

Alle Finale se uitslae

Gerankskik volgens Item tipes

Prestasie-punte: ASA 2020 tabel, Handtyd, Hoogte bo seevlak=1342

Plek	Atleet	Span	Pres	Pres	Punte	Medalje	Wind	Rekords
Item 123 19:58 FinalResultate Dogters 14 100m								
1	FOURIE, DENAY	KHS	13.25	760	7.5	G		
1	REYNECKE, ROUBAIX	KHS	13.25	760	7.5	G		
3	DA SILVA, DECLYNNE	KHS	13.42	740	5.5	B		
3	MOREKI, REBAONE	BERGS	13.42	740	5.5	B		
5	REID, ERIN	KHS	13.82	698	4			
6	DE WET, MIA	BERGS	14.44	638	3			
7	POTGIETER, MEGAN	KHS	14.59	625	2			
8	MASVAURE, CHIDO	BERGS	14.62	622	1			
9	BOTHANG, ANGELIQUE	KHS	15.56	546	0			

Item 124 20:00 FinalResultate Seuns 14 100m

1	CARSTENS, DAVID	KHS	12.13	641	8	G		
2	MOLEFE, KABO	BERGS	12.44	600	7	S		
3	WIGGET, ALTO	KHS	12.50	591	6	B		
4	VAN WYK, EVAAN	KHS	12.53	587	5			
5	VAN DEVENTER, ANRU	KHS	12.62	576	4			
6	VAN DER WESTHUIZEN, DIANDRE	KHS	12.66	571	3			
7	RAMAKATOANE, OMOLEMO	BERGS	12.69	568	2			
8	MPHELO, KATLEGO	BERGS	12.75	561	1			
9	LUBBE, XANDER RUDOLF	BERGS	12.78	557	0			
10	VAN STADEN, LEAN	KHS	13.00	531	0			
11	MOSES, XAVIER	KHS	13.19	510	0			

Item 125 20:03 Finaal Dogters 15 100m

1	PRINS, SHINELL	KHS	12.84	796	8	G		
2	FORTUIN, ELYNN	KHS	13.06	769	7	S		
3	VAN ZYL, TANIKA	BERGS	13.21	751	6	B		
4	MARAIS, JESSICA	KHS	13.38	732	5			
5	SEIDER, MICKE	KHS	13.94	674	4			
6	TUCKER, SHI-LYNN	BERGS	14.18	651	3			

Item 126 20:05 FinalResultate Seuns 15 100m

1	MAKLEIN, UNITY	KHS	11.81	667	8	G		
2	VISSER, LAFRAS	KHS	11.94	648	7	S		
3	AWILI, PRAISE	BERGS	12.00	640	6	B		
4	SMUTS, DIAN	BERGS	12.25	606	5			
5	MOLWANTWA, LEFA	BERGS	12.31	598	4			
6	SAAIMAN, WILLIE	KHS	12.56	566	3			
7	MOTHEO, PHUMO	KHS	12.62	558	2			
8	SIMPSON, JAYDON	BERGS	12.63	557	1			
9	PALMER, SHELDON	KHS	12.94	522	0			

Item 127 20:08 Finaal Dogters 16 100m

1	GRACIE, ZOEY	KHS	12.56	820	8	G		
2	DAMOYI, LILLIE	KHS	12.88	778	7	S		
3	VERMEULEN, CHLOË	KHS	12.94	771	6	B		
4	ESTEHUIZEN, RHODINE	BERGS	14.72	594	5			
5	KARSTEN, JESSICA	KHS	15.28	550	4			
6	THOMAS, MIEKE	BERGS	15.31	547	3			

Item 128 20:10 FinalResultate Seuns 16 100m

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

1	HADEBE, KHETELO	BERGS	11.53	692	8	G
2	MOTAUNG, HLONI	KHS	11.75	660	7	S
3	KWAPE, GOITSEONE	BERGS	11.90	638	6	B
4	MDLELENI, ALIVE	KHS	11.94	632	5	
5	CINIMKHONDO, THAMSANQA	BERGS	11.95	631	4	
6	MATSHEGO, MOSETLHA	BERGS	12.06	616	3	
7	MARAIS, CONRAD	KHS	12.15	604	2	
8	MOTSITSI, TSHEPO	KHS	12.37	575	1	
9	TURNER, JASON	KHS	12.47	563	0	

Item 129 20:13 Finaal Dogters 17 100m

1	FOURIE, KATE-LYNN	KHS	12.44	824	8	G
2	COETZER, LAMONI	KHS	12.62	800	7	S
3	TANNOUS, AVA	KHS	13.37	712	6	B
4	VAN DER BERG, JANE	KHS	13.93	655	5	
5	STOLK, DOMINIQUE	BERGS	14.47	606	4	
6	KHUNOU, PHENYO	BERGS	15.91	495	3	

Item 130 20:15 Finaal Seuns 17 100m

1	MCASLIN, DEAN	KHS	10.84	794	8	G
2	NERO, SIMPHIWE	KHS	10.88	786	7	S
3	VAN WYK, NATHAN	KHS	11.40	696	6	B
4	MOTHOAGAE, KWENA	BERGS	11.56	671	5	
5	DE KLERK, JACO	BERGS	11.87	626	3.5	
5	OKEKE, BLESSING	BERGS	11.87	626	3.5	

Item 131 20:18 Finaal Dogters 19 100m

1	JANSE VAN VUUREN, NICOLÉ	KHS	12.75	761	8	G
2	ENGELBRECHT, MIENKE	KHS	12.97	735	7	S
3	BOTHA, CAILYN	BERGS	13.97	632	6	B
4	MOLEFI, OATILE	BERGS	14.16	615	5	
5	RASMUSSEN, KAYLYNN	KHS	14.28	605	3.5	
5	HAAS, SHENAAS	KHS	14.28	605	3.5	

Item 132 20:21 FinalResultate Seuns 19 100m

1	SCHALKWYK, ELZENO	KHS	11.00	733	8	G
2	HUMAN, HERNO	KHS	11.13	711	7	S
3	MVALA, LUKHANYO	KHS	11.35	676	6	B
4	WILLIAMSON, TROY	BERGS	11.37	673	5	
5	TSEBISO, THABANG	KHS	11.56	644	4	
6	TURNER, JAYDEN	KHS	11.69	625	3	
7	NEO, ATLEGANG	BERGS	11.75	617	2	
8	VIVIERS, JAQUES	BERGS	11.84	605	1	
9	ADDINAL, DANIEL	BERGS	11.94	591	0	

Item 51 15:07 FinalResultate Dogters 14 200m

1	REYNECKE, ROUBAIX	KHS	27.22	789	8	G
2	FOURIE, DENAY	KHS	28.72	714	7	S
3	KRUGEL, DEANÉ	BERGS	29.32	687	6	B
4	REID, ERIN	KHS	30.28	647	5	
5	POTGIETER, MEGAN	KHS	30.44	641	4	
6	CHIPAHURA, BOKAMOSA	KHS	31.81	590	3	
7	VAN DER BERG, LIA-MARI	KHS	32.06	581	2	
8	MASVAURE, CHIDO	BERGS	32.87	553	1	
9	BOTHANG, ANGELIQUE	KHS	34.22	511	0	

Item 56 15:10 FinalResultate Seuns 14 200m

1	CARSTENS, DAVID	KHS	25.31	622	8	G
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**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

2	MPHELO, KATLEGO	BERGS 26.44	560	7	S
3	VAN DER WESTHUIZEN, DIANDRE	KHS 26.75	544	6	B
4	MOSES, XAVIER	KHS 26.87	538	5	
5	JORDAAN, ELARDUS	BERGS 27.03	530	4	
6	MASILO, THATO	BERGS 27.75	495	3	

Item 57 15:13 FinalResultate Dogters 15 200m

1	PRINS, SHINELL	KHS 26.59	812	8	G
2	FORTUIN, ELYNN	KHS 27.44	766	7	S
3	MARAIS, JESSICA	KHS 27.84	746	6	B
4	VAN ZYL, TANIKA	BERGS 29.16	684	5	
5	TUCKER, SHI-LYNN	BERGS 30.66	623	4	
6	POTGIETER, ELHANDRI	KHS 31.15	604	3	
7	ROBBERTZE, MIEKE	BERGS 32.94	542	2	

Item 58 15:16 FinalResultate Seuns 15 200m

1	MAKLEIN, UNITY	KHS 24.75	639	8	G
2	VISSER, LAFRAS	KHS 25.47	597	7	S
3	AWILI, PRAISE	BERGS 25.84	576	6	B
4	SIMPSON, JAYDON	BERGS 25.85	576	5	
5	MOLWANTWA, LEFA	BERGS 25.97	569	4	
6	SAAIMAN, WILLIE	KHS 26.10	562	3	
7	MOTHEO, PHUMO	KHS 26.79	527	2	
8	KOLOBIE, KAMOGELO	KHS 28.09	466	1	

Item 59 15:19 FinalResultate Dogters 16 200m

1	GRACIE, ZOEY	KHS 26.84	786	8	G
2	DAMOYI, LILLIE	KHS 28.00	727	7	S
3	KARSTEN, JESSICA	KHS 31.34	588	6	B
4	MOAGI, GLORIA	BERGS 32.06	563	5	
5	ESTEHUIZEN, RHODINE	BERGS 33.78	508	4	
6	ROBINSON, MARTILIZE	KHS 33.84	506	3	

Item 60 15:22 FinalResultate Seuns 16 200m

1	HADEBE, KHETELO	BERGS 24.25	655	8	G
2	EMDIN, DEAN	KHS 24.40	646	7	S
3	VAN DER BERG, OCKERT	KHS 24.72	626	6	B
4	MARAIS, CONRAD	KHS 25.07	605	5	
5	MATSHOGO, MOSETLHA	BERGS 25.28	593	4	
6	BODENSTEIN, BAREND	KHS 25.32	591	3	
7	JORDAAN, JANCO	BERGS 25.69	571	2	
8	DE BEER, BRANDON	KHS 31.85	309	1	

Item 61 15:25 Finaal Dogters 17 200m

1	FOURIE, KATE-LYNN	KHS 26.28	807	8	G
2	TANNOUS, AVA	KHS 26.88	774	7	S
3	COETZER, LAMONI	KHS 27.56	739	6	B
4	KHUNOU, PHENYO	BERGS 33.00	525	5	
5	CHAIBVA, VIVIAN	BERGS 33.75	501	4	

Item 62 15:28 FinalResultate Seuns 17 200m

1	MCASLIN, DEAN	KHS 22.37	776	8	G
2	NERO, SIMPHIWE	KHS 23.28	706	7	S
3	VAN WYK, NATHAN	KHS 23.66	680	6	B
4	DE KLERK, JACO	BERGS 24.12	650	5	
5	MOTHOAGAE, KWENA	BERGS 24.53	624	4	
6	OKEKE, BLESSING	BERGS 24.65	617	3	
7	COETZEE, JANCO	BERGS 28.84	411	2	

Item 65 15:31 Finaal Dogters 19 200m

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

1	JANSE VAN VUUREN, NICOLÉ	KHS	27.69	714	8	G
2	ENGELBRECHT, MIENKE	KHS	29.66	628	7	S
3	MOLEFI, OATILE	BERGS	29.87	620	6	B
4	WATT, ZOEY	BERGS	33.72	488	5	

Item 66 15:34 FinalResultate Seuns 19 200m

1	HUMAN, HERNO	KHS	23.69	654	8	G
2	NEO, ATLEGANG	BERGS	24.16	624	7	S
3	VIVIERS, JAQUES	BERGS	24.91	580	6	B
4	GROENEWALD, KEAGAN	KHS	25.07	571	5	
5	VAN DALEN, CONNOR	BERGS	25.09	570	4	
6	TSEBISO, THABANG	KHS	25.18	565	3	
7	DE JAGER, CARLO	BERGS	25.78	533	2	

Item 88 17:17 FinalResultate Dogters 14 400m

1	REYNECKE, ROUBAIX	KHS	1:04.56	746	8	G
2	LAMBRECHT, LARISSA	KHS	1:08.41	677	7	S
3	KRUGEL, DEANÉ	BERGS	1:10.84	638	6	B
4	CHIPAHURA, BOKAMOSA	KHS	1:12.06	620	5	
5	MASVAURE, CHIDO	BERGS	1:18.75	531	4	
6	MASOKE, WARONA	BERGS	1:36.53	355	3	

Item 89 17:22 FinalResultate Seuns 14 400m

1	CARSTENS, DAVID	KHS	0:58.22	634	8	G
2	VAN WYK, EVAAN	KHS	0:58.32	632	7	S
3	MAKGOBA, TJATJI	BERGS	1:01.00	572	6	B
4	ENGELBRECHT, JS	KHS	1:01.37	565	5	
5	JORDAAN, ELARDUS	BERGS	1:01.44	563	4	
6	VAN HEERDEN, BRIAN	KHS	1:01.56	561	3	
7	GREYLING, ROBERT	BERGS	1:04.22	509	2	
8	KGALAPA, SIBUSISO	KHS	1:04.44	505	1	
9	WILLIAMSON, ZANDER	BERGS	1:08.22	440	0	

Item 90 17:26 FinalResultate Dogters 15 400m

1	MARAIS, JESSICA	KHS	1:04.00	759	8	G
2	FORTUIN, ELYNN	KHS	1:04.94	741	7	S
3	SEIDER, MICKE	KHS	1:08.22	682	6	B
4	MOTLAGOMANG, KEFENTSE	BERGS	1:10.03	653	5	
5	VAN DER MERWE, MILA	BERGS	1:15.50	574	4	
6	POTGIETER, ELHANDRI	KHS	1:21.03	506	3	
7	DAVIDS, ZION	KHS	1:27.00	442	2	

Item 91 17:30 FinalResultate Seuns 15 400m

1	MAKLEIN, UNITY	KHS	0:54.69	709	8	G
2	ENGELBRECHT, AIDEN	KHS	0:58.00	625	7	S
3	TSHETHLE, BLESSING	BERGS	0:58.44	615	6	B
4	MOTHEO, PHUMO	KHS	1:00.19	576	5	
5	MOLLER, STEFAN	KHS	1:00.88	561	4	

Item 92 17:34 Finaal Dogters 16 400m

1	VAN DER MERWE, ALANA	KHS	1:14.75	568	8	G
2	THOMAS, MIEKE	BERGS	1:24.16	457	7	S

Item 95 17:38 FinalResultate Seuns 16 400m

1	MOENG, AMOGELANG	BERGS	0:52.87	746	8	G
2	KWAPE, GOITSEONE	BERGS	0:53.97	714	7	S
3	MOTAUNG, HLONI	KHS	0:54.85	690	6	B
4	VAN DER BERG, OCKERT	KHS	0:55.93	662	5	

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

5	HADEBE, KHETELO	BERGS	0:56.28	653	4	
6	JORDAAN, JANCO	BERGS	0:58.66	597	3	
7	MAINE, BRADLEY	KHS	1:00.12	565	2	
8	KOORSEN, TEAGAN	KHS	1:03.00	508	1	

Item 97 17:42 Finaal Dogters 17 400m

1	VAN DER BERG, JANE	KHS	1:07.00	686	8	G
2	KHUNOU, PHENYO	BERGS	1:18.22	525	7	S
3	RUNDLE, KAYLIN	BERGS	1:40.69	311	6	B

Item 98 17:46 FinalResultate Seuns 17 400m

1	WARD, ROGENE	KHS	0:54.35	690	8	G
2	DE KLERK, JACO	BERGS	0:57.75	605	7	S
3	KHUMALO, AOBAKWE	BERGS	1:00.22	552	6	B
4	DU TOIT, WILJÉ	BERGS	1:02.69	503	5	
5	MATABOGE, DITIRO	BERGS	1:02.78	501	4	

Item 99 17:50 Finaal Dogters 19 400m

1	BOTHA, CAILYN	BERGS	1:07.87	656	8	G
2	CONRADIE, ROUXNÉ	KHS	1:17.75	518	7	S

Item 100 17:55 FinalResultate Seuns 19 400m

1	HUMAN, HERNO	KHS	0:52.97	706	8	G
2	MMUSE, TSHIRELETSO	KHS	0:54.53	663	7	S
3	NEO, ATLEGANG	BERGS	0:54.78	657	6	B
4	TSEBISO, THABANG	KHS	0:56.19	622	5	
5	MVALA, LUKHANYO	KHS	0:56.94	604	4	
6	KRUGEL, HEINRICH	BERGS	0:58.56	568	3	
7	DIPPENAAR, ZIRK	BERGS	1:02.16	495	2	
8	NAGEL, RYAN	BERGS	1:03.15	477	1	

Item 113 18:55 Finaal Dogters 14 800m

1	MOTEANE, OLEBOGENG	BERGS	2:34.88	729	8	G
2	LAMBRECHT, LARISSA	KHS	2:43.50	662	7	S
3	DE LANGE, ELONE	KHS	2:46.81	639	6	B
4	MOREKI, REBAONE	BERGS	2:49.69	620	5	
5	DYWILI, ANELE	KHS	2:57.75	570	4	
6	FERREIRA, CELINKA	KHS	3:11.53	495	3	

Item 114 19:01 Finaal Seuns 14 800m

1	VAN HEERDEN, BRIAN	KHS	2:25.09	390	8	G
2	ENGELBRECHT, JS	KHS	2:27.34	363	7	S
3	GREYLING, ROBERT	BERGS	2:33.59	295	6	B
4	MAKGOBA, TJATJI	BERGS	2:40.28	228	5	
5	MPHELO, KATLEGO	BERGS	2:40.47	226	4	

Item 115 19:08 Finaal Dogters 15 800m

1	FOURIE, CHANTÉ	KHS	2:32.32	738	8	G
2	MOTLAGOMANG, KEFENTSE	BERGS	2:35.28	713	7	S
3	SEIDER, MICKE	KHS	2:48.03	620	6	B
4	FERNS, CARMEN	BERGS	2:51.09	600	5	
5	NYELELE, FLORENCE	KHS	3:05.67	516	4	

Item 116 19:14 Finaal Seuns 15 800m

1	FOURIE, RUDOLF	KHS	2:16.91	476	8	G
2	KGATITWE, PHENYO	BERGS	2:16.94	475	7	S
3	MAKLEIN, UNITY	KHS	2:22.56	402	6	B
4	TSHETHLE, BLESSING	BERGS	2:22.57	401	5	

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

5	MACDONALD, MALCOLM	KHS 2:25.41	367	4	
6	POSWAYO, LUMI	BERGS 2:28.09	336	3	

Item 117 19:20 Finaal Dogters 16 800m

1	JONGANE, MARANG	KHS 2:42.50	651	8	G
2	NGOEPE, RERA	KHS 2:43.50	644	7	S
3	TATAI, ORENEILE	KHS 3:02.93	525	6	B
4	MALEKA, REABETSWA	BERGS 3:53.91	307	5	

Item 118 19:26 Finaal Seuns 16 800m

1	MOENG, AMOGELANG	BERGS 2:03.34	675	8	G
2	MOTAUNG, HLONI	KHS 2:14.66	487	7	S
3	DE BEER, JANSU	KHS 2:15.25	479	6	B
4	MALAN, REGHARDT	BERGS 2:22.79	380	5	
5	NHLAPO, MANQ	BERGS 2:31.50	281	4	
6	MATEHBULA, THATO	BERGS 2:32.93	267	3	

Item 119 19:33 Finaal Dogters 17 800m

1	DE LANGE, MEKAYLA	KHS 2:50.25	595	8	G
2	WIESE, MIEKE	KHS 3:10.00	484	7	S
3	MMUSI, GOGONTLE	KHS 3:42.37	345	6	B

Item 120 19:39 Finaal Seuns 17 800m

1	HAVENGA, NATHAN	BERGS 2:02.38	669	8	G
2	WARD, ROGENE	KHS 2:23.50	353	7	S
3	KHUMALO, AOBAKWE	BERGS 2:26.90	314	6	B
4	KRUGEL, LIAN	KHS 2:27.54	307	5	
5	DU TOIT, WILJÉ	BERGS 2:31.72	262	4	
6	MOTJETJE, KAELO	KHS 2:32.60	253	3	

Item 121 19:45 Finaal Dogters 19 800m

1	WATT, ZOEY	BERGS 3:26.28	407	8	G
2	MADIKELA, NNANA	BERGS 4:28.00	198	7	S

Item 122 19:51 Finaal Seuns 19 800m

1	WILLIAMSON, SCOTT	BERGS 2:03.09	607	8	G
2	MARCOUS, INNOCENT	KHS 2:08.47	517	7	S
3	DIPPENAAR, ZIRK	BERGS 2:29.22	256	6	B
4	MOLL, WILLEM-NEL	KHS 2:29.78	250	5	

Item 67 15:37 Finaal Dogters 14 1500m

1	MOTEANE, OLEBOGENG	BERGS 05:38.38	645	8	G
2	DYWILI, ANELE	KHS 05:50.53	606	7	S
3	DE LANGE, ELONE	KHS 05:59.32	579	6	B
4	MOREKI, REBAONE	BERGS 06:08.91	552	5	
5	FERREIRA, CELINKA	KHS 06:41.65	469	4	

Item 68 15:47 Finaal Seuns 14 1500m

1	ENGELBRECHT, JS	KHS 05:00.34	615	8	G
2	VAN HEERDEN, BRIAN	KHS 05:04.60	597	7	S
3	KGALAPA, SIBUSISO	KHS 05:10.53	573	6	B
4	MAKGOBA, TJATJI	BERGS 05:14.75	556	5	
5	GREYLING, ROBERT	BERGS 05:17.81	545	4	
6	FOORD, DYLAN	BERGS 05:25.19	518	3	

Item 71 15:57 Finaal Dogters 15 1500m

1	FOURIE, CHANTÉ	KHS 05:13.22	720	8	G
2	MOTLAGOMANG, KEFENTSE	BERGS 05:38.13	629	7	S

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

3	SEIDER, MICKE	KHS	05:55.13	575	6	B
4	KGOSIEMANG, KEFILWE	BERGS	06:01.75	556	5	
5	DAVIDS, ZION	KHS	06:34.94	470	4	
6	VAN DER MERWE, MILA	BERGS	06:37.50	464	3	

Item 72 16:07 Finaal Seuns 15 1500m

1	KGATITSWE, PHENYO	BERGS	04:43.50	679	8	G
2	FOURIE, RUDOLF	KHS	04:45.18	671	7	S
3	ENGELBRECHT, AIDEN	KHS	04:58.72	608	6	B
4	TSHETHLE, BLESSING	BERGS	05:03.22	589	5	
5	MACDONALD, MALCOLM	KHS	05:11.67	555	4	
6	POSWAYO, LUMI	BERGS	05:18.06	531	3	

Item 77 16:17 Finaal Dogters 16 1500m

1	JONGANE, MARANG	KHS	05:44.50	597	8	G
2	NGOEPE, RERA	KHS	06:11.07	521	7	S
3	TATAI, ORENEILE	KHS	06:22.94	490	6	B

Item 80 16:27 Finaal Seuns 16 1500m

1	MOENG, AMOGELANG	BERGS	04:18.44	805	8	G
2	DE BEER, JANSU	KHS	04:45.75	653	7	S
3	NCHWE, BOTSHELO	KHS	05:20.22	510	6	B
4	MOLL, HANCO	BERGS	05:32.53	467	5	
5	BARNARD, ARMAND	KHS	05:45.81	425	4	
6	MALAN, REGHARDT	BERGS	06:05.38	369	3	

Item 81 16:37 Finaal Dogters 17 1500m

1	DE LANGE, MEKAYLA	KHS	05:55.66	557	8	G
2	CROUWKAMP, LUNIQUE	KHS	06:40.78	442	7	S
3	WIESE, MIEKE	KHS	06:52.00	417	6	B
4	VAN DER WALT, KARI	KHS	07:03.16	394	5	

Item 82 16:47 Finaal Seuns 17 1500m

1	HAVENGA, NATHAN	BERGS	04:16.16	802	8	G
2	WARD, ROGENE	KHS	05:02.25	566	7	S
3	KRUGEL, LIAN	KHS	05:24.28	484	6	B
4	DU TOIT, WILJÉ	BERGS	05:40.28	431	5	
5	MOTJETJE, KAELO	KHS	05:46.06	413	4	
6	PELESANE, CLIFFORD	KHS	06:03.04	364	3	

Item 85 16:57 Finaal Dogters 19 1500m

1	BURGER, MEGAN	KHS	06:38.84	441	8	G
2	VAN BREDÁ, LEHANÉ	KHS	07:02.28	390	7	S
3	ROOS, CARLI	KHS	08:00.82	283	6	B
4	MADIKELA, NNANA	BERGS	08:02.91	280	5	

Item 86 17:07 Finaal Seuns 19 1500m

1	WILLIAMSON, SCOTT	BERGS	04:22.35	730	8	G
2	HOWARD, DYLAN	BERGS	04:34.03	667	7	S
3	MARCOUS, INNOCENT	KHS	04:40.63	634	6	B
4	MOLL, WILLEM-NEL	KHS	05:45.75	392	5	
5	MAJORO, MOSA	KHS	06:54.60	220	4	
6	SWARTZ, EULRICK	KHS	06:59.32	211	3	

Item 27 13:19 Finaal Dogters 15 3000m

1	FOURIE, CHANTÉ	KHS	11:29.68	814	8	G
2	DYWILI, ANELE	KHS	12:38.87	735	7	S
3	KGOSIEMANG, KEFILWE	BERGS	12:56.84	717	6	B

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

4	VAN DER MERWE, MILA	BERGS	14:31.46	635	5
5	DE BRUIN, CHEREÉ	BERGS	14:51.15	619	4
6	FERREIRA, CELINKA	KHS	15:13.88	603	3

Item 34 13:37 Finaal Seuns 15 3000m

1	KGATITSWE, PHENYO	BERGS	10:00.41	773	8	G
2	VAN HEERDEN, BRIAN	KHS	10:30.00	716	7	S
3	ENGELBRECHT, AIDEN	KHS	10:41.56	696	6	B
4	FOURIE, RUDOLF	KHS	10:51.22	680	5	
5	FOORD, DYLAN	BERGS	11:47.00	596	4	
6	VENTER, EDWIN	KHS	13:45.66	457	3	

Item 35 13:55 Finaal Dogters 17 3000m

1	JONGANE, MARANG	KHS	12:29.59	733	8	G
2	NGOEPE, RERA	KHS	13:46.78	660	7	S

Item 40 14:13 Finaal Seuns 17 3000m

1	HAVENGA, NATHAN	BERGS	09:35.20	800	8	G
2	KRUGEL, LIAN	KHS	11:53.47	567	7	S
3	NHLAPO, MANQ	BERGS	12:26.72	525	6	B

Item 45 14:31 Finaal Dogters 19 3000m**Item 48 14:49 Finaal Seuns 19 3000m**

1	WILLIAMSON, SCOTT	BERGS	09:22.03	803	8	G
2	MARCOUS, INNOCENT	KHS	09:58.81	726	7	S
3	HOWARD, DYLAN	BERGS	10:09.78	705	6	B

Item 101 18:07 Finaal Dogters 14 90m Hekkie

76.2cm

1	DA SILVA, DECLYNNE	KHS	14.41	848	8	G
2	FOURIE, DENAY	KHS	14.50	841	7	S
3	KRUGEL, DEANÉ	BERGS	14.63	832	6	B
4	CRONJE, ANESIA	KHS	18.94	596	5	

Item 102 18:09 Finaal Dogters 15 90m Hekkie

76.2cm

1	PRINS, SHINELL	KHS	14.25	828	8	G
2	MARAIS, JESSICA	KHS	14.75	792	7	S
3	VERMEULEN, JENAE	BERGS	21.12	494	6	B

Item 108 18:25 FinalResultate Seuns 14 100m Hekkie

84.0cm

1	LUBBE, XANDER RUDOLF	BERGS	14.22	806	8	G
2	VAN WYK, EVAAN	KHS	14.38	792	7	S
3	VAN STADEN, LEAN	KHS	14.88	750	6	B
4	MASILO, THATO	BERGS	17.13	598	5	
5	MPHELO, KATLEGO	BERGS	17.72	566	4	
6	RAATS, CASPER	KHS	18.12	545	3	
7	VAN HEERDEN, RAYLAND	KHS	18.62	520	2	
8	ENSLIN, LIAM	KHS	19.34	487	1	
9	MACHOBANE, NKOSINATHI	KHS	19.47	481	0	

Item 109 18:28 FinalResultate Seuns 15 100m Hekkie

84cm

1	PLAATJIE, VUYANI	KHS	15.59	676	8	G
2	BOTHMA, RIES	BERGS	16.43	621	7	S
3	VISSER, LAFRAS	KHS	16.84	597	6	B
4	BEZUIDENHOUT, NATHAN	KHS	18.03	533	5	
5	LE ROUX, DIVAN	BERGS	19.16	479	4	
6	BEUKES, ETHAN	BERGS	19.26	475	3	

Item 103 18:15 Finaal Dogters 16 100m Hekkie

76.2cm

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

1	DAMOYI, LILLIE	KHS	16.47	745	8	G
2	VERMEULEN, CHLOË	KHS	16.85	724	7	S
3	MOTSWATSWA, THUTO	KHS	19.81	588	6	B
4	THOMAS, MIEKE	BERGS	21.13	538	5	

Item 104 18:17 Finaal Dogters 17 100m Hekkie 76.2cm

1	FOURIE, KATE-LYNN	KHS	14.25	869	8	G
2	TANNOUS, AVA	KHS	14.38	859	7	S
3	CHAIBVA, VIVIAN	BERGS	21.21	517	6	B

Item 107 18:23 Finaal Dogters 19 100m Hekkie 84cm

1	MOLEFI, OATILE	BERGS	19.59	588	8	G
2	VAN DER WESTHUIZEN, ALLISON	BERGS	20.88	539	7	S
3	WATT, ZOEY	BERGS	24.22	436	6	B

Item 110 18:33 FinalResultate Seuns 16 110m Hekkie 84cm

1	KWAPE, GOITSEONE	BERGS	15.00	789	8	G
2	JANSEN VAN RENSBURG, HERMAN	BERGS	17.28	630	7	S
3	VUMA, GIFT	KHS	17.68	606	6	B
4	BRITZ, TRISTAN	KHS	21.75	421	5	
5	JORDAAN, JANCO	BERGS	61.68	0	4	

Item 111 18:39 FinalResultate Seuns 17 110m Hekkie 91.4cm

1	MCASLIN, DEAN	KHS	15.09	781	8	G
2	TLADI, OMOLEMO	KHS	17.19	635	7	S
3	MURPHY, HAYDEN	BERGS	18.72	552	6	B
4	MODISE, KOPANO	BERGS	19.44	517	5	
5	MOTHOAGAE, KWENA	BERGS	19.58	511	4	

Item 112 18:45 FinalResultate Seuns 19 110m Hekkie 99.5cm

1	SCHALKWYK, ELZENO	KHS	15.41	769	8	G
2	HARMSE, STEFAN	BERGS	17.25	643	7	S
3	TURNER, JAYDEN	KHS	17.57	624	6	B
4	PIETERSE, MARTIN	BERGS	18.94	551	5	

Item 26 13:04 Finaal Dogters 14 300m Hekkie 76.2cm

1	DA SILVA, DECLYNNE	KHS	0:48.18	818	8	G
2	KRUGEL, DEANÉ	BERGS	0:52.22	742	7	S
3	CHIPAHURA, BOKAMOSA	KHS	0:55.00	698	6	B
4	CRONJE, ANESIA	KHS	1:04.31	576	5	

Item 18 12:45 FinalResultate Seuns 14 300m Hekkie 84.0cm

1	VAN STADEN, LEAN	KHS	0:46.28	512	8	G
2	VAN WYK, EVAAN	KHS	0:46.38	508	7	S
3	MASILO, THATO	BERGS	0:48.19	454	6	B
4	JORDAAN, ELARDUS	BERGS	0:50.56	389	5	
5	MOSES, XAVIER	KHS	0:53.34	321	4	
6	GOUWS, CHRISTIAAN	KHS	1:00.97	168	3	

Item 23 13:00 Finaal Dogters 15 300m Hekkie 76.2cm

1	PRINS, SHINELL	KHS	45.50	869	8	G
2	VAN DEN BERGH, ANÉ	KHS	63.30	581	7	S
3	VERMEULEN, JENAE	BERGS	73.32	480	6	B

Item 15 12:42 Finaal Seuns 15 300m Hekkie 84cm

1	PLAATJIE, VUYANI	KHS	45.09	558	8	G
2	MOLLER, STEFAN	KHS	46.75	504	7	S
3	VISSER, LAFRAS	KHS	47.10	493	6	B

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

4	BEUKES, ETHAN	BERGS	47.22	490	5	
5	LE ROUX, DIVAN	BERGS	54.47	302	4	

Item 14 12:29 Finaal Dogters 16 400m Hekkie

76.2cm

1	DAMOYI, LILLIE	KHS	1:08.50	823	8	G
2	THOMAS, MIEKE	BERGS	1:39.91	517	7	S

Item 11 12:10 Finaal Seuns 16 400m Hekkie

84cm

1	KWAPE, GOITSEONE	BERGS	0:57.94	721	8	G
2	JORDAAN, JANCO	BERGS	1:02.59	587	7	S
3	TLALI, TLOTLO	KHS	1:04.85	531	6	B
4	BODENSTEIN, BAREND	KHS	1:05.32	520	5	
5	VUMA, GIFT	KHS	1:06.07	504	4	

Item 13 12:26 Finaal Dogters 17 400m Hekkie

76.2cm

1	VAN DER BERG, JANE	KHS	1:11.47	775	8	G
2	CHAIBVA, VIVIAN	BERGS	1:27.38	607	7	S

Item 10 12:04 Finaal Seuns 17 400m Hekkie

84cm

1	MURPHY, HAYDEN	BERGS	1:06.19	489	8	G
2	TLADI, OMOLEMO	KHS	1:06.31	486	7	S
3	KHUMALO, AOBAKWE	BERGS	1:07.75	455	6	B

Item 12 12:22 Finaal Dogters 19 400m Hekkie

76.2cm

1	BOTHA, CAILYN	BERGS	1:17.06	697	8	G
2	ENGELBRECHT, MIENKE	KHS	1:18.19	685	7	S
3	WATT, ZOEY	BERGS	1:37.63	520	6	B

Item 9 12:00 Finaal Seuns 19 400m Hekkie

91.4cm

1	MMUSE, TSHIRELETSO	KHS	0:59.34	682	8	G
2	MVALA, LUKHANYO	KHS	1:01.07	632	7	S
3	HARMSE, STEFAN	BERGS	1:04.35	548	6	B
4	PIETERSE, MARTIN	BERGS	1:09.59	434	5	

Item 73 16:08 Finaal Dogters 14 Hoogspring

1	DA SILVA, DECLYNNE	KHS	1.68	920	8	G
2	LAUBSCHER, EUNE	KHS	1.40	570	7	S
3	PELSER, LUANÉ	BERGS	1.35	500	6	B

Item 74 16:08 Finaal Seuns 14 Hoogspring

1	VAN DEVENTER, ANRU	KHS	1.65	640	8	G
2	BEZUIDENHOUT, ALEX	KHS	1.55	530	7	S
3	MOLEFE, KABO	BERGS	1.55	530	6	B
4	MLENGA, APHA	KHS	1.50	470	5	
5	ROSS, ALRU	KHS	1.50	470	4	
6	RAMAKATOANE, OMOLEMO	BERGS	1.45	410	3	

Item 36 14:04 Finaal Dogters 15 Hoogspring

1	TOLMAY, CHARNÉ	KHS	1.45	600	8	G
2	FERREIRA, TENAY	BERGS	1.35	470	7	S
3	VAN DEN BERGH, ANÉ	KHS	1.30	410	6	B

Item 24 13:02 Finaal Seuns 15 Hoogspring

1	SIMPSON, JAYDON	BERGS	1.65	600	8	G
2	JORDAAN, JAN-PIETER	KHS	1.65	600	7	S
3	BEZUIDENHOUT, NATHAN	KHS	1.55	480	6	B
4	POSWAYO, LUMI	BERGS	1.55	480	5	
5	LE ROUX, DIVAN	BERGS	1.50	430	4	
6	BEUKES, ETHAN	BERGS	1.45	370	3	

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

7	GREYLING, JANCO	KHS 1.45	370	2	
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Item 49 15:06 Finaal Dogters 16 Hoogspring

1	VERMEULEN, CHLOË	KHS 1.45	570	8	G
2	BOSCH, ALANDRIE	KHS 1.35	440	7	S

Item 2 12:00 Finaal Seuns 16 Hoogspring

1	MARAIS, CONRAD	KHS 1.82	730	8	G
2	SULELO, SIMTHA	KHS 1.65	550	7	S
3	MOALUSI, JUNIOR	BERGS 1.65	550	6	B
4	SWARTZ, RU-AZ	KHS 1.65	550	5	
5	STEYN, JOHN	KHS 1.60	500	4	
6	ROSE, ETHAN	BERGS 1.55	440	3	
7	DE KOCK, FANIE	KHS 1.55	440	2	

Item 3 12:00 Finaal Dogters 17 Hoogspring

1	KRUGER, LEANDRÉ	KHS 1.45	550	8	G
2	CROUWKAMP, LUNIQUE	KHS 1.45	550	7	S
3	PRETORIUS, ZILANDI	BERGS 1.40	480	6	B
4	LE ROUX, MIKAYLA	BERGS 1.30	360	5	
5	PRETORIUS, CAYLA	BERGS 1.30	360	4	
6	LANGE, JENÉ	BERGS	0	3	

Item 50 15:06 Finaal Seuns 17 Hoogspring

1	DIGOPOLENG, OSEGO	KHS 1.70	570	8	G
2	GROENEWALD, HANRU	KHS 1.70	570	7	S
3	OKEKE, BLESSING	BERGS 1.60	460	6	B
4	SWANEPOEL, CW	KHS 1.60	460	5	
5	LEKONE, LEANO	BERGS 1.55	410	4	
6	MOTHOAGAE, KWENA	BERGS 1.55	410	3	
7	STEYL, JOHAN	KHS 1.55	410	2	

Item 25 13:02 Finaal Dogters 19 Hoogspring

1	RASMUSSEN, KAYLYNN	KHS 1.50	570	8	G
2	BOTHA, CAILYN	BERGS 1.45	510	7	S
3	OOSTHUIZEN, RUZANNE	KHS 1.35	380	6	B
4	DE BEER, MIA	KHS 1.35	380	5	
5	ALBERTS, HELENE	KHS 1.35	380	4	

Item 37 14:04 Finaal Seuns 19 Hoogspring

1	CONRADIE, JANCO	KHS 1.72	530	8	G
2	ADDINAL, DANIEL	BERGS 1.65	450	7	S
3	ERASMUS, DIVAN	BERGS 1.60	400	6	B
4	PRETORIUS, MARTIN	KHS 1.55	350	5	
5	JONGANE, SIBUSISO	KHS 1.50	290	4	

Item 30 13:34 Finaal Dogters 14 Verspring

1	LAMBRECHT, LARISSA	KHS 4.67	593	8	G
2	LE ROUX, RENÉ	KHS 4.37	475	7	S
3	MYBURGH, LIANI	KHS 3.96	308	6	B
4	GROBLER, ESMÉ	BERGS 3.55	136	5	
5	MASOKE, WARONA	BERGS 3.08	0	4	

Item 19 12:47 Finaal Seuns 14 Verspring

1	VAN DEVENTER, ANRU	KHS 5.60	663	8	G
2	MLENGA, APHA	KHS 5.17	516	7	S
3	KGALAPA, SIBUSISO	KHS 5.01	463	6	B
4	ROSS, ALRU	KHS 4.94	436	5	

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

5	VUTLHANI, MASINGI	BERGS 4.33	220	4	
6	JANSEN VAN VUUREN, ANRU	BERGS 4.31	213	3	
7	LE ROUX, JUAN	BERGS 4.24	188	2	

Item 53 15:08 Finaal Dogters 15 Verspring

1	NYELELE, FLORENCE	KHS 4.35	415	8	G
2	FRANS, MIA	KHS 4.16	340	7	S
3	VAN DEN BERGH, ANÉ	KHS 3.53	80	5.5	B
3	VAN DER WALT, AMONÉ	KHS 3.53	80	5.5	B

Item 54 15:08 Finaal Seuns 15 Verspring

1	OLYN, JUNIOR	KHS 5.36	513	8	G
2	SMUTS, DIAN	BERGS 5.28	486	7	S
3	VAN HEERDEN, CHRISWIN	KHS 5.05	410	6	B
4	BEUKES, ETHAN	BERGS 4.82	330	5	
5	DU PLOOY, JADYON	BERGS 4.79	320	4	
6	WILLIAMS, CJ	KHS 4.72	296	3	

Item 20 12:47 Finaal Dogters 16 Verspring

1	GRACIE, ZOEY	KHS 5.47	784	8	G
2	KARSTEN, JESSICA	KHS 4.34	368	7	S
3	JERLING, MICHELLE	KHS 4.09	268	6	B
4	MOJAKI, AMANTLE	BERGS 3.39	0	5	

Item 32 13:34 Finaal Seuns 16 Verspring

1	KWAPE, GOITSEONE	BERGS 6.06	676	8	G
2	BODENSTEIN, BAREND	KHS 5.82	600	7	S
3	VAN DEVENTER, JAYDEN	KHS 5.64	543	6	B
4	CINIMKHONDO, THAMSANQA	BERGS 5.36	454	5	
5	TURNER, JASON	KHS 5.29	433	4	
6	MDLELENI, ALIVE	KHS 5.25	420	3	
7	MOALUSI, JUNIOR	BERGS 5.19	400	2	

Item 43 14:21 Finaal Dogters 17 Verspring

1	COETZER, LAMONI	KHS 5.16	628	8	G
2	CROUWKAMP, LUNIQUE	KHS 4.59	420	7	S
3	STOLK, DOMINIQUE	BERGS 3.86	140	6	B
4	MULLER, LUZAAN	BERGS 3.73	86	5	
5	PRETORIUS, CAYLA	BERGS 3.67	64	4	
6	LE ROUX, MIKAYLA	BERGS 3.63	48	3	

Item 5 12:00 Finaal Seuns 17 Verspring

1	GROENEWALD, HANRU	KHS 5.48	443	8	G
2	ENEVER, JEAN-JACQUES	KHS 5.43	426	7	S
3	VAN BILJON, DRAYDEN	KHS 5.22	360	6	B
4	OKEKE, BLESSING	BERGS 5.17	345	5	
5	HARDING, ANVER	BERGS 4.85	240	4	
6	PELESANE, CLIFFORD	KHS 4.71	193	3	
7	MALOMA, LEFA	BERGS 4.65	173	2	

Item 7 12:00 Finaal Dogters 19 Verspring

1	JANSE VAN VUUREN, NICOLÉ	KHS 4.76	420	8	G
2	MOLEFI, OATILE	BERGS 4.33	260	7	S
3	MOTLHAPING, TSHEPI	KHS 4.14	190	5.5	B
3	MINDERS, MIRIZE	KHS 4.14	190	5.5	B
5	VAN DER WESTHUIZEN, ALLISON	BERGS 4.10	176	4	
6	VAN BRED, LEHANÉ	KHS 3.81	64	3	

Item 44 14:21 Finaal Seuns 19 Verspring

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

1	HOFFMAN, PIET	KHS	5.98	517	8	G
2	TURNER, JAYDEN	KHS	5.94	505	7	S
3	CONRADIE, JANCO	KHS	5.93	502	6	B
4	SYMINGTON, MARCO	KHS	5.80	463	5	
5	DE KLERK, SG	KHS	5.71	437	4	
6	PRETORIUS, MARTIN	KHS	5.53	382	3	

Item 87 17:10 Finaal Dogters 15 Driesprong 7m

1	FRANS, MIA	KHS	09.17	488	8	G
2	LE ROUX, RENÉ	KHS	07.84	226	7	S

Item 96 17:40 Finaal Seuns 15 Driesprong 9m

1	VAN DEVENTER, ANRU	KHS	10.87	408	8	G
2	ROSS, ALRU	KHS	09.88	251	7	S
3	WILLIAMS, CJ	KHS	09.66	215	6	B

Item 69 15:55 Finaal Dogters 17 Driesprong 9m

1	COETZER, LAMONI	KHS	10.78	685	8	G
2	KARSTEN, JESSICA	KHS	09.37	432	7	S
3	LE ROUX, MIKAYLA	BERGS	08.48	267	6	B
4	BOSCH, ALANDRIE	KHS	08.47	265	5	
5	JERLING, MICHELLE	KHS	07.75	126	4	
6	PRETORIUS, CAYLA	BERGS	07.54	84	3	

Item 78 16:25 Finaal Seuns 17 Driesprong 11m

1	MNCUBE, ANDY	KHS	11.89	492	8	G
2	GROENEWALD, HANRU	KHS	10.52	286	7	S
3	TSHABALALA, NDUMISO	KHS	10.19	235	6	B
4	HARDING, ANVER	BERGS	09.79	171	5	
5	MALOMA, LEFA	BERGS	09.79	171	4	

Item 70 15:55 Finaal Dogters 19 Driesprong 11m

1	MOTLHAPING, TSHEPI	KHS	09.44	380	8	G
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Item 79 16:25 Finaal Seuns 19 Driesprong 13m

1	HOFFMAN, PIET	KHS	12.43	515	8	G
2	DE KLERK, SG	KHS	12.33	501	7	S
3	SYMINGTON, MARCO	KHS	12.16	477	6	B
4	CONRADIE, JANCO	KHS	11.48	378	5	
5	PIETERSE, MARTIN	BERGS	11.11	324	4	
6	VAN DALEN, CONNOR	BERGS	10.32	204	3	

Item 52 15:08 Finaal Dogters 14 Gewigstoot 3kg

1	FOURIE, MIEKE	BERGS	11.00	816	8	G
2	OLLEWAGEN, JUHANELL	KHS	10.34	786	7	S
3	LE GRANGE, LAVELLÉ	BERGS	10.04	772	6	B
4	MYBURGH, LIANI	KHS	09.96	768	5	
5	COETZER, ABIGAIL	KHS	09.15	730	4	
6	WALTON, ALLYSON	KHS	08.69	706	3	
7	FIENIES, CAITHLYN	BERGS	08.28	685	2	

Item 41 14:21:00 Finaal Seuns 14 Gewigstoot 4kg

1	WIGGET, ALTO	KHS	12.80	740	8	G
2	POTGIETER, REINHARDT	BERGS	12.69	735	7	S
3	NAUDÉ, JANCO	KHS	12.32	716	6	B
4	DRY, GC	KHS	11.40	668	5	
5	MOSTERT, ADDRIAAN	BERGS	11.37	666	4	
6	BAGWASE, ONTATILE	BERGS	11.30	663	3	

Item 42 14:21:00 Finaal Dogters 15 Gewigstoot 3kg

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

1	TOLMAY, CHARNÉ	KHS	12.07	846	8	G
2	CLARK, CHRISTIN	KHS	10.08	761	7	S
3	VORSTER, LIZE-MARI	KHS	09.56	737	6	B
4	DE BEER, KAITLYN	BERGS	09.37	727	5	
5	PESA, LEBO	BERGS	08.99	709	4	
6	VAN DER WALT, AMONÉ	KHS	08.89	704	3	

Item 55 15:08:00 Naal Seuns 15 Gewigstoot 4kg

1	JORDAAN, JOHN	KHS	13.83	784	8	G
2	BRITZ, THEUNS	KHS	13.32	760	7	S
3	SMUTS, DIAN	BERGS	12.63	726	6	B
4	POTGIETER, BERNO	KHS	11.59	673	5	
5	KALJEE, KEATON	BERGS	10.92	637	4	
6	DU PLOOY, JADYON	BERGS	10.62	620	3	

Item 31 13:34:00 Naal Dogters 16 Gewigstoot 3kg

1	JUBILEUS, KYRA	BERGS	14.57	928	8	G
2	JANSE VAN VUUREN, DELANEY	KHS	11.25	800	7	S
3	OSBORNE, LEILA	KHS	10.61	772	5.5	B
3	VAN WYK, MEHANÉ	KHS	10.61	772	5.5	B
5	OLLEWAGEN, JUANIKA	KHS	10.13	750	4	
6	BRENNHAM, MARENÉ	BERGS	09.39	716	3	
7	KUHN, JANICHIA	KHS	08.56	675	2	
8	MOSENYEGI, WAME	BERGS	07.92	641	1	

Item 33 13:34:00 Naal Seuns 16 Gewigstoot 5kg

1	DE VILLIERS, DEWALD	KHS	13.32	742	8	G
2	CRONJE, JAY-JAY	KHS	11.36	644	7	S
3	MOENYANE, TLOTLISO	KHS	10.15	577	6	B
4	VENTER, DEWALD	KHS	09.92	564	5	
5	ROSE, ETHAN	BERGS	09.82	558	4	
6	JACOBS, LUANDRÉ	KHS	09.10	515	3	

Item 4 12:00:00 Naal Dogters 17 Gewigstoot 3kg

1	VAN STADEN, JANDRI	KHS	13.03	858	8	G
2	VAN DEN BERG, SONNICA	KHS	11.24	787	7	S
3	MINNIE, CHANTÉ	BERGS	10.40	751	6	B
4	JORDAAN, DAILIEN	KHS	09.66	718	5	
5	LE ROUX, MIKAYLA	BERGS	09.42	706	4	
6	MASANGO, TRICIA	KHS	06.81	567	3	

Item 6 12:00:00 Naal Seuns 17 Gewigstoot 5kg

1	GROBLER, DEAN	BERGS	14.24	780	8	G
2	LE ROUX, RICKO	KHS	12.21	683	7	S
3	MURPHY, HAYDEN	BERGS	11.61	652	6	B
4	GROVE, ANTON	BERGS	11.40	642	5	
5	THYSSE, GEORGE	KHS	10.65	601	4	

Item 21 12:47:00 Naal Dogters 19 Gewigstoot 4kg

1	PRETORIUS, ROZÉL	KHS	09.95	773	8	G
2	MARAIS, ZANÉ	KHS	09.42	748	7	S
3	KORFF, CHARNTENÉ	KHS	08.81	717	6	B
4	NEL, VEANÉ	BERGS	08.73	713	5	
5	DU PLESSIS, XANÉ	BERGS	08.23	687	4	
6	SELEKOLO, OLERATO	BERGS	07.22	630	3	

Item 22 12:47:00 Naal Seuns 19 Gewigstoot 6kg

1	OLIVIER, MARQUES	KHS	14.48	790	8	G
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**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

2	VAN ECK, WIAN	KHS	13.91	764	7	S
3	VIVIERS, JAQUES	BERGS	13.04	722	6	B
4	COETZER, ZANDER	KHS	12.62	702	5	
5	DE JAGER, CARLO	BERGS	11.36	638	4	
6	DERCKSEN, MARNUS	BERGS	10.86	611	3	

Item 75 16:12:00 Naal Dogters 14 Diskusgooi

1kg

1	OLLEWAGEN, JUHANELL	KHS	31.08	802	8	G
2	MYBURGH, LIANI	KHS	27.47	737	7	S
3	FIENIES, CAITHLYN	BERGS	27.07	730	6	B
4	FOURIE, MIEKE	BERGS	25.39	697	5	
5	LE GRANGE, LAVELLÉ	BERGS	25.01	689	4	
6	GROVÉ, FREANDIE	KHS	22.00	626	3	

Item 28 13:24:00 Naal Seuns 14 Diskusgooi

1kg

1	DRY, GC	KHS	41.00	734	8	G
2	WIGGET, ALTO	KHS	40.74	730	7	S
3	POTGIETER, REINHARDT	BERGS	40.57	728	6	B
4	NAUDÉ, JANCO	KHS	35.40	652	5	
5	TUCKER, BLAKE	BERGS	30.00	564	4	
6	GAVAZZI, CHRISTIAAN	BERGS	28.56	539	3	

Item 106 18:18:00 Naal Dogters 15 Diskusgooi

1kg

1	TOLMAY, CHARNÉ	KHS	35.35	857	8	G
2	DE BEER, KAITLYN	BERGS	27.93	730	7	S
3	VOLSOO, LIENKE	BERGS	25.75	689	6	B
4	KNOETZE, DANIKA	KHS	25.13	677	5	
5	CLARK, CHRISTIN	KHS	21.63	603	4	
6	VORSTER, LIZE-MARI	KHS	21.49	600	3	

Item 93 17:36:00 Naal Seuns 15 Diskusgooi

1kg

1	BRITZ, THEUNS	KHS	50.59	847	8	G
2	JORDAAN, JOHN	KHS	49.29	831	7	S
3	SMUTS, DIAN	BERGS	47.52	809	6	B
4	NEL, HENRÉ	KHS	40.64	718	5	
5	VAN ROOYEN, ARMAND	BERGS	35.64	646	4	
6	LOUW, LIAN	KHS	31.97	588	3	

Item 1 12:00:00 Naal Dogters 16 Diskusgooi

1kg

1	JUBILEUS, KYRA	BERGS	40.56	919	8	G
2	OSBORNE, LEILA	KHS	28.34	723	7	S
3	JANSE VAN VUUREN, DELANEY	KHS	25.34	666	6	B
4	KUHN, JANICHIA	KHS	25.18	663	5	
5	VAN WYK, MEHANÉ	KHS	24.79	656	4	
6	OLLEWAGEN, JUANIKA	KHS	24.22	644	3	

Item 16 12:42:00 Naal Seuns 16 Diskusgooi

1.5kg

1	DE VILLIERS, DEWALD	KHS	45.84	815	8	G
2	BARNARD, TJAART	BERGS	42.98	777	7	S
3	MOENYANE, TLOTLISO	KHS	29.48	569	6	B
4	BASSON, LUAN	BERGS	28.44	551	5	
5	VENTER, DEWALD	KHS	25.50	496	4	
6	PRINSLOO, ERICKE	BERGS	24.74	480	3	

Item 39 14:06:00 Naal Dogters 17 Diskusgooi

1kg

1	VAN DEN BERG, SONNICA	KHS	40.28	899	8	G
2	VAN STADEN, JANDRI	KHS	33.50	797	7	S
3	JORDAAN, DAILIEN	KHS	28.14	705	6	B

Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS

4	MINNIE, CHANTÉ	BERGS	26.86	682	5
5	HARMSE, JENNA-LEE	BERGS	25.91	664	4

Item 47 14:48:00naal Seuns 17 Diskusgooi

1.5kg

1	GROBLER, DEAN	BERGS	40.58	733	8	G
2	VAN ASWEGEN, JADEN	KHS	35.20	654	7	S
3	MURPHY, HAYDEN	BERGS	35.17	654	6	B
4	LE ROUX, RICKO	KHS	34.55	644	5	
5	GROVE, ANTON	BERGS	30.31	574	4	
6	THYSSE, GEORGE	KHS	29.77	565	3	

Item 84 16:54:00naal Dogters 19 Diskusgooi

1kg

1	PRETORIUS, ROZÉL	KHS	34.53	785	8	G
2	MARAIS, ZANÉ	KHS	24.67	614	7	S
3	SELEKOLO, OLERATO	BERGS	23.85	598	6	B
4	NEL, VEANÉ	BERGS	23.14	584	5	
5	KORFF, CHARNTENÉ	KHS	20.17	520	4	
6	DU PLESSIS, XANÉ	BERGS	18.18	473	3	

Item 64 15:30:00naal Seuns 19 Diskusgooi

1.75kg

1	OLIVIER, MARQUES	KHS	44.66	838	8	G
2	ZOPICK, STIAN	KHS	37.24	731	7	S
3	VIVIERS, JAQUES	BERGS	36.23	715	6	B
4	VAN ECK, WIAN	KHS	33.92	679	5	
5	KOCK, NALDO	BERGS	33.01	663	4	
6	DE BRUYN, CHAREL	KHS	25.46	527	3	

Item 105 18:18:00naal Dogters 14 Spiesgooi

500g

1	VAN DEN BERG, NELIKE	KHS	38.43	816	8	G
2	COETZER, ABIGAIL	KHS	37.93	808	7	S
3	DE WET, MIA	BERGS	36.48	783	6	B
4	OLLEWAGEN, JUHANELL	KHS	30.12	667	5	
5	JESSEN, ELZANDRE	BERGS	14.72	289	4	

Item 76 16:12:00naal Seuns 14 Spiesgooi

600g

1	WIGGET, ALTO	KHS	58.53	790	8	G
2	MOSTERT, ADDRIAAN	BERGS	41.04	495	7	S
3	PRETORIUS, CORNÉ	KHS	37.11	420	6	B
4	NAUDÉ, JANCO	KHS	35.00	377	5	
5	GAVAZZI, CHRISTIAAN	BERGS	29.52	258	4	
6	TUCKER, BLAKE	BERGS	22.86	91	3	

Item 46 14:48:00naal Dogters 15 Spiesgooi

500g

1	BEETS, LEHANKE	KHS	41.52	854	8	G
2	KNOETZE, DANIKA	KHS	27.42	602	7	S
3	FERNS, CARMEN	BERGS	24.75	545	6	B
4	POTGIETER, ELHANDRI	KHS	23.77	523	5	
5	STEENKAMP, MEGHAN	BERGS	17.70	370	4	
6	TUCKER, SHI-LYNN	BERGS	16.76	343	3	

Item 83 16:54:00naal Seuns 15 Spiesgooi

600g

1	JORDAAN, JAN-PIETER	KHS	43.85	528	8	G
2	SIMPSON, JAYDON	BERGS	40.35	464	7	S
3	SWANEPOEL, JANDRÉ	KHS	37.39	408	6	B
4	KLEYNHANS, CHRISTOPHER	BERGS	33.81	335	5	
5	POTGIETER, BERNO	KHS	31.84	293	4	
6	BOTHA, MARNUS	KHS	28.10	209	3	

Item 63 15:30:00naal Dogters 16 Spiesgooi

500g

1	BEETS, LEHANKE	KHS	41.52	854	8	G
2	KNOETZE, DANIKA	KHS	27.42	602	7	S
3	FERNS, CARMEN	BERGS	24.75	545	6	B
4	POTGIETER, ELHANDRI	KHS	23.77	523	5	
5	STEENKAMP, MEGHAN	BERGS	17.70	370	4	
6	TUCKER, SHI-LYNN	BERGS	16.76	343	3	

**Byeenkoms :DUO TUIS BYEENKOMS
2026/01/30 by KHS**

1	JANSE VAN VUUREN, DELANEY	KHS	37.75	781	8	G
2	OSBORNE, LEILA	KHS	31.41	670	7	S
3	CAWOOD, MINKE	KHS	28.85	620	6	B
4	VAN STADEN, TRISHELLE	BERGS	21.74	466	5	
5	NTUNJA, BLESSED	BERGS	20.60	438	4	
6	BEZUIDENHOUT, JESSICA	KHS	19.95	421	3	

Item 38 14:06:00 Naal Seuns 16 Spiesgooi 700g

1	MARAIS, CONRAD	KHS	44.49	567	8	G
2	COMBRINK, JEANRE	BERGS	41.66	516	7	S
3	BEZUIDENHOUT, JADON	BERGS	33.43	353	6	B

Item 17 12:42:00 Naal Dogters 17 Spiesgooi 500g

1	VAN STADEN, JANDRI	KHS	33.52	698	8	G
2	CHAIBVA, VIVIAN	BERGS	26.60	565	7	S
3	PRETORIUS, CAYLA	BERGS	18.13	364	6	B
4	VENTER, CHRIZELDA	KHS	15.38	284	5	

Item 29 13:24:00 Naal Seuns 17 Spiesgooi 700g

1	MURPHY, HAYDEN	BERGS	48.60	619	8	G
2	DE KLERK, JACO	BERGS	45.42	565	7	S
3	VAN ASWEGEN, JADEN	KHS	45.10	559	6	B
4	NEL, NATHAN	BERGS	38.63	440	5	
5	GROENEWALD, HANRU	KHS	38.45	437	4	
6	VAN BILJON, DRAYDEN	KHS	38.27	433	3	
7	COETZEE, JANCO	BERGS	32.47	315	2	
8	THYSSE, GEORGE	KHS	30.78	278	1	

Item 8 12:00:00 Naal Dogters 19 Spiesgooi 600g

1	RASMUSSEN, KAYLYNN	KHS	31.82	667	8	G
2	PRETORIUS, ROZÉL	KHS	27.77	589	7	S
3	VAN STADEN, KAYLENE	BERGS	27.69	587	6	B
4	MADIKELA, NNANA	BERGS	25.55	543	5	
5	MARITZ, DELRIKE	KHS	21.46	450	4	
6	DU PLESSIS, XANÉ	BERGS	20.79	433	3	

Item 94 17:36:00 Naal Seuns 19 Spiesgooi 800g

1	OLIVIER, MARQUES	KHS	69.77	946	8	G
2	ZOPICK, STIAN	KHS	61.00	815	7	S
3	SYMINGTON, MARCO	KHS	59.08	786	6	B
4	KOCK, NALDO	BERGS	52.24	679	5	
5	VAN DALEN, CONNOR	BERGS	35.80	384	4	
6	DE JAGER, CARLO	BERGS	35.20	372	3	