507	2	
0	8	MASEKO, NONJABULA	LYD_AB	22.72	480	1	
0	9	PEAKE, MEA	WIT_AB	22.24	469	0	
0	10	LESSING, SUNE	BEN_AB	21.32	446	0	
0	11	RENISON, KATELIN	HVH_AB	20.84	435	0	
0	12	MOSTERT, ILANE	ROB_AB	20.16	418	0	
0	13	MATHEBULA, SETHU	ROB_AB	19.88	411	0	
0	14	DE WIT, DENIQUE	WIT_AB	19.73	407	0	

Item 10 08:00 Final Boys 19 Javelin

800g

0	1	SMITH, JOHANDRE	WIT_AB	54.00	707	8	G
0	2	HESWICK, LIMNI-LU	BEN_AB	53.35	697	7	S
0	3	LIEBENBERG, CHRISTIAAN	WIT_AB	48.38	615	6	B
0	4	COETZER, HENRU	HVH_AB	47.78	605	5	
0	5	HOBKIRK, HJ	ERM_AB	40.44	474	4	
0	6	DU TOIT, JOSHUA	ERM_AB	40.25	471	3	
0	7	HATTINGH, GERHARD	MHS_AB	37.17	412	2	
0	8	POTGIETER, TJAART	MHS_AB	37.00	408	1	
0	9	BOSCH, RUAN	ROB_AB	36.81	405	0	
0	10	FOORD, JETHRO	ROB_AB	35.93	387	0	
0	11	ROSSOUW, WILLEM	HVH_AB	28.66	230	0	
0	12	SEOPA, KWENA	LYD_AB	28.65	229	0	
0	13	MINNAAR, JANDRÉ	LYD_AB	25.46	152	0	

Item 133 16:15 Final Girls 14 4x100m Relay

0	1	RELAY TEAM,	ERM_AB	0:54.57	659	8	G
0	2	RELAY TEAM,	BEN_AB	0:54.62	658	7	S



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	3	RELAY TEAM,	MHS_AB 0:54.87	651	6	B
0	4	RELAY TEAM,	ROB_AB 0:55.38	638	5	
0	5	RELAY TEAM,	LYD_AB 0:55.40	637	4	
0	6	RELAY TEAM,	HVH_AB 0:56.13	619	3	
0	7	RELAY TEAM,	WIT_AB 0:56.45	611	2	
0	8	RELAY TEAM,	BER_AB 0:57.31	590	1	

Item 134 16:20 Final Boys 14 4x100m Relay

0	1	RELAY TEAM,	MHS_AB 0:47.80	689	8	G
0	2	RELAY TEAM,	BEN_AB 0:48.51	666	7	S
0	3	RELAY TEAM,	ROB_AB 0:48.68	661	6	B
0	4	RELAY TEAM,	LYD_AB 0:49.03	651	5	
0	5	RELAY TEAM,	WIT_AB 0:50.21	616	4	
0	6	RELAY TEAM,	BER_AB 0:50.73	602	3	

Item 135 16:25 Final Girls 15 4x100m Relay

0	1	RELAY TEAM,	ERM_AB 0:52.95	692	8	G
0	2	RELAY TEAM,	ROB_AB 0:55.21	630	7	S
0	3	RELAY TEAM,	LYD_AB 0:55.48	623	6	B
0	4	RELAY TEAM,	HVH_AB 0:55.53	622	5	
0	5	RELAY TEAM,	MHS_AB 0:56.35	602	4	
0	6	RELAY TEAM,	BEN_AB 0:56.90	588	3	
0	7	RELAY TEAM,	BER_AB 0:57.00	586	2	
0	8	RELAY TEAM,	WIT_AB 0:57.26	580	1	

Item 136 16:30 Final Boys 15 4x100m Relay

0	1	RELAY TEAM,	MHS_AB 0:46.10	736	8	G
0	2	RELAY TEAM,	ERM_AB 0:48.55	656	7	S
0	3	RELAY TEAM,	LYD_AB 0:48.61	654	6	B
0	4	RELAY TEAM,	BEN_AB 0:48.90	646	5	
0	5	RELAY TEAM,	HVH_AB 0:49.32	633	4	
0	6	RELAY TEAM,	WIT_AB 0:49.33	633	3	

Item 137 16:35 Final Girls 16 4x100m Relay

0	1	RELAY TEAM,	ERM_AB 0:52.26	700	8	G
0	2	RELAY TEAM,	MHS_AB 0:54.36	641	7	S
0	3	RELAY TEAM,	ROB_AB 0:54.54	636	6	B
0	4	RELAY TEAM,	BEN_AB 0:55.44	613	5	
0	5	RELAY TEAM,	HVH_AB 0:55.56	610	4	
0	6	RELAY TEAM,	LYD_AB 0:55.99	600	3	
0	7	RELAY TEAM,	BER_AB 0:56.99	576	2	
0	8	RELAY TEAM,	WIT_AB 0:57.71	559	1	

Item 138 16:40 Final Boys 16 4x100m Relay

0	1	RELAY TEAM,	MHS_AB 0:45.78	738	8	G
0	2	RELAY TEAM,	ROB_AB 0:45.93	733	7	S
0	3	RELAY TEAM,	ERM_AB 0:46.29	720	6	B
0	4	RELAY TEAM,	HVH_AB 0:46.89	700	5	
0	5	RELAY TEAM,	LYD_AB 0:46.91	699	4	
0	6	RELAY TEAM,	BEN_AB 0:47.19	690	3	
0	7	RELAY TEAM,	WIT_AB 0:47.41	683	2	
0	8	RELAY TEAM,	BER_AB 0:48.76	641	1	

Item 139 16:45 Final Girls 17 4x100m Relay

0	1	RELAY TEAM,	HVH_AB 0:53.61	651	8	G
0	2	RELAY TEAM,	ERM_AB 0:54.98	614	7	S
0	3	RELAY TEAM,	WIT_AB 0:55.20	609	6	B
0	4	RELAY TEAM,	MHS_AB 0:55.33	606	5	



**Meeting :AB_SONOP INTERHOËR
2026/02/21 at HOËRSKOOL LYDENBURG**



0	5	RELAY TEAM,	ROB_AB	0:56.32	581	4
0	6	RELAY TEAM,	LYD_AB	0:56.56	576	3
0	7	RELAY TEAM,	BER_AB	0:57.21	560	2
0	8	RELAY TEAM,	BEN_AB	0:58.38	534	1

Item 140 16:50 Final Boys 17 4x100m Relay

0	1	RELAY TEAM,	MHS_AB	0:45.57	736	8	G
0	2	RELAY TEAM,	LYD_AB	0:45.87	725	7	S
0	3	RELAY TEAM,	HVH_AB	0:46.68	698	6	B
0	4	RELAY TEAM,	ERM_AB	0:46.98	688	5	
0	5	RELAY TEAM,	WIT_AB	0:47.17	681	4	
0	6	RELAY TEAM,	BEN_AB	0:47.20	680	3	

Item 141 16:55 Final Girls 19 4x100m Relay

0	1	RELAY TEAM,	HVH_AB	0:52.11	673	8	G
0	2	RELAY TEAM,	LYD_AB	0:52.83	652	7	S
0	3	RELAY TEAM,	ROB_AB	0:53.00	648	6	B
0	4	RELAY TEAM,	MHS_AB	0:53.25	641	5	
0	5	RELAY TEAM,	ERM_AB	0:55.86	574	4	
0	6	RELAY TEAM,	BEN_AB	0:56.80	552	3	

Item 142 17:00 Final Boys 19 4x100m Relay

0	1	RELAY TEAM,	MHS_AB	0:43.23	807	8	G
0	2	RELAY TEAM,	LYD_AB	0:44.10	772	7	S
0	3	RELAY TEAM,	HVH_AB	0:44.12	771	6	B
0	4	RELAY TEAM,	ERM_AB	0:44.45	758	5	
0	5	RELAY TEAM,	BER_AB	0:44.50	756	4	
0	6	RELAY TEAM,	BEN_AB	0:44.69	749	3	
0	7	RELAY TEAM,	ROB_AB	0:47.42	656	2	